

Eastern Veterans League - Kings Lynn - 5 June 2013

Mens's Teams		Score
1	Peterborough	125.5
2	Ryston	97.5
3	Cambridge & Col.	80
4	West Norfolk	45
5	City of Norwich	4

Event	Rank	Name	Team	Time	Points
200A M35 200m					
4	1	David Lane	Ryston	30.2	5
1	2	Rogimon Cherion	Cambridge & Col.	31.3	4
3	3	John Herbert	Peterborough	32.5	3
	4				2
	5				1
200B M40 200m					
3	1	Neil Martin	Peterborough	27.3	5
1	2	Keith Clarke	Cambridge & Col.	28.0	4
4	3	Stuart Howlett	Ryston	28.3	3
5	4	Robert Vincent	West Norfolk	30.3	2
	5				1
200C M50 200m					
3	1	Ricky Huskisson	Peterborough	28.3	5
1	2	Andy Holdsworth	Cambridge & Col.	29.5	4
4	3	Carl Manning	Ryston	30.2	3
	4				2
	5				1
200D M60 200m					
5	1	Ian Reeve	West Norfolk	28.0	5
3	2	Dave Whitehead	Peterborough	28.5	4
1	3	Neil Costello	Cambridge & Col.	38.4	3
4	4	Jeffrey Reed	Ryston	39.4	2
	5				1
800A M35 800m					
3	1	John Herbert	Peterborough	2:29.6	5
4	2	Martin Ive	Ryston	2:38.9	4
1	3	Gerald Meah	Cambridge & Col.	2:45.6	3
	4				2
	5				1
800B M40 800m					
3	1	Michael Moore	Peterborough	2:18.6	5
4	2	Malcolm Tuff	Ryston	2:20.1	4
	3				3
	4				2
	5				1
800C M50 800m					
3	1	Rob Payne	Peterborough	2:30.3	5
4	2	Carl Manning	Ryston	2:43.0	4
1	3	Jo Tucker	Cambridge & Col.	2:51.5	3
	4				2
	5				1
800D M60 800m					
3	1	Keith Brookes	Peterborough	2:58.0	5
1	2	Neil Costello	Cambridge & Col.	3:20.8	4
4	3	Mick Ennis	Ryston	3:36.0	3
5	4	Ben Delves	West Norfolk	4:30.9	2
	5				1
3000B M40 3000m					
3	1	Michael Moore	Peterborough	9:35.1	5
4	2	Nic Bensley	Ryston	10:16.6	4
	3				3
	4				2
	5				1
3000C M50 3000m					
3	1	Eamonn Dorling	Peterborough	11:22.5	5
4	2	Chris Milnes	Ryston	14:01.2	4
1	3	Jo Tucker	Cambridge & Col.	14:47.6	3
	4				2
	5				1

	Cambr	City o	Peterb	Ryston	West N	Waste
	1	2	3	4	5	
200A				5		
4	4					
1			3			
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200B			5			
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200C			5			
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200D					5	
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800B			5			
3				4		
4						6
800C			5			
3				4		
4	3					
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800D			5			
3	4					
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4					2	
5						1
3000B			5			
3				4		
4						6
3000C			5			
3				4		
4	3					
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3000D	M60 3000m				
3	1	Keith Brookes	Peterborough	12:41.5	5
1	2	Mick Ward	Cambridge & Col.	15:00.5	4
4	3	Mick Ennis	Ryston	15:02.4	3
5	4	Ben Delves	West Norfolk	19:12.9	2
	5				1

400HB	M40 400M hurdles				
3	1	Neil Martin	Peterborough	1:33.5	5
5	2	Robert Vincent	West Norfolk	1:49.7	4
	3				3
	4				2
	5				1

400HC	M50 400M hurdles				
3	1	Ricky Huskisson	Peterborough	1:33.5	5
	2				4
	3				3
	4				2
	5				1

1mWA	M35+ 1mWalk "A"				
3	1	Eamonn Dorling	Peterborough	9:57.0	5
1	2	Jo Tucker	Cambridge & Col.	10:24.0	4
4	3	Paul Firmage	Ryston	10:28.6	3
	4				2
	5				1

1mWB	M35+ 1mWalk "B"				
3	1	Peter Branton	Peterborough	10:56.2	5
4	2	Chris Milnes	Ryston	11:17.3	4
5	3	Ben Delves	West Norfolk	12:17.3	3
	4				2
	5				1

PVB	M40 Pole Vault				
4	1	Martin Ive	Ryston	1.90	4.5
3	2	Neil Martin	Peterborough	1.90	4.5
1	3	Ian Slack	Cambridge & Col.	1.90	3
	4				2
	5				1

PVC	M50 Pole Vault				
5	1	Ian Reeve	West Norfolk	2.60	5
3	2	Ricky Huskisson	Peterborough	1.80	4
1	3	Noel Moss	Cambridge & Col.	1.80	3
	4				2
	5				1

TJA	M35 Triple Jump				
4	1	David Lane	Ryston	9.30	5
3	2	John Herbert	Peterborough	8.82	4
1	3	Gerald Meah	Cambridge & Col.	5.27	3
	4				2
	5				1

TJB	M40 Triple Jump				
3	1	Neil Martin	Peterborough	10.38	5
4	2	Paul Harrison	Ryston	10.30	4
1	3	Keith Clarke	Cambridge & Col.	9.74	3
5	4	Robert Vincent	West Norfolk	6.05	2
	5				1

TJC	M50 Triple Jump				
3	1	Ricky Huskisson	Peterborough	8.72	5
4	2	Chris Chapman	Ryston	8.14	4
1	3	Jo Tucker	Cambridge & Col.	5.84	3
	4				2
	5				1

TJD	M60 Triple Jump				
5	1	Ian Reeve	West Norfolk	9.78	5
3	2	Dave Whitehead	Peterborough	5.76	4
4	3	Jeffrey Reed	Ryston	5.31	3
1	4	Noel Moss	Cambridge & Col.	5.04	2
	5				1

DTA	M35 Discus				
4	1	David Lane	Ryston	17.91	5
3	2	John Herbert	Peterborough	17.44	4
1	3	Gerald Meah	Cambridge & Col.	12.73	3
	4				2
	5				1

DTB	M40 Discus			
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4	1	Stuart Howlett	Ryston	27.74	5
1	2	Ian Slack	Cambridge & Col.	24.87	4
5	3	Robert Vincent	West Norfolk	17.37	3
3	4	Neil Martin	Peterborough	17.20	2
	5				1
DTC		M50 Discus			
3	1	John Blockwell	Peterborough	26.51	5
2	2	Gordon Slater	City of Norwich	19.40	4
4	3	Peter Brown	Ryston	17.95	3
1	4	Andy Holdsworth	Cambridge & Col.	15.40	2
	5				1
DTD		M60 Discus			
3	1	Tim Neidham	Peterborough	33.66	5
5	2	Ian Reeve	West Norfolk	31.25	4
1	3	Frank Martin	Cambridge & Col.	20.91	3
4	4	Jeffrey Reed	Ryston	14.93	2
	5				1
JTB		M40 Javelin			
1	1	Martin Bagley	Cambridge & Col.	34.77	5
4	2	Stuart Howlett	Ryston	34.63	4
5	3	Robert Vincent	West Norfolk	30.50	3
3	4	Michael Moore	Peterborough	29.05	2
	5				1
JTC		M50 Javelin			
5	1	Ian Reeve	West Norfolk	31.27	5
1	2	Andy Holdsworth	Cambridge & Col.	22.79	4
4	3	Peter Brown	Ryston	15.64	3
	4				2
	5				1
RelayB		M35-49 4 x 400m Relay			
3	1	Peterborough		4:23.3	5
4	2	Ryston		4:24.4	4
1	3	Cambridge & Col.		4:38.3	3
	4				2
	5				1
RelayC		M50 4 x 400m Relay			
4	1	Ryston		5:09.4	5
3	2	Peterborough		5:12.0	4
1	3	Cambridge & Col.		5:28.6	3
	4				2
	5				1

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80	4	126	98	45	83

Womens's Teams Score

1	Ryston	101
2	West Norfolk	62
3	Cambridge & Col.	31
4	Peterborough	20
5	City of Norwich	17

200A **F35 200m**

10	1	Katrina Wastenev	West Norfolk	31.8	5
9	2	Mel Watts	Ryston	33.6	4
	3				3
	4				2
	5				1

200B **F45 200m**

8	1	Phillipa Taylor	Peterborough	32.9	5
9	2	Karen Wood	Ryston	34.8	4
10	3	Sally Edwards	West Norfolk	36.3	3
	4				2
	5				1

200C **F55 200m**

7	1	Carole Filer	City of Norwich	30.1	5
9	2	Georgina Allen	Ryston	38.3	4
6	3	Mary Holmes	Cambridge & Col.	43.9	3
	4				2
	5				1

800A **F35 800m**

10	1	Nicky Neill	West Norfolk	2:34.4	5
9	2	Helen Melville	Ryston	3:27.8	4
	3				3
	4				2
	5				1

800B **F45 800m**

8	1	Phillipa Taylor	Peterborough	2:33.2	5
6	2	Helen Grant	Cambridge & Col.	3:02.5	4
10	3	Sally Edwards	West Norfolk	3:07.8	3
9	4	Linda Marshall	Ryston	3:10.2	2
	5				1

800C **F55 800m**

9	1	Liz Blakie	Ryston	3:37.3	5
6	2	Mary Holmes	Cambridge & Col.	3:46.3	4
	3				3
	4				2
	5				1

3000A **F35 3000m**

10	1	Katrina Wastenev	West Norfolk	12:53.7	5
9	2	Sue Smith	Ryston	16:47.6	4
	3				3
	4				2
	5				1

3000B **F45 3000m**

6	1	Helen Grant	Cambridge & Col.	12:09.2	5
9	2	Wendy Fisher	Ryston	14:03.6	4
10	3	Sally Edwards	West Norfolk	14:35.5	3
	4				2
	5				1

3000C **F55 3000m**

9	1	Jane Ashby	Ryston	15:15.9	5
	2				4
	3				3
	4				2
	5				1

400HA **F35 400m Hurdles**

10	1	Katrina Wastenev	West Norfolk	77.8	5
9	2	Helen Melville	Ryston	1:50.7	4
	3				3
	4				2
	5				1

Cambr	City o	Peterb	Ryston	West N	Waste
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9	1	Georgina Allen	Ryston	14.56	5
6	2	Mary Holmes	Cambridge & Col.	14.03	4
7	3	Carole Filer	City of Norwich	10.24	3
	4				2
	5				1
Relay		F35 4 x 400m Relay			
10	1	West Norfolk		5:20.7	5
9	2	Ryston		6:11.7	4
	3				3
	4				2
	5				1
Relay		F45 4 x 400m Relay			
9	1	Ryston		5:29.0	5
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	3				3
	4				2
	5				1

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31	17	20	101	62	144