

Eastern Veterans League - Chelmsford - 3 July 2013

Mens's Teams		Score	
Chelmsford	91	1	
Southend	83	2	
Loughton	54	3	
Thurrock	18	4	

M40 100m				
1	Keith Palmer	Southend	12.4	4
2	Prince Duwai	Chelmsford	12.4	3
3	Cliff Warren	Loughton	13.2	2
4	Jason Syrett	Thurrock	14.1	1
5				0

M50 100m				
1	Dave Barnett	Chelmsford	14.3	4
2	Glen Taylor	Southend	15.0	3
3				2
4				1
5				0

M60 100m				
1	Phil Harris	Chelmsford	14.1	4
2	David Hobbs	Loughton	15.5	3
3	Peter Binns	Southend	16.4	2
4	Chris Reed	Thurrock	16.6	1
5				0

M35 400m				
1	Arwel Evans	Chelmsford	55.8	4
2	Nick Lauder	Loughton	60.4	3
3	Tony Balding	Southend	70.2	2
4				1
5				0

M40 400m				
1	Keith Palmer	Southend	57.8	4
2	Andy Coleman	Chelmsford	58.5	3
3	Cliff Warren	Loughton	59.4	2
4				1
5				0

M50 400m				
1	Jon Metcalfe	Thurrock	61.2	4
2	Dave Barnett	Chelmsford	64.5	3
3	Simon Le Mare	Southend	66.7	2
4	Andy Clark	Loughton	70.1	1
5				0

M35 1500m				
1	Ken Hoye	Chelmsford	4.29.6	4
2	Lee Taylor	Southend	4.36.9	3
3	Tony Hyde	Thurrock	4.57.2	2
4				1
5				0

M40 1500m				
1	Lee Martin	Chelmsford	4.32.0	4
2	Jason Syrett	Thurrock	5.11.0	3
3	Al Monte	Southend	5.19.3	2
4	Simon Childs	Loughton	6.11.1	1
5				0

M50 1500m				
1	Simon Le Mare	Southend	4.45.3	4
2	Barry Thorpe	Chelmsford	5.33.9	3
3	Andy Clark	Loughton	6.00.9	2
4				1
5				0

M60 1500m				
1	Dave Butler	Chelmsford	4.39.7	4
2	Peter Binns	Southend	5.44.1	3
3	Chris Reed	Thurrock	6.04.8	2
4	John Borgas	Loughton	7.04.3	1
5				0

	Chelms	Lought	South	Thurro		Waste
	1	2	3	4	5	
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	3					
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				2		
		1				
						0

M35+ 2kWalk "A"				
1	John Borgas	Loughton	12.33.2	4
2	John Brock	Southend	13.19.2	3
3	Barry Thorpe	Chelmsford	13.50.8	2
4				1
5				0
M35+ 2kWalk "B"				
1	Peter Binns	Southend	13.40.6	4
2	Peter Cassidy	Loughton	13.47.4	3
3	Dave Barnett	Chelmsford	15.26.4	2
4				1
5				0
M40 Long Jump				
1	Paul Ffrench	Southend	5.14	4
2	Cliff Warren	Loughton	4.87	3
3	Martin Gibbs	Chelmsford	4.59	2
4	Martin Mack	Thurrock	3.75	1
5				0
M50 Long Jump				
1	Dave Barnett	Chelmsford	4.37	4
2	Glen Taylor	Southend	3.36	3
3				2
4				1
5				0
M60 Long Jump				
1	Phil Harris	Chelmsford	4.16	4
2	David Hobbs	Loughton	3.76	3
3	John Brock	Southend	3.26	2
4	Chris Reed	Thurrock	2.90	1
5				0
M35 High Jump				
1	Arwel Evans	Chelmsford	1.30	4
2	Nick Lauder	Loughton	1.00	3
3	Tony Balding	Southend	1.00	2
4				1
5				0
M40 High Jump				
1	Paul Ffrench	Southend	1.40	4
2	Cliff Warren	Loughton	1.35	3
3	Martin Gibbs	Chelmsford	1.20	2
4	Martin Flack	Thurrock	1.00	1
5				0
M50 High Jump				
1	Dave Barnett	Chelmsford	1.30	4
2	David Faulkner	Loughton	1.15	3
3	Glen Taylor	Southend	1.15	2
4				1
5				0
M40 Shot				
1	Dave Bauer	Chelmsford	10.39	4
2	Paul Ffrench	Southend	8.92	3
3	Martin Mack	Thurrock	6.54	2
4	Simon Childs	Loughton	4.55	1
5				0
M50 Shot				
1	Rob Earle	Southend	13.10	4
2	Ty Holden	Loughton	9.32	3
3	Mike Williams	Chelmsford	9.11	2
4				1
5				0
M60 Shot				
1	David Faulkner	Loughton	8.25	4
2	Phil Harris	Chelmsford	7.70	3
3	John Clark	Southend	7.10	2
4				1
5				0
M35 Hammer				
1	Paul Avontuur	Chelmsford	19.23	4
2	Tony Balding	Southend	11.54	3
3				2
4				1
5				0

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					3

M40 Hammer				
1	Dave Bauer	Chelmsford	34.86	4
2	Paul Ffrench	Southend	16.44	3
3	Simon Childs	Loughton	7.55	2
4				1
5				0
M50 Hammer				
1	Rob Earle	Southend	56.42	4
2	Mike Williams	Chelmsford	36.24	3
3	Andy Clark	Loughton	10.42	2
4				1
5				0
M60 Hammer				
1	John Clark	Southend	21.87	4
2	Phil Harris	Chelmsford	19.71	3
3	Dave Faulkner	Loughton	18.26	2
4				1
5				0
M35-49 4 x 100mRelay				
1	Chelmsford		51.2	4
2	Southend		53.6	3
3	Loughton		55.1	2
4				1
5				0
M50 4 x 100m Relay				
1	Chelmsford		59.9	4
2	Southend		61.6	3
3	Loughton		82.8	2
4				1
5				0

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4					
		3			
	2				
					1
91	54	83	18	0	24

Womens's Teams		Score
Loughton	71	5
Chelmsford	70	6
Southend	60	7
Thurrock	0	8

F35 100m			
1	Dawn Jones	Chelmsford	14.8
2	Michaela Davis	Loughton	15.2
3	Anne Jenkinson	Southend	18.2
4			
5			

F45 100m			
1	Elizabeth Welbourne	Chelmsford	14.8
2	Amanda Rochester	Loughton	15.0
3	Sally Newman-Russell	Southend	16.8
4			
5			

F55 100m			
1	Jill Kent	Chelmsford	16.3
2	Chris Salvary	Loughton	16.6
3	Mel Panting	Southend	21.4
4			
5			

F35 400m			
1	Sally Mhlanga	Chelmsford	66.8
2	Anne Jenkinson	Southend	80.2
3	Michelle Hurley	Loughton	87.2
4			
5			

F45 400m			
1	Amanda Rochester	Loughton	69.5
2	Joanne Smith	Chelmsford	71.0
3	Sue Brown	Southend	90.5
4			
5			

F45 400m			
1	Jill Kent	Chelmsford	79.7
2	Chris Salvary	Loughton	86.0
3	Mel Panting	Southend	95.2
4			
5			

F35 1500m			
1	Wendy King	Chelmsford	5.27.9
2	Anne Jenkinson	Southend	5.42.7
3	Michelle Hurley	Loughton	6.21.5
4			
5			

F45 1500m			
1	Joanne Smith	Chelmsford	5.24.0
2	Sue Crompton	Southend	6.34.3
3	Gwen Harwood	Loughton	8.22.4
4			
5			

F55 1500m			
1	Mel Panting	Southend	6.47.2
2	Jean Hobbs	Loughton	7.05.6
3			
4			
5			

F35+ 2kWalk "A"			
1	Jane Clark	Loughton	14.44.3
2	Mel Panting	Southend	15.19.7
3	Tracy Minton	Chelmsford	16.59.5
4			
5			

Chelms	Lought	South	Thurro	Waste
5	6	7	8	9
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F45 4 x 100m Relay				
1	Loughton		66.6	4
2	Southend		76.0	3
3				2
4				1
5				0

		4				
			3			
						3
70	71	60	0	0	0	29