

Eastern Masters 10,000m 2016

Biggleswade TrackFest (7th July)

Pos	Bib	Athlete	(Age Group - Pos)	Time
5	182	John Skelton	(M65 - 1st)	38:05.51
6	195	Christine Lathwell	(W35 - 1st)	39:52.62
7	186	Helen Grant	(W50 - 1st)	47:29.74
10	162	Jim Brown	(M60 - 1st)	51:53.51

It was unavoidable that they were not able to collect their medals on the night. However the medals can be collected at either the EMAC Track & Field Championships (Biggleswade, 3rd Sept) or at the EMAC Track & Field League Final (Bedford, 11th Sept), when the overall EMAC Track & Field Championships Team Trophy will be presented.