

BMAF 10k Road Champs 2017

EMAC Extracted Results

Pos	Time	Name	Cat	Club	Cat Pos
1	00:32:24	Sullivan Smith	M40	Cambridge & Coleridge AC	1
5	00:34:57	Mark Vaughan	M45	North Herts RRC	1
10	00:36:12	Lee Taylor	M40	Southend On Sea AC	4
22	00:39:06	Christine Lathwell	W40	Stopsley Striders	2
25	00:39:32	Christopher Armstrong	M50	Nene Valley	4
32	00:41:05	Don Lawless	M50	Thurrock Harriers AC	7
35	00:41:44	Mark Gowers	M55	Billericay Striders RC	6
51	00:44:08	Maureen McCarthy	W55	West Suffolk AC	1
62	00:45:19	Yuko Gordon	W65	North Herts RRC	1
64	00:45:42	Maurice Hemingway	M60	Riverside Runners, St Neots	8
65	00:46:08	Tony Hyde	M50	Ilford AC	11
68	00:46:19	Gerald Meah	M55	Cambridge & Coleridge AC	11
75	00:46:56	Anne Ellen	W60	Norfolk Gazelles AC	2
78	00:47:11	Glyn Smith	M70	Cambridge & Coleridge AC	4
94	00:52:25	Robert Sargent	M60	Ilford AC	10