

EVAC 2011 KINGS LYNN Match 4 (3 Aug)

Men's Teams			team no.	score	
1	Peterborough		2	80	
2	Ryston		3	70	
3	West Norfolk		4	56	
4	City of Norwich		1	6	
2004	200m M40				
2	1	D Harbour	Peterborough	26.2	4
4	2	G Powley	West Norfolk	26.5	3
3	3	A Harrod	Ryston	30.4	2
	4				1
2005	200m M50				
2	1	Ricky Huskisson	Peterborough	27.7	4
1	2	G Slater	City of Norwich	28.1	3
3	3	C Manning	Ryston	30.4	2
	4				1
2006	200m M60				
4	1	J Moore	West Norfolk	27.9	4
2	2	Pete Brantom	Peterborough	32.8	3
3	3	M Simmonds	Ryston	33	2
	4				1
8004	800m M40				
3	1	M Tuff	Ryston	2.12.7	4
2	2	Neil Martin	Peterborough	2.20.0	3
	3				2
	4				1
8005	800m M50				
3	1	C Manning	Ryston	2.38.5	4
2	2	Eamonn Dorling	Peterborough	2.39.3	3
	3				2
	4				1
8006	800m M60				
3	1	M Simmonds	Ryston	2.57.7	4
2	2	Pete Brantom	Peterborough	3.26.3	3
	3				2
	4				1
30004	3000m M40				
2	1	J Herbert	Peterborough	10.06.6	4
3	2	N Bensley	Ryston	10.27.7	3
	3				2
	4				1
30005	3000m M50				
2	1	Eamonn Dorling	Peterborough	11.12.6	4
3	2	C Milne	Ryston	13.14.5	3
	3				2
	4				1
30006	3000m M60				
3	1	M Simmonds	Ryston	13.51.0	4

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10	3	Lesley Robins	Ryston	31.70	2
	4				1
2004		200m F45			
9	1	P Watson	Peterborough	32.70	4
10	2	Karen Wood	Ryston	35.00	3
11	3	Dorothy Hunter	West Norfolk	35.40	2
	4				1
2005		200m F55			
11	1	Dot Fraser	West Norfolk	38.10	4
10	2	Georgina Allen	Ryston	38.60	3
	3				2
	4				1
8003		800m F35			
11	1	Katrina Wastenev	West Norfolk	2.51.9	4
10	2	Lesley Robins	Ryston	3.05.0	3
9	3	Lisa Richardson	Peterborough	3.19.0	2
	4				1
8004		800m F45			
10	1	Linda Marshall	Ryston	3.07.6	4
11	2	Sally Edwards	West Norfolk	3.11.5	3
	3				2
	4				1
8005		800m F55			
10	1	Georgina Allen	Ryston	3.39.5	4
	2				3
	3				2
	4				1
30003	1	3000m F35			
10	1	Alison Milnes	Ryston	14.20.4	4
	2				3
	3				2
	4				1
30004		3000m F45			
10	1	Jo Isbill	Ryston	12.31.0	4
11	2	Sally Edwards	West Norfolk	14.07.6	3
	3				2
	4				1
30005		3000m F55			
10	1	Gill Hart	Ryston	15.26.0	4
	2				3
	3				2
	4				1
400H3		400mH F35			
11	1	Katrina Wastenev	West Norfolk	76.4	4
9	2	Lisa Richardson	Peterborough	83.7	3
10	3	Lesley Robins	Ryston	96.8	2
	4				1
400H4		400mH F45			

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10	1	Linda Marshall	Ryston	89.9	4
	2				3
	3				2
	4				1
1mW3		1mile Walk F35			
11	1	Nicky Neill	West Norfolk	11.23.8	4
10	2	Sue Smith	Ryston	11.41.9	3
	3				2
	4				1
1mW4		1mile Walk F45			
10	1	Liz Blakie	Ryston	10.08.5	4
11	2	Leigh Ely	West Norfolk	12.50.8	3
	3				2
	4				1
1mW5		1mile Walk F55			
10	1	Carh Duhig	Ryston	9.13.5	4
	2				3
	3				2
	4				1
PV3		Pole Vault F35			
	1				4
	2				3
	3				2
	4				1
PV4		Pole Vault F45			
10	1	Jo Isbill	Ryston	2.20	4
	2				3
	3				2
	4				1
TJ3		Triple Jump F35			
9	1	Lisa Richardson	Peterborough	8.55	4
11	2	Katrina Wastenev	West Norfolk	8.13	3
10	3	Lesley Robins	Ryston	5.60	2
	4				1
TJ4		Triple Jump F45			
9	1	Lisa Richardson	Peterborough	7.97	4
10	2	Jo Isbill	Ryston	7.75	3
11	3	Leigh Ely	West Norfolk	5.89	2
	4				1
TJ5		Triple Jump F55			
10	1	Marlene Simmonds	Ryston	7.95	4
	2				3
	3				2
	4				1
DT3		Discus F35			
9	1	A Jenkins	Peterborough	35.80	4
11	2	Nicky Neill	West Norfolk	17.66	3
10	3	Gaye Clarke	Ryston	15.65	2
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