

### Eastern Vets League - Match 4 - Milton Keynes - 3 August 2011

Men's Teams					score
1	Marshall Milton Keynes				178.5
2	Bedford & County				134
3	Huntingdon				112
4	Cambridge & Coleridge				109.5
5	Fairlands Valley Spartans				99
6	Kettering Town Harriers				50
7	Biggleswade				42
8	Wellingborough & District				9
<b>200m M40</b>					
1	Peter Benedickter	Bedford & County	24.7		8
2	<u>Paul Canning</u>	Marshall Milton Keynes	25.6		7
3	Richard Phelan	Huntingdon	27.6		6
4	Dave Stephenson	Fairlands Valley Spartans	28.1		5
5	Comie Campbell	Biggleswade	28.9		4
6	Greg Smith	Kettering Town Harriers	29.9		3
7	Ian Slack	Cambridge & Coleridge	32.9		2
<b>200m M50</b>					
1	Julian Courtney	Cambridge & Coleridge	26.6		8
2	Ivars Licietis	Marshall Milton Keynes	26.6		7
3	W Paterson	Wellingborough & District	27.4		6
4	David Brown	Biggleswade	28.3		5
5	Derek Darnell	Huntingdon	29.8		4
6	Paul Young	Kettering Town Harriers	36.2		3
7	Mark Glading	Fairlands Valley Spartans	38.5		2
<b>200m M60</b>					
1	<u>Paul Toombs</u>	Marshall Milton Keynes	31.5		8
2	Noel Moss	Cambridge & Coleridge	33.7		7
3	Roger Biggs	Fairlands Valley Spartans	38.5		6
<b>800m M40</b>					
1	Peter Downhill	Huntingdon	2:18.0		8
2	M Blackwell	Bedford & County	2:19.2		7
3	Steve Mayfield	Fairlands Valley Spartans	2:25.2		6
4	Robert Balderston	Marshall Milton Keynes	2:27.2		5
5	Andy Clawson	Kettering Town Harriers	2:33.8		4
<b>800m M50</b>					
1	<u>Malcolm Down</u>	Marshall Milton Keynes	2:19.1		8
2	David Brown	Biggleswade	2:22.1		7
3	Derek Darnell	Huntingdon	2:24.6		6
4	Joe Tucker	Cambridge & Coleridge	2:39.6		5
5	Dave Laynes	Bedford & County	2:42.2		4
6	Paul Young	Kettering Town Harriers	2:51.6		3
7	Richard Sidlin	Fairlands Valley Spartans	2:57.4		2
8	T Hale	Wellingborough & District	3:20.9		1
<b>800m M60</b>					
1	John Skelton	Marshall Milton Keynes	2:30.0		8
2	Alec Swiecicki	Bedford & County	2:43.0		7
3	Roger Biggs	Fairlands Valley Spartans	3:08.2		6
<b>3000m M40</b>					
1	A Turnbull	Bedford & County	9:37.9		8

2	<u>Steve Herring</u>	Marshall Milton Keynes	9:49.9	7
3	Kevin White	Cambridge & Coleridge	10:13.5	6
4	Ian Day	Huntingdon	10:44.4	5
5	Steve Mayfield	Fairlands Valley Spartans	11:44.5	4
6	Paul Marlow	Kettering Town Harriers	12:04.6	3
	<b>3000m M50</b>			
1	Richard Holland	Huntingdon	10:10.7	8
2	Dave Laynes	Bedford & County	11:27.3	7
3	<u>Mervyn Phillips</u>	Marshall Milton Keynes	11:46.4	6
4	Paul Young	Kettering Town Harriers	12:15.8	5
5	Joe Tucker	Cambridge & Coleridge	13:08.1	4
6	Paul Holgate	Fairlands Valley Spartans	14:17.8	3
	<b>3000m M60</b>			
1	Alec Swiecicki	Bedford & County	11:11.7	8
2	<u>Kelvin Smith</u>	Marshall Milton Keynes	12:23.1	7
3	Roger Biggs	Fairlands Valley Spartans	13:11.4	6
	<b>400mH M40</b>			
1	Peter Benedickter	Bedford & County	59.7	8
2	<u>Brian Slaughter</u>	Marshall Milton Keynes	69.8	7
3	Richard Phelan	Huntingdon	78.6	6
4	Andy Clawson	Kettering Town Harriers	disq	5
	<b>400mH M50</b>			
1	David Brown	Biggleswade	77.9	8
2	<u>Andy Harrison</u>	Marshall Milton Keynes	86.5	7
	<b>1m Walk M40</b>			
1	Dave Stephenson	Fairlands Valley Spartans	9:33.4	8
2	Brian Graves	Marshall Milton Keynes	10:49.2	7
3	Mike Hayball	Huntingdon	11:02.4	6
4	Rob Britten	Kettering Town Harriers	11:09.7	5
	<b>1m Walk M50</b>			
1	<u>Mark Wall</u>	Marshall Milton Keynes	8:53.8	8
2	Joe Tucker	Cambridge & Coleridge	11:01.1	7
3	Rob Lands	Bedford & County	11:02.4	6
4	Wayne DuBose	Huntingdon	11:12.8	5
5	Paul Holgate	Fairlands Valley Spartans	11:14.2	4
	<b>1m Walk M60</b>			
1	G Ayre	Bedford & County	9:43.9	8
2	<u>Bob Austin</u>	Marshall Milton Keynes	10:15.7	7
3	Peter Howard	Cambridge & Coleridge	10:26.2	6
	<b>Pole Vault M40</b>			
1	Simon Eastwood	Bedford & County	3.25	8
2	Brian Slaughter	Marshall Milton Keynes	3.05	7
3	Richard Phelan	Huntingdon	2.25	6
4	Greg Smith	Kettering Town Harriers	1.95	5
5	Ian Slack	Cambridge & Coleridge	1.85	4
6	Steve Mayfield	Fairlands Valley Spartans	1.35	3
	<b>Pole Vault M50</b>			
1=	Noel Moss	Cambridge & Coleridge	2.25	7.5
1=	Carl Baldwin	Marshall Milton Keynes	2.25	7.5
3	Derek Darnell	Huntingdon	2.05	6
4	Dave Folgate	Bedford & County	1.25	5

	<b>Triple Jump M40</b>			
1	Neil carrington	Biggleswade	10.76	8
2	Brian Slaughter	Marshall Milton Keynes	10.18	7
3	Richard Phelan	Huntingdon	10.07	6
4	Lance Croft	Bedford & County	9.17	5
5	Paul Marlow	Kettering Town Harriers	8.63	4
6	Ian Slack	Cambridge & Coleridge	8.58	3
7	Steve Mayfield	Fairlands Valley Spartans	8.24	2
	<b>Triple Jump M50</b>			
1	Dave Folgate	Bedford & County	10.65	8
2	Comie Campbell	Biggleswade	9.15	7
3	Carl Baldwin	Marshall Milton Keynes	9.10	6
4	Noel Moss	Cambridge & Coleridge	7.39	5
5	Wayne DuBose	Huntingdon	7.25	4
6	Richard Sidlin	Fairlands Valley Spartans	6.36	3
7	S Stredwick	Wellingborough & District	6.14	2
	<b>Discus M40</b>			
1	D Burrell	Bedford & County	35.20	8
2	Gary Parsons	Cambridge & Coleridge	33.82	7
3	Bob Ellingham	Huntingdon	26.03	6
4	Steve Mayfield	Fairlands Valley Spartans	20.00	5
5	Ian Arnott	Marshall Milton Keynes	19.73	4
6	Rob Britten	Kettering Town Harriers	12.47	3
	<b>Discus M50</b>			
1	Graeme Packman	Bedford & County	30.44	8
2	John Turner	Marshall Milton Keynes	30.04	7
3	Wayne DuBose	Huntingdon	29.82	6
4	Mark Glading	Fairlands Valley Spartans	21.92	5
5	Frank Martin	Cambridge & Coleridge	19.08	4
	<b>Discus M60</b>			
1	Phil Bramford	Cambridge & Coleridge	31.44	8
2	Mick Shortland	Fairlands Valley Spartans	28.92	7
3	Kelvin Smith	Marshall Milton Keynes	18.74	6
	<b>Javelin M40</b>			
1	D Burrell	Bedford & County	38.53	8
2	Brian Slaughter	Marshall Milton Keynes	35.02	7
3	Gary Parsons	Cambridge & Coleridge	34.72	6
4	Steve Mayfield	Fairlands Valley Spartans	24.92	5
5	Bob Ellingham	Huntingdon	22.09	4
6	Bill Bailey	Kettering Town Harriers	18.00	3
	<b>Javelin M50</b>			
1	Ian Stephenson	Marshall Milton Keynes	32.77	8
2	Wayne DuBose	Huntingdon	30.04	7
3	Jim Burke	Bedford & County	21.49	6
4	Frank Martin	Cambridge & Coleridge	17.26	5
5	Mark Glading	Fairlands Valley Spartans	16.99	4
	<b>Javelin M60</b>			
1	Phil Bramford	Cambridge & Coleridge	27.78	8
2	Mick Shortland	Fairlands Valley Spartans	26.19	7
3	Paul Toombs	Marshall Milton Keynes	24.29	6
	<b>1x400,2x200,1x400m M40</b>			

1	Marshall Milton Keynes	Marshall Milton Keynes	2:56.9	8
2	Bedford	Bedford & County	2:59.6	7
3	Fairlands Valley	Fairlands Valley Spartans	3:16.4	6
4	Huntingdon	Huntingdon	3:16.8	5
5	Kettering	Kettering Town Harriers	3:25.1	4
6	Biggleswade	Biggleswade	3:29.1	3
<b>1x400,2x200,1x400m M50</b>				
1	Huntingdon	Huntingdon	3:17.4	8
2	Cambridge	Cambridge & Coleridge	3:18.3	7
3	Marshall Milton Keynes	Marshall Milton Keynes	3:19.8	6
<b>Women's Teams</b>				<b>score</b>
1	Marshall Milton Keynes			156
2	Fairlands Valley Spartans			140
3	Cambridge & Coleridge			111
4	Kettering Town Harriers			101
5	Huntingdon			80
6	Bedford & County			74
7	Biggleswade			7
8	Wellingborough & District			0
<b>200m F35</b>				
1	Rosie Canham	Fairlands Valley Spartans	30.8	8
2	Katy Williams	Kettering Town Harriers	31.1	7
3	Hannah Stirley	Huntingdon	31.2	6
4	Jane Packman	Cambridge & Coleridge	34.4	5
5	Di Baldwin	Marshall Milton Keynes	34.7	4
<b>200m F45</b>				
1	Monica Brown	Fairlands Valley Spartans	30.6	8
2	Oriana Johnson	Bedford & County	33.4	7
3	Sandra Pedley	Huntingdon	36.1	6
4	Di Farmer	Marshall Milton Keynes	36.2	5
5	Yvonne Elliott	Kettering Town Harriers	38.7	4
<b>200m F55</b>				
1	<u>Jan Lawson</u>	Marshall Milton Keynes	36.3	8
2	Julia Hancock	Bedford & County	40.4	7
3	Iris Hornsey	Fairlands Valley Spartans	41.5	6
4	Mary Holmes	Cambridge & Coleridge	43.3	5
<b>800m F35</b>				
1	Rosie Canham	Fairlands Valley Spartans	2:34.0	8
2	Zoe Luscombe	Biggleswade	2:41.0	7
3	Jane Packman	Cambridge & Coleridge	2:48.6	6
4	Maria Calleia	Marshall Milton Keynes	3:05.9	5
5	Tina Blackwell	Bedford & County	3:13.1	4
6	Jill Tierney	Kettering Town Harriers	3:13.5	3
<b>800m F45</b>				
1	Helen Keyworth	Kettering Town Harriers	2:47.5	8
2	Helen Grant	Cambridge & Coleridge	2:55.6	7
3	Penny Butcher	Huntingdon	2:57.3	6
4	Di Farmer	Marshall Milton Keynes	3:03.7	5
5	Monica Brown	Fairlands Valley Spartans	3:14.9	4
<b>800m F55</b>				
1	Ursula Ghaleb	Marshall Milton Keynes	3:31.0	8

2	Iris Hornsey	Fairlands Valley Spartans	3:35.1	7
3	Julia Hancock	Bedford & County	3:47.9	6
4	Mary Holmes	Cambridge & Coleridge	3:52.8	5
<b>3000m F35</b>				
1	Jane Packman	Cambridge & Coleridge	12:37.7	8
2	<u>Maria Calleia</u>	Marshall Milton Keynes	13:01.2	7
3	Alison Moxey	Kettering Town Harriers	13:36.5	6
4	Tina Blackwell	Bedford & County	13:53.6	5
5	Sarah O'Callaghan	Fairlands Valley Spartans	14:06.8	4
<b>3000m F45</b>				
1	Helen Grant	Cambridge & Coleridge	12:30.2	8
2	Kerry Munn	Kettering Town Harriers	12:40.9	7
3	<u>Di Farmer</u>	Marshall Milton Keynes	12:54.6	6
4	Karen Cameron	Huntingdon	14:31.6	5
5	Sharon Crowley	Fairlands Valley Spartans	15:46.3	4
<b>3000m F55</b>				
1	<u>Ursula Ghaleb</u>	Marshall Milton Keynes	14:33.6	8
2	Sue Barnett	Cambridge & Coleridge	14:34.7	7
3	Jan Fry	Fairlands Valley Spartans	18:25.6	6
<b>400mH F35</b>				
1	Hannah Stirley	Huntingdon	85.7	8
2	Amanda Marlow	Kettering Town Harriers	90.9	7
3	Steph Mayfield	Fairlands Valley Spartans	96.8	6
4	Di Baldwin	Marshall Milton Keynes	99.1	5
<b>400mH F45</b>				
1	Helen Keyworth	Kettering Town Harriers	79.5	8
2	Oriana Johnson	Bedford & County	82.0	7
3	<u>Sue Rey</u>	Marshall Milton Keynes	148.5	6
<b>1m Walk F35</b>				
1	Di Baldwin	Marshall Milton Keynes	9:48.4	8
2	Sue Cahill	Cambridge & Coleridge	11:24.8	7
3	Steph Mayfield	Fairlands Valley Spartans	11:30.0	6
4	Bronwyn Smit	Kettering Town Harriers	12:02.3	5
<b>1m Walk F45</b>				
1	Helen Middleton	Bedford & County	9:02.6	8
2	Karen Cameron	Huntingdon	11:02.1	7
3	Sue Rey	Marshall Milton Keynes	11:10.5	6
4	Sharon Crowley	Fairlands Valley Spartans	11:22.6	5
5	Yvonne Elliott	Kettering Town Harriers	12:11.7	4
<b>1m Walk F55</b>				
1	Sue Barnett	Cambridge & Coleridge	9:50.9	8
2	<u>Ursula Ghaleb</u>	Marshall Milton Keynes	10:46.4	7
3	Jan Fry	Fairlands Valley Spartans	12:07.6	6
<b>Pole Vault F35</b>				
1	Steph Mayfield	Fairlands Valley Spartans	1.25	8
<b>Pole Vault F45</b>				
1	Sandra Pedley	Huntingdon	1.85	8
2	Di Farmer	Marshall Milton Keynes	nh	
<b>Triple Jump F35</b>				
1	Jean Harry	Marshall Milton Keynes	7.95	8
2	Steph Mayfield	Fairlands Valley Spartans	7.12	7

3	Hannah Stirley	Huntingdon	7.11	6
4	Amanda Marlow	Kettering Town Harriers	6.74	5
5	Sue Cahill	Cambridge & Coleridge	6.48	4
<b>Triple Jump F45</b>				
1	Monica Brown	Fairlands Valley Spartans	7.83	8
2	Penny Butcher	Huntingdon	7.58	7
3	Di Farmer	Marshall Milton Keynes	6.96	6
4	Yvonne Elliott	Kettering Town Harriers	5.54	5
<b>Triple Jump F55</b>				
1	Ursula Ghaleb	Marshall Milton Keynes	5.63	8
2	Iris Hornsey	Fairlands Valley Spartans	5.36	7
<b>Discus F35</b>				
1	Emma Beales	Marshall Milton Keynes	42.77	8
2	Sue Cahill	Cambridge & Coleridge	20.03	7
3	Rosemary Boast	Bedford & County	16.19	6
4	Hannah Stirley	Huntingdon	15.27	5
5	Steph Mayfield	Fairlands Valley Spartans	13.59	4
6	Alison Moxey	Kettering Town Harriers	13.31	3
<b>Discus F45</b>				
1	Romana Martin	Cambridge & Coleridge	20.27	8
2	Jeanette Lawrence	Marshall Milton Keynes	16.17	7
3	Penny Butcher	Huntingdon	14.93	6
4	Sarah Bailey	Kettering Town Harriers	14.30	5
5	Monica Brown	Fairlands Valley Spartans	13.73	4
<b>Discus F55</b>				
1	Jan Lawson	Marshall Milton Keynes	14.68	8
2	Anthea Bramford	Cambridge & Coleridge	13.83	7
3	Iris Hornsey	Fairlands Valley Spartans	11.04	6
4	Julia Hancock	Bedford & County	8.81	5
<b>Javelin F35</b>				
1	Jean hary	Marshall Milton Keynes	23.73	8
2	Sue Cahill	Cambridge & Coleridge	21.72	7
3	Rosemary Boast	Bedford & County	17.62	6
4	Amanda Marlow	Kettering Town Harriers	16.64	5
5	Hannah Stirley	Huntingdon	12.88	4
6	Steph Mayfield	Fairlands Valley Spartans	11.31	3
<b>Javelin F45</b>				
1	Monica Brown	Fairlands Valley Spartans	16.36	8
2	Oriana Johnson	Bedford & County	15.83	7
3	Penny Butcher	Huntingdon	14.06	6
4	Romana Martin	Cambridge & Coleridge	13.24	5
5	Jacqui Maycock	Marshall Milton Keynes	12.12	4
6	Sarah Bailey	Kettering Town Harriers	8.34	3
<b>1x400,2x200,1x400m F35</b>				
1	Kettering	Kettering Town Harriers	3:49.3	8
2	Fairlands Valley	Fairlands Valley Spartans	3:50.3	7
3	Bedford	Bedford & County	4:08.7	6
4	Marshall Milton Keynes	Marshall Milton Keynes	4:10.9	5
<b>1x400,2x200,1x400m F45</b>				
1	Kettering	Kettering Town Harriers	3:47.2	8
2	Cambridge	Cambridge & Coleridge	4:17.6	7

**Non scoring results****1m Walk**

Alison Ray	Marshall Milton Keynes	11:16.6 F40
Chris Ryder	Marshall Milton Keynes	11:47.0 F45

**800m**

Peter Benedickter	Bedford & County	2:09.7 M40
Lance Croft	Bedford & County	2:11.1 M40
Paul Westrope	Bedford & County	2:24.9 M40
Ian Day	Hunts	2:31.8 M40
Alasdair Gibson	Marshall Milton Keynes	2:31.0 M50
Phil Young	Hunts	2:49.2 M50
Roger Head	Herts Phoenix	3:01.2 M60
Malcolm Haynes	Marshall Milton Keynes	3:25.1 M60

**200m**

Bronwyn Smit	Kettering	34.0 F35
Lance Croft	Bedford & County	26.7 M40
Gareth Westrope	Hunts	29.9
John Turner	Marshall Milton Keynes	27.8 M55
Steve Stredwick	Wellingborough & District	32.6 M50

**Discus**

Jim Burke	Bedford & County	26.30 M50
David Goldsworthy	Marshall Milton Keynes	25.93 M50
Paul Bailey	Kettering	16.01 M50
Carl Baldwin	Marshall Milton Keynes	23.11 M50
Jacqui Maycock	Marshall Milton Keynes	14.25 F45
Hayley Hunter	Kettering	12.77 F35

**3000m**

<u>Chris Ryder</u>	Marshall Milton Keynes	14:28.5 F45
Malcolm Haynes	Marshall Milton Keynes	15:28.1 M60

**Javelin**

Andy Harrison	Marshall Milton Keynes	17.00 M50
Carl Baldwin	Marshall Milton Keynes	22.95 M50
Ian Stephenson	Marshall Milton Keynes	30.76 M40
Jeanette Lawrence	Marshall Milton Keynes	8.53 F50

**3000m**

Paul Westrope	Bedford & County	10:18.8 M40
Paul Veitch	Riverside Runners	10:22.2 M35
Paul Tew	Marshall Milton Keynes	11:05.3 M45
Roy Head		12:00.5 M45
R Lands	Bedford & County	13:37.1 M50