

## Entering International Championships

1. You must be a member of the British Masters Athletic Federation (BMAF) via one of its eleven regional clubs <http://bmaf.info/>
2. Your BMAF club membership must be in date at the time of entering a competition. It's annual. It's due at the same time every year so, get organised. You now do this yourself, online from the Open Track system on the BMAF website.
3. There is no "qualifying standard" for International Masters competition. If you are 35yrs of age or more, can afford the time and money to go, then you can represent your country. You must of course hold a British passport and be deemed a British citizen to compete. A copy of your passport ID page will be required for 1st time competitors. This should be sent to the BMAF Overseas Entries Co-ordinator at [internationalentries@bmaf.org.uk](mailto:internationalentries@bmaf.org.uk)
4. The BMAF **Open Track** registration system should take care of all the information needed to verify you for International Competition. This is now completed by you, the athlete, so please ensure you give all the information asked for. Those members with Dual Citizenship will be asked for additional information re their eligibility to compete for GBR. This is to keep the paperwork in order with WMA/EMA.

British Masters kit. This is available from : RonHill Specials. Tel: **01623-551452** Email: [mail@ronhillspecials.com](mailto:mail@ronhillspecials.com); <http://specials.ronhill.com/>

5. For European Championship events ensure your European Health Card is in date in case of accident. For competition in other continents it is advisable to have travel insurance that includes sports activities.
6. Your masters club should always go on your online entry form. Initials of the club followed by number (ie EMAC9999) we do need to know that you are a member of Eastern Masters AC (or whichever club it might be) hopefully EMAC? You will also need your UKA registration number.
7. The official travel agent for BMAF tours abroad is :  
Track & Field Tours Ltd, Ingatestone, Essex  
<http://www.trackandfield.co.uk>  
Tel : 01277 354 377  
Email : [tftours@aol.com](mailto:tftours@aol.com)

### Summary :

Online entries are getting better all the time, but, you are often dealing with people that do things differently to us.

- a. Read all information available. There is always some on the BMAF fixtures site.

- b. Please enter early not late. Then if there are any problems you have plenty of time to sort them out.
- c. Do not rush your online entry. Some of the sites that are being used are not that professional, therefore they can take more time to absorb your information. However, this is getting better every year.
- d. Check whether a copy of your passport is required.
- e. Always put your Masters Club on the form. Always ensure your membership is up to date at the time of entry. If you are not affiliated at the time of entry you will not be able to compete.
- f. Check your travel arrangements & insurance.
- g. Having entered online and had a confirmation by email. Please remember any queries or alterations to your entry or information will come to you by email. Check your emails regularly. If you have done all the above, there is absolutely no reason why you should get rejected from a championship.

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