



England Athletics Masters Association

British and Irish Masters Cross Country International

England Athletics Masters Association invite all runners who qualify to run for England to apply for selection for the above event which will be held in **Londonderry, Northern Ireland** on **Saturday November 18th, 2017**.

Race Categories are Women 35 to 70+ and Men 35 to 75+ in 5 year age groups. The selectors will look at runners performances in 2017 in BMAF and EAMA club races, over 5K and 10K on the road, track and country, as well as in other appropriate races. BMAF and EAMA events will give the selectors the opportunity to compare performances of runners against each other.

Forms and information regarding the requirements will be available on the **EAMA website** with a link to **EAMA** as well as from your club selector who is listed below.

Please send a Stamped Addressed Envelope should you want printed details. All applications must be printed.

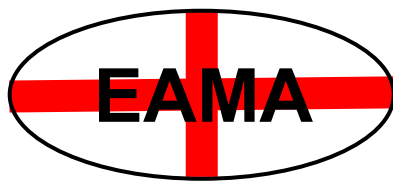
EAMA are, unfortunately, not in a financial position to assist with travelling or hotel expenses. A team vest may be supplied but the rest of the kit required will be need to be supplied by the runner.

Selection will take place early in October and all applicants will be informed of the selectors decision as soon after the selection meeting as possible.

Thank you for expressing an interest and good luck with your application.

Philip Lee,
EAMA Cross Country Secretary

EMAC	Maurice Hemingway	5 Rectory Leys, Offord Darcy, Cambridgeshire PE19 5SQ
MMAC	Mick Smedley	12A Bagshaw Street, Crewton, Derby DE24 8TX
VAC	Mike Mann	90 Crescent Lane, London, SW4 9PL
NMAC	Sue Beconsall	Coiners House, 12 Coiners Road, Mytholmroyd, West Yorkshire HX7 5BS
NEMAA	Kim Matthews	7 Spencers View, Stella Riverside, Blaydon on Tyne NE21 4FT
SWVAC	Alison White	6 Hillcrest Gardens, Exmouth, Devon EX8 4FE
ISLE OF MAN	Mo Kelly	47 Ballacriy Park, Colby, Isle of Man IM9 4LX
SCVAC	Jeremy Carmichael	1 Tintern Road, Gossops Green, Crawley, West Sussex RH11 8NG



England Athletics Masters Association

Philip Lee, EAMA Cross Country Secretary, 01772 929366, 17xrunner@gmail.com

Dear Masters Athlete,

Thank you for expressing an interest in being considered for selection for the England Masters cross country team in connection with the International to be held at in **Londonderry, Northern Ireland on Saturday 18th November 2017**. Teams will be selected by a panel of selectors representing the various regions of England.

Selectors will take into consideration performances at **5k and 10k road and track**. BMAF championship events will also be considered but I must stress that these are not selection races as such. They will help in terms of identifying performances by athletes in the same age groups going head to head. Power of 10 statistics are useful but do not compare runner against runner, course against course and conditions against conditions. I would therefore urge you to ensure that you include all relevant 5k and 10k results posted this year in your application form together with any relevant BMAF/Area club championship results.

If selected you must be prepared to pay your own travel and accommodation expenses, as there is no financial assistance available from EAMA. Some area Masters clubs may offer a contribution towards expenses. Your England vest may be supplied. You will however need to supply other items of running kit (including red shorts if possible).

Athletes will be notified about the outcome of their application within a few days of the selection meeting in October.

It is important that all athletes wishing to be selected are paid up members of their respective Masters/Veteran area club or association and also be UK registered. Applications must be made on the official form which must be fully completed and sent to the relevant area club/association representative named below by Saturday 30th September at the latest. Applications received after this date will not be considered. Please ensure you supply a reply paid envelope with the correct postage.

Good luck with your application and with your training and racing during the coming months.

Philip Lee
EAMA Cross Country Secretary.

Please send your completed application form to your area representative named below:

Club/Association:	Area Representative:	Address:
EMAC	Maurice Hemingway	5 Rectory Leys, Offord Darcy, Cambridgeshire PE19 5SQ
MMAC	Mick Smedley	12A Bagshaw Street, Crewton, Derby DE24 8TX
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SCVAC	Jeremy Carmichael	1 Tintern Road, Gossops Green, Crawley, West Sussex RH11 8NG
<i>Team Managers</i>	<i>David & Ruth Lesley</i>	<i>19 Glenbervie Drive, Leigh-on Sea, Essex SS9 3JU</i>



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I wish to be considered for an England place in the age category, indicated below for the above event to be held at Londonderry, Northern Ireland on Saturday 18th November 2017.

Full Name

Address

.....

.....

..... **Post Code**

Tel Home **Work**

Email address (print clearly)

Date of Birth

Team Age Category **Women** 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70+

Men 35 / 40 / 45 / 50 / 55 / 60 / 65 / 70 / 75+

BMAF Club **Registration Number**

England Athletics Registration Number

UKA Club

Vest size **Men** S / M / L / XL **Women** 8 / 10 / 12 / 14

I declare that the information I have supplied is correct and that I am a fully paid up member of an England Masters/Veterans club or a Masters/Veterans club in the country in which I reside and that I am eligible to run for England. I also declare that I am a fully paid up member of the England Athletics Registration Scheme.

I agree that the organisers of the event shall not be liable for any accident, injury, loss or damage as a consequence of my participation in this event.

Signed **Date**



