

EMAC



The 2017 EMAC League featured more than 2600 performances in 13 matches by over 400 athletes from beginners to European and World Masters Champions

Do you want your club to be part of the track and field action next year?

Four midweek matches in regional divisions leading to a grand Final

Wide range of events each match for men and women aged 35+

Apply now for the 2018 EMAC League Entry form on the website

emac.org.uk

For further details contact Paul Harrison
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EMAC caters for Masters athletes across East Anglia in Track & Field, Cross Country and Road Running, supporting participation in regional, national and international events. Membership details and more besides on the website.

