

BMAF SoE/EMAC/VAC/Open - Sunday, 25th February 2018 - Lee Valley Athletic Centre

60m	Athlete	1st Claim Club	Age Group	Result SS.ss	Merit Std	EMAC CBP?	EMAC Medal
101	Jan Barnard	Basildon AC	V35M	7.78	Yes	-	G
121	Amr Ziko	Braintree & District AC	V35M	7.85	Yes	-	S
103	Aaron Bollu	Colchester & Tendring AC	V35M	8.01	Yes	-	B
132	Nigel Hayman	Ipswich Harriers	V40M	8.13	Yes	-	G
165	Gary Smith	Bedford & County AC	V45M	7.75	Yes	-	G
166	Julian Smith	Nene Valley Harriers	V45M	7.79	Yes	-	S
163	Tarsem Shoker	Lincoln Wellington Athletic Club	V45M	8.69	Yes	-	B
175	Paul Canning	Marshall Milton Keynes AC	V50M	7.89	Yes	-	G
186	Paul Harrison	Ryston Runners	V50M	8.35	Yes	-	S
242	Des Wilkinson	Luton Athletic Club	V55M	8.37	Yes	-	G
231	Wilson Paterson	Corby AC	V55M	8.77	Yes	-	S
248	John Browne	Marshall Milton Keynes AC	V60M	8.26	Yes	-	G
283	John Moore	Lincoln Wellington Athletic Club	V65M	8.99	Yes	-	G
299	Frank Hayes	Eastern Masters AC	V70M	10.96	Yes	-	G
342	Claire Smith	Nene Valley Harriers	V40W	8.64	Yes	-	G
347	Carey Hollick	Colchester & Tendring AC	V45W	11.42	x	-	x
359	Monica Brown	Fairlands Valley Spartans	V50W	8.91	Yes	-	G
373	Gaye Clarke	Ryston Runners	V55W	9.64	Yes	-	G
395	Christine Salvary	Barnet & District AC	V60W	10.06	Yes	-	G
404	Emily McMahon	Enfield and Haringey A C	V65W	10.13	Yes	-	G
200m	Athlete	1st Claim Club	Age Group	Result SS.ss	Merit Std	EMAC CBP?	EMAC Medal
121	Amr Ziko	Braintree & District AC	V35M	25.30	Yes	-	G
166	Julian Smith	Nene Valley Harriers	V45M	25.16	Yes	-	G
163	Tarsem Shoker	Lincoln Wellington Athletic Club	V45M	28.65	Yes	-	S
175	Paul Canning	Marshall Milton Keynes AC	V50M	25.52	Yes	-	G
203	David Stephenson	Fairlands Valley Spartans	V50M	28.23	Yes	-	S
194	Steve Mayfield	Stevenage & North Herts AC	V50M	28.24	Yes	-	B
202	Peter Stansbury	Dacorum & Tring AC	V50M	30.17	Yes	-	
241	Clifford Warren	Loughton AC	V55M	28.41	Yes	-	G
231	Wilson Paterson	Corby AC	V55M	29.10	Yes	-	S
258	Tennyson James	Bedford & County AC	V60M	26.89	Yes	CBP	G
261	Ivars Licietis	Marshall Milton Keynes AC	V60M	28.10	Yes	-	S
274	Robert Woolliams	Ipswich Harriers	V60M	30.76	Yes	-	B
283	John Moore	Lincoln Wellington Athletic Club	V65M	30.53	Yes	-	G
326	Anne Moindrot	Cambridge & Coleridge AC	V35W	29.76	Yes	-	G
342	Claire Smith	Nene Valley Harriers	V40W	28.36	Yes	-	G
381	Tessa Stephenson	Fairlands Valley Spartans	V55W	33.35	Yes	-	G
400m	Athlete	1st Claim Club	Age Group	Result SS.ss	Merit Std	EMAC CBP?	EMAC Medal
121	Amr Ziko	Braintree & District AC	V35M	60.66	Yes	-	G
123	Neil Brittain	Garden City Runners	V40M	61.35	Yes	-	G
127	Tyrone Farrer	Southend On Sea AC	V40M	62.63	Yes	-	S
142	Peter Benedickter	Bedford & County AC	V45M	57.60	Yes	-	G
166	Julian Smith	Nene Valley Harriers	V45M	57.97	Yes	-	S
194	Steve Mayfield	Stevenage & North Herts AC	V50M	63.38	Yes	-	G
179	Lance Croft	Bedford & County AC	V50M	66.20	Yes	-	S
196	Keith Palmer	Southend On Sea AC	V50M	68.05	x	-	x
202	Peter Stansbury	Dacorum & Tring AC	V50M	71.42	x	-	x
241	Clifford Warren	Loughton AC	V55M	65.02	Yes	-	G
231	Wilson Paterson	Corby AC	V55M	70.61	x	-	x
258	Tennyson James	Bedford & County AC	V60M	62.70	Yes	CBP	G
261	Ivars Licietis	Marshall Milton Keynes AC	V60M	64.75	Yes	-	S
342	Claire Smith	Nene Valley Harriers	V40W	65.80	Yes	-	G
375	Christine Feely	Stevenage & North Herts AC	V55W	70.12	Yes	CBP	G
387	Edith Caux	Luton Athletic Club	V60W	73.15	Yes	CBP	G
410	Iris Hornsey	Fairlands Valley Spartans	V75W	99.31	Yes	CBP	G

800m	Athlete	1st Claim Club	Age Group	Result MM:SS.ss	Merit Std	EMAC CBP?	EMAC Medal
105	Graham Easty	Southend On Sea AC	V35M	02:16.10	Yes	-	G
125	Andy Cohen-Wray	Bedford & County AC	V40M	02:16.11	Yes	-	G
127	Tyrone Farrer	Southend On Sea AC	V40M	02:18.88	Yes	-	S
143	Richard Bruce	Fairlands Valley Spartans	V45M	02:06.73	Yes	CBP	G
169	Christopher Westcott	Stevenage & North Herts AC	V45M	02:09.26	Yes	CBP	S
183	Stewart Fountain	Eastern Masters AC	V50M	02:23.11	Yes	-	G
213	Geoffrey Brewster	Huntingdonshire AC	V55M	02:26.52	Yes	-	G
236	Andrew Stewart	Chiltern Harriers AC	V55M	02:42.26	Yes	-	S
245	Charles Arnold	Biggleswade AC	V60M	02:37.77	Yes	-	G
288	John Skelton	Marshall Milton Keynes AC	V65M	02:36.34	Yes	CBP	G
348	Dawn Jones	Harlow AC	V45W	02:42.21	Yes	-	G
400	Susan Barnett	Eastern Masters AC	V65W	03:37.93	Yes	-	G
410	Iris Hornsey	Fairlands Valley Spartans	V75W	03:54.21	Yes	-	G
1500m	Athlete	1st Claim Club	Age Group	Result MM:SS.ss	Merit Std	EMAC CBP?	EMAC Medal
127	Tyrone Farrer	Southend On Sea AC	V40M	04:55.58	Yes	-	G
169	Christopher Westcott	Stevenage & North Herts AC	V45M	04:29.24	Yes	-	G
183	Stewart Fountain	Eastern Masters AC	V50M	04:57.19	Yes	-	G
211	Paul Berrett	Havering AC	V55M	04:58.76	Yes	-	G
220	Malcolm Down	Garden City Runners	V55M	05:05.26	Yes	-	S
236	Andrew Stewart	Chiltern Harriers AC	V55M	05:47.59	x	-	x
245	Charles Arnold	Biggleswade AC	V60M	05:35.05	Yes	-	G
388	Gail Duckworth	Leighton Buzzard Athletic Club	V60W	05:59.70	Yes	CBP	G
3000m	Athlete	1st Claim Club	Age Group	Result MM:SS.ss	Merit Std	EMAC CBP?	EMAC Medal
127	Tyrone Farrer	Southend On Sea AC	V40M	10:01.57	Yes	-	G
192	Don Lawless	Thurrock Harriers	V50M	11:29.09	Yes	-	G
212	David Bowker	Fairlands Valley Spartans	V55M	11:40.46	Yes	-	G
288	John Skelton	Marshall Milton Keynes AC	V65M	11:35.64	Yes	CBP	G
294	John Borgars	Herts Phoenix AC	V70M	14:20.21	Yes	CBP	G
388	Gail Duckworth	Leighton Buzzard Athletic Club	V60W	12:33.65	Yes	CBP	G
60mH	Athlete	1st Claim Club	Age Group	Result SS.ss	Merit Std	EMAC CBP?	EMAC Medal
132	Nigel Hayman	Ipswich Harriers	V40M	9.13	Yes	-	G
138	Dan Upton	Trafford Athletic Club	V40M	11.89	x	-	x
165	Gary Smith	Bedford & County AC	V45M	8.59	Yes	CBP	G
242	Des Wilkinson	Luton Athletic Club	V55M	9.28	Yes	-	G
258	Tennyson James	Bedford & County AC	V60M	9.86	Yes	CBP	G
292	Tony Wells	Corby AC	V65M	11.42	Yes	-	G
373	Gaye Clarke	Ryston Runners	V55W	10.76	Yes	-	G
404	Emily McMahon	Enfield and Haringey A C	V65W	12.46	Yes	-	G
High Jump	Athlete	1st Claim Club	Age Group	Result MM.mm	Merit Std	EMAC CBP?	EMAC Medal
105	Graham Easty	Southend On Sea AC	V35M	1.47	Yes	-	G
232	Richard Phelan	Huntingdonshire AC	V55M	1.47	Yes	-	G
245	Charles Arnold	Biggleswade AC	V60M	1.29	Yes	CBP=	G
328	Heidi Nicholas	Basildon AC	V35W	1.47	Yes	-	G
373	Gaye Clarke	Ryston Runners	V55W	1.29	Yes	-	G
Long Jump	Athlete	1st Claim Club	Age Group	Result MM.mm	Merit Std	EMAC CBP?	EMAC Medal
103	Aaron Bollu	Colchester & Tendring AC	V35M	5.40	Yes	-	G
186	Paul Harrison	Ryston Runners	V50M	4.68	Yes	-	G
196	Keith Palmer	Southend On Sea AC	V50M	4.18	Yes	-	S
232	Richard Phelan	Huntingdonshire AC	V55M	4.76	Yes	-	G
241	Clifford Warren	Loughton AC	V55M	4.70	Yes	-	S
328	Heidi Nicholas	Basildon AC	V35W	4.59	Yes	-	G
395	Christine Salvary	Barnet & District AC	V60W	3.33	Yes	CBP	G
Pole Vault	Athlete	1st Claim Club	Age Group	Result MM.mm	Merit Std	EMAC CBP?	EMAC Medal
268	Brian Slaughter	Eastbourne Rovers AC	V60M	2.80	Yes	CBP	G
324	Jemma Eastwood	Bedford & County AC	V35W	3.30	Yes	CBP	G
334	Hayley Fox	Lincoln Wellington Athletic Club	V40W	2.00	Yes	-	G
366	Sandra Pedley	Huntingdonshire AC	V50W	1.80	Yes	-	G

<b>Triple Jump</b>	<b>Athlete</b>	<b>1st Claim Club</b>	<b>Age Group</b>	<b>Result MM.mm</b>	<b>Merit Std</b>	<b>EMAC CBP?</b>	<b>EMAC Medal</b>
103	Aaron Bollu	Colchester & Tendring AC	V35M	11.47	Yes	CBP	G
105	Graham Eastty	Southend On Sea AC	V35M	10.44	Yes	-	S
153	Marek Kowalski	Thurrock Harriers	V45M	10.33	Yes	-	G
186	Paul Harrison	Ryston Runners	V50M	11.24	Yes	CBP	G
241	Clifford Warren	Loughton AC	V55M	9.75	Yes	-	G
232	Richard Phelan	Huntingdonshire AC	V55M	9.75	Yes	-	S
326	Anne Moindrot	Cambridge & Coleridge AC	V35W	9.53	Yes	CBP	G
328	Heidi Nicholas	Basildon AC	V35W	8.69	Yes	CBP	S
395	Christine Salvary	Barnet & District AC	V60W	6.71	Yes	CBP	G
<b>Shot Putt</b>	<b>Athlete</b>	<b>1st Claim Club</b>	<b>Age Group</b>	<b>Result MM.mm</b>	<b>Merit Std</b>	<b>EMAC CBP?</b>	<b>EMAC Medal</b>
138	Dan Upton	Trafford Athletic Club	V40M	11.26	Yes	-	G
129	Martin Gardner	March AC	V40M	10.48	Yes	-	G
149	Gintas Degutis	Newham & Essex Beagles AC	V45M	13.94	Yes	-	G
264	Graeme Packman	Bedford & County AC	V60M	9.79	Yes	-	G
317	Ian Miller	Midland Masters AC	V80M	9.09	Yes	-	G
326	Anne Moindrot	Cambridge & Coleridge AC	V35W	7.89	Yes	CBP	G
350	Sue Lawrence	Thurrock Harriers	V45W	9.97	Yes	CBP	G
351	Sarah Mcgrath	Cambridge & Coleridge AC	V45W	9.67	Yes	-	S
347	Carey Hollick	Colchester & Tendring AC	V45W	7.05	Yes	-	B
383	Julie Wilson	Reading AC	V55W	9.40	Yes	CBP	G
374	Wendy Dunsford	Epsom & Ewell Harriers	V55W	8.08	Yes	CBP	S