

## Results - Track Sunday Afternoon

## W35 800 Metre Run

## Finals

1	439 Fiona	De Mauny	W35 VAC	2:16.34
2	436 Emilie	Bokor-Ingram	W36 DENMARK	2:26.48

## W40 800 Metre Run

## Finals

1	465 Diana	Norman	W43 SCVAC	2:21.58
2	452 Liz	Amos	W40 VAC	2:22.74
3	468 Ana	Ramos-Villaverde	W44 SCVAC	2:28.81
4	458 Bea	Lafreniere	W41 SCVAC	2:33.19
5	453 Lourdes	Bradley	W43 SPAIN	2:41.39

## W45 800 Metre Run

## Finals

1	488 Dawn	Jones	W48 EMAC	2:41.99
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## W50 800 Metre Run

## Finals

1	503 Clare	Barr	W50 SVHC	2:34.66
2	525 Lisa	Webb	W52 VAC	2:35.95
3	527 Julie	Wilson	W50 SVHC	2:36.44

## W55 800 Metre Run

## Finals

1	548 Virginia	Mitchell	W55 SCVAC	2:32.44
2	552 Sharyn	Ramage	W55 SVHC	2:56.04

## W60 800 Metre Run

## Finals

1	565 Alison	Bourgeois	W64 EMAC	2:49.10
2	570 Anna	Garnier	W63 VAC	2:50.29
3	583 Hilary	West	W60 NMAC	2:52.59
4	584 Lesley	Wright	W61 SWVAC	3:15.14

## W65 800 Metre Run

## Finals

1	588 Elizabeth	Bowers	W65 SVHC	3:08.57
2	594 Nancy	Hitchmough	W67 MMAC	3:13.38
3	587 Susan	Barnett	W68 EMAC	3:33.08
4	595 Sue	James	W67 SCVAC	3:47.24

## W70 800 Metre Run

## Finals

1	602 Angela	Copson	W70 MMAC	3:07.59
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## W75 800 Metre Run

## Finals

1	612 Betty	Tracey	W78 EMAC	4:15.43
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## M35 800 Metre Run

## Finals

1	7 Aaron	Brown	M37 VAC	1:59.37
2	35 Colin	Welsh	M35 SVHC	2:00.74
3	34 Peter	Watkeys	M36 WMAA	2:08.36

## M40 800 Metre Run

## Finals

1	65 Richard	Scott	M44 SWVAC	2:02.05
2	57 James	Lewis	M42 MMAC	2:08.65
3	44 Scott	Browne	M41 WMAA	2:09.14
4	52 Dan	Hallam	M40 VAC	2:20.50

M45 800 Metre Run  
Heat 1 Preliminaries

1	129 Christopher	Westcott	M45	EMAC	2:08.42	Q	1
2	117 Dean	Richardson	M45	MMAC	2:09.02	Q	1
3	75 Gordon	Barrie	M45	SVHC	2:09.38	q	1
4	73 Nick	Andrews	M47	OPEN	2:14.02		1
5	108 David	McKeown-Webster	M48	SCVAC	2:22.26		1

Heat 2 Preliminaries

1	83 Richard	Bruce	M46	EMAC	2:10.16	Q	2
2	90 Robert	Datnow	M46	VAC	2:10.52	Q	2
3	124 Mike	Toal	M46	NMAC	2:12.98	q	2
4	97 Matthew	Gurmin	M45	WMAA	2:14.25		2
5	110 Chris	Ness	M47	VAC	2:20.68		2

M45 800 Metre Run

Finals

1	117 Dean	Richardson	M45	MMAC	2:02.97		
2	83 Richard	Bruce	M46	EMAC	2:04.15		
3	75 Gordon	Barrie	M45	SVHC	2:06.25		
4	129 Christopher	Westcott	M45	EMAC	2:07.38		
5	90 Robert	Datnow	M46	VAC	2:09.70		

M50 800 Metre Run

Finals

1	151 Adrian	Haines	M50	SCVAC	2:05.08		
2	137 Dominic	Bokor-Ingram	M50	SCVAC	2:06.81		
3	136 David	Blackman	M51	SCVAC	2:07.64		
4	140 Gary	Burnett	M50	MMAC	2:07.93		
5	175 Andrew	Ronald	M50	SVHC	2:12.60		
6	134 Steve	Atkinson	M50	VAC	2:13.89		
7	153 Nigel	Herron	M53	VAC	2:36.96		

M55 800 Metre Run

Heat 1 Preliminaries

1	261 Jed	Turner	M57	NMAC	2:22.90	Q	1
2	227 Gary	Ironmonger	M56	VAC	2:24.56	Q	1
3	192 Mark	Ashby	M55	SCVAC	2:25.09	q	1
4	201 Geoffrey	Brewster	M59	EMAC	2:26.02	q	1
5	204 Austin	Davies	M59	WMAA	2:31.17		1
6	195 Colin	Bates	M57	SCVAC	2:32.70		1
7	231 Michael	Lewis	M58	MMAC	2:34.04		1

Heat 2 Preliminaries

1	226 Chris	Ireland	M57	NMAC	2:23.58	Q	2
2	216 Andy	Gannaway	M55	VAC	2:24.23	Q	2
3	215 Rob	Fox	M58	MMAC	2:24.57	q	2
4	209 John	Donaldson	M59	EMAC	2:25.49	q	2
5	270 Philip	York	M55	SWVAC	2:37.49		2
6	254 Andrew	Stewart	M57	EMAC	2:51.48		2

M55 800 Metre Run

Finals

1	227 Gary	Ironmonger	M56	VAC	2:16.08		
2	261 Jed	Turner	M57	NMAC	2:16.83		
3	216 Andy	Gannaway	M55	VAC	2:17.18		
4	226 Chris	Ireland	M57	NMAC	2:18.61		
5	215 Rob	Fox	M58	MMAC	2:24.29		
6	209 John	Donaldson	M59	EMAC	2:26.59		
7	192 Mark	Ashby	M55	SCVAC	2:26.99		
8	201 Geoffrey	Brewster	M59	EMAC	2:29.29		

M60 800 Metre Run

Finals

1	315 Peter	Mountain	M60	SWVAC	2:27.42		
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2	274 David	Bedwell	M64	MMAC	2:28.24
3	289 Ray	Daniel	M61	EMAC	2:35.74
4	284 Richard	Clark	M60	VAC	2:36.12
5	296 Paul	Gasson	M64	SCVAC	2:36.53
6	309 Ivars	Licietis	M62	EMAC	2:42.08
7	332 Ian	Wright	M61	SWVAC	2:44.34

#### M65 800 Metre Run

##### Finals

1	357 David	Oxland	M66	MMAC	2:34.12
2	369 Stewart	Thorp	M65	SCVAC	2:37.17
3	338 Ed	Connolly	M68	VAC	2:38.27
4	337 Timothy	Carter	M65	VAC	2:39.06
5	352 Michael	Mann	M69	VAC	2:48.92
6	367 Ian	Snow	M67	SWVAC	2:59.77

#### M70 800 Metre Run

##### Finals

1	393 Rod	Scholes	M73	NMAC	2:49.58
2	380 Albert	Eland	M72	NMAC	2:54.38
3	387 John	Horton	M73	SWVAC	2:54.60
4	381 John	Exley	M70	SCVAC	2:56.56

#### M75 800 Metre Run

##### Finals

1	399 John	Batchelor	M77	VAC	2:50.30
2	403 Terry	Casey	M75	VAC	4:46.35

#### M80 800 Metre Run

##### Finals

1	422 Rodney	Mills	M81	NMAC	3:17.46
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#### W35 3000 Metre Run

##### Finals

1	440 Zoe	Doyle	W39	VAC	10:21.03
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#### W40 3000 Metre Run

##### Finals

1	459 Joanne	Locker	W41	VAC	10:41.46
2	475 Claire	Thompson	W41	SVHC	11:03.49

#### W50 3000 Metre Run

##### Finals

1	518 Jane	Pidgeon	W54	MMAC	11:55.17
2	512 Kim	Howes	W53	SCVAC	13:13.19

#### W55 3000 Metre Run

##### Finals

1	546 Fiona	Matheson	W56	SVHC	10:27.63
2	552 Sharyn	Ramage	W55	SVHC	13:26.52
3	551 Val	Purnell	W57	SCVAC	13:37.43

#### W60 3000 Metre Run

##### Finals

1	566 Gail	Duckworth	W62	EMAC	12:35.12
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#### W70 3000 Metre Run

##### Finals

1	602 Angela	Copson	W70	MMAC	12:37.45
2	607 Pauline	Rich	W72	VAC	14:38.42

#### M35 3000 Metre Run

##### Finals

1	18 Bruno	Lima	M36	PORTUGAL	9:10.38
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2	4 Alexander	Betts	M38	VAC	9:41.00
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M40 3000 Metre Run  
Finals

1	39 Matt	Atkins	M43	SCVAC	9:16.93
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M45 3000 Metre Run  
Finals

1	116 Justin	Reid	M48	NIMAA	9:22.16
2	115 Grant	Ramsay	M45	SVHC	9:54.70
3	98 Jason	Harding	M48	NEMAA	9:55.77
4	101 Tim	Kelly	M46	MMAC	10:03.05
5	88 Andre	Dahlkamp	M45	VAC	10:14.18

M50 3000 Metre Run  
Finals

1	158 Ian	Johnston	M50	SVHC	9:37.89
2	179 David	Smith	M50	MMAC	9:42.77
3	176 Anthony	Roper	M54	MMAC	9:56.51
4	185 Chris	Upson	M54	SVHC	10:11.15
5	153 Nigel	Herron	M53	VAC	11:09.12

M55 3000 Metre Run  
Finals

1	199 Guy	Bracken	M56	NEMAA	9:18.27
2	248 Colin	Ridley	M56	EMAC	9:47.73
3	191 Dean	Angell	M55	SCVAC	10:04.20
4	260 Tony	Tuohy	M55	VAC	10:08.25
5	240 Pete	O'Connell	M57	SCVAC	10:48.58
6	233 Grant	Matheson	M55	SVHC	10:50.99
7	211 Steven	Doxey	M57	NMAC	10:57.04
8	198 David	Bowker	M59	EMAC	11:51.14
9	241 Colin	Oxlade	M59	SCVAC	12:00.20

M60 3000 Metre Run  
Finals

1	283 Alan	Camp	M61	VAC	10:25.06
2	299 Mark	Hargreaves	M61	SCVAC	10:30.01
3	297 Brian	Green	M61	MMAC	10:32.44
4	278 Michael	Bridgeland	M60	EMAC	10:34.50
5	274 David	Bedwell	M64	MMAC	10:58.98
6	327 Malcolm	Thirlaway	M61	NEMAA	12:52.77

M65 3000 Metre Run  
Finals

1	366 John	Skelton	M66	EMAC	10:35.77
2	369 Stewart	Thorp	M65	SCVAC	11:46.50
3	352 Michael	Mann	M69	VAC	12:15.25

M70 3000 Metre Run  
Finals

1	386 Peter	Hamilton	M70	SWVAC	12:24.99
2	381 John	Exley	M70	SCVAC	12:36.44
3	393 Rod	Scholes	M73	NMAC	14:00.59

M75 3000 Metre Run  
Finals

1	399 John	Batchelor	M77	VAC	12:56.50
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