

**EMAC 5M Road Championships - 21st June 2024 (Bury Friday 5)**

Cat	Place	Name	Club	Time
FV35	1	Katie KING	Saint Edmund Pacers	30:23
FV40	1	Ellie CUMNER	Colchester Harriers AC	36:38
	2	Rosanna HOLDEN	Colchester & Tendring AC	40:21
	3	Angela DRURY	Newmarket Joggers	45:14
FV50	1	Juliet GARNHAM	Stowmarket Striders RC	36:28
	2	Deborah STOCKER	Kesgrave Cruisers	38:35
	3	Mary-Ann TULI	Haverhill Running Club	40:58
FV55	1	Helen WASS	Newmarket Joggers	44:08
FV60	1	Jenny SHEAHAN	Eastern Masters AC	40:36
	2	Pauline STOCKER	Huntingdonshire AC	42:26
FV65	1	Jenny MORGAN	Saint Edmund Pacers	39:49
FV70	1	Yuko GORDON	Fairlands Valley Spartans	39:02
MV65	1	William HAINING	Harwich Runners	37:41
MV70	1	Tim Newton	Ipswich Jaffa RC	46:05
MV75	1	Jim STOCKER	Huntingdonshire AC	38:41