

EVAC Track & Field League -		NE Division - Match C		Teams = 5	
Cambridge		Wed	01/07/2015	Overall Match Scores	
Pos	Men's Teams	Bib	Match C Score	A+B+C	Pos
1	Ryston Runners AC	1	94	276	1
3	West Norfolk AC	2	57	166	3
2	Cambridge & Coleridge AC	3	91	238	2
4	W Suffolk AC / St Ed. Pacers	4	0	0	4
4	Blank	5	0	0	4
4	Waveney Valley AC	6	0	0	4
4	Blank	7	0	0	4
4	Blank	8	0	0	4

RDA = Race Day Age

100m	100m M35-49	RDA	Team	(NN.n)	Pts
1	Paul Harrison	48	Ryston Runners AC	12.9	5
2	James Collings	38	West Norfolk AC	13.2	4
3	Keith Clarke	48	Cambridge & Coleridge AC	13.6	3
4					2
5					1
6					0
7	Kris Semple	47	Cambridge & Coleridge AC	15.1	NS
8					

100m	100m M50-59	RDA	Team	(NN.n)	Pts
1	Geoff Powley	53	West Norfolk AC	13.7	5
2	Andrew Holdsworth	52	Cambridge & Coleridge AC	14.3	4
3	David Lane	50	Ryston Runners AC	14.3	3
4					2
5					1
6	Joe Tucker	55	Cambridge & Coleridge AC	14.7	NS
7	Peter Sunderland	M50	Tynedale Harriers (guest)	14.1	NS
8					

100m	100m M60+	RDA	Team	(NN.n)	Pts
1	Noel Moss	70	Cambridge & Coleridge AC	17.7	5
2	Jeffrey Reed	70	Ryston Runners AC	18.7	4
3					3
4					2
5					1
6					0
7					0
8					0

400m	400m M35-49	RDA	Team	(NN.n)	Pts
1	Che Plant	36	Ryston Runners AC	58.9	5
2	Kristoffer Semple	47	Cambridge & Coleridge AC	66.4	4
3	Adam Dewdney	42	West Norfolk AC	76.3	3
4					2
5					1
6					0
7					0
8					0

400m	400m M50-59	RDA	Team	(NN.n)	Pts
1	Malcolm Tuff	50	Ryston Runners AC	59.7	5
2	Geoff Powley	53	West Norfolk AC	71.3	4
3	Andrew Unsworth	53	Cambridge & Coleridge AC	84.6	3
4					2
5					1
6					0
7	Diccon Gray	M50	West Suffolk (Guest)	83.3	NS
8					

1Mile	1 Mile M35-49	RDA	Team	(NN:NN.n)	Pts
1	Che Plant	36	Ryston Runners AC	05:30.3	5
2	Matt Ward	44	Cambridge & Coleridge AC	05:32.5	4
3	Robert Vincent	49	West Norfolk AC	09:23.9	3
4					2
5					1
6					0
7					0
8					0

1Mile	1 Mile M50-59	RDA	Team	(NN:NN.n)	Pts
1	Anthony Savage	53	Ryston Runners AC	05:58.3	5
2	Geoff Powley	53	West Norfolk AC	06:29.2	4
3	Andrew Unsworth	53	Cambridge & Coleridge AC	07:14.3	3
4					2
5					1
6					0
7	Diccon Gray	M50	West Suffolk (Guest)	07:04.4	NS
8					

1Mile	1 Mile M60+	RDA	Team	(NN:NN.n)	Pts
1	Peter Johnson	61	Ryston Runners AC	05:54.2	5
2	Michael Ward	64	Cambridge & Coleridge AC	07:46.7	4
3					3
4					2
5					1
6					0
7					0
8					0

1000mW	1Km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Roger Lilley	57	Cambridge & Coleridge AC	05:38.9	5
2	Martin Simmonds	74	Ryston Runners AC	06:14.7	4
3	Robert Vincent	49	West Norfolk AC	07:51.7	3
4					2
5					1
6					0
7					0
8					0

1000mW	1Km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Paul Firmage	60	Ryston Runners AC	06:27.3	5
2	Joseph Tucker	55	Cambridge & Coleridge AC	06:56.8	4
3	Geoff Powley	53	West Norfolk AC	07:59.2	3
4					2
5					1
6					0
7					0
8					0

LH	300mH M60-69 (76.2cm)	RDA	Team	(NN.n)	Pts
1					5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

LH	400mH M35-49 (91.4cm)	RDA	Team	(NN.n)	Pts
1	Che Plant	36	Ryston Runners AC	68.9	5
2	Matt Ward	44	Cambridge & Coleridge AC	81.9	4
3					3
4					2
5					1
6					0
7					0
8					0

LH	400mH M50-59 (84.0cm)	RDA	Team	(NN.n)	Pts
1	Geoff Powley	53	West Norfolk AC	77.6	5
2	David Lane	50	Ryston Runners AC	92.0	4
3					3
4					2
5					1
6					0
7					0
8					0

HT	Hammer M35-49 (7.26Kg)	RDA	Team	(NN.nn)	Pts
1	Keith Clarke	48	Cambridge & Coleridge AC	15.89	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

HT	Hammer M50-59 (6Kg)	RDA	Team	(NN.nn)	Pts
1	Geoff Powley	53	West Norfolk AC	22.12	5
2	Ian Slack	54	Cambridge & Coleridge AC	18.38	4
3	David Lane	50	Ryston Runners AC	16.97	3
4					2
5					1
6					0
7	Phil Bramford (5kg M60)	65	Cambridge & Coleridge AC	25.87	NS
8					

SP	Shot M35-49 (7.26Kg)	RDA	Team	(NN.nn)	Pts
1	Keith Clarke	48	Cambridge & Coleridge AC	7.82	5
2	Robert Vincent	49	West Norfolk AC	6.94	4
3	Paul Harrison	48	Ryston Runners AC	6.25	3
4					2
5					1
6					0
7					0
8					0

SP	Shot M50-59 (6Kg)	RDA	Team	(NN.nn)	Pts
1	Geoff Powley	53	West Norfolk AC	8.80	5
2	Ian Slack	54	Cambridge & Coleridge AC	8.16	4
3	Keith Morris	55	Ryston Runners AC	6.70	3
4					2
5					1
6					0
7					0
8					0

SP	Shot M60-69 (5Kg)	RDA	Team	(NN.nn)	Pts
1	Philip Bramford	65	Cambridge & Coleridge AC	8.23	5
2	Jeffrey Reed	70	Ryston Runners AC	6.44	4
3					3
4					2
5					1
6	Andrew Holdsworth (?? Kg)	52	Cambridge & Coleridge AC	7.98	NS
7					
8					0

LJ	Long Jump M35-49	RDA	Team	(N.nn)	Pts
1	Paul Harrison	48	Ryston Runners AC	4.90	5
2	Keith Clarke	48	Cambridge & Coleridge AC	4.30	4
3					3
4					2
5					1
6					0
7					0
8					0

LJ	Long Jump M50-59	RDA	Team	(N.nn)	Pts
1	David Lane	50	Ryston Runners AC	4.72	5
2	Geoff Powley	53	West Norfolk AC	4.13	4
3	Ian Slack	54	Cambridge & Coleridge AC	4.03	3
4					2
5					1
6					0
7					0
8					0

LJ	Long Jump M60+	RDA	Team	(N.nn)	Pts
1	Noel Moss	70	Cambridge & Coleridge AC	2.93	5
2	Jeffrey Reed	70	Ryston Runners AC	2.26	4
3					3
4					2
5					1
6					0
7					0
8					0

PV	Pole Vault M35-49	RDA	Team	(N.nn)	Pts
1					5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

PV	Pole Vault M50-59	RDA	Team	<i>(N.nn)</i>	Pts
1	Geoff Powley	53	West Norfolk	2.30	5
2	Noel Moss	70	Cambridge & Coleridge AC	2.00	4
3	Keith Morris	55	Ryston Runners AC	1.10	3
4					2
5					1
6					0
7					0
8					0

MedR	Relay 4x1 M35-49	RDA	Team	<i>(NN.n)</i>	Pts
1			Cambridge & Coleridge AC	01:52.3	5
2			Ryston Runners AC	02:08.6	4
3					3
4					2
5					1
6					0
7					0
8					0

MedR	Relay 4x1 M50+	RDA	Team	<i>(NN.n)</i>	Pts
1			Ryston Runners AC	02:09.3	5
2			Cambridge & Coleridge AC	02:10.5	4
3					3
4					2
5					1
6					0
7					0
8					0

EVAC Track & Field League -		NE Division - Match C		Teams = 5	
Cambridge		Wed	01/07/2015	Overall Match Scores	
Pos	Women's Teams	Bib	Match C Score	A+B+C	Pos
1	Ryston Runners AC	A	107	299	1
4	West Norfolk AC	B	0	55	3
2	Cambridge & Coleridge AC	C	54	166	2
3	W Suffolk AC / St Ed. Pacers	D	15	49	4
4	Blank	E	0	0	5
4	Waveney Valley AC	F	0	0	5
4	Blank	G	0	0	5
4	Blank	H	0	0	5

RDA = Race Day Age

100m	100m W35-49	RDA	Team	(NN.n)	Pts
1	Tanya Daniels	37	Ryston Runners AC	14.9	5
2	Joan Lasenby	55	Cambridge & Coleridge AC	17.3	4
3					3
4					2
5					1
6					0
7					0
8					0

100m	100m W50-59	RDA	Team	(NN.n)	Pts
1	Christine Anthony	52	W Suffolk AC / St Ed. Pacers	16.3	5
2	Karen Wood	50	Ryston Runners AC	16.4	4
3	Iona Graham-Hagg	52	Cambridge & Coleridge AC	17.0	3
4					2
5					1
6					0
7					0
8					0

100m	100m W60+	RDA	Team	(NN.n)	Pts
1	Margaret Phillips	61	Cambridge & Coleridge AC	18.4	5
2	Jane Ashby	67	Ryston Runners AC	20.4	4
3					3
4					2
5					1
6					0
7					0
8					0

400m	400m W35-49	RDA	Team	(NN.n)	Pts
1	Margaret Phillips	61	Cambridge & Coleridge AC	75.9	5
2	Sue Smith	50	Ryston Runners AC	127.4	4
3					3
4					2
5					1
6					0
7					0
8					0

400m	400m W50-59	RDA	Team	(NN.n)	Pts
1	Christine Anthony	52	W Suffolk AC / St Ed. Pacers	70.5	5
2	Linda Marshall	50	Ryston Runners AC	85.1	4
3	Helen Grant	52	Cambridge & Coleridge AC	85.4	3
4					2
5					1
6					0
7					0
8					0

1Mile	1Mile W35-49	RDA	Team	(NN:NN.n)	Pts
1	Joan Lasenby	55	Cambridge & Coleridge AC	06:27.5	5
2	Helen Melville	39	Ryston Runners AC	07:10.6	4
3					3
4					2
5					1
6					0
7					0
8					0

1Mile	1Mile W50-59	RDA	Team	(NN:NN.n)	Pts
1	Christine Anthony	52	W Suffolk AC / St Ed. Pacers	05:59.1	5
2	Helen Grant	52	Cambridge & Coleridge AC	06:42.6	4
3	Linda Marshall	50	Ryston Runners AC	06:54.6	3
4					2
5					1
6					0
7					0
8					0

1Mile	1Mile W60+	RDA	Team	(NN:NN.n)	Pts
1	Jane Ashby	67	Ryston Runners AC	08:10.9	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

1000mW	1km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Elizabeth Blakie	57	Ryston Runners AC	06:18.5	5
2	Pamela Abbott	52	Cambridge & Coleridge AC	06:43.0	4
3					3
4					2
5					1
6					0
7	Jo Outtrim	42	Cambridge & Coleridge AC	06:53.6	NS
8					

1000mW	1km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Sue Smith	50	Ryston Runners AC	07:30.7	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

LH	300mH W50-59 (76.2cm)	RDA	Team	(NN.n)	Pts
1	Gaye Clarke	54	Ryston Runners AC	63.9	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

LH	300mH W60+ (68.6cm)	RDA	Team	(NN.n)	Pts
1	Marlene Simmonds	69	Ryston Runners AC	96.8	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

LH	400mH W35-49 (76.2cm)	RDA	Team	(NN.n)	Pts
1	Tanya Daniels	37	Ryston Runners AC	93.6	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

HT	Hammer W35-49 (4Kg)	RDA	Team	(NN.nn)	Pts
1	Helen Reed	49	Ryston Runners AC	10.46	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

HT	Hammer W50-59 (3Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Gaye Clarke	54	Ryston Runners AC	28.85	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

SP	Shot W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Tanya Daniels	37	Ryston Runners AC	6.36	5
2	Joan Lasenby	55	Cambridge & Coleridge AC	5.54	4
3					3
4					2
5					1
6					0
7					0
8					0

SP	Shot W50-59 (3Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Gaye Clarke	54	Ryston Runners AC	7.64	5
2	Helen Grant	52	Cambridge & Coleridge AC	3.16	4
3					3
4					2
5					1
6					0
7					0
8					0

SP	Shot W60-74 (3Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Marlene Simmonds	69	Ryston Runners AC	7.10	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

LJ	Long Jump W35-49	RDA	Team	<i>(N.nn)</i>	Pts
1	Tanya Daniels	37	Ryston Runners AC	3.69	5
2	Pamela Abbott	52	Cambridge & Coleridge AC	1.72	4
3					3
4					2
5					1
6					0
7					0
8					0

LJ	Long Jump W50-59	RDA	Team	(N.nn)	Pts
1	Iona Graham-Hagg	52	Cambridge & Coleridge AC	3.37	5
2	Karen Wood	50	Ryston Runners AC	3.21	4
3					3
4					2
5					1
6					0
7					0
8					0

LJ	Long Jump W60+	RDA	Team	(N.nn)	Pts
1	Marlene Simmonds	69	Ryston Runners AC	2.95	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

PV	Pole Vault W35-49	RDA	Team	(N.nn)	Pts
1					5
2					4
3=					3
3=					2
3=					1
6					0
7					0
8					0

PV	Pole Vault W50-59	RDA	Team	(N.nn)	Pts
1					5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

MedR	Relay 4x1 W35-49	RDA	Team	(NN:NN.n)	Pts
1			Ryston Runners AC	02:23.0	5
2			Cambridge & Coleridge AC	02:30.9	4
3					3
4					2
5					1
6					0
7					0
8					0

MedR	Relay 4x1 W50+	RDA	Team	(NN:NN.n)	Pts
1			Ryston Runners AC	02:54.4	5
2					4
3					3
4					2
5					1
6					0
7					0
8					0

EVAC Track & Field League -		NW Division - Match C		Teams = 6	
Peterborough		Wed	01/07/2015	Overall	
				Match Scores	
Pos	NW Men's Teams	Bib	Match C Score	A+B+C	Pos
4	Nene Valley Harriers	1	63	206	4
2	Peterborough AC	2	93	288	1
5	Corby AC	3	25	83	5
6	Higham Harriers	4	0	0	6
3	Wellingborough & District AC	5	68	234	3
1	Huntingdonshire AC	6	129	286	2
6	Blank	7	0	0	6
6	Blank	8	0	0	6

RDA = Race Day Age

100m	100m M35-49	RDA	Team	(NN.n)	Pts
1	Julian Smith	46	Nene Valley Harriers	12.1	6
2	Andrew Stowe	40	Huntingdonshire AC	12.6	5
3	Neil Torr	35	Peterborough AC	12.9	4
4	Jesse Wilson	43	Corby AC	13.1	3
5	Keith Lok	40	Wellingborough & District AC	13.4	2
6					1
7					0
8					0

100m	100m M50-59	RDA	Team	(NN.n)	Pts
1	Wilson Paterson	57	Corby AC	13.8	6
2	Martin Hilton	56	Peterborough AC	14.5	5
3	Derek Darnell	55	Huntingdonshire AC	15.5	4
4	Andy Bird	51	Wellingborough & District AC	16.2	3
5					2
6					1
7					0
8					0

100m	100m M60+	RDA	Team	(NN.n)	Pts
1	David Whitehead	62	Peterborough AC	13.4	6
2	Wayne DuBose	60	Huntingdonshire AC	16.3	5
3					4
4					3
5					2
6					1
7					0
8					0

400m	400m M35-49	RDA	Team	(NN.n)	Pts
1	David Brown	37	Nene Valley Harriers	50.2	6
2	Andrew Stowe	40	Huntingdonshire AC	55.3	5
3	Keith Lok	40	Wellingborough & District AC	61.1	4
4	Scott Magee	44	Corby AC	66.2	3
5	Terence Moat	47	Peterborough AC	71.9	2
6					1
7					0
8					0

400m	400m M50-59	RDA	Team	(NN.n)	Pts
1	Peter Ward	50	Peterborough AC	65.6	6
2	Derek Darnell	55	Huntingdonshire AC	67.0	5
3	Paul Parkin	51	Nene Valley Harriers	79.8	4
4					3
5					2
6					1
7					0
8					0

1Mile	1 Mile M35-49	RDA	Team	(NN:NN.n)	Pts
1	Simon Fell	38	Nene Valley Harriers	04:59.2	6
2	Steven Hall	44	Peterborough AC	05:14.0	5
3	Peter Downhill	46	Huntingdonshire AC	05:32.5	4
4	Alan Griffiths	47	Wellingborough & District AC	05:59.3	3
5	Scott Magee	44	Corby AC	05:59.5	2
6					1
7					0
8					0

1Mile	1 Mile M50-59	RDA	Team	(NN:NN.n)	Pts
1	Richard Holland	56	Huntingdonshire AC	05:38.0	6
2	Peter Ward	50	Peterborough AC	05:51.0	5
3	Roger Bullen	53	Wellingborough & District AC	05:58.9	4
4	Barry Warne	54	Nene Valley Harriers	06:25.6	3
5					2
6					1
7					0
8					0

1Mile	1 Mile M60+	RDA	Team	(NN:NN.n)	Pts
1	Bruce Grimley	60	Huntingdonshire AC	05:45.3	6
2	Eamonn Dorling	60	Peterborough AC	05:57.1	5
3	Alan Mills	76	Wellingborough & District AC	07:31.7	4
4					3
5					2
6					1
7					0
8					0

1000mW	1Km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Eamonn Dorling	60	Peterborough AC	05:58.7	6
2	Mark Harrison	41	Wellingborough & District AC	06:30.8	5
3	Bruce Grimley	60	Huntingdonshire AC	06:42.4	4
4	Barry Warne	54	Nene Valley Harriers	08:00.5	3
5					2
6					1
7					0
8					0

1000mW	1Km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Rodney Dunn	62	Peterborough AC	06:17.0	6
2	Alan Mills	76	Wellingborough & District AC	07:13.1	5
3	Wayne DuBose	60	Huntingdonshire AC	07:33.7	4
4					3
5					2
6					1
7					0

8					0
LH	300mH M60-69 (76.2cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Tony Wells	66	Corby AC	49.9	6
2	Wayne DuBose	60	Huntingdonshire AC	63.0	5
3					4
4					3
5					2
6					1
7					0
8					0

LH	400mH M35-49 (91.4cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Peter Downhill	46	Huntingdonshire AC	73.2	6
2	Jon Kemp	44	Wellingborough & District AC	82.0	5
3					4
4					3
5					2
6					1
7					0
8					0

LH	400mH M50-59 (84.0cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Richard Phelan	53	Huntingdonshire AC	93.3	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

HT	Hammer M35-49 (7.26Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Simon Achurch	40	Nene Valley Harriers	40.72	6
2	Matthew Linnell	40	Huntingdonshire AC	16.66	5
3	Alan Griffiths	47	Wellingborough & District AC	11.00	4
4					3
5					2
6					1
7					0
8					0

HT	Hammer M50-59 (6Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Robert Ellingham	50	Huntingdonshire AC	42.68	6
2	Andrew Wain	50	Nene Valley Harriers	34.15	5
3	Karl Eve	52	Peterborough AC	23.68	4
4	Andy Bird	51	Wellingborough & District AC	10.50	3
5					2
6	Tim Needham	60	Nene Valley	28.93	NS
7	Brian (3K Hammer)		Nene Valley	34.77	NS
8	John Blackwell	60	Nene Valley	32.34	NS

SP	Shot M35-49 (7.26Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Simon Achurch	40	Nene Valley Harriers	11.64	6
2	Matthew Linnell	40	Huntingdonshire AC	7.20	5
3	Jon Kemp	44	Wellingborough & District AC	6.94	4
4					3
5					2
6					1

7					0
8					0

SP	Shot M50-59 (6Kg)	RDA	Team	(NN.nn)	Pts
1	Andrew Wain	50	Nene Valley Harriers	11.49	6
2	Karl Eve	52	Peterborough AC	10.35	5
3	Robert Ellingham	50	Huntingdonshire AC	9.37	4
4	Andy Bird	51	Wellingborough & District AC	7.30	3
5					2
6					1
7					0
8					0

SP	Shot M60-69 (5Kg)	RDA	Team	(NN.nn)	Pts
1	Wayne DuBose	60	Huntingdonshire AC	10.44	6
2	John Blackwell	64	Nene Valley Harriers	10.07	5
3	Alan Mills	76	Wellingborough & District AC	6.08	4
4	Eamonn Dorling	60	Peterborough AC	5.95	3
5					2
6					1
7					0
8	Tim Needham	60	Nene Valley Harriers	7.80	NS

LJ	Long Jump M35-49	RDA	Team	(N.nn)	Pts
1	Neil Torr	35	Peterborough AC	5.07	6
2	Keith Lok	40	Wellingborough & District AC	4.42	5
3	Matthew Linnell	40	Huntingdonshire AC	4.32	4
4	Julian Smith	46	Nene Valley Harriers	3.87	3
5					2
6					1
7					0
8					0

LJ	Long Jump M50-59	RDA	Team	(N.nn)	Pts
1	Richard Phelan	53	Huntingdonshire AC	5.01	6
2	Karl Eve	52	Peterborough AC	4.48	5
3	Andy Bird	51	Wellingborough & District AC	2.22	4
4					3
5					2
6					1
7					0
8					0

LJ	Long Jump M60+	RDA	Team	(N.nn)	Pts
1	David Whitehead	62	Peterborough AC	4.47	6
2	Wayne DuBose	60	Huntingdonshire AC	3.22	5
3	Alan Mills	76	Wellingborough & District AC	2.67	4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault M35-49	RDA	Team	(N.nn)	Pts
1	Wayne DuBose	60	Huntingdonshire AC	1.80	6
2					5
3					4
4					3
5					2

6					1
7					0
8					0

PV	Pole Vault M50-59	RDA	Team	(N.nn)	Pts
1	Richard Phelan	53	Huntingdonshire AC	2.80	6
2	Karl Eve	52	Peterborough AC	2.50	5
3					4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x2 M35-49	RDA	Team	(NN.n)	Pts
1			Huntingdonshire AC	01:48.2	6
2			Corby AC	01:54.6	5
3			Nene Valley Harriers	01:56.2	4
4			Peterborough AC	02:02.4	3
5			Wellingborough & District AC	02:04.6	2
6					1
7					0
8					0

MedR	Relay 4x2 M50+	RDA	Team	(NN.n)	Pts
1			Peterborough AC	02:07.3	6
2			Huntingdonshire AC	02:22.9	5
3					4
4					3
5					2
6					1
7					0
8					0

EVAC Track & Field League -		NW Division - Match C		Teams = 6	
Peterborough		Wed	01/07/2015	Overall	
				Match Scores	
Pos	NW Women's Teams	Bib	Match C Score	A+B+C	Pos
3	Nene Valley Harriers	A	59	136	3
2	Peterborough AC	B	67	217	2
5	Corby AC	C	9	19	5
6	Higham Harriers	D	0	0	6
1	Wellingborough & District AC	E	93	247	1
4	Huntingdonshire AC	F	40	82	4
6	Blank	G	0	0	6
6	Blank	H	0	0	6

RDA = Race Day Age

100m	100m W35-49	RDA	Team	(NN.n)	Pts
1	Andrea Linnell	38	Huntingdonshire AC	14.6	6
2	Sarah Endicott	43	Nene Valley Harriers	15.0	5
3	Lisa Richardson	46	Peterborough AC	15.7	4
4	Natasha Wain	42	Wellingborough & District AC	17.4	3
5					2
6					1
7					0
8	Jo Abel	42	Huntingdonshire AC	15.9	NS

100m	100m W50-59	RDA	Team	(NN.n)	Pts
1	Judith Jagger	54	Peterborough AC	16.2	6
2	Felicity Aries	53	Wellingborough & District AC	18.1	5
3					4
4					3
5					2
6					1
7					0
8					0

100m	100m W60+	RDA	Team	(NN.n)	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

400m	400m W35-49	RDA	Team	(NN.n)	Pts
1	Nicky Morgan	45	Nene Valley Harriers	71.9	6
2	Natasha Wain	42	Wellingborough & District AC	84.3	5
3	Lisa Richardson	46	Peterborough AC	95.7	4
4					3
5					2
6					1
7					0
8					0

400m	400m W50-59	RDA	Team	<i>(NN.n)</i>	Pts
1	Felicity Aries	53	Wellingborough & District AC	93.2	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

1Mile	1Mile W35-49	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Philippa Taylor	48	Nene Valley Harriers	05:22.0	6
2	Sarah Ellwood	40	Wellingborough & District AC	06:19.8	5
3					4
4					0
5					0
6					0
7					0
8	Louise Blake		Nene Valley Harriers	06:26.1	NS

1Mile	1Mile W50-59	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Karen Cameron	50	Huntingdonshire AC	06:52.2	6
2	Felicity Aries	53	Wellingborough & District AC	07:29.0	5
3					4
4					3
5					2
6					1
7					0
8					0

1Mile	1Mile W60+	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Sally Hewitt	61	Wellingborough & District AC	07:58.8	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

1000mW	1km Walk 'A'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Karen Cameron	50	Huntingdonshire AC	06:17.1	6
2	Sally Hewitt	61	Wellingborough & District AC	06:46.7	5
3	Kay Gibson	49	Peterborough AC	07:10.8	4
4	Sarah Endicott	43	Nene Valley Harriers	07:43.2	3
5					2
6					1
7					0
8					0

1000mW	1km Walk 'B'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Julia Cooke-Simmons	60	Wellingborough & District AC	07:43.2	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

LH	300mH W50-59 (76.2)	RDA	Team	<i>(NN.n)</i>	Pts
1	Judith Jagger	54	Peterborough AC	67.5	6
2	Felicity Aries	53	Wellingborough & District AC	93.8	5
3					4
4					3
5					2
6					1
7					0
8					0

LH	300mH W60+ (68.6cm)	RDA	Team	<i>(NN.n)</i>	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

LH	400mH W35-49 (76.2cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Lisa Richardson	46	Peterborough AC	87.0	6
2	Andrea Page	39	Nene Valley Harriers	98.2	5
3	Sarah Ellwood	40	Wellingborough & District AC	101.1	4
4					3
5					2
6					1
7					0
8					0

HT	Hammer W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Andrea Jenkins	39	Nene Valley Harriers	44.67	6
2	Lorna Barlow	47	Corby AC	22.39	5
3	Kay Gibson	49	Peterborough AC	17.12	4
4	Sarah Ellwood	40	Wellingborough & District AC	8.10	3
5					2
6					1
7					0
8					0

HT	Hammer W50-59 (3Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Judith Jagger	54	Peterborough AC	24.64	6
2	Deborah Varnfield	52	Wellingborough & District AC	14.35	5
3					4
4					3
5					2
6					1
7					0
8					0

SP	Shot W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Andrea Jenkins	39	Nene Valley Harriers	9.29	6
2	Stacy McGivern	38	Peterborough AC	7.61	5
3	Lorna Barlow	47	Corby AC	5.56	4
4	Natasha Wain	42	Wellingborough & District AC	4.63	3
5					2
6					1
7					0
8					0

SP	Shot W50-59 (3Kg)	RDA	Team	(NN.nn)	Pts
1	Judith Jagger	54	Peterborough AC	8.36	6
2	Penny Butcher	56	Huntingdonshire AC	6.39	5
3	Deborah Varnfield	52	Wellingborough & District AC	5.5	4
4					3
5					2
6					1
7					0
8					0

SP	Shot W60-74 (3Kg)	RDA	Team	(NN.nn)	Pts
1	Brenda Church	62	Nene Valley Harriers	5.31	6
2	Sally Hewitt	61	Wellingborough & District AC	5.25	5
3					4
4					3
5					2
6					1
7					0
8					0

LJ	Long Jump W35-49	RDA	Team	(N.nn)	Pts
1	Stacy McGivern	38	Peterborough AC	4.85	6
2	Sarah Endicott	43	Nene Valley Harriers	3.28	5
3	Natasha Wain	42	Wellingborough & District AC	2.97	4
4					3
5					2
6					1
7					0
8					0

LJ	Long Jump W50-59	RDA	Team	(N.nn)	Pts
1	Penny Butcher	56	Huntingdonshire AC	3.92	6
2	Judith Jagger	54	Peterborough AC	3.85	5
3	Felicity Aries	53	Wellingborough & District AC	2.08	4
4					3
5					2
6					1
7					0
8					0

LJ	Long Jump W60+	RDA	Team	(N.nn)	Pts
1	Julia Cooke-Simmons	60	Wellingborough & District AC	2.15	6
2	Brenda Church	62	Nene Valley Harriers	2.08	5
3					4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault W35-49	RDA	Team	(N.nn)	Pts
1	Sandra Pedley	49	Huntingdonshire AC	1.70	6
2	Lisa Richardson	46	Peterborough AC	1.00	5
3=					4
3=					3
3=					2
6					1
7					0
8					0

PV	Pole Vault W50-59	RDA	Team	(N.nn)	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x2 W35-49	RDA	Team	(NN:NN.n)	Pts
1			Nene Valley Harriers	02:12.0	6
2			Huntingdonshire AC	02:12.6	5
3			Wellingborough & District AC	02:46.0	4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x2 W50+	RDA	Team	(NN:NN.n)	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

EVAC Track & Field League -		SE Division - Match C		Teams = 6	
Chelmsford		Wed	01/07/2015	Overall Match Scores	
Pos	SE Men's Teams	Bib	Match C Score	A+B+C	Pos
3	Thurrock Harriers/ Pitsea RC	1	101	278	2
1	Southend AC	2	113	327	1
2	Chelmsford AC	3	109	270	3
4	Fleet Street Runners	4	56	144	5
5	Loughton AC	5	49	160	4
6	Ipswich Harriers	6	27	67	6
7	Blank	7	0	0	7
7	Blank	8	0	0	7

RDA = Race Day Age

100m	100m M35-49	RDA	Team	(NN.n)	Pts
1	Lee Bowker	42	Ipswich Harriers	12.5	6
2	Clive Farrow	45	Southend AC	12.6	5
3	Iain Scott	37	Thurrock Harriers/ Pitsea RC	13.5	4
4	Mark Preskett	40	Fleet Street Runners	13.6	3
5	Andrew Thomas	43	Chelmsford AC	14.7	2
6					1
7					0
8	Andy Doig	41	Pitsea RC	13.9	NS

100m	100m M50-59	RDA	Team	(NN.n)	Pts
1	Keith Palmer	50	Southend AC	13.1	6
2	Clifford Warren	53	Loughton AC	13.1	5
3	Kevin McAlinden	51	Chelmsford AC	13.6	4
4	Jonathan Metcalf	55	Thurrock Harriers/ Pitsea RC	13.9	3
5	Robert Woolliams	59	Ipswich Harriers	17.5	2
6					1
7					0
8	Jason Syrett	47	Thurrock Harriers/ Pitsea RC	14.3	NS

100m	100m M60+	RDA	Team	(NN.n)	Pts
1	Philip Harris	70	Chelmsford AC	14.2	6
2	Peter Binns	68	Southend AC	15.2	5
3	David Hobbs	67	Loughton AC	15.7	4
4	Bernard Johnson	60	Thurrock Harriers/ Pitsea RC	16.8	3
5					2
6					1
7	Gerald Daniel	62	Chelmsford AC	14.7	NS
8	Peter Tullett	55	Chelmsford AC	15.3	NS

400m	400m M35-49	RDA	Team	(NN.n)	Pts
1	Clint Nicholls	36	Fleet Street Runners	56.1	6
2	Lee Bowker	42	Ipswich Harriers	56.9	5
3	Graham Eastty	35	Southend AC	57.2	4
4	Andy Coleman	47	Chelmsford AC	59.7	3
5	Jason Syrett	47	Thurrock Harriers/ Pitsea RC	63.8	2
6					1
7					0
8	Gary Rowlatt		Thurrock Harriers/ Pitsea RC	69.8	NS

400m	400m M50-59	RDA	Team	(NN.n)	Pts
1	Clifford Warren	53	Loughton AC	60.2	6
2	Kevin McAlinden	51	Chelmsford AC	60.3	5
3	Stephen Kemp	54	Thurrock Harriers/ Pitsea RC	63.5	4
4	Robert Woolliams	59	Ipswich Harriers	73.9	3
5	Simon Le Mare	53	Southend AC	88.7	2
6					1
7					0
8					0

1Mile	1 Mile M35-49	RDA	Team	(NN:NN.n)	Pts
1	Lee Martin	43	Chelmsford AC	04:53.9	6
2	Scott Rice	44	Thurrock Harriers/ Pitsea RC	04:55.8	5
3	Geordie Clarke	35	Fleet Street Runners	04:59.6	4
4	Tyrone Farrer	41	Southend AC	05:15.8	3
	Mark Wayne			04:58.1	NS
	Paul Dobson			05:00.9	NS
	Tony Roberts		Chelmsford AC	05:25.5	NS
	Jon Gardner			05:29.9	NS
	Jason Syrett	47	Thurrock Harriers/ Pitsea RC	05:30.2	NS
	Oliver Astley			05:31.7	NS

1Mile	1 Mile M50-59	RDA	Team	(NN:NN.n)	Pts
1	Simon Le Mare	53	Southend AC	05:01.1	6
2	Michael Bridgeland	57	Chelmsford AC	05:09.2	5
3	Eamonn Shelley	54	Thurrock Harriers/ Pitsea RC	05:35.5	4
4	Dave Faulkner	62	Loughton AC	07:01.2	3
5					2
6					1
7	Dave Tullett	50	Chelmsford AC	05:07.1	NS
8	Peter Tullett	55	Chelmsford AC	05:30.2	NS

1Mile	1 Mile M60+	RDA	Team	(NN:NN.n)	Pts
1	Peter Binns	68	Southend AC	06:02.5	6
2	Bernard Johnson	60	Thurrock Harriers/ Pitsea RC	06:08.9	5
3	Barry Thorpe	60	Chelmsford AC	06:10.5	4
4	Robert Maggio	69	Loughton AC	07:19.5	3
5					2
6					1
7					0
8					0

1000mW	1Km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Mark Preskett	40	Fleet Street Runners	05:28.8	6
2	Stephen Kemp	54	Thurrock Harriers/ Pitsea RC	05:35.7	5
3	Keith Palmer	50	Southend AC	05:58.9	4
4	Roger Cole	65	Chelmsford AC	06:27.0	3
5	Peter Cassidy	75	Loughton AC	06:42.5	2
6					1
7					0
8					0

1000mW	1Km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Jonathan Gardner	46	Fleet Street Runners	06:09.8	6
2	Eamonn Shelley	54	Thurrock Harriers/ Pitsea RC	06:13.4	5
3	John Brock	65	Southend AC	06:21.4	4
4	Dave Barnett	57	Chelmsford AC	06:39.9	3
5					2
6					1

LH	300mH M60-69 (76.2cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Gerald Daniel	62	Chelmsford AC	55.1	6
2	Peter Binns	68	Southend AC	61.8	5
3	Michael Bumstead	63	Thurrock Harriers/ Pitsea RC	67.8	4
4	Robert Maggio	69	Loughton AC	73.1	3
5					2
6					1
7					0
8					0

LH	400mH M35-49 (91.4cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Toby Sullivan	42	Southend AC	63.6	6
2	Mark Preskett	40	Fleet Street Runners	86.9	5
3	Paul Mitchell	40	Thurrock Harriers/ Pitsea RC	89.9	4
4					3
5					2
6					1
7					0
8					0

LH	400mH M50-59 (84.0cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Jonathan Metcalf	55	Thurrock Harriers/ Pitsea RC	76.8	6
2	Dave Barnett	57	Chelmsford AC	82.8	5
3	John Brock	65	Southend AC	136.8	4
4					3
5					2
6					1
7					0
8					0

HT	Hammer M35-49 (7.26Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	David Hughes	42	Ipswich Harriers	25.77	6
2	Paul Avontuur	50	Chelmsford AC	17.96	5
3	Martin Mack	49	Thurrock Harriers/ Pitsea RC	16.27	4
4	Gary Cheek	44	Southend AC	14.03	3
5	Gurjit Dehl	36	Fleet Street Runners	12.01	2
6					1
7					0
8					0

HT	Hammer M50-59 (6Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Robert Earle	54	Southend AC	54.02	6
2	Geoff Tyler	66	Chelmsford AC	27.85	5
3	Mark Jenkins	51	Thurrock Harriers/ Pitsea RC	19.65	4
4	Robert Maggio	69	Loughton AC	10.58	3
5					2
6					1
7					0
8	John Clark (M60)			14.73	NS

SP	Shot M35-49 (7.26Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Clint Nicholls	36	Fleet Street Runners	10.06	6
2	David Hughes	42	Ipswich Harriers	9.61	5
3	Paul Avontuur	50	Chelmsford AC	8.55	4
4	Gary Rowlatt	45	Thurrock Harriers/ Pitsea RC	8.36	3
5	Gary Cheek	44	Southend AC	6.48	2
6					1
7					0
8	Gurjit Dehl	36	Fleet Street Runners	6.00	NS

SP	Shot M50-59 (6Kg)	RDA	Team	(NN.nn)	Pts
1	Robert Earle	54	Southend AC	13.41	6
2	Dave Barnett	57	Chelmsford AC	8.54	5
3	Clifford Warren	53	Loughton AC	7.34	4
4	Stephen Kemp	54	Thurrock Harriers/ Pitsea RC	5.43	3
5					2
6					1
7					0
8	Lee Bowker	42	Ipswich Harriers	5.61	NS

SP	Shot M60-69 (5Kg)	RDA	Team	(NN.nn)	Pts
1	Geoff Tyler	66	Chelmsford AC	10.85	6
2	John Clark	72	Southend AC	6.59	5
3	Bernard Johnson	60	Thurrock Harriers/ Pitsea RC	6.43	4
4	Robert Maggio	69	Loughton AC	5.59	3
5					2
6					1
7					0
8					0

LJ	Long Jump M35-49	RDA	Team	(N.nn)	Pts
1	Joe McGrath	35	Fleet Street Runners	5.33	6
2	Clive Farrow	45	Southend AC	4.86	5
3	Andrew Thomas	43	Chelmsford AC	3.90	4
4	Paul Mitchell	40	Thurrock Harriers/ Pitsea RC	3.61	3
5					2
6					1
7					0
8					0

LJ	Long Jump M50-59	RDA	Team	(N.nn)	Pts
1	Clifford Warren	53	Loughton AC	4.79	6
2	Keith Palmer	50	Southend AC	4.50	5
3	Dave Barnett	57	Chelmsford AC	4.21	4
4	Mark Jenkins	51	Thurrock Harriers/ Pitsea RC	3.63	3
5					2
6					1
7					0
8					0

LJ	Long Jump M60+	RDA	Team	(N.nn)	Pts
1	Philip Harris	70	Chelmsford AC	3.82	6
2	Michael Bumstead	63	Thurrock Harriers/ Pitsea RC	3.57	5
3	David Hobbs	67	Loughton AC	3.56	4
4	John Brock	65	Southend AC	2.87	3
5					2
6					1
7					0
8					0

PV	Pole Vault M35-49	RDA	Team	(N.nn)	Pts
1	Joe McGrath	35	Fleet Street Runners	2.70	6
2	Toby Sullivan	42	Southend AC	2.70	5
3	Philip Harris	70	Chelmsford AC	1.90	4
4	Iain Scott	37	Thurrock Harriers/ Pitsea RC	1.50	3
5					2
6					1
7					0
8	Clint Nicholls	36	Basildon AC	2.40	NS

PV	Pole Vault M50-59	RDA	Team	<i>(N.nn)</i>	Pts
1	Mark Jenkins	51	Thurrock Harriers/ Pitsea RC	1.80	6
2	Dave Barnett	57	Chelmsford AC	1.70	5
3	John Clark	72	Southend AC	1.30	4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 M35-49	RDA	Team	<i>(NN.n)</i>	Pts
1			Fleet Street Runners	01:46.7	6
2			Southend AC	01:47.3	5
3			Thurrock Harriers/ Pitsea RC	01:50.9	4
4			Chelmsford AC	02:10.8	3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 M50+	RDA	Team	<i>(NN.n)</i>	Pts
1			Chelmsford AC	02:00.9	6
2			Thurrock Harriers/ Pitsea RC	02:02.1	5
3			Southend AC	02:08.8	4
4			Loughton AC	03:04.3	3
5					2
6					1
7					0
8					0

EVAC Track & Field League -		SE Division - Match C		Teams = 6	
Chelmsford		Wed	01/07/2015	Overall Match Scores	
Pos	SE Women's Teams	Bib	Match C Score	A+B+C	Pos
6	Thurrock Harriers/ Pitsea RC	A	8	37	6
3	Southend AC	B	90	268	3
1	Chelmsford AC	C	129.5	287.5	2
5	Fleet Street Runners	D	21	44	5
2	Loughton AC	E	109.5	288.5	1
4	Ipswich Harriers	F	25	53	4
7	Blank	G	0	0	7
7	Blank	H	0	0	7

RDA = Race Day Age

100m	100m W35-49	RDA	Team	(NN.n)	Pts
1	Kate Alexander	41	Chelmsford AC	14.1	6
2	Elizabeth Welbourn	55	Ipswich Harriers	15.1	5
3	Michaela Davis	49	Loughton AC	15.6	4
4	Natasha Lagden	41	Southend AC	16.1	3
5	Victoria Peacock	69	Thurrock Harriers/ Pitsea RC	17.3	2
6	Kate Carter	38	Fleet Street Runners	17.6	1
7					0
8					0

100m	100m W50-59	RDA	Team	(NN.n)	Pts
1	Yvonne Holmes	52	Ipswich Harriers	15.2	6
2	Clare St John-Coleman	54	Chelmsford AC	15.6	5
3	Susan Brown	51	Southend AC	16.4	4
4	Christine Salvary	58	Loughton AC	16.5	3
5					2
6					1
7					0
8					0

100m	100m W60+	RDA	Team	(NN.n)	Pts
1	Emily McMahon	65	Loughton AC	16.1	6
2	Sylvia Sergeant	68	Chelmsford AC	18.0	5
3	June Cork	69	Southend AC	21.5	4
4					3
5					2
6					1
7					0
8					0

400m	400m W35-49	RDA	Team	(NN.n)	Pts
1	Joanne Smith	48	Chelmsford AC	71.7	6
2	Elizabeth Welbourn	55	Ipswich Harriers	72.9	5
3	Kate Carter	38	Fleet Street Runners	76.7	4
4	Jodie Farrell	49	Thurrock Harriers/ Pitsea RC	79.9	3
5	Anne Jenkinson	43	Southend AC	84.3	2
6	Michaela Davis	49	Loughton AC	93.7	1
7					0
8	Victoria Peacock	69	Thurrock Harriers/ Pitsea RC	82.2	NS

400m	400m W50-59	RDA	Team	<i>(NN.n)</i>	Pts
1	Jill Kent	57	Chelmsford AC	77.5	6
2	Susan Crompton	52	Southend AC	108.1	5
3	Pam Ackland-Snow	62	Loughton AC	109.4	4
4					3
5					2
6					1
7					0
8					0

1Mile	1Mile W35-49	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Sally Judd	40	Chelmsford AC	05:32.7	6
2	Claire Cornwell	35	Southend AC	05:40.3	5
3	Kate Carter	38	Fleet Street Runners	05:48.6	4
4	Toni Noble	44	Thurrock Harriers/ Pitsea RC	06:26.6	3
5	Melanie Peddle	46	Loughton AC	07:29.5	2
6					1
7					0
8					0

1Mile	1Mile W50-59	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Anne Heeks	55	Loughton AC	06:45.3	6
2	Susan Crompton	52	Southend AC	08:02.2	5
3	Tracy Minton	54	Chelmsford AC	08:10.0	4
4					3
5					2
6					1
7					0
8					0

1Mile	1Mile W60+	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Jean Hobbs	66	Loughton AC	08:03.0	6
2	Sylvia Sergeant	68	Chelmsford AC	09:30.9	5
3	Stephanie Stamp	62	Southend AC	10:59.5	4
4					3
5					2
6					1
7					0
8					0

1000mW	1km Walk 'A'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Francoise Fernandez	64	Loughton AC	06:54.2	6
2	Kate Carter	38	Fleet Street Runners	07:03.3	5
3	Tracy Minton	48	Chelmsford AC	07:07.1	4
4	Natalie Cummins	41	Southend AC	07:07.5	3
5					2
6					1
7					0
8					0

1000mW	1km Walk 'B'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Anne Heeks	55	Loughton AC	06:55.1	6
2	Carol Morris	54	Chelmsford AC	08:54.9	5
3	Stephanie Stamp	62	Southend AC	08:54.9	4
4					3
5					2
6					1
7					0
8					0

LH	300mH W50-59 (76.2)	RDA	Team	<i>(NN.n)</i>	Pts
1	Jill Kent	57	Chelmsford AC	67.2	6
2	Susan Brown	51	Southend AC	80.8	5
3					4
4					3
5					2
6					1
7					0
8					0

LH	300mH W60+ (68.6cm)	RDA	Team	<i>(NN.n)</i>	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

LH	400mH W35-49 (76.2cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Wendy King	43	Chelmsford AC	90.7	6
2	Natasha Lagden	41	Southend AC	101.2	5
3	Barbara Higgins	60	Loughton AC	127.5	4
4					3
5					2
6					1
7					0
8					0

HT	Hammer W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Katherine Merritt	51	Loughton AC	17.74	6
2	Sally Newman-Russell	47	Southend AC	16.83	5
3	Tracy Minton	54	Chelmsford AC	16.25	4
4	Elizabeth Welbourn	55	Ipswich Harriers	5.53	3
5					2
6					1
7					0
8					0

HT	Hammer W50-59 (3Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Shirley Quinn	60	Chelmsford AC	35.96	6
2	Pam Ackland-Snow	62	Loughton AC	21.57	5
3	Susan Brown	51	Southend AC	20.28	4
4					3
5					2
6					1
7					0
8					0

SP	Shot W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Sarah Stark	49	Chelmsford AC	6.23	6
2	Katherine Merritt	51	Loughton AC	5.93	5
3	Kate Carter	38	Fleet Street Runners	5.76	4
4	Natalie Cummins	41	Southend AC	5.44	3
5					2
6					1
7					0
8					0

SP	Shot W50-59 (3Kg)	RDA	Team	(NN.nn)	Pts
1	Yvonne Holmes	52	Ipswich Harriers	7.39	6
2	Pam Ackland-Snow	62	Loughton AC	5.97	5
3	Susan Brown	51	Southend AC	5.82	4
4	Clare St John-Coleman	54	Chelmsford AC	5.56	3
5					2
6					1
7					0
8					0

SP	Shot W60-74 (3Kg)	RDA	Team	(NN.nn)	Pts
1	Shirley Quinn	60	Chelmsford AC	7.92	6
2	Emily McMahon	65	Loughton AC	6.72	5
3	Stephanie Stamp	62	Southend AC	6.41	4
4					3
5					2
6					1
7					0
8	Francoise Fernandez	64	Eastern Vets AC	5.37	NS

LJ	Long Jump W35-49	RDA	Team	(N.nn)	Pts
1	Kate Alexander	41	Chelmsford AC	4.68	6
2	Michaela Davis	49	Loughton AC	3.09	5
3	Natalie Cummins	41	Southend AC	2.70	4
4	Kate Carter	38	Fleet Street Runners	2.36	3
5					2
6					1
7					0
8					0

LJ	Long Jump W50-59	RDA	Team	(N.nn)	Pts
1	Clare St John-Coleman	54	Chelmsford AC	3.81	6
2	Christine Salvary	58	Loughton AC	3.24	5
3	Susan Brown	51	Southend AC	2.70	4
4					3
5					2
6					1
7					0
8					0

LJ	Long Jump W60+	RDA	Team	(N.nn)	Pts
1	Sylvia Sergeant	68	Chelmsford AC	2.97	6
2	Julie Ryan	61	Loughton AC	2.49	5
3	Stephanie Stamp	62	Southend AC	1.92	4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault W35-49	RDA	Team	(N.nn)	Pts
1	Tina Quinlivan	38	Chelmsford AC	2.80	6
2	Michaela Davis	49	Loughton AC	1.50	5
3					4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault W50-59	RDA	Team	<i>(N.nn)</i>	Pts
1=	Barbara Higgins	60	Loughton AC	1.50	5.5
1=	Clare St John-Coleman	54	Chelmsford AC	1.50	5.5
3					4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 W35-49	RDA	Team	<i>(NN:NN.n)</i>	Pts
1			Chelmsford AC	02:13.7	6
2			Southend AC	02:25.7	5
3			Loughton AC	02:39.5	4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 W50+	RDA	Team	<i>(NN:NN.n)</i>	Pts
1			Loughton AC	02:24.4	6
2			Chelmsford AC	02:27.6	5
3			Southend AC	03:06.1	4
4					3
5					2
6					1
7					0
8					0

EVAC Track & Field League -		SW Division - Match C		Teams = 6	
Biggleswade		Wed	01/07/2015		Overall
					Match Scores
Pos	SW Men's Teams	Bib	Match C Score	A+B+C	Pos
1	Marshall Milton Keynes AC	1	105	332	2
3	Bedford Harriers	2	65	111	6
6	Biggleswade AC	3	47	170	5
5	Fairlands Valley Spartans	4	56	254	3
2	Bedford & County AC	5	100	339	1
7	Blank	6	0	0	7
4	Luton AC	7	60	179	4
7	Blank	8	0	0	7

RDA = Race Day Age

100m	100m M35-49	RDA	Team	(NN.n)	Pts
1	Gavin Fordham	36	Bedford & County AC	12.68	6
2	Daniel Bottesch	40	Luton AC	12.78	5
3	Paul Canning	49	Marshall Milton Keynes AC	13.11	4
4	Christopher Westcott	42	Fairlands Valley Spartans	13.23	3
5	David Roberts	48	Bedford Harriers	14.92	2
6	Stuart Goodwin	37	Biggleswade AC	15.21	1
7					0
8					0

100m	100m M50-59	RDA	Team	(NN.n)	Pts
1	Tennyson James	57	Bedford & County AC	13.14	6
2	Gary Butler	50	Bedford Harriers	13.50	5
3	John Turner	59	Marshall Milton Keynes AC	14.88	4
4	Bernie Barnaby	56	Fairlands Valley Spartans	15.55	3
5	Tony Thompson	57	Luton AC	16.55	2
6					1
7					0
8	Jim Lawrence	58	Marshall Milton Keynes AC	15.34	NS

100m	100m M60+	RDA	Team	(NN.n)	Pts
1	John Browne	61	Marshall Milton Keynes AC	13.20	6
2	Christopher Keech	64	Bedford & County AC	15.19	5
3	Neil Lovesey	60	Bedford Harriers	16.39	4
4	Clark Skerratt	64	Biggleswade AC	17.60	3
5					2
6					1
7					0
8					0

400m	400m M35-49	RDA	Team	(NN.n)	Pts
1	Peter Benedickter	46	Bedford & County AC	54.60	6
2	Daniel Bottesch	40	Luton AC	55.89	5
3	Christopher Westcott	42	Fairlands Valley Spartans	56.44	4
4	Mark Dowson	39	Marshall Milton Keynes AC	58.10	3
5	Gary Finch	46	Bedford Harriers	65.52	2
6	Stuart Goodwin	37	Biggleswade AC	88.10	1
7					0
8					0

400m	400m M50-59	RDA	Team	<i>(NN.n)</i>	Pts
1	Gary Butler	50	Bedford Harriers	58.67	6
2	Tennyson James	57	Bedford & County AC	59.09	5
3	David Brown	57	Biggleswade AC	63.01	4
4	Tony Thompson	57	Luton AC	71.19	3
5	John Turner	59	Marshall Milton Keynes AC	75.05	2
6	Mark Freeman	59	Fairlands Valley Spartans	82.11	1
7					0
8					0

1Mile	1 Mile M35-49	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Christopher Westcott	42	Fairlands Valley Spartans	05:16.90	6
2	Mark Dowson	39	Marshall Milton Keynes AC	05:27.40	5
3	Gary Finch	46	Bedford Harriers	05:28.26	4
4	Tony Thompson	57	Luton AC	05:51.00	3
5	Chris Andrews	57	Bedford & County AC	06:17.22	2
6					1
7					0
8					0

1Mile	1 Mile M50-59	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	James McMahon	55	Bedford & County AC	05:13.65	6
2	Kevin Willett	52	Bedford Harriers	05:25.41	5
3	John Skelton	64	Marshall Milton Keynes AC	05:31.48	4
4	John Harris	53	Fairlands Valley Spartans	05:43.74	3
5	Christopher Addams	55	Biggleswade AC	06:10.93	2
6					1
7					0
8					0

1Mile	1 Mile M60+	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Alasdair Gibson	62	Marshall Milton Keynes AC	05:47.42	6
2	Aleksander Swiecicki	66	Bedford & County AC	05:48.56	5
3	Neil Lovesey	60	Bedford Harriers	05:49.47	4
4	Clark Skerratt	64	Biggleswade AC	06:46.01	3
5					2
6					1
7					0
8					0

1000mW	1Km Walk 'A'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Alan DGLISH	65	Luton AC	05:51.18	6
2	Barry King	48	Fairlands Valley Spartans	06:00.70	5
3	Arthur Thomson	79	Biggleswade AC	06:02.61	4
4	Jim Lawrence	58	Marshall Milton Keynes AC	07:27.30	3
5	David Holt	59	Bedford Harriers	08:16.59	2
6	Giorgio Garafalo	74	Bedford & County AC	08:41.70	1
7					0
8					0

1000mW	1Km Walk 'B'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Robin Wynde	57	Biggleswade AC	06:05.47	6
2	Mark Freeman	59	Fairlands Valley Spartans	08:33.12	5
3					4
4					3
5					2
6					1
7	Paul Harris	50	Bedford Harriers	Disq	0
8					0

LH	300mH M60-69 (76.2cm)	RDA	Team	<i>(NN.n)</i>	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

LH	400mH M35-49 (91.4cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Peter Benedickter	46	Bedford & County AC	70.35	6
2	Paul Canning	49	Marshall Milton Keynes AC	73.24	5
3	Daniel Bottesch	40	Luton AC	74.50	4
4	Paul Harris	50	Bedford Harriers	77.47	3
5					2
6					1
7					0
8					0

LH	400mH M50-59 (84.0cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Tennyson James	57	Bedford & County AC	75.35	6
2	Bernie Barnaby	56	Fairlands Valley Spartans	81.12	5
3	David Holt	59	Bedford Harriers	88.64	4
4	Mark Featherstone	50	Marshall Milton Keynes AC	89.50	3
5					2
6					1
7					0
8					0

HT	Hammer M35-49 (7.26Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Alan Nisbet	46	Marshall Milton Keynes AC	35.86	6
2	Geoff Grinsted	48	Luton AC	21.58	5
3	Gavin Fordham	36	Bedford & County AC	21.56	4
4	Barry King	48	Fairlands Valley Spartans	11.54	3
5					2
6					1
7					0
8					0

HT	Hammer M50-59 (6Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	David Burrell	51	Luton AC	44.63	6
2	Jim Burke	59	Bedford & County AC	29.15	5
3	Michael Burling	57	Marshall Milton Keynes AC	27.04	4
4	Mark Glading	55	Fairlands Valley Spartans	18.62	3
5	Clark Skerratt	64	Biggleswade AC	11.18	2
6					1
7					0
8	Bunt Scott (6Kg)		Marshall Milton Keynes AC	29.65	NS

SP	Shot M35-49 (7.26Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Gavin Fordham	36	Bedford & County AC	10.88	6
2	Alan Nisbet	46	Marshall Milton Keynes AC	9.82	5
3	Geoff Grinsted	48	Luton AC	9.05	4
4	Paul Harris	50	Bedford Harriers	7.31	3
5	Barry King	48	Fairlands Valley Spartans	5.70	2
6	Stuart Goodwin	37	Biggleswade AC	5.13	1
7					0
8					0

SP	Shot M50-59 (6Kg)	RDA	Team	(NN.nn)	Pts
1	David Burrell	51	Luton AC	11.82	6
2	Mark Featherstone	50	Marshall Milton Keynes AC	11.73	5
3	Jim Burke	59	Bedford & County AC	8.18	4
4	Mark Glading	55	Fairlands Valley Spartans	7.66	3
5	Robin Wynde	57	Biggleswade AC	6.01	2
6	David Holt	59	Bedford Harriers	3.88	1
7					0
8	David Goldsworthy		Marshall Milton Keynes AC	9.18	NS

SP	Shot M60-69 (5Kg)	RDA	Team	(NN.nn)	Pts
1	Bunt Scott	64	Marshall Milton Keynes AC	8.78	6
2	Robert Richards	67	Bedford & County AC	8.35	5
3	John Haines	60	Biggleswade AC	6.95	4
4	Alan DGLISH	65	Luton AC	5.15	3
5					2
6					1
7					0
8					0

LJ	Long Jump M35-49	RDA	Team	(N.nn)	Pts
1	Steven Hossent	41	Marshall Milton Keynes AC	4.76	6
2	Stuart Goodwin	37	Biggleswade AC	3.97	5
3	Daniel Bottesch	40	Luton AC	3.85	4
4	David Roberts	48	Bedford Harriers	3.54	3
5	Nick Witcombe	45	Fairlands Valley Spartans	2.26	2
6					1
7	Scott Herbert	41	Marshall Milton Keynes AC	5.93	NS
8	Mark Cheadle	38	Fairlands Valley Spartans	3.79	NS

LJ	Long Jump M50-59	RDA	Team	(N.nn)	Pts
1	Mark Featherstone	50	Marshall Milton Keynes AC	4.43	6
2	Simon Eastwood	50	Bedford & County AC	4.20	5
3	David Burrell	51	Luton AC	3.62	4
4	Nicholas Beardow	55	Bedford Harriers	3.59	3
5	Mark Freeman	59	Fairlands Valley Spartans	2.16	2
6					1
7					0
8					0

LJ	Long Jump M60+	RDA	Team	(N.nn)	Pts
1	Neil Lovesey	60	Bedford Harriers	3.78	6
2	Alasdair Gibson	62	Marshall Milton Keynes AC	2.90	5
3	Clark Skerratt	64	Biggleswade AC	2.90	4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault M35-49	RDA	Team	(N.nn)	Pts
1	Robert Kingman	42	Bedford & County AC	3.45	6
2	Mark Dowson	39	Marshall Milton Keynes AC	1.35	5
3					4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault M50-59	RDA	Team	<i>(N.nn)</i>	Pts
1	Simon Eastwood	50	Bedford & County AC	3.35	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 M35-49	RDA	Team	<i>(NN.n)</i>	Pts
1			Marshall Milton Keynes AC	49.41	6
2			Bedford & County AC	55.28	5
3			Bedford Harriers	58.51	4
4			Fairlands Valley Spartans	61.41	3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 M50+	RDA	Team	<i>(NN.n)</i>	Pts
1			Marshall Milton Keynes AC	56.21	6
2			Biggleswade AC	60.49	5
3			Bedford Harriers	61.61	4
4			Fairlands Valley Spartans	65.74	3
5					2
6					1
7					0
8					0

EVAC Track & Field League -		SW Division - Match C		Teams = 6		
Biggleswade		Wed	01/07/2015		Overall Match Scores	
Pos	SW Women's Teams	Bib	Match C Score			A+B+C
2	Marshall Milton Keynes AC	A	104		332	2
5	Bedford Harriers	B	51		75	6
6	Biggleswade AC	C	20		83	5
1	Fairlands Valley Spartans	D	108		353	1
4	Bedford & County AC	E	54		151	4
7	Blank	F	0		0	7
3	Luton AC	G	68		198	3
7	Blank	H	0		0	7

RDA = Race Day Age

100m	100m W35-49	RDA	Team	(NN.n)	Pts
1	Joanna Winfield	41	Luton AC	15.20	6
2	Stephanie Johnston	41	Marshall Milton Keynes AC	15.32	5
3	Trudie Molloy	43	Fairlands Valley Spartans	17.45	4
4	Sarah Relton	46	Bedford Harriers	17.66	3
5					2
6					1
7					0
8					0

100m	100m W50-59	RDA	Team	(NN.n)	Pts
1	Monica Brown	50	Fairlands Valley Spartans	14.71	6
2	Janice Hardcastle	55	Marshall Milton Keynes AC	15.90	5
3	Gill Fullen	50	Bedford Harriers	17.02	4
4	Barbara Haughton	50	Bedford & County AC	17.42	3
5					2
6					1
7					0
8					0

100m	100m W60+	RDA	Team	(NN.n)	Pts
1	Carol Alker	60	Luton AC	16.48	6
2	Julia Hancock	66	Bedford & County AC	20.42	5
3	Iris Hornsey	73	Fairlands Valley Spartans	21.51	4
4	Fi Han Bromilow	61	Marshall Milton Keynes AC	23.88	3
5					2
6					1
7					0
8					0

400m	400m W35-49	RDA	Team	(NN.n)	Pts
1	Rosie Canham	41	Luton AC	66.99	6
2	Alana Slater	38	Marshall Milton Keynes AC	71.80	5
3	Kirstie Meeten	39	Bedford Harriers	76.78	4
4	Peta Wilson	46	Fairlands Valley Spartans	87.60	3
5					2
6					1
7					0
8					0

400m	400m W50-59	RDA	Team	<i>(NN.n)</i>	Pts
1	Edith Caux	58	Luton AC	70.33	6
2	Lindsay Lister	50	Biggleswade AC	71.50	5
3	Tessa Stephenson	54	Fairlands Valley Spartans	79.82	4
4	Diane Baldwin	58	Marshall Milton Keynes AC	81.91	3
5	Nora Haggard	58	Bedford Harriers	90.84	2
6					1
7					0
8					0

1Mile	1Mile W35-49	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Christine Lathwell	38	Luton AC	05:35.94	6
2	Kirstie Meeten	39	Bedford Harriers	05:55.63	5
3	Kerry Adams	39	Marshall Milton Keynes AC	06:21.05	4
4	Andrea Westcott	44	Fairlands Valley Spartans	07:44.19	3
5					2
6					1
7					0
8					0

1Mile	1Mile W50-59	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Gill Fullen	50	Bedford Harriers	05:34.25	6
2	Julie Simmons	57	Fairlands Valley Spartans	06:37.34	5
3	Diane Baldwin	58	Marshall Milton Keynes AC	06:56.18	4
4	Lorraine Daghish	58	Luton AC	07:16.07	3
5					2
6					1
7					0
8					0

1Mile	1Mile W60+	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Yuko Gordon	64	Fairlands Valley Spartans	06:40.60	6
2	Fi Han Bromilow	61	Marshall Milton Keynes AC	08:21.65	5
3					4
4					3
5					2
6					1
7					0
8					0

1000mW	1km Walk 'A'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Helen Middleton	52	Bedford & County AC	05:41.63	6
2	Sally Cartwright	48	Bedford Harriers	05:55.24	5
3	Julie Simmons	57	Fairlands Valley Spartans	06:11.05	4
4	Diane Farmer	56	Marshall Milton Keynes AC	07:17.06	3
5	Lorraine Daghish	58	Luton AC	07:57.91	2
6	Julia Mackay	50	Biggleswade AC	08:16.00	1
7					0
8					0

1000mW	1km Walk 'B'	RDA	Team	<i>(NN:NN.n)</i>	Pts
1	Paula Blizard	51	Bedford & County AC	06:21.86	6
2	Sharon Crowley	56	Fairlands Valley Spartans	07:10.03	5
3	Kerry Adams	39	Marshall Milton Keynes AC	07:17.44	4
4	Christine Lathwell	38	Luton AC	09:20.60	3
5					2
6					1
7					0
8					0

LH	300mH W50-59 (76.2)	RDA	Team	<i>(NN.n)</i>	Pts
1	Gill Fullen	50	Bedford Harriers	64.74	6
2	Lesley Byrne	52	Marshall Milton Keynes AC	70.79	5
3	Tessa Stephenson	54	Fairlands Valley Spartans	80.45	4
4					3
5					2
6					1
7					0
8					0

LH	300mH W60+ (68.6cm)	RDA	Team	<i>(NN.n)</i>	Pts
1					6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

LH	400mH W35-49 (76.2cm)	RDA	Team	<i>(NN.n)</i>	Pts
1	Corinne Nurse	37	Marshall Milton Keynes AC	78.78	6
2	Joanna Winfield	41	Luton AC	81.35	5
3	Sally Cartwright	48	Bedford Harriers	94.02	4
4	Peta Wilson	46	Fairlands Valley Spartans	103.92	3
5					2
6					1
7					0
8					0

HT	Hammer W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Chrispina Odunewu	40	Marshall Milton Keynes AC	19.62	6
2	Jemma Eastwood	36	Bedford & County AC	17.82	5
3	Joanne Ellary	37	Biggleswade AC	16.94	4
4	Andrea Westcott	44	Fairlands Valley Spartans	13.52	3
5	Christine Lathwell	38	Luton AC	7.93	2
6					1
7					0
8					0

HT	Hammer W50-59 (3Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Brenda Russell	57	Bedford & County AC	26.17	6
2	Jeanette Lawrence	58	Marshall Milton Keynes AC	19.54	5
3	Sharon Crowley	56	Fairlands Valley Spartans	17.29	4
4	Sandra Ingham	57	Biggleswade AC	15.16	3
5					2
6					1
7					0
8	Stephanie Johnston	41	Marshall Milton Keynes AC	16.23	NS

SP	Shot W35-49 (4Kg)	RDA	Team	<i>(NN.nn)</i>	Pts
1	Jemma Eastwood	36	Bedford & County AC	8.87	6
2	Chrispina Odunewu	40	Marshall Milton Keynes AC	8.35	5
3	Trudie Molloy	43	Fairlands Valley Spartans	5.99	4
4	Joanne Ellary	37	Biggleswade AC	5.55	3
5	Sally Cartwright	48	Bedford Harriers	4.90	2
6	Joanna Winfield	41	Luton AC	4.88	1
7					0
8					0

SP	Shot W50-59 (3Kg)	RDA	Team	(NN.nn)	Pts
1	Lesley Byrne	52	Marshall Milton Keynes AC	8.02	6
2	Tessa Stephenson	54	Fairlands Valley Spartans	8.01	5
3	Sandra Ingham	57	Biggleswade AC	7.43	4
4	Brenda Russell	57	Bedford & County AC	6.83	3
5	Lorraine Daghish	58	Luton AC	5.75	2
6					1
7					0
8					0

SP	Shot W60-74 (3Kg)	RDA	Team	(NN.nn)	Pts
1	Carol Alker	60	Luton AC	5.54	6
2	Fi Han Bromilow	61	Marshall Milton Keynes AC	4.61	5
3	Iris Hornsey	73	Fairlands Valley Spartans	4.57	4
4					3
5					2
6					1
7					0
8					0

LJ	Long Jump W35-49	RDA	Team	(N.nn)	Pts
1	Christine Lathwell	38	Luton AC	3.49	6
2	Stephanie Mayfield	41	Fairlands Valley Spartans	3.20	5
3	Kerry Adams	39	Marshall Milton Keynes AC	3.08	4
4	Sarah Relton	46	Bedford Harriers	3.02	3
5	Jemma Eastwood	36	Bedford & County AC	3.01	2
6					1
7					0
8					0

LJ	Long Jump W50-59	RDA	Team	(N.nn)	Pts
1	Monica Brown	50	Fairlands Valley Spartans	3.80	6
2	Janice Hardcastle	55	Marshall Milton Keynes AC	3.36	5
3	Nora Haggard	58	Bedford Harriers	2.53	4
4	Lorraine Daghish	58	Luton AC	1.76	3
5					2
6					1
7					0
8					0

LJ	Long Jump W60+	RDA	Team	(N.nn)	Pts
1	Iris Hornsey	73	Fairlands Valley Spartans	2.38	6
2	Fi Han Bromilow	61	Marshall Milton Keynes AC	1.42	5
3					4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault W35-49	RDA	Team	(N.nn)	Pts
1	Jemma Eastwood	36	Bedford & County AC	3.00	6
2	Stephanie Mayfield	41	Fairlands Valley Spartans	1.65	5
3					4
4					3
5					2
6					1
7					0
8					0

PV	Pole Vault W50-59	RDA	Team	<i>(N.nn)</i>	Pts
1	Barbara Haughton	50	Bedford & County AC	1.50	6
2	Monica Brown	50	Fairlands Valley Spartans	1.35	5
3					4
4					3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 W35-49	RDA	Team	<i>(NN:NN.n)</i>	Pts
1			Marshall Milton Keynes AC	61.35	6
2	See note below		Luton AC	61.83	5
3			Fairlands Valley Spartans	72.99	4
4			Bedford Harriers	73.35	3
5					2
6					1
7					0
8					0

MedR	Relay 4x1 W50+	RDA	Team	<i>(NN:NN.n)</i>	Pts
1			Fairlands Valley Spartans	68.68	6
2			Marshall Milton Keynes AC	72.91	5
3					4
4					3
5					2
6					1
7					0
8					0

Note: Luton were incorrectly instructed to run in W50 heat - team included W35 athletes

Pos	SW Men's Teams	Bib	Match C Score	A+B+C
1	Bedford & County AC	5	100	339
2	Marshall Milton Keynes AC	1	105	332
3	Fairlands Valley Spartans	4	56	254
4	Luton AC	7	60	179
5	Biggleswade AC	3	47	170
6	Bedford Harriers	2	65	111

Pos	SW Women's Teams	Bib	Match C Score	A+B+C
1	Fairlands Valley Spartans	D	108	353
2	Marshall Milton Keynes AC	A	104	332
3	Luton AC	G	68	198
4	Bedford & County AC	E	54	151
5	Biggleswade AC	C	20	83
6	Bedford Harriers	B	51	75

Pos	NW Men's Teams	Bib	Match C Score	A+B+C
1	Peterborough AC	2	93	288
2	Huntingdonshire AC	6	129	286
3	Wellingborough & District AC	5	68	234
4	Nene Valley Harriers	1	63	206
5	Corby AC	3	25	83
6	Higham Harriers	4	0	0

Pos	NW Women's Teams	Bib	Match C Score	A+B+C
1	Wellingborough & District AC	E	93	247
2	Peterborough AC	B	67	217
3	Nene Valley Harriers	A	59	136
4	Huntingdonshire AC	F	40	82
5	Corby AC	C	9	19
6	Higham Harriers	D	0	0

Pos	SE Men's Teams	Bib	Match C Score	A+B+C
1	Southend AC	2	113	327
2	Thurrock Harriers/ Pitsea RC	1	101	278
3	Chelmsford AC	3	109	270
4	Loughton AC	5	49	160
5	Fleet Street Runners	4	56	144
6	Ipswich Harriers	6	27	67

Pos	SE Women's Teams	Bib	Match C Score	A+B+C
1	Loughton AC	E	109.5	288.5
2	Chelmsford AC	C	129.5	287.5
3	Southend AC	B	90	268
4	Ipswich Harriers	F	25	53
5	Fleet Street Runners	D	21	44
6	Thurrock Harriers/ Pitsea RC	A	8	37

Pos	Men's Teams	Bib	Match C Score	A+B+C
1	Ryston Runners AC	1	94	276
2	Cambridge & Coleridge AC	3	91	238
3	West Norfolk AC	2	57	166
4	W Suffolk AC / St Ed. Pacers	4	0	0
4	Waveney Valley AC	6	0	0

Pos	Women's Teams	Bib	Match C Score	A+B+C
1	Ryston Runners AC	A	107	299
2	Cambridge & Coleridge AC	C	54	166
3	West Norfolk AC	B	0	55
4	W Suffolk AC / St Ed. Pacers	D	15	49
5	Waveney Valley AC	F	0	0