

EVAC Track & Field League -		NE Division - Match D		Teams = 5	
Bury St Edmunds		Wed	29/07/2015	Overall	
				Match Scores	
Pos	Women's Teams	Bib	Match D Score	A+B+C+D	Pos
1	Ryston Runners AC	A	98	397	1
3	West Norfolk AC	B	0	55	3
2	Cambridge & Coleridge AC	C	26	192	2
3	W Suffolk AC / St Ed. Pacers	D	0	49	4
3	Withdrawn	E	0	0	5
3	Waveney Valley AC	F	0	0	5
3	-	G	0	0	5
3	-	H	0	0	5

RDA = Race Day Age

EVAC League Record? (W35-4)	EVAC League Record? (W50-5)	EVAC League Record? (W60+)	Derived from Age Grade Tables of 2015

200m	200m W35-49	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Tanya Daniels	37	Ryston Runners AC	30.9	5		-	x	x	70.4
2					4					
3					3					
4					2					
5					1					
6					0					
7					0					
8					0					

200m	200m W50-59	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	AG %
1	Gaye Clarke	54	Ryston Runners AC	32.2	5		-	x	82.6
2	Helen Grant	52	Cambridge & Coleridge AC	43.1	4		-	x	60.3
3					3				
4					2				
5					1				
6					0				
7					0				
8					0				

800m	800m W35-49	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	Rec	AG %
1	Sue Smith	50	Ryston Runners AC	04:49.0	5	x	-	x	44.0
2					4				
3					3				
4					2				
5					1				
6					0				
7					0				
8					0				

800m	800m W50-59	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	AG %
1	Helen Grant	52	Cambridge & Coleridge AC	03:01.8	5	-	x	71.7
2	Linda Marshall	50	Ryston Runners AC	03:03.6	4	-	x	69.2
3					3			
4					2			
5					1			
6					0			
7					0			
8					0			

800m	800m W60+	RDA	Team	(NN:NN.n)	Pts	Rec	AG %
1	Jane Ashby	67	Ryston Runners AC	03:53.2	5	-	71.9
2					4		
3					3		
4					2		
5					1		
6					0		
7					0		
8					0		





MedR	Relay 4x1 W50+	RDA	Team	(N:NN.n)	Pts	Rec
1			Ryston Runners AC	90.4	5	-
2					4	
3					3	
4					2	
5					1	
6					0	
7					0	
8					0	

EVAC Track & Field League -		SE Division - Match D		Teams = 6		
Enfield		Wed	29/07/2015		Overall Match Scores	
Pos	Men's Teams	Bib	Match D Score		A+B+C+D	Pos
2	Thurrock Harriers/ Pitsea RC	1	86.5		364.5	2
1	Southend AC	2	90		417	1
3	Chelmsford AC	3	83.5		353.5	3
5	Fleet Street Runners	4	41		185	5
4	Loughton AC	5	60		220	4
6	Ipswich Harriers	6	15		82	6
7	-	7	0		0	7
7	-	8	0		0	7

EVAC League Record? (M35-49)	EVAC League Record? (M50-59)	EVAC League Record? (M60+)	Derived from Age Grade Tables of 2015
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200m	200m M35-49	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Clive Farrow	45	Southend AC	25.7	6		-	x	x	84.1
2	Marek Kowalski	43	Thurrock Harriers/ Pitsea RC	27.1	5		-	x	x	78.6
3	Mark Preskett	40	Fleet Street Runners	27.8	4		-	x	x	74.9
4	Tony Roberts	49	Chelmsford AC	28.2	3		-	x	x	78.9
5	Jim Harrison	51	Loughton AC	28.4	2		x	-	x	79.5
6					1					
7					0					
153	Jason Syrett	48	Fleet Street Runners	28.6	NS		-	x	x	77.2

200m	200m M50-59	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	AG %
1	Clifford Warren	53	Loughton AC	27.4	6		-	x	83.5
2	Kevin McAlinden	51	Chelmsford AC	28.2	5		-	x	80.0
3	Stephen Kemp	55	Thurrock Harriers/ Pitsea RC	28.6	4		-	x	81.1
4	Robert Woolliams	59	Ipswich Harriers	31.2	3		-	x	76.4
5	John Brock	65	Southend AC	38.5	2		x	-	64.4
6					1				
7					0				
8					0				

800m	800m M35-49	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	Rec	AG %
1	Joe McGrath	35	Fleet Street Runners	02:09.7	6	-	x	x	78.2
2	Toby Sullivan	42	Southend AC	02:15.1	5	-	x	x	80.2
3	Andy Coleman	47	Chelmsford AC	02:15.8	4	-	x	x	83.4
4	Toby Draper	43	Thurrock Harriers/ Pitsea RC	02:30.0	3	-	x	x	72.9
5	Robert Sargent	61	Loughton AC	03:20.8	2	x	x	-	63.4
156	Ian Scott	37	Thurrock Harriers/ Pitsea RC	02:33.2	NS	-	x	x	67.4
160	Tony Roberts	49	Chelmsford AC	02:20.4	NS	-	x	x	82.1
159	Bobby Riddaway	45	Fleet Street Runners	02:19.7	NS	-	x	x	79.7

800m	800m M50-59	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	AG %
1	Kevin McAlinden	51	Chelmsford AC	02:19.8	6	-	x	83.9
2	Jonathan Metcalf	55	Thurrock Harriers/ Pitsea RC	02:21.6	5	-	x	85.7
3	Jim Harrison	51	Loughton AC	02:41.2	4	-	x	72.7
4	Simon Le Mare	53	Southend AC	03:14.9	3	-	x	61.2
5					2			
6					1			
155	Stephen Kemp	55	Thurrock Harriers/ Pitsea RC	02:28.4	NS	-	x	81.7
151	Tony Hyde	50	Thurrock Harriers/ Pitsea RC	02:27.4	NS	-	x	78.9

800m	800m M60+	RDA	Team	(NN:NN.n)	Pts	Rec	AG %
1	Peter Binns	68	Southend AC	02:45.8	6	-	81.7
2	Bernard Johnson	60	Thurrock Harriers/ Pitsea RC	02:46.8	5	-	75.7
3	Philip Harris	70	Chelmsford AC	03:11.1	4	-	72.5
4	Robert Maggio	69	Loughton AC	03:19.0	3	-	68.8
5					2		
6					1		
153	Jason Syrett	48	Thurrock Harriers/ Pitsea RC	02:24.5	NS	x	-
162	Jon Gardner	46	Fleet Street Runners	02:32.8	NS	x	-

2000m	2000m M35-49	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	Rec	AG %
1	Lee Taylor	40	Southend AC	06:19.2	6	LR	x	x	79.0
2	Geordie Clarke	35	Fleet Street Runners	06:20.2	5	LR	x	x	76.1
3	Scott Rice	44	Thurrock Harriers/ Pitsea RC	06:22.3	4	LR	x	x	80.8
4	Tony Roberts	49	Chelmsford AC	07:03.9	3	LR	x	x	75.8
5	John Borgars	69	Loughton AC	09:11.9	2	x	x	LR	69.3
6					1				
162	Jon Gardner	46	Fleet Street Runners	07:07.1	NS		x	x	73.4
153	Jason Syrett	48	Thurrock Harriers/ Pitsea RC	07:09.9	NS		x	x	74.1

2000m	2000m M50-59	RDA	Team	(NN:NN.n)	Pts
1	Simon Le Mare	53	Southend AC	06:27.5	6
2	Michael Bridgeland	57	Chelmsford AC	06:34.5	5
3	Donald Lawless	50	Thurrock Harriers/ Pitsea RC	07:09.1	4
4	Robert Maggio	69	Loughton AC	09:45.6	3
5					2
6					1
7					0
158	Eamonn Shelley	54	Thurrock	07:01.6	NS

Rec	Rec	AG %
LR	x	85.6
LR	x	87.0
LR	x	75.5
x	LR	65.3
	x	79.4

2000m	2000m M60+	RDA	Team	(NN:NN.n)	Pts
1	Michael Bumstead	64	Thurrock Harriers/ Pitsea RC	07:44.6	6
2	Peter Binns	68	Southend AC	08:28.8	5
3	Robert Sargent	61	Loughton AC	09:06.1	4
4	Philip Harris	70	Chelmsford AC	10:21.6	3
5					2
6					1
7					0
8					0

Rec	AG %
LR	78.5
LR	74.4
LR	65.1
LR	62.2

2000mW	2Km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Mark Preskett	40	Fleet Street Runners	11:45.0	6
2	Stephen Kemp	55	Thurrock Harriers/ Pitsea RC	12:03.7	5
3	John Borgars	69	Loughton AC	12:22.4	4
4	Keith Palmer	50	Southend AC	13:53.8	3
5	Dave Barnett	57	Chelmsford AC	14:06.1	2
6					1
7					0
8					0

Rec	Rec	Rec
-	x	x
x	-	x
x	x	-
x	-	x
x	-	x

2000mW	2Km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Jonathan Gardner	46	Fleet Street Runners	12:08.8	6
2	Eamonn Shelley	54	Thurrock Harriers/ Pitsea RC	13:20.2	5
3	John Brock	65	Southend AC	13:26.7	4
4	Peter Cassidy	75	Loughton AC	13:59.0	3
5	Philip Harris	70	Chelmsford AC	14:42.1	2
6					1
7					0
8					0

Rec	Rec	Rec
-	x	x
x	-	x
x	x	-
x	x	-
x	x	-

JT	Javelin M35-49 (800gm)	RDA	Team	(NN.nn)	Pts
1	David Hughes	42	Ipswich Harriers	34.90	6
2	Toby Sullivan	42	Southend AC	31.73	5
3	Geoff Tyler	66	Chelmsford AC	28.24	4
4	Jason Syrett	48	Thurrock Harriers/ Pitsea RC	24.21	3
5	Gurjit Dehl	36	Fleet Street Runners	15.69	2
6	Robert Maggio	69	Loughton AC	10.23	1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	41.3
-	x	x	37.6
x	x	-	-
-	x	x	31.9
-	x	x	16.9
x	x	-	-

JT	Javelin M50-59 (700gm)	RDA	Team	(NN.nn)	Pts
1	Martin Branfoot	58	Chelmsford AC	35.80	6
2	Robert Earle	54	Southend AC	34.98	5
3	Jim Harrison	51	Loughton AC	30.44	4
4	Tony Hyde	50	Thurrock Harriers/ Pitsea RC	13.58	3
5					2
6					1
7					0
333	John Clark	72	Southend	15.89	NS

Rec	Rec	AG %
-	x	54.3
-	x	49.0
-	x	40.3
-	x	17.6
x	-	-

DT	Discus M35-49 (2Kg)	RDA	Team	(NN.nn)	Pts
1	David Hughes	42	Ipswich Harriers	32.24	6
2	Clive Farrow	45	Southend AC	20.17	5
3	Dave Barnett	57	Chelmsford AC	20.00	4
4	Martin Mack	49	Thurrock Harriers/ Pitsea RC	17.44	3
5	Gurjit Dehl	36	Fleet Street Runners	15.26	2
6					1
7					0
161	Joe McGrath	35	Fleet Street Runners	13.47	NS

Rec	Rec	Rec	AG %
-	x	x	44.4
-	x	x	28.6
x	-	x	-
-	x	x	26.7
-	x	x	20.6
-	x	x	18.2

DT	Discus M50-59 (1.5Kg)	RDA	Team	(NN.nn)	Pts
1	Robert Earle	54	Southend AC	45.39	6
2	Chris Clark	50	Chelmsford AC	25.87	5
3	Jim Harrison	51	Loughton AC	21.54	4
4	Eamonn Shelley	54	Thurrock Harriers/ Pitsea RC	16.43	3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
-	x	66.0
-	x	34.9
-	x	29.6
-	x	23.9

DT	Discus M60+ (1Kg)	RDA	Team	(NN.nn)	Pts
1	Geoff Tyler	66	Chelmsford AC	37.56	6
2	Bernard Johnson	60	Thurrock Harriers/ Pitsea RC	18.75	5
3	John Clark	72	Southend AC	17.54	4
4	Robert Maggio	69	Loughton AC	8.55	3
5					2
6					1
7					0
8					0

Rec	AG %
-	64.9
-	28.4
-	35.3
-	15.9

HJ	High Jump M35-49	RDA	Team	(N.nn)	Pts
1	Toby Sullivan	42	Southend AC	1.50	6
2	Joe McGrath	35	Fleet Street Runners	1.45	5
3	Dave Barnett	57	Chelmsford AC	1.30	4
4	Paul Mitchell	40	Thurrock Harriers/ Pitsea RC	1.30	3
5	Jim Harrison	51	Loughton AC	1.20	2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	69.0
-	x	x	62.4
x	-	x	70.3
-	x	x	58.7
x	-	x	60.7

HJ	High Jump M50-59	RDA	Team	(N.nn)	Pts
1	Clifford Warren	53	Loughton AC	1.30	6
2	Jonathan Metcalf	55	Thurrock Harriers/ Pitsea RC	1.15	5
3	Kevin McAlinden	51	Chelmsford AC	1.10	4
4					3
5					2
6					1
7					0
X	Keith Palmer	50	Southend AC		NS

Rec	Rec	AG %
-	x	67.2
-	x	60.8
-	x	55.6
		0.0

HJ	High Jump M60+	RDA	Team	(N.nn)	Pts
1=	Michael Bumstead	64	Thurrock Harriers/ Pitsea RC	1.20	5.5
1=	Gerald Daniel	62	Chelmsford AC	1.20	5.5
3	John Brock	65	Southend AC	1.05	4
4	Robert Maggio	69	Loughton AC	1.00	3
5					2
6					1
7					0
8					0

Rec	AG %
-	70.7
-	68.9
-	62.6
-	62.9

MedR	Relay 4x1 M35-49	RDA	Team	(N:NN.n)	Pts
1			Southend AC	51.4	6
2			Fleet Street Runners	54.6	5
3			Thurrock Harriers/ Pitsea RC	54.9	4
4			Chelmsford AC	64.1	3
5					2
6					1
7					0
8					0

Rec
-
-
-
-

MedR	Relay 4x1 M50+	RDA	Team	(N:NN.n)	Pts
1			Thurrock Harriers/ Pitsea RC	56.7	6
2			Chelmsford AC	58.9	5
3			Loughton AC	63.6	4
4			Southend AC	76.0	3
5					2
6					1
7					0
8					0

Rec
-
-
-
-

<b>EVAC Track &amp; Field League -</b>		<b>SE Division - Match D</b>		<b>Teams = 6</b>	
<b>Enfield</b>		<b>Wed</b>	<b>29/07/2015</b>		<b>Overall Match Scores</b>
<b>Pos</b>	<b>Women's Teams</b>	<b>Bib</b>	<b>Match D Score</b>	<b>A+B+C+D</b>	
4	Thurrock Harriers/ Pitsea RC	A	20	57	6
3	Southend AC	B	60	328	3
2	Chelmsford AC	C	83.5	371	2
5	Fleet Street Runners	D	18	62	5
1	Loughton AC	E	100.5	389	1
6	Ipswich Harriers	F	14	67	4
7	-	G	0	0	7
7	-	H	0	0	7

EVAC League Record? (W35-4)	EVAC League Record? (W50-5)	EVAC League Record? (W60+)	Derived from Age Grade Tables of 2015

200m	<b>200m W35-49</b>	<b>RDA</b>	<b>Team</b>	<b>(NN.n)</b>	<b>Pts</b>	<b>Wind</b>
1	Sally Judd	40	Chelmsford AC	30.6	6	
2	Tracy English	39	Southend AC	31.4	5	
3	Mary Knapman	36	Loughton AC	35.7	4	
4	Kate Carter	38	Fleet Street Runners	36.8	3	
5	Victoria Peacock	40	Thurrock Harriers/ Pitsea RC	37.0	2	
6					1	
7					0	
8					0	

Rec	Rec	Rec	AG %
-	x	x	73.9
-	x	x	71.1
-	x	x	60.1
-	x	x	59.9
-	x	x	61.1

200m	<b>200m W50-59</b>	<b>RDA</b>	<b>Team</b>	<b>(NN.n)</b>	<b>Pts</b>	<b>Wind</b>
1	Yvonne Holmes	52	Ipswich Harriers	32.4	6	
2	Jill Kent	57	Chelmsford AC	34.6	5	
3	Christine Salvary	58	Loughton AC	35.5	4	
4	Susan Crompton	52	Southend AC	58.6	3	
5					2	
6					1	
7					0	
116	Barbara Higgins	60	Loughton	38.1	NS	

Rec	Rec	AG %
-	x	80.3
-	x	79.3
-	x	78.1
-	x	44.4
x	-	74.3

800m	<b>800m W35-49</b>	<b>RDA</b>	<b>Team</b>	<b>(NN:NN.n)</b>	<b>Pts</b>
1	Sally Judd	40	Chelmsford AC	02:31.5	6
2	Tracy English	39	Southend AC	02:38.4	5
3	Kate Carter	38	Fleet Street Runners	02:47.1	4
4	Toni Noble	44	Thurrock Harriers/ Pitsea RC	02:49.6	3
5	Michaela Davis	49	Loughton AC	04:45.6	2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	76.9
-	x	x	72.9
-	x	x	68.4
-	x	x	71.2
-	x	x	44.1

800m	<b>800m W50-59</b>	<b>RDA</b>	<b>Team</b>	<b>(NN:NN.n)</b>	<b>Pts</b>
1	Anne Heeks	55	Loughton AC	03:40.6	6
2	Clare St John-Coleman	54	Chelmsford AC	03:52.9	5
3	Susan Crompton	52	Southend AC	04:45.6	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
-	x	61.5
-	x	57.4
-	x	45.6

800m	<b>800m W60+</b>	<b>RDA</b>	<b>Team</b>	<b>(NN:NN.n)</b>	<b>Pts</b>
1	Pam Ackland-Snow	62	Loughton AC	04:52.1	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

Rec	AG %
-	51.9

2000m	<b>2000m W35-49</b>	<b>RDA</b>	<b>Team</b>	<b>(NN:NN.n)</b>	<b>Pts</b>
1	Claire Cornwell	35	Southend AC	07:07.9	6
2	Wendy King	43	Chelmsford AC	07:17.2	5
3	Kate Carter	38	Fleet Street Runners	07:29.9	4
4	Jodie Farrell	49	Thurrock Harriers/ Pitsea RC	08:05.6	3
5	Mary Knapman	36	Loughton AC	09:52.3	2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
LR	x	x	76.4
LR	x	x	79.9
LR	x	x	74.0
LR	x	x	77.3
LR	x	x	55.5



2000m	2000m W50-59	RDA	Team	(NN:NN.n)	Pts
1	Anne Heeks	55	Loughton AC	08:49.6	6
2	Susan Crompton	52	Southend AC	09:54.8	5
3	Tracy Minton	54	Chelmsford AC	10:05.0	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
LR	x	76.7
LR	x	65.6
LR	x	66.2

2000m	2000m W60+	RDA	Team	(NN:NN.n)	Pts
1	Pam Ackland-Snow	62	Loughton AC	13:12.0	6
2					5
3					4
4					3
5					2
6					1
7					0
8					0

Rec	AG %
LR	56.7

2000mW	2km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Francoise Fernandez	65	Loughton AC	14:13.4	6
2	Natalie Cummins	41	Southend AC	14:27.8	5
3	Tracy Minton	54	Chelmsford AC	14:45.6	4
4	Victoria Peacock	40	Thurrock Harriers/ Pitsea RC	15:02.8	3
5	Kate Carter	38	Fleet Street Runners	15:21.7	2
6					1
7					0
8					0

Rec	Rec	Rec
x	x	-
-	x	x
x	-	x
-	x	x
-	x	x

2000mW	2km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Barbara Higgins	60	Loughton AC	15:40.0	6
2	Carol Morris	48	Chelmsford AC	15:43.0	5
3					4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	Rec
x	x	-
-	x	x

JT	Javelin W35-49 (600gm)	RDA	Team	(NN.nn)	Pts
1	Katherine Merritt	51	Loughton AC	13.09	6
2	Carol Morris	48	Chelmsford AC	12.74	5
3	Sally Newman-Russell	47	Southend AC	10.00	4
4	Kate Carter	38	Fleet Street Runners	8.51	3
5	Toni Noble	44	Thurrock Harriers/ Pitsea RC	5.61	2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
x	-	x	-
-	x	x	23.6
-	x	x	18.0
-	x	x	12.2
-	x	x	9.3

JT	Javelin W50-59 (500gm)	RDA	Team	(NN.nn)	Pts
1	Shirley Quinn	60	Chelmsford AC	16.98	6
2	Susan Crompton	52	Southend AC	16.87	5
3	Pam Ackland-Snow	62	Loughton AC	13.12	4
4	Yvonne Holmes	52	Ipswich Harriers	9.91	3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
x	-	40.6
-	x	33.1
x	-	32.8
-	x	19.4

DT	Discus W35-49 (1Kg)	RDA	Team	(NN.nn)	Pts
1	Katherine Merritt	51	Loughton AC	17.44	6
2	Sally Newman-Russell	47	Southend AC	16.57	5
3	Carol Morris	48	Chelmsford AC	15.59	4
4	Jodie Farrell	49	Thurrock Harriers/ Pitsea RC	15.10	3
5	Kate Carter	38	Fleet Street Runners	14.90	2
6					1
7					0
150	Toni Noble	44	Thurrock Harriers/ Pitsea RC	12.15	NS

Rec	Rec	Rec	AG %
x	-	x	30.2
-	x	x	26.7
-	x	x	25.6
-	x	x	25.2
-	x	x	20.8
-	x	x	18.6

DT	Discus W50-59 (1Kg)	RDA	Team	(NN.nn)	Pts
1	Pam Ackland-Snow	62	Loughton AC	17.02	6
2	Yvonne Holmes	52	Ipswich Harriers	16.30	5
3	Susan Crompton	52	Southend AC	13.52	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
x	-	36.9
-	x	28.7
-	x	23.8



EVAC Track & Field League -		NW Division - Match D		Teams = 6	
Corby		Wed	29/07/2015	Overall	
				Match Scores	
Pos	Men's Teams	Bib	Match D Score	A+B+C+D	Pos
4	Nene Valley Harriers	1	53	259	4
2	Peterborough AC	2	96	384	2
5	Corby AC	3	18	101	5
6	Higham Harriers	4	0	0	6
3	Wellingborough & District AC	5	63	297	3
1	Huntingdonshire AC	6	99	385	1
6	-	7	0	0	6
6	-	8	0	0	6

RDA = Race Day Age

EVAC League Record? (M35-49)	EVAC League Record? (M50-59)	EVAC League Record? (M60+)	Derived from Age Grade Tables of 2015

200m	200m M35-49	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Matthew Dalton	35	Peterborough AC	23.5	6		-	x	x	85.2
2	Atholl Lawson	40	Corby AC	24.2	5		-	x	x	86.0
3	Andrew Stowe	40	Huntingdonshire AC	25.0	4		-	x	x	83.5
4	Keith Lok	40	Wellingborough & District AC	26.8	3		-	x	x	77.8
5					2					
6					1					
7					0					
8					0					

200m	200m M50-59	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	AG %
1	David Whitehead	63	Peterborough AC	27.5	6		x	-	89.1
2	John Donaldson	56	Wellingborough & District AC	28.5	5		-	x	82.1
3	Richard Phelan	53	Huntingdonshire AC	29.1	4		-	x	78.6
4					3				
5					2				
6					1				
7					0				
8					0				

800m	800m M35-49	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Peter Downhill	46	Huntingdonshire AC	02:13.9	6		-	x	x	83.9
2	-	0	Nene Valley Harriers	02:20.1	5		x	x	x	-
3	Steven Hall	44	Peterborough AC	02:23.3	4		-	x	x	77.0
4	Scott Magee	44	Corby AC	02:27.5	3		-	x	x	74.8
5	Alan Griffiths	47	Wellingborough & District AC	02:34.4	2		-	x	x	73.4
6					1					
7					0					
8					0					

800m	800m M50-59	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	AG %
1	Peter Ward	50	Peterborough AC	02:38.7	6		-	x	73.3
2	Derek Darnell	55	Huntingdonshire AC	02:41.2	5		-	x	75.2
3	Steven Adams	59	Wellingborough & District AC	03:02.1	4		-	x	68.8
4	Paul Parkin	51	Nene Valley Harriers	03:03.6	3		-	x	63.9
5					2				
6					1				
7	#N/A	#N/A	#N/A	02:49.4	NS				
8					0				

800m	800m M60+	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	AG %
1	Bruce Grimley	60	Huntingdonshire AC	02:40.4	6		-	78.7
2	Eamonn Dorling	60	Peterborough AC	02:50.6	5		-	74.0
3	Alan Mills	76	Wellingborough & District AC	03:48.6	4		-	66.6
4					3			
5					2			
6					1			
7	#N/A	#N/A	#N/A	03:03.9	NS			
8					0			

2000m	2000m M35-49	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	--	0	Nene Valley Harriers	06:38.9	6		x	x	x	-
2	Steven Hall	44	Peterborough AC	06:46.1	5		LR	x	x	76.1
3	Peter Downhill	46	Huntingdonshire AC	06:51.6	4		LR	x	x	76.2
4	Jon Kemp	44	Wellingborough & District AC	06:53.0	3		LR	x	x	74.8
5					2					
6					1					
7					0					
8					0					

2000m	2000m M50-59	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	AG %
1	John Donaldson	56	Wellingborough & District AC	07:02.5	6		LR	x	80.5
2	Richard Holland	56	Huntingdonshire AC	07:04.9	5		LR	x	80.1
3	Peter Ward	50	Peterborough AC	07:15.1	4		LR	x	74.4
4	Paul Parkin	51	Nene Valley Harriers	08:29.6	3		LR	x	64.1
5					2				
6					1				
7	#N/A	#N/A	#N/A	07:49.4	NS				
8					0				

2000m	2000m M60+	RDA	Team	(NN:NN.n)	Pts
1	Bruce Grimley	60	Huntingdonshire AC	07:26.2	6
2	Eamonn Dorling	60	Peterborough AC	07:42.3	5
3	Mick Smith	67	Wellingborough & District AC	08:13.6	4
4					3
5					2
6					1
7	#N/A	#N/A	#N/A	08:30.1	NS
8					0

Rec	AG %
LR	78.9
LR	76.2
LR	76.0

2000mW	2Km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Bruce Grimley	60	Huntingdonshire AC	11:53.0	6
2	Eamonn Dorling	60	Peterborough AC	12:27.0	5
3	Alan Mills	76	Wellingborough & District AC	12:35.0	4
4	- -	0	Nene Valley Harriers	16:11.0	3
5					2
6					1
7					0
8					0

Rec	Rec	Rec
x	x	-
x	x	-
x	x	-
x	x	x

2000mW	2Km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Peter Brantom	65	Peterborough AC	13:19.0	6
2	Wayne DuBose	60	Huntingdonshire AC	13:40.0	5
3	Alan Griffiths	47	Wellingborough & District AC	15:27.0	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	Rec
x	x	-
x	x	-
-	x	x

JT	Javelin M35-49 (800gm)	RDA	Team	(NN.nn)	Pts
1	Simon Achurch	40	Nene Valley Harriers	45.21	6
2	Nick Breeze	40	Wellingborough & District AC	24.34	5
3	Robert Ellingham	50	Huntingdonshire AC	23.35	4
4	Matthew Dalton	35	Peterborough AC	17.52	3
5					2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	51.8
-	x	x	27.9
x	-	x	-
-	x	x	18.6

JT	Javelin M50-59 (700gm)	RDA	Team	(NN.nn)	Pts
1	Karl Eve	52	Peterborough AC	33.95	6
2	Roger Hudson	53	Nene Valley Harriers	26.97	5
3	Richard Phelan	53	Huntingdonshire AC	21.93	4
4	Peter Knott	57	Corby AC	21.31	3
5	Les Rolfe	57	Wellingborough & District AC	18.51	2
6					1
7					0
8					0

Rec	Rec	AG %
-	x	45.7
-	x	37.0
-	x	30.1
-	x	31.7
-	x	27.5

DT	Discus M35-49 (2Kg)	RDA	Team	(NN.nn)	Pts
1	Simon Achurch	40	Nene Valley Harriers	31.14	6
2	Matthew Dalton	35	Peterborough AC	21.78	5
3	Nick Breeze	40	Wellingborough & District AC	21.53	4
4	Peter Downhill	46	Huntingdonshire AC	14.00	3
5					2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	42.0
-	x	x	29.4
-	x	x	29.1
-	x	x	20.2

DT	Discus M50-59 (1.5Kg)	RDA	Team	(NN.nn)	Pts
1	Robert Ellingham	50	Huntingdonshire AC	33.24	6
2	Karl Eve	52	Peterborough AC	29.23	5
3	Peter Knott	57	Corby AC	28.38	4
4	Les Rolfe	57	Wellingborough & District AC	21.00	3
5	Roger Hudson	53	Nene Valley Harriers	20.47	2
6					1
7					0
8					0

Rec	Rec	AG %
-	x	44.9
-	x	40.9
-	x	44.2
-	x	32.7
-	x	29.2

DT	Discus M60+ (1Kg)	RDA	Team	(NN.nn)	Pts
1	Timothy Needham	62	Nene Valley Harriers	33.27	6
2	Wayne DuBose	60	Huntingdonshire AC	27.32	5
3	Peter Brantom	65	Peterborough AC	13.75	4
4					3
5					2
6					1
7					0
8					0

Rec	AG %
-	52.6
-	41.4
-	23.2



EVAC Track & Field League -		NW Division - Match D		Teams = 6	
Corby		Wed	29/07/2015	Overall Match Scores	
Pos	Women's Teams	Bib	Match D Score	A+B+C+D	Pos
4	Nene Valley Harriers	A	22	158	3
2	Peterborough AC	B	50	267	2
5	Corby AC	C	0	19	5
5	Higham Harriers	D	0	0	6
1	Wellingborough & District AC	E	88	335	1
3	Huntingdonshire AC	F	27	109	4
5	-	G	0	0	6
5	-	H	0	0	6

RDA = Race Day Age

EVAC League Record? (W35-49)	EVAC League Record? (W50-59)	EVAC League Record? (W60+)	Derived from Age Grade Tables of 2015
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200m	200m W35-49	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Stacy McGivern	38	Peterborough AC	29.2	6		-	x	x	75.4
2	Sarah Endicott	43	Nene Valley Harriers	31.5	5		-	x	x	74.6
3	Andrea Linnell	38	Huntingdonshire AC	31.7	4		-	x	x	69.4
4	Natasha Wain	42	Wellingborough & District AC	36.2	3		-	x	x	63.9
5					2					
6					1					
7					0					
8					0					

200m	200m W50-59	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	AG %
1	Judith Jagger	54	Peterborough AC	33.7	6		-	x	78.9
2	Sandra Pedley	50	Huntingdonshire AC	37.0	5		-	x	68.8
3	Felicity Aries	54	Wellingborough & District AC	37.9	4		-	x	70.1
4					3				
5					2				
6					1				
7	Jo Abel	42	Huntingdonshire AC	33.3	NS		x	x	69.6
8	Andrea Page	39	Nene Valley Harriers	35.7	NS		x	x	62.5

800m	800m W35-49	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Sarah Ellwood	40	Wellingborough & District AC	02:57.5	6		-	x	x	65.6
2					5					
3					4					
4					3					
5					2					
6					1					
7	Louise Kemp	37	Wellingborough & District AC	03:05.6	NS		-	x	x	61.1
8					0					

800m	800m W50-59	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	AG %
1	Felicity Aries	54	Wellingborough & District AC	03:38.2	6		-	x	61.3
2					5				
3					4				
4					3				
5					2				
6					1				
7					0				
8					0				

800m	800m W60+	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	AG %
1	Julia Cooke-Simmons	60	Wellingborough & District AC	04:04.8	6		-	59.6
2					5			
3					4			
4					3			
5					2			
6					1			
7					0			
8					0			

2000m	2000m W35-49	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Sarah Ellwood	40	Wellingborough & District AC	07:59.7	6		LR	x	x	70.5
2	-	0	Nene Valley Harriers	08:44.5	5		x	x	x	-
3					4					
4					3					
5					2					
6					1					
7					0					
8					0					







EVAC Track & Field League -		SW Division - Match D		Teams = 6	
Bedford		Wed	29/07/2015		Overall
				Match Scores	
Pos	Men's Teams	Bib	Match D Score	A+B+C+D	Pos
1	Marshall Milton Keynes AC	1	103.5	435.5	1
2	Bedford Harriers	2	75	186	6
5	Biggleswade AC	3	42	212	4
4	Fairlands Valley Spartans	4	46.5	300.5	3
3	Bedford & County AC	5	74	413	2
7	Withdrawn	6	0	0	7
6	Luton AC	7	25	204	5
7	-	8	0	0	7

RDA = Race Day Age

EVAC League Record? (M35-49)	EVAC League Record? (M50-59)	EVAC League Record? (M60+)	Derived from Age Grade Tables of 2015

200m	200m M35-49	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Scott Herbert	41	Marshall Milton Keynes AC	23.9	6		-	x	x	87.8
2	Daniel Bottesch	40	Luton AC	24.7	5		-	x	x	84.3
3	Peter Benedickter	46	Bedford & County AC	25.3	4		-	x	x	86.1
4	Christopher Westcott	42	Fairlands Valley Spartans	26.1	3		-	x	x	81.0
5	Adam Hills	38	Bedford Harriers	29.7	2		-	x	x	72.8
6	Stuart Goodwin	37	Biggleswade AC	32.8	1		-	x	x	62.0
7	Andy Cohen-Wray	38	Bedford & County AC	27.2	NS		-	x	x	75.4
8	Steve Hossent	41	Marshall Milton Keynes AC	27.3	NS		-	x	x	76.9

200m	200m M50-59	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	AG %
1	Tennynson James	57	Bedford & County AC	25.9	6		-	x	90.8
2	John Browne	62	Marshall Milton Keynes AC	26.2	5		x	LR	92.8
3	Gary Butler	50	Bedford Harriers	26.5	4		-	x	84.6
4	David Brown	57	Biggleswade AC	29.2	3		-	x	80.5
5	Bernie Barnaby	57	Fairlands Valley Spartans	31.4	2		-	x	74.9
6					1				
7	Stephen Bass	42	Bedford & County AC	28.2	NS		x	x	75.0
8	Jim Lawrence	58	Marshall Milton Keynes AC	31.2	NS		-	x	75.9

800m	800m M35-49	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Christopher Westcott	42	Fairlands Valley Spartans	02:07.0	6		-	x	x	85.3
2	Mark Dowson	39	Marshall Milton Keynes AC	02:09.8	5		-	x	x	81.2
3	Gary Finch	46	Bedford Harriers	02:21.4	4		-	x	x	79.4
4	Anthony Fitzpatrick	49	Bedford & County AC	02:41.8	3		-	x	x	71.2
5	Stuart Goodwin	37	Biggleswade AC	03:01.2	2		-	x	x	57.0
6					1					
7					0					
8					0					

800m	800m M50-59	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	AG %
1	David Brown	57	Biggleswade AC	02:30.3	6		-	x	82.0
2	Ivars Licietis	59	Marshall Milton Keynes AC	02:33.4	5		-	x	81.6
3	David Frampton	59	Bedford & County AC	02:33.6	4		-	x	81.5
4	Bernie Barnaby	57	Fairlands Valley Spartans	02:34.4	3		-	x	79.8
5	Paul Harris	50	Bedford Harriers	02:35.1	2		-	x	75.0
6					1				
7					0				
8					0				

800m	800m M60+	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	AG %
1	Alasdair Gibson	62	Marshall Milton Keynes AC	02:34.3	6		-	83.1
2	Neil Lovesey	60	Bedford Harriers	02:45.4	5		-	76.3
3					4			
4					3			
5					2			
6					1			
7					0			
8					0			

2000m	2000m M35-49	RDA	Team	(NN:NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Jeremy Vick	37	Marshall Milton Keynes AC	06:25.3	6		LR	x	x	76.1
2	Andrew Palombella	35	Bedford Harriers	06:38.6	5		LR	x	x	72.6
3	Gavin Reynolds	40	Bedford & County AC	06:51.4	4		LR	x	x	72.8
4	Stuart Goodwin	37	Biggleswade AC	09:19.8	3		LR	x	x	52.4
5					2					
6					1					
7					0					
8					0					

2000m	2000m M50-59	RDA	Team	(NN:NN.n)	Pts
1	James McMahon	55	Bedford & County AC	06:27.9	6
2	Kevin Willett	52	Bedford Harriers	06:45.1	5
3	John Harris	53	Fairlands Valley Spartans	07:07.2	4
4	Stewart Fraser	56	Marshall Milton Keynes AC	07:44.0	3
5	Christopher Addams	55	Biggleswade AC	08:10.9	2
6					1
7					0
8					0

Rec	Rec	AG %
LR	x	87.0
LR	x	81.2
LR	x	77.7
LR	x	73.3
LR	x	68.7

2000m	2000m M60+	RDA	Team	(NN:NN.n)	Pts
1	John Skelton	64	Marshall Milton Keynes AC	06:51.7	6
2	Aleksander Swiecicki	67	Bedford & County AC	07:20.0	5
3	Neil Lovesey	60	Bedford Harriers	07:27.4	4
4	John Haynes	60	Biggleswade AC	07:42.3	3
5					2
6					1
7					0
8					0

Rec	AG %
LR	88.6
LR	85.2
LR	78.7
LR	76.2

2000mW	2Km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Robin Wynde	57	Biggleswade AC	12:26.9	6
2	Barry King	48	Fairlands Valley Spartans	12:33.7	5
3	Robert Lands	57	Bedford & County AC	13:02.0	4
4	Carl Baldwin	61	Marshall Milton Keynes AC	13:49.5	3
5	David Holt	59	Bedford Harriers	14:18.2	2
6					1
7					0
8					0

Rec	Rec	Rec
x	-	x
-	x	x
x	-	x
x	x	-
x	-	x

2000mW	2Km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Stewart Fraser	56	Marshall Milton Keynes AC	13:51.1	6
2	Mark Freeman	59	Fairlands Valley Spartans	15:19.9	5
3	David Sutcliffe	82	Bedford Harriers	15:30.4	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	Rec
x	-	x
x	-	x
x	x	-

JT	Javelin M35-49 (800gm)	RDA	Team	(NN.nn)	Pts
1	Gavin Fordham	36	Bedford & County AC	44.16	6
2	Alan Nisbet	46	Marshall Milton Keynes AC	30.00	5
3	Geoff Grinsted	48	Luton AC	22.16	4
4	Paul Harris	50	Bedford Harriers	22.15	3
5	Barry King	48	Fairlands Valley Spartans	20.65	2
6	Stuart Goodwin	37	Biggleswade AC	14.82	1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	47.5
-	x	x	38.1
-	x	x	29.2
x	-	x	-
-	x	x	27.2
-	x	x	16.2

JT	Javelin M50-59 (700gm)	RDA	Team	(NN.nn)	Pts
1	David Burrell	51	Luton AC	33.05	6
2	David Goldsworthy	56	Marshall Milton Keynes AC	32.35	5
3	Steve Gaunt	56	Bedford Harriers	22.37	4
4	Jim Burke	59	Bedford & County AC	19.18	3
5	Bernie Barnaby	57	Fairlands Valley Spartans	15.98	2
6					1
7	Mark Featherstone	50	Marshall Milton Keynes AC	37.39	NS
8					0

Rec	Rec	AG %
-	x	43.7
-	x	47.1
-	x	32.6
-	x	29.7
-	x	23.8
-	x	48.6

DT	Discus M35-49 (2Kg)	RDA	Team	(NN.nn)	Pts
1	Gavin Fordham	36	Bedford & County AC	34.86	6
2	Alan Nisbet	46	Marshall Milton Keynes AC	30.30	5
3	Geoff Grinsted	48	Luton AC	25.97	4
4	Barry King	48	Fairlands Valley Spartans	16.85	3
5	Paul Harris	50	Bedford Harriers	16.61	2
6	Stuart Goodwin	37	Biggleswade AC	12.29	1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	47.1
-	x	x	43.8
-	x	x	39.0
-	x	x	25.3
x	-	x	-
-	x	x	16.6

DT	Discus M50-59 (1.5Kg)	RDA	Team	(NN.nn)	Pts
1	David Burrell	51	Luton AC	39.12	6
2	John Turner	59	Marshall Milton Keynes AC	30.75	5
3	Jim Burke	59	Bedford & County AC	26.44	4
4	Steve Gaunt	56	Bedford Harriers	18.41	3
5	Bernie Barnaby	57	Fairlands Valley Spartans	15.84	2
6					1
7	Mark Featherstone	50	Marshall Milton Keynes AC	33.71	NS
8					0

Rec	Rec	AG %
-	x	53.8
-	x	50.5
-	x	43.5
-	x	28.0
-	x	24.7
-	x	45.5

DT	Discus M60+ (1Kg)	RDA	Team	(NN.nn)	Pts
1	Bunt Scott	64	Marshall Milton Keynes AC	35.47	6
2	Graeme Packman	60	Bedford & County AC	33.20	5
3	John Haynes	60	Biggleswade AC	21.18	4
4	George Baxter	61	Bedford Harriers	20.47	3
5					2
6					1
7	Carl Baldwin	61	Marshall Milton Keynes AC	24.16	NS
8					0

Rec	AG %
-	58.6
-	50.3
-	32.1
-	31.7
-	37.4

HJ	High Jump M35-49	RDA	Team	(N.nn)	Pts
1	Gavin Fordham	36	Bedford & County AC	1.55	6
2	Mark Featherstone	50	Marshall Milton Keynes AC	1.40	5
3	Christopher Westcott	42	Fairlands Valley Spartans	1.35	4
4	David Roberts	48	Bedford Harriers	1.10	3
5	Stuart Goodwin	37	Biggleswade AC	1.10	2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	67.3
x	-	x	70.0
-	x	x	62.1
-	x	x	53.8
-	x	x	48.2

HJ	High Jump M50-59	RDA	Team	(N.nn)	Pts
1=	David Goldsworthy	56	Marshall Milton Keynes AC	1.25	5.5
1=	John Harris	53	Fairlands Valley Spartans	1.25	5.5
3	Nicholas Beardow	55	Bedford Harriers	1.20	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
-	x	66.8
-	x	64.6
-	x	63.4

HJ	High Jump M60+	RDA	Team	(N.nn)	Pts
1	Neil Lovesey	60	Bedford Harriers	1.30	6
2	Carl Baldwin	61	Marshall Milton Keynes AC	1.20	5
3	Clark Skerratt	64	Biggleswade AC	1.00	4
4					3
5					2
6					1
7					0
8					0

Rec	AG %
LR=	72.8
-	68.1
-	58.9

MedR	Relay 4x2 M35-49	RDA	Team	(N:NN.n)	Pts
1			Marshall Milton Keynes AC	01:46.3	6
2			Bedford & County AC	01:49.7	5
3			Bedford Harriers	02:02.1	4
4					3
5					2
6					1
7					0
8					0

Rec
LR
-
-

MedR	Relay 4x2 M50+	RDA	Team	(N:NN.n)	Pts
1			Bedford Harriers	02:00.4	6
2			Marshall Milton Keynes AC	02:00.9	5
3			Biggleswade AC	02:14.5	4
4			Bedford & County AC	02:22.7	3
5					2
6					1
7					0
8					0

Rec
LR
LR=
-
-

EVAC Track & Field League -		SW Division - Match D		Teams = 6	
Bedford		Wed	29/07/2015		Overall Match Scores
Pos	Women's Teams	Bib	Match D Score	A+B+C+D	Pos
1	Marshall Milton Keynes AC	A	98	430	2
3	Bedford Harriers	B	56	131	5
6	Biggleswade AC	C	13	96	6
4	Bedford & County AC	E	39	190	4
7	Withdrawn	F	0	0	7
5	Luton AC	G	20	218	3
7	-	H	0	0	7

RDA = Race Day Age

EVAC League Record? (W35)	EVAC League Record? (W50)	EVAC League Record? (W60)	Derived from Age Grade Tables of 2015

200m	200m W35-49	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	Rec	AG %
1	Joanna Winfield	41	Luton AC	30.3	6		-	x	x	75.5
2	Emma Coombes	37	Bedford & County AC	30.9	5		-	x	x	70.4
3	Chrispina Odunewu	40	Marshall Milton Keynes AC	31.3	4		-	x	x	72.3
4	Sarah Relton	46	Bedford Harriers	35.8	3		-	x	x	67.9
5	Trudie Molloy	43	Fairlands Valley Spartans	36.5	2		-	x	x	64.2
6					1					
7	Stephanie Johnston	41	Marshall Milton Keynes AC	32.1	NS		-	x	x	71.3
8					0					

200m	200m W50-59	RDA	Team	(NN.n)	Pts	Wind	Rec	Rec	AG %
1	Sally Stagles	54	Bedford & County AC	31.8	6		-	x	83.6
2	Janice Hardcastle	55	Marshall Milton Keynes AC	33.0	5		-	x	81.5
3	Tessa Stephenson	54	Fairlands Valley Spartans	33.2	4		-	x	80.1
4	Carol Alker	60	Luton AC	33.3	3		x	-	85.0
5	Nora Haggard	58	Bedford Harriers	38.4	2		-	x	72.2
6					1				
7					0				
8					0				

800m	800m W35-49	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	Rec	AG %
1	Corinne Nurse	37	Marshall Milton Keynes AC	02:28.2	6	-	x	x	76.5
2	Joanna Winfield	41	Luton AC	02:35.3	5	-	x	x	75.7
3	Sally Cartwright	48	Bedford Harriers	02:52.3	4	-	x	x	72.5
4	Zoe Luscombe	40	Biggleswade AC	03:00.6	3	-	x	x	64.5
5	Peta Wilson	46	Fairlands Valley Spartans	03:20.9	2	-	x	x	61.1
6					1				
7					0				
8					0				

800m	800m W50-59	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	AG %
1	Gill Fullen	50	Bedford Harriers	02:38.7	6	-	x	80.0
2	Lindsay Lister	50	Biggleswade AC	02:40.5	5	-	x	79.1
3	Julia Austin	51	Bedford & County AC	02:48.9	4	-	x	76.2
4	Diane Baldwin	58	Marshall Milton Keynes AC	03:11.0	3	-	x	74.1
5	Tessa Stephenson	54	Fairlands Valley Spartans	03:29.2	2	-	x	63.9
6					1			
7					0			
8					0			

800m	800m W60+	RDA	Team	(NN:NN.n)	Pts	Rec	AG %
1	Iris Hornsey	73	Fairlands Valley Spartans	03:50.0	6	-	83.4
2	Fi Han Bromilow	61	Marshall Milton Keynes AC	03:57.5	5	-	62.6
3					4		
4					3		
5					2		
6					1		
7					0		
8					0		

2000m	2000m W35-49	RDA	Team	(NN:NN.n)	Pts	Rec	Rec	Rec	AG %
1	Kirstie Meeten	39	Bedford Harriers	07:21.1	6	LR	x	x	76.0
2	Andrea Westcott	44	Fairlands Valley Spartans	09:35.7	5	LR	x	x	61.4
3	Stephanie Johnston	41	Marshall Milton Keynes AC	10:11.0	4	LR	x	x	55.9
4					3				
5					2				
6					1				
7					0				
8					0				

2000m	2000m W50-59	RDA	Team	(NN:NN.n)	Pts
1	Gill Fullen	50	Bedford Harriers	07:06.5	6
2	Diane Baldwin	58	Marshall Milton Keynes AC	08:13.1	5
3	Julie Simmons	58	Fairlands Valley Spartans	08:27.2	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	AG %
LR	x	89.2
LR	x	85.9
LR	x	83.5

2000m	2000m W60+	RDA	Team	(NN:NN.n)	Pts
1	Catherine Craig	62	Fairlands Valley Spartans	10:14.7	6
2	Fi Han Bromilow	61	Marshall Milton Keynes AC	10:30.7	5
3					4
4					3
5					2
6					1
7					0
8					0

Rec	AG %
LR	73.0
LR	70.1

2000mW	2km Walk 'A'	RDA	Team	(NN:NN.n)	Pts
1	Helen Middleton	52	Bedford & County AC	11:32.0	6
2	Diane Baldwin	58	Marshall Milton Keynes AC	11:57.9	5
3	Sally Cartwright	48	Bedford Harriers	12:07.7	4
4	Julie Simmons	58	Fairlands Valley Spartans	12:53.0	3
5					2
6					1
7					0
8					0

Rec	Rec	Rec
x	-	x
x	-	x
-	x	x
x	-	x

2000mW	2km Walk 'B'	RDA	Team	(NN:NN.n)	Pts
1	Sharon Crowley	56	Fairlands Valley Spartans	14:08.2	6
2	Lesley Byrne	52	Marshall Milton Keynes AC	14:08.5	5
3	Kirstie Meeten	39	Bedford Harriers	14:41.2	4
4					3
5					2
6					1
7					0
8					0

Rec	Rec	Rec
x	-	x
x	-	x
-	x	x

JT	Javelin W35-49 (600gm)	RDA	Team	(NN.nn)	Pts
1	Emma Beales	43	Marshall Milton Keynes AC	24.54	6
2	Jemma Eastwood	36	Bedford & County AC	20.25	5
3	Trudie Molloy	43	Fairlands Valley Spartans	10.29	4
4	Sally Cartwright	48	Bedford Harriers	9.58	3
5					2
6	Chrispina Odunewu	40	Marshall Milton Keynes AC	18.08	NS
7	Andrea Westcott	44	Fairlands Valley Spartans	11.19	NS
8					0

Rec	Rec	Rec	AG %
-	x	x	39.6
-	x	x	27.7
-	x	x	16.6
-	x	x	17.8
-	x	x	27.1
-	x	x	18.6

JT	Javelin W50-59 (500gm)	RDA	Team	(NN.nn)	Pts
1	Lesley Byrne	52	Marshall Milton Keynes AC	16.05	6
2	Monica Brown	50	Fairlands Valley Spartans	15.44	5
3	Angie Kay	55	Bedford Harriers	11.30	4
4	Brenda Russell	57	Bedford & County AC	10.60	3
5	Julia Mackay	51	Biggleswade AC	10.32	2
6					1
7					0
8					0

Rec	Rec	AG %
-	x	31.5
-	x	28.9
-	x	23.9
-	x	23.7
-	x	19.8

DT	Discus W35-49 (1Kg)	RDA	Team	(NN.nn)	Pts
1	Emma Beales	43	Marshall Milton Keynes AC	38.90	6
2	Jemma Eastwood	36	Bedford & County AC	29.66	5
3	Stephanie Mayfield	41	Fairlands Valley Spartans	12.37	4
4	Anna Folland	45	Bedford Harriers	11.85	3
5					2
6					1
7					0
8					0

Rec	Rec	Rec	AG %
-	x	x	58.8
-	x	x	40.3
-	x	x	18.1
-	x	x	18.5



Pos	NE Div Men's Teams	Bib	D	A+B+C+D
1	Ryston Runners AC	1	89	365
2	Cambridge & Coleridge AC	3	75	313
3	West Norfolk AC	2	0	166
4	W Suffolk AC / St Ed. Pacers	4	0	0
4	Waveney Valley AC	6	0	0

Pos	NE Div Women's Teams	Bib	D	A+B+C+D
1	Ryston Runners AC	A	98	397
2	Cambridge & Coleridge AC	C	26	192
3	West Norfolk AC	B	0	55
4	W Suffolk AC / St Ed. Pacers	D	0	49
5	Waveney Valley AC	F	0	0

Pos	SE Div Men's Teams	Bib	D	A+B+C+D
1	Southend AC	2	90	417
2	Thurrock Harriers/ Pitsea RC	1	86.5	364.5
3	Chelmsford AC	3	83.5	353.5
4	Loughton AC	5	60	220
5	Fleet Street Runners	4	41	185
6	Ipswich Harriers	6	15	82

Pos	SE Div Women's Teams	Bib	D	A+B+C+D
1	Loughton AC	E	100.5	389
2	Chelmsford AC	C	83.5	371
3	Southend AC	B	60	328
4	Ipswich Harriers	F	14	67
5	Fleet Street Runners	D	18	62
6	Thurrock Harriers/ Pitsea RC	A	20	57

Pos	NW Div Men's Teams	Bib	D	A+B+C+D
1	Huntingdonshire AC	6	99	385
2	Peterborough AC	2	96	384
3	Wellingborough & District AC	5	63	297
4	Nene Valley Harriers	1	53	259
5	Corby AC	3	18	101
6	Higham Harriers	4	0	0

Pos	NW Div Women's Teams	Bib	D	A+B+C+D
1	Wellingborough & District AC	E	88	335
2	Peterborough AC	B	50	267
3	Nene Valley Harriers	A	22	158
4	Huntingdonshire AC	F	27	109
5	Corby AC	C	0	19
6	Higham Harriers	D	0	0

Pos	SW Div Men's Teams	Bib	D	A+B+C+D
1	Marshall Milton Keynes AC	1	103.5	435.5
2	Bedford & County AC	5	74	413
3	Fairlands Valley Spartans	4	46.5	300.5
4	Biggleswade AC	3	42	212
5	Luton AC	7	25	204
6	Bedford Harriers	2	75	186

Pos	Women's Teams	Bib	D	A+B+C+D
1	Fairlands Valley Spartans	D	87	440
2	Marshall Milton Keynes AC	A	98	430
3	Luton AC	G	20	218
4	Bedford & County AC	E	39	190
5	Bedford Harriers	B	56	131
6	Biggleswade AC	C	13	96