

BMAF Indoor Championships - Lea Valley - Sat/Sun 12th/13th March 2016

EVAC Results

Position	Bib	Name		RD Age	Primary Area Club	Finals	Q/q	Heat
W45 60 Metre								
Finals								
4	464	Dawn	Jones	W46	EVAC	8.95		1
W55 60 Metre								
Finals								
7	515	Gaye	Clarke	W55	EVAC	9.74		
W60 60 Metre								
Finals								
3	540	Carol	Alker	W61	EVAC	9.84		
W65 60 Metre								
Finals								
3	564	Emily	McMahon	W65	EVAC	9.90		
M35 60 Metre								
Preliminaries								
9	42	Daniel	Yellop	M35	EVAC	7.59		2
10	11	Matthew	Dalton	M35	EVAC	7.64		1
M40 60 Metre								
Finals								
3	52	Mark	Collins	M42	EVAC	7.31		
M45 60 Metre								
Preliminaries								
4	134	Julian	Smith	M46	EVAC	7.57	q	1
8	98	Paul	Canning	M49	EVAC	8.04		2
M45 60 Metre								
Finals								
4	134	Julian	Smith	M46	EVAC	7.65		
M50 60 Metre								
Preliminaries								
15	196	David	Stephenson	M53	EVAC	8.70		3
18	175	David	Lane	M51	EVAC	8.96		2
M55 60 Metre								
Preliminaries								
1	220	Kevin	Burgess	M59	EVAC	7.91	Q	2
M55 60 Metre								
Finals								
1	220	Kevin	Burgess	M59	EVAC	7.85		
W55 200 Metre								
Finals								
5	536	Denise	Timmis	W55	EVAC	32.30		2

W60 200 Metre								
Finals								
3	540	Carol	Alker	W61	EVAC	32.71		

W80 200 Metre								
Finals								
1	579	Anne	Martin	W80	EVAC	46.15		

M35 200 Metre								
Finals								
5	7	David	Brown	M38	EVAC	23.81		2
9	24	Stuart	Leek	M38	EVAC	28.99		1

M45 200 Metre								
Preliminaries								
2	134	Julian	Smith	M46	EVAC	24.97	Q	3
9	98	Paul	Canning	M49	EVAC	25.92		1
11	104	Clive	Farrow	M45	EVAC	26.05		3

M45 200 Metre								
Finals								
2	134	Julian	Smith	M46	EVAC	24.78		

M50 200 Metre								
Preliminaries								
9	184	Keith	Palmer	M51	EVAC	28.12		2
12	175	David	Lane	M51	EVAC	30.38		1

M55 200 Metre								
Preliminaries								
2	244	Tennyson	James	M58	EVAC	26.85	Q	1
4	220	Kevin	Burgess	M59	EVAC	26.97	Q	1
---	217	Malcolm	Bramhall	M57	EVAC	DNF		1

M55 200 Metre								
Finals								
2	244	Tennyson	James	M58	EVAC	26.45		
3	220	Kevin	Burgess	M59	EVAC	26.61		

W35 400 Metre								
Finals								
3	425	Stacy	McGivern	W39	EVAC	62.47		
4	419	Nicola	Evans	W38	EVAC	68.61		

W45 400 Metre								
Finals								
4	464	Dawn	Jones	W46	EVAC	67.62		

W50 400 Metre								
Finals								
4	486	Christine	Feely	W53	EVAC	77.42		

W55 400 Metre								
Finals								
1	525	Joan	Lasenby	W55	EVAC	74.49		

W80 400 Metre								
Finals								
1	579	Anne	Martin	W80	EVAC	1:48.97		

M35 400 Metre								
Finals								
4	42	Daniel	Yellop	M35	EVAC	54.26		2
7	17	Brian	Hawkins	M36	EVAC	60.21		1

M45 400 Metre								
Finals								
7	104	Clive	Farrow	M45	EVAC	58.67		1

M50 400 Metre								
Preliminaries								
12	196	David	Stephenson	M53	EVAC	65.40		1

W50 800 Metre Run								
Finals								
2	491	Lindsay	Lister	W51	EVAC	2:40.90		

W55 800 Metre Run								
Finals								
1	525	Joan	Lasenby	W55	EVAC	2:45.17		

W70 800 Metre Run								
Finals								
2	572	Iris	Hornsey	W73	EVAC	3:42.44		

W75 800 Metre Run								
Finals								
2	578	Betty	Stracey	W76	EVAC	4:06.50		

W80 800 Metre Run								
Finals								
1	579	Anne	Martin	W80	EVAC	4:15.26		

M50 800 Metre Run								
Finals								
4	191	Tony	Roberts	M50	EVAC	2:15.85		
5	179	Kevin	McAlinden	M51	EVAC	2:16.24		
7	591	Michael	Scott	M51	EVAC	2:17.37		

M55 800 Metre Run								
Finals								
3	253	Jonathan	Metcalfe	M56	EVAC	2:19.63		2
7	227	John	Donaldson	M57	EVAC	2:23.73		2
8	218	Geoffrey	Brewster	M57	EVAC	2:26.02		1

M65 800 Metre Run								
Finals								
4	318	Peter	Duhig	M66	EVAC	2:54.09		

W50 1500 Metre Run								
Finals								
3	478	Christine	Anthony	W53	EVAC	5:11.47		

M35 1500 Metre Run								
Finals								
---	25	Joe	McGrath	M36	EVAC	DNF		

M40 1500 Metre Run								
Finals								
2	77	Nick	Shasha	M41	EVAC	4:21.83		

M55 1500 Metre Run								
Finals								
4	216	David	Bowker	M57	EVAC	5:05.08		

M65 1500 Metre Run								
Finals								
4	318	Peter	Duhig	M66	EVAC	6:11.33		

W70 1500 Metre Run								
Finals								
5	572	Iris	Hornsey	W73	EVAC	7:33.52		

W75 1500 Metre Run								
Finals								
3	578	Betty	Stracey	W76	EVAC	8:14.41		

W80 1500 Metre Run								
Finals								
1	579	Anne	Martin	W80	EVAC	8:27.25		

W45 60 Metre Hurdles								
Finals								
2	464	Dawn	Jones	W46	EVAC	10.90		

W65 60 Metre Hurdles								
Finals								
1	564	Emily	McMahon	W65	EVAC	11.46		

M35 60 Metre Hurdles								
Finals								
3	27	Clint	Nicholls	M37	EVAC	8.97		
5	11	Matthew	Dalton	M35	EVAC	9.38		

M40 60 Metre Hurdles								
Finals								
2	46	Stephen	Bass	M43	EVAC	10.87		

M55 60 Metre Hurdles								
Finals								
1	251	John	Mayor	M57	EVAC	9.40		

W55 High Jump								
Finals								
2	515	Gaye	Clarke	W55	EVAC	1.27m		

M35 High Jump								
Finals								
1	27	Clint	Nicholls	M37	EVAC	1.75m		
2	12	James	Danobrega	M39	EVAC	1.55m		

M50 High Jump								
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Finals								
2	185	Richard	Phelan	M54	EVAC	1.50m		

M55 High Jump								
Finals								
2	251	John	Mayor	M57	EVAC	1.50m		
3	217	Malcolm	Bramhall	M57	EVAC	1.40m		

M35 Pole Vault								
Finals								
2	16	Gavin	Fordham	M37	EVAC	4.00m		1
3	25	Joe	McGrath	M36	EVAC	3.00m		2

M50 Pole Vault								
Finals								
3	185	Richard	Phelan	M54	EVAC	3.10m		2

W35 Pole Vault								
Finals								
1	417	Jemma	Eastwood	W37	EVAC	3.10m		
3	428	Tina	Quinlivan	W38	EVAC	2.80m		

W55 Long Jump								
Finals								
3	536	Denise	Timmis	W55	EVAC	3.97m		
4	515	Gaye	Clarke	W55	EVAC	3.87m		
6	519	Janice	Hardcastle	W56	EVAC	3.61m		
8	534	Tessa	Stephenson	W55	EVAC	3.34m		

M35 Long Jump								
Finals								
2	27	Clint	Nicholls	M37	EVAC	5.82m		

M40 Long Jump								
Finals								
3	46	Stephen	Bass	M43	EVAC	4.65m		

M45 Long Jump								
Finals								
6	133	Gary	Smith	M45	EVAC	5.23m		

M50 Long Jump								
Finals								
4	184	Keith	Palmer	M51	EVAC	4.77m		
5	175	David	Lane	M51	EVAC	4.53m		

M55 Long Jump								
Finals								
2	251	John	Mayor	M57	EVAC	5.07m		

M60 Long Jump								
Finals								
2	302	Paul	Oakes	M62	EVAC	4.45m		

W55 Triple Jump								
Finals								
3	519	Janice	Hardcastle	W56	EVAC	7.78m		

M50 Triple Jump								
Finals								
4	185	Richard	Phelan	M54	EVAC	10.24m		
5	175	David	Lane	M51	EVAC	9.28m		

W55 Shot Put								
Finals								
4	534	Tessa	Stephenson	W55	EVAC	8.36m		
7	516	Wendy	Dunsford	W55	EVAC	7.35m		
9	530	Brenda	Russell	W57	EVAC	6.24m		

W60 Shot Put								
Finals								
4	553	Stephanie	Stamp	W63	EVAC	6.43m		

M35 Shot Put								
Finals								
1	39	Stuart	Thurgood	M39	EVAC	11.24m		
2	16	Gavin	Fordham	M37	EVAC	11.03m		
4	12	James	Danobrega	M39	EVAC	9.77m		
5	27	Clint	Nicholls	M37	EVAC	9.44m		

M40 Shot Put								
Finals								
3	44	Simon	Achurch	M41	EVAC	11.57m		

M50 Shot Put								
Finals								
1	208	Stephen	Whyte	M51	EVAC	14.50m		
4	153	David	Burrell	M51	EVAC	12.62m		
7	159	James	Gillespie	M53	EVAC	9.08m		

M60 Shot Put								
Finals								
2	302	Paul	Oakes	M62	EVAC	11.26m		
3	304	Graeme	Packman	M61	EVAC	10.06m		
4	287	Jim	Burke	M60	EVAC	9.12m		

M65 Shot Put								
Finals								
2	341	Geoff	Tyler	M67	EVAC	11.96m		

M80 Shot Put								
Finals								
1	397	Ian	Miller	M81	EVAC	9.34m		

W40 Discus Throw								
Finals								
1	443	Andrea	Jenkins	W40	EVAC	36.33m		

W50 Discus Throw								
Finals								
3	488	Oriana	Johnson	W54	EVAC	17.11m		

W55 Discus Throw								
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Finals							
3	516	Wendy	Dunsford	W55	EVAC	20.70m	

M50 Discus Throw							
Finals							
2	153	David	Burrell	M51	EVAC	39.06m	
5	159	James	Gillespie	M53	EVAC	26.87m	

M60 Discus Throw							
Finals							
2	304	Graeme	Packman	M61	EVAC	34.95m	
3	302	Paul	Oakes	M62	EVAC	33.49m	
4	300	Timothy	Needham	M63	EVAC	32.38m	
5	287	Jim	Burke	M60	EVAC	30.40m	

M65 Discus Throw							
Finals							
3	341	Geoff	Tyler	M67	EVAC	38.59m	

W40 Hammer Throw							
Finals							
1	443	Andrea	Jenkins	W40	EVAC	46.62m	

W55 Hammer Throw							
Finals							
2	516	Wendy	Dunsford	W55	EVAC	29.02m	
6	530	Brenda	Russell	W57	EVAC	25.69m	

W60 Hammer Throw							
Finals							
3	553	Stephanie	Stamp	W63	EVAC	19.54m	

W80 Hammer Throw							
Finals							
1	579	Anne	Martin	W80	EVAC	23.21m	

M35 Hammer Throw							
Finals							
1	39	Stuart	Thurgood	M39	EVAC	52.21m	

M40 Hammer Throw							
Finals							
1	44	Simon	Achurch	M41	EVAC	41.09m	

M50 Hammer Throw							
Finals							
1	208	Stephen	Whyte	M51	EVAC	57.89m	
3	153	David	Burrell	M51	EVAC	44.04m	

M60 Hammer Throw							
Finals							
1	290	Malcolm	Fenton	M60	EVAC	50.77m	
4	302	Paul	Oakes	M62	EVAC	35.39m	
5	287	Jim	Burke	M60	EVAC	31.48m	
6	300	Timothy	Needham	M63	EVAC	27.93m	

M75 Hammer Throw								
Finals								
1	386	Jack	Kee	M76	EVAC	35.17m		

M35 Javelin Throw								
Finals								
4	24	Stuart	Leek	M38	EVAC	28.00m		

M50 Javelin Throw								
Finals								
2	153	David	Burrell	M51	EVAC	38.94m		

M60 Javelin Throw								
Finals								
2	302	Paul	Oakes	M62	EVAC	33.94m		
3	287	Jim	Burke	M60	EVAC	19.91m		

W55 Weight Throw								
Finals								
4	516	Wendy	Dunsford	W55	EVAC	9.06m		
5	530	Brenda	Russell	W57	EVAC	8.79m		

W80 Weight Throw								
Finals								
1	579	Anne	Martin	W80	EVAC	8.57m		

M35 Weight Throw								
Finals								
1	39	Stuart	Thurgood	M39	EVAC	15.30m		

M40 Weight Throw								
Finals								
1	44	Simon	Achurch	M41	EVAC	11.32m		

M50 Weight Throw								
Finals								
1	208	Stephen	Whyte	M51	EVAC	21.20m		
3	153	David	Burrell	M51	EVAC	15.25m		
7	159	James	Gillespie	M53	EVAC	9.33m		

M55 Weight Throw								
Finals								
1	231	Robert	Earle	M55	EVAC	18.78m		

M60 Weight Throw								
Finals								
1	290	Malcolm	Fenton	M60	EVAC	17.57m		
4	302	Paul	Oakes	M62	EVAC	12.56m		
5	287	Jim	Burke	M60	EVAC	11.87m		

M75 Weight Throw								
Finals								
1	386	Jack	Kee	M76	EVAC	13.81m		

M80 Weight Throw								
Finals								
1	397	Ian	Miller	M81	EVAC	12.92m		

W40 Weight Throw								
Finals								
1	443	Andrea	Jenkins	W40	EVAC	14.17m		

W60 3000 Metre Race Walk								
Finals								
2	542	Catherine	Duhig	W61	EVAC	18:14.83		