



England Athletics Masters Association

1 Buckingham Road, Lytham St. Annes, Lancashire FY8 4EU
Tele. 07811550315 Email alex.rowe@talktalk.net

Dear Masters Athlete,

Thank you for expressing an interest in being considered for selection for the England Masters cross country team in connection with the International to be held at Tollcross Park, Glasgow on Saturday 12th November 2016. Teams will be selected by a panel of selectors representing the various regions of England. Selectors will take into consideration performances at 5k and 10k. BMAF championship events will also be considered but I must stress that these are not selection events as such. They will help in terms of identifying performances by athletes in the same age groups going head to head.

I would therefore urge you to ensure that you include all relevant 5k and 10k results posted this year in your application form together with any relevant BMAF championship results.

If selected you must be prepared to pay your own travel and accommodation expenses, as there is no financial assistance available from EAMA. Some area Masters clubs may offer a contribution towards expenses. Your England vest will be supplied. You will however need to supply other items of running kit (including red shorts).

Athletes will be notified about the outcome of their application within a few days of the selection meeting in early October.

It is important that all athletes wishing to be selected are paid up members of their respective Masters/Veteran area club or association. Applications must be made on the official form which must be fully completed and sent to the relevant area club/association representative named below by Saturday 24th September at the latest. Applications received after this date will not be considered. Please ensure you supply a reply paid envelope with the correct postage.

Good luck with your application and with your training and racing during the coming months.

Yours sincerely,

Alex Rowe

EAMA Cross Country Secretary.

Please send your completed application form to your area representative named below:

Club/Association:	Area Representative:	Address:
EMAC	Maurice Hemingway	5 Rectory Leys, Offord Darcy, Cambridgeshire PE19 5SQ
MMAC	Mick Smedley	12A Bagshaw Street, Crewton, Derby DE24 8TX
VAC	Mike Mann	90 Crescent lane, London, SW4 9PL
NMAC	Sue Beconsall	Coiners House, 12 Coiners Road, Mytholmroyd, West Yorkshire HX7 5BS
NEMAA	Kim Matthews	7 Spencers View, Stella Riverside, Blaydon on Tyne NE21 4FT
SWVAC	Zina Marchant	9 Wayside Close, Kington Langley, Chippenham, Wiltshire SN15 5NY
ISLE OF MAN	Lesley Christian	1 Chester Mews, The Paddocks, Ballasalla, I.O.M. IM9 2DH
SCVAC	Ann Bath	61 St Mary's Road, Long Ditton, Surbiton, Surrey KT6 5HB
Team Managers	David & Ruth Lesley	19 Glenbervie Drive, Leigh-on Sea, Essex SS9 3JU



ENGLAND ATHLETICS
WORKING IN PARTNERSHIP

British & Irish Masters Cross Country International

I wish to be considered for an England place in the age category team (indicated below) for the above event to be held at **Tollcross Park, Glasgow on Saturday 12th November 2016.**

Full Name

Address

.....

.....

..... **Post Code**

Tele. Home **Work**

Email Address (print clearly)

Date of Birth

Team Age Category **Women** 35 /40 /45/ 50 / 55 / 60 / 65 / 70+

Men 35 /40 / 45 / 50 / 55 /60 / 65 / 70 / 75+

BMAF Club **Registration Number**

UKA Club

England Athletics Registration Number

Vest Size (Men) (S/M/L/XL)

Vest Size (Women) (8/10/12/14)

I declare that the information I have supplied is correct and that I am a fully paid up member of an English Masters/Veteran Club or a Masters/Veteran Club in the country which I reside in and that I am eligible to run for England.

I agree that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my participation in this event.

Signed **Date**.....



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FULL NAME.....GENDER/AGE

Date	Event	Distance	Time	Position	Road XC Track

Please return the form, with a S.A.E, (9 x6.5 inches) and the CORRECT POSTAGE, to your Masters/Veteran Club Representative by Saturday 24th September.
Failure to return your form by the deadline date may result in you not being considered for selection.
Please ensure correct postage as representatives will not collect from a Post Office and pay a surcharge if incorrectly stamped.

