

EMAC Road Running Championship 2016 - Emerging Results

Sname	Fname	Club	AG	Half	10k	10m	5m	Half %	10k %	10m%	5m%	Agg %
Belsom	Robin	Ipswich Jaffa	M55			01:09:05				75.1		75.1
Bensley	Nicholas	Ryston Runners AC	M45			00:59:54				79.4		79.4
Brooks	Paul	Luton AC	M50	01:58:36				56.0				56.0
Casbard	Eve	Bushfield Joggers	F40	01:40:09				68.0				68.0
Coombes	Simon	Leighton Buzzard AC	M40		00:36:40				77.7			77.7
Corleys	Brian	Bushfield Joggers	M40			00:56:13				81.9		81.9
Doherty	Dan	Higham Harriers	M35	01:18:26				76.5				76.5
Dorling	Eamonn	Thorney AC	M60			01:13:43				73.7		73.7
Fallaize	Heather	Vale of Aylesbury AC	F55	02:06:09				64.7				64.7
Farrer	Ty	Hunts AC	M40			00:57:18				81.0		81.0
Gill	David	Warrington AC	M55		00:42:19				76.3			76.3
Gray	Neil	Higham Harries	M40			01:07:39				67.0		67.0
Grimley	Bruce	Hunts AC	M60	01:32:55				77.4				77.4
Haining	William	Harwich Runners	M60	01:33:30				76.4				76.4
Harris	Peter	Ely Road Runners	M65			01:14:26				76.6		76.6
Hemingway	Maurice	Riverside Runners	M60	01:32:29		1:11:01		77.7		76.5		154.2
Herring	Steve	Marshall Milton Keynes	M45	01:17:36				82.2				82.2
Hough	Patrick	Stropsley Striders	M75		01:14:43				55.9			55.9
Lane	David	Ryston Runners AC	M50			01:25:19				58.2		58.2
Lathwell	Christine	Stropsley Striders	F40		00:42:31				73.3			73.3
Malpeli	Nick	North Herts RR	M50			01:00:58				80.7		80.7
Manning	Carl	Ryston Runners AC	M55			01:10:04				74.0		74.0
Manning	Jan	Ryston Runners AC	F35			01:12:04				69.6		69.6
Marshall	Linda	Ryston Runners AC	F50			01:18:45				71.1		71.1
Martin	Phil	Bushfield Joggers	M35		00:37:17				72.5			72.5
Mason	Matthew	Ely Road Runners	M45			01:17:01				62.3		62.3
McCullough	Ron	Ipswich Jaffa	M70			01:08:59				87.1		87.1
Mclellan	Keith	Luton AC	M55		0:45:06				72.3			72.3
Meah	Gerald	Luton AC	M55		00:47:40				67.8			67.8
Milnes	Christophe	Ryston Runners AC	M55			01:25:44				62.2		62.2
Morris	Keith	Ryston Runners AC	M55			01:25:44				61.0		61.0
Newton	Tim	Ipswich Jaffa	M65			01:08:53				82.0		82.0
Richardson	Ian	Cambridge & Coleridge AC	M50			01:10:16				70.6		70.6
Rogers	Brian	Ipswich Jaffa	M60			01:07:30				80.5		80.5
Skelton	John	Marshall Milton Keynes	M60	01:27:58				84.9				84.9
Smith	Glyn	Cambridge & Coleridge AC	M70		00:49:04				75.8			75.8
Smith	Lionel	Ely Road Runners	M60			01:19:55				69.3		69.3
Stocker	Pauline	Hunts AC	F55			01:24:41				71.3		71.3
Thompson	Peter	Walden Tri	M55			01:03:54				82.7		82.7
Tuff	Malcolm	Ryston Runners AC	M50	01:21:34		00:59:37		80.7		83.2		163.9
Turner	John	Ely Road Runners	M70			01:28:56				67.6		67.6
Ward	Peter	Thorney AC	M50			01:05:44				76.2		76.2
Watson	Neil	West Norfolk AC	M40			01:09:06				67.7		67.7
Winstone	Eric	Bushfield Joggers	M60		00:48:51	01:16:34			70.0	73.8		143.8