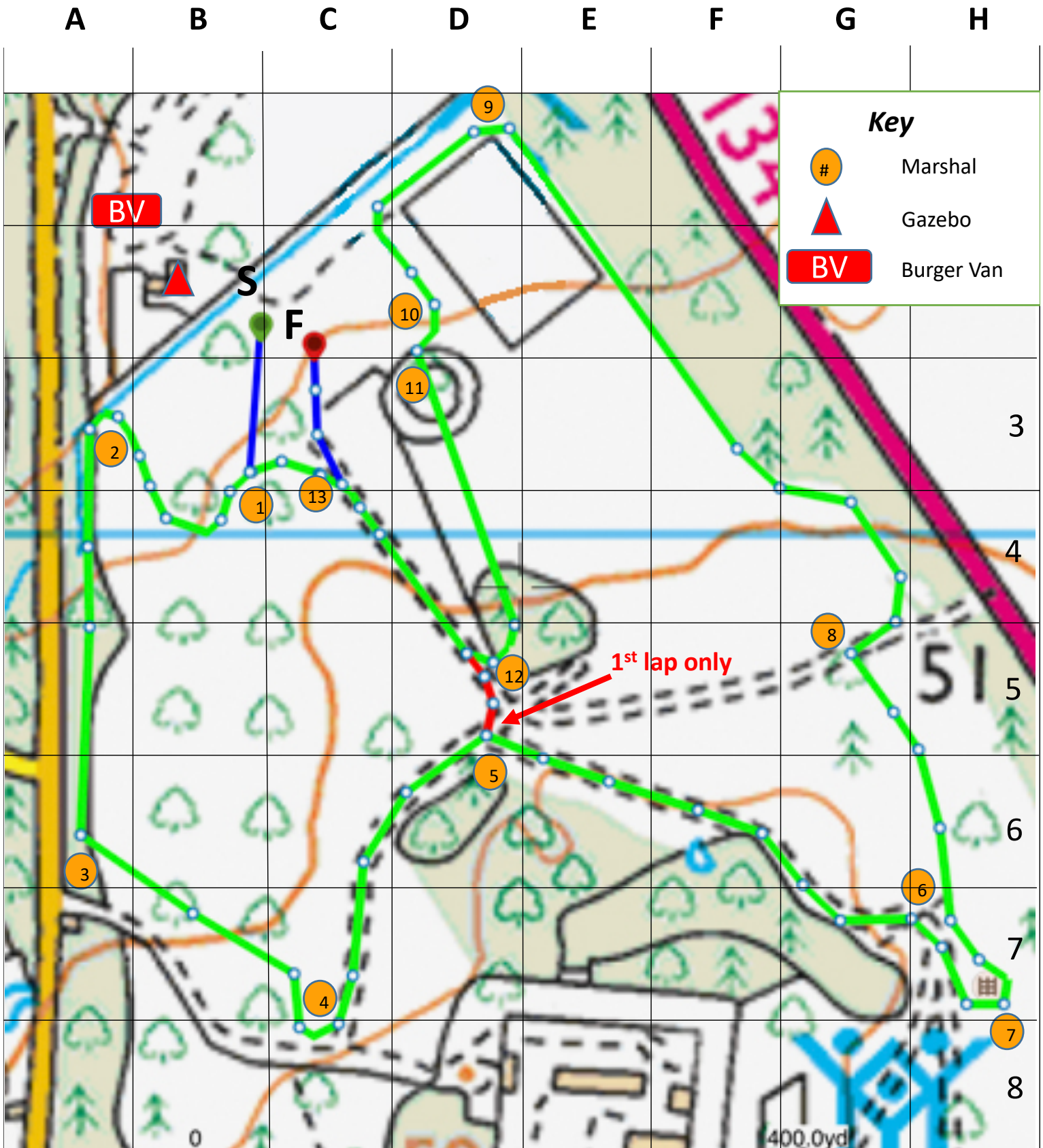


England Masters Inter Area Cross Country Challenge 29SEP18



Race One, 1pm, Women 35+ and Men 65+
6km, 1 small lap + 2 Large Lap

Race Two, 2pm, Men 35 to 64
8km, 1 small lap + 3 Large Laps