**Road Racing Report**

**Overall summary** -

EMAC Road Running Championship results. There have been some fantastic performances over the four races that we have held the age grade championship and with the best 3 of 4 events to count, you really did need to be in it to win it! The highest overall average for the series was won by Jonathan Haynes who achieved an excellent average score of 87.58% and takes the trophy for 2018! Congratulation and an excellent result, it will take some epic performances to challenge that result next year! A big thanks to everyone that took part in the championship over the four races and i would appreciate any feedback or suggestions on how to expand/improve the competition next season.
I also want to recognise Steve Paul & Anita Bon for running all 4 events and the considerable travel that it included and for Steve taking 3rd place overall and Anita our winning Lady! **Congratulations** guys. Hopefully see you all at the AGM in March.

**Sun 19th August 2018 – Kimbolton Half**
After the first round of this year’s road runners race league completed, Paul Mingay takes an early lead with a stunning Age Grade performance of 90.0% at the Kimbolton 1/2 Marathon, followed by Nick Malpeli in 2nd place 82.1% & Brian Corleys in 3rd 82.0%. The best three events from four count, so it is still all to play for, so don’t miss out and enter today. To prevent any confusion when presenting the medals and working out the scoring can I ask that you could confirm to me when you have entered any future events, just in case it is not picked up on entry system. Good luck and see you all at the next one!

1st Paul Mingay 90.0%

2nd Nick Malpeli 82.1%

3rd Brian Corleys 82.0%

4th Jon Anderson 81.5%

5th Jim Morris 80.6%

6th Ty Farrer 77.2%

7th Kirk Brawn 76.6%

8th Steve Paul 76.0%

9th Nick Osborne 75.4%

10th Neil Shorten  74.7%

11th Jeff Lucas 74.5%

12th Maurice Hemingway 74.3%

13th Christine Lathwell 73.8%

14th Piers Serjeant 72.9%

15th Scott Magee 72.5%

16th Caroline King  69.1%

17th Ieva Klavina 66.3%

18th Anita Bond 58.6%

19th Sally Hall 56.1%

**Wolverton 5 -**

Good Afternoon all, I hope you have all warmed up and enjoyed your runs this morning. Some fantastic results and age grade performances at the Wolverton 5 this morning. I will have the final Age Grade standings updated and published tomorrow evening but below are the results from today. It was a pleasure to meet all of you today and to put some faces to names and vice versa and for those of you that have been patient and supportive during my first year looking after the championship. Also a massive thanks to [Brian Graves](https://www.facebook.com/brian.graves.9484?fref=gs&__tn__=%2CdK-R-R&eid=ARDbvWp862FZ-iTXUYkf_i-ThCieOsD4bod_MJgt2-hxbSxDvSjqC1DC5-1WbZn-E4a_M_oQ-VlH9Ei7&dti=166048283500563&hc_location=group) for taking the medal presentation photo's this morning.

M35
Mark Barry Gold 28:00 Ag 78.87
Ian Wood Silver 28:00 Ag 77.08
Andrew Kirschner 29:27 Ag 74.02

M40
Jeff Lucas Gold 29:49 Ag 75:74

M45
Rod McKee Gold 29:25 Ag 81:13

M55
Chris Cooke Gold 28:57 Ag 88:14
Steve Paul Silver 31:39 Ag 80:62

M60
Jonathan Haynes Gold 30:49 Ag 87:34
David Bowker Silver 33:18 Ag 78:68
Nigel Lambert Bronze 34:56 Ag 75:67
Gerald Meah 36:37 Ag 72:19

M65
John Skelton Gold 30:21 Ag 92:04

F55
Christine Anthony Gold 33:53 Ag 85:39
Anita Bond Silver 47:24 Ag 61:78

F60

Diane Baldwin Gold 35:35 Ag 87:78

**Leigh on Sea 10k**  -

Hi All, just to update you all on the results of today's Leigh-on-sea 10k and the second round of the EMAC road runner’s championship for 2018! We could not have asked for better weather for today’s event as a beautiful sunrise awaited us this morning, overlooking the Thames Estuary. Leigh on sea striders celebrated the tenth anniversary of their 10k with beer and fizz for every finisher as well as a rather attractive medal for our hard efforts - there were plenty of hills thrown in free of charge. It was a well organised event and featured some fantastic marshals but a fast course, it was not! We were honoured to have Carey on hand for support and to hand out our new Road Running medals for our finishers today which added some glitz to the glamour! [Lee Taylor](https://www.facebook.com/lee.taylor.3785373?fref=gs&__tn__=%2CdK-R-R&eid=ARCxJmxZO3cCKXEibeXoeDdZAE8a9WFRWMJftvlkkhyXZG1xh3_4CrGlK5HQeVY3UfflzhE1WOHLJsIp&dti=166048283500563&hc_location=group) was first EMAC member home today in 4th (35:06), winning the Gold in the V40 category followed in 7th by me (35:27) Gold in the V45 category. Jonathan Haynes was next home in 16th with a fantastic 38:13 to win the competitive V60 category and set the highest age grade score of the day- 87.90%! Way to go!! Tony Hyde 22nd and 39:23 to take Gold in the V50, Steve Paul 27th and 40:35 to take V55 Gold, Will Haining 56th and 43:31 V60 Silver closely followed by David Bowker 59th and 43:38 for V60 Bronze. Local resident  Mathew Gillard was next home in 167th and 48:44 for V50 Silver with our only Lady runner today - Anita Bond taking V55 Gold in 60:37 and 433rd overall. Despite the relatively low numbers - it was a great event and good to finally meet a number of you and put faces to names and vice versa. Our next event is at the Fenland 10 next Sunday (link below) and you still have time to enter if you feel like you missed out and there will be entry on the day! It’s a fast flat course - but can be susceptible to the wind. They do have a fantastic selection of cakes on sale on the day which are worth coming out for if nothing else! If you are entered or are planning on entering- can you please let me know as they have not been able to have an EMAC section on their online entries this year.
As for the age grade completion - it is your best three from four age grade performances added up with a fantastic trophy for the winner. So far only 3 runners have completed in the first two rounds, so if your interested in the competition - you need to compete next week, with the Wolverton 5 being the final round on the 25th November.

If you have any questions - please let me know. The updated Age grade competition results will be on the website later this week - but you will find today's results below.

Thanks again - Ty

1st - Jonathan Haynes 87.90%
2nd - Ty Farrer 81.62%
3rd - Lee Taylor 81.20%
4th - Steve Paul 78.60%
5th - Tony Hyde 77.70%
6th - Will Haining 76.56%
7th - David Bowker 75.02%
8th - Mathew Gillard 61.76%
9th - Anita Bond 61.29%

**Fenland 10 -**

Good evening all - Final results and Age grading from today's Fenland 10. Apologies for the lack of medal presentations and recognition for the winners, there were however some excellent results achieved today! Jonathan Haynes achieved the highest age grading again today for the second week running - great running!

I hope to see you all at the final event next month and will be updating the competition results after three rounds, by Tuesday this week.

Let me know if you have any questions or queries -

Thanks

Ty

Ty Farrer