

Annual General Meeting

27 February 2021 at 6 p.m.

Via Zoom Meeting (meeting will be recorded)

Agenda

1. Welcome
2. Apologies
3. Adoption of previous AGM Minutes
4. Matters arising from last year's AGM
5. General Secretary's Report
6. Treasurer's Report
7. Membership Secretary's Report
8. Road Running and Cross-Country Secretary's Report
9. Track and Field Secretary's Report
10. Approval of 2021-2022 EMAC Membership Fees
11. Election of Officers

Nominations received by 30 January 2021 deadline:

Chair – Carey Hollick

General Secretary – no nominations received

Membership Secretary – no nominations received (John Borgars will stand in if no nominations during meeting)

Treasurer – John Borgars

Communications Editor – no nominations received

Track and Field Secretary – no nominations received

Road Running Secretary – Ty Farrer

Cross Country Secretary – Shane Lawrence

Other Committee Member – Christine Anthony, Amr Ziko, Angie Underdown

'The Chair shall be able to reopen nominations at the AGM if no nominations have been received.' EMAC Constitution

11. Proposal received by Shane Lawrence – post Covid competitions
12. Any other business by membership (via Zoom chat or voice)
13. Close of meeting

EMAC AGM Minutes
Saturday, 18 January 2020 at 3 p.m.
Best Western Heath Court Hotel
Moulton Road, Newmarket CB8 8DY

Present

Michael Hausler, Dave Valentine, Chris Cooke, Karen Cameron, Maureen McCarthy, Dawn Mason, Nigel Lambert, Andrew Stewart, Stephen Cartwright, John Borgars, Ty Farrer, Elke Hausler, Christine Anthony, Carey Hollick

Apologies were listed on the agenda

1. Adoption of the Previous Minutes

Noted and adopted – Nominated by Carey Hollick and seconded by John Borgars.

2. Matters arising from 2019 AGM

The wording in the EMAC Constitution has been changed and is available in the documents section of the EMAC website.
(Discussed)

Unfortunately, the hosting club was not able to add the weight throw to 2019's EMAC Championships. We will see if this year's hosting club will be able to. (Discussed)

EMAC used VAC's 5000m and 10,000m track championships as our championships as well. We will use these two races again to count towards the summer's EMAC Outdoors Athletics Championships. (Discussed)

We were unable to secure a date for a shared indoors championships with VAC even though we were first on the list. Lee Valley gave all the dates to the clubs/organisations who always

ask for dates every year before us and there were no dates left.
(Discussed)

3. General Secretary's Report

Listed on agenda and read out at meeting.

4. Treasurer's Report

John Borgars provided a report to the meeting and presented the scrutinised accounts to the AGM and they can be downloaded from the EMAC website. We continued to pay officials' travel expenses for the track and field league and other events like the XC Championships. The subject of getting new environmentally friendly medals was discussed and the committee agreed to investigate it.

5. Membership Secretary's Report

Michael Hausler went over his membership secretary report that is uploaded on the EMAC website. For the 2020-2021 season membership prices were kept at the same rates as the 2019-2020 season: £12 for second claim members and £12 + the EA fee for 1st claim members. (See item 11. on agenda).

6. Road Running and Cross Country Secretary's Report –

Ty Farrer provided a report, and it is uploaded to the EMAC website. He went over his report with the membership and spoke about the Road Running Championship and the different races that were involved. The Road Running Champion of 2019 was Chris Cooke with an age graded percentage of 90.2% overall. He was given the trophy at the meeting because he was present.

Ty also reported that there were 15 members of EMAC chosen for the EAMA (England Athletics Masters Association) team (or as reserves) to represent England at the British and Irish Masters Cross Country International event. Also, EMAC stepped up to host

the EAMA Inter-Area XC Challenge at the last minute at Nowton Park in Bury St. Edmunds for the second year running and EMAC retained their win and the trophy for the second year in a row. Thanks go out to Christine and Maureen for organising it again with such short notice and the help of the whole EMAC committee, Bury St. Edmunds Pacers and West Suffolk AC clubs and members for hosting it again! The EMAC XC Championships were held at the Keysoe race and numbers were down from the previous year.

7. Track and Field Secretary's Report

Christine Anthony provided a report about the track and field events of the past year which were attached to the agenda and uploaded to the EMAC website.

She spoke about BMAF Championships of 2019 in August, EMAC Indoors and Outdoors events, Inter-Area Challenges both indoors and outdoors and the European Masters Indoors Championships that took place in March in Torun Poland and the European Masters Outdoor Championships that took place in Venice, Italy in the summer. Christine praised all the athletes who took part in the events.

8. Election of Committee

Since the Notice of AGM, there was one volunteer who wanted to be an OCM on the committee which was Angie Underdown. The other committee members were happy to continue in their roles and they were voted back into their roles. During the meeting, the chair opened it up to the members present to ask for any volunteers to fill the vacant roles. Karen Cameron volunteered to be Communications Editor and she was voted into the role. The committee for 2020-2021 are:

- Chairperson – vacant
- General Secretary – Carey Hollick

- Treasurer – John Borgars
- Membership Secretary – Michael Hausler
- Communications Editor – Karen Cameron
- Road and Cross Country Secretary – Ty Farrer
- Track and Field Secretary – Christine Anthony
- Other Committee Members (OCM) – Amr Ziko, Maureen McCarthy and Angie Underdown

9. Proposals discussed

Amount of this year's (April 2020-March 2021) membership subscription rates were voted to stay the same as the previous year: £12 for second claim and £12 + £16 (EA fee)= £28 for first claim members.

10. Any other business

Stephen Cartwright spoke about race walking and judging for the EMAC track and field league. He is the organiser of the race walking judges for the league. He wanted to know if we thought that we should be using the 'A' rules or the 'B' rules. We currently use the 'A' rules in our league because they are published on Power of 10 and if we use the B rules they are not. Also discussed were the problems of finding enough judges to go to all the different divisions to properly judge the race walks using the 'A' rules. We agreed to talk about it as a committee in a future committee meeting and to talk to the track and field league manager and get his views on the matter. Also, asking the membership on their feelings about which rules should be used in the league also was discussed. Stephen also wanted to appeal to the EMAC membership if anyone would be interested in taking a course in race walk judging and becoming an official in this discipline.

The track and field league dates were discussed, and it was agreed to be 06 May, 03 June, 01 July, and 29 July. (The dates were changed later and then all were cancelled)

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We agreed to buy two more EMAC flags.

Promoting new events such as a night of 5000m or 10000m events that EMAC could organise was discussed. It would be a good way of attracting new masters athletes to join the club.

Meeting Closed.

General Secretary's Report for 2020

Hello Membership,

The year of 2020 started out as a good year for athletics and our club as you will see from Christine's Track and Field Secretary Report where EMAC members competed at the EMAC Indoor Championships, EAMA Inter-Area Challenge, BMAF Indoors Pentathlon and the BMAF Indoor Championships and Winter Throws Championships through February and the start of March. Again, our EMAC team did very well at the Inter-Area competition and we came 2nd overall with Midland Masters taking every trophy like we had the year before.

Then, as everyone knows the pandemic hit and everything was cancelled for the rest of the year as can be seen in everyone's reports. This had consequences for all athletics clubs around the country and everything was cancelled including EMAC's Track and Field League, the EMAC Outdoors Championships, the Road Running Series/Championships and the Cross Country Championships. It was a quiet year and because of this there was less to report on. As you will see in Michael's Membership Secretary's report, it also affected our membership numbers.

During the year as Secretary, I attended BMAF Council meetings and took part, with the other area clubs around the UK, in discussing and approving the new BMAF constitution which was later approved at the BMAF AGM in August. These were long meetings that were held for three months in a row on a Saturday or Sunday in May, June and July. I also became a member of the WWWEBI steering group for BMAF this year and am part of the committee who are working towards changes in masters athletics. Christine went to the EAMA AGM this year in March in my stead. The EMAC membership committee has been having meetings during the year starting in April, usually every two months.

Since the EMAC Track and Field League was cancelled, we refunded all the clubs their entry fees. Up to this date, we have received 13 entries for the upcoming Track and Field league (with 10 who have paid and 4 clubs who are likely to sign up still). We are hoping things will be able to go ahead but, of course, we are all still waiting

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to see. Some clubs are holding back until it is certain that we will move forward with the league. In terms of competitions, there were a few virtual events, and they are reported in other committee members' reports.

After our November 2020 online committee meeting, where the AGM date and time were agreed upon, I announced to the committee I would be stepping down as Secretary and standing for Chairperson. I want to thank you all, both committee members and the membership for being so supportive over the past four years and encouraging me. You have all become like a second family to me and this club means the world to me. I have enjoyed meeting so many of you, our fine membership, and hope to keep serving you well as your Chairperson, if elected.

Stay safe and best wishes, Carey Hollick, EMAC General Secretary

Treasurer's report to members of EMAC for 2020.

To amend a well-known catch-phrase "that was the year that wasn't". All our planned events were cancelled by government (or England Athletics) command and so were the replacements that we hopefully planned during the brief respite from lockdown.

So, finances were the least of our worries, especially since the club has reserves more than adequate to cover a year's normal expenditure.

A substantial number of members renewed their subscriptions in anticipation of competing in events that were cancelled and, it appears, that a substantial, albeit smaller, number renewed their subscriptions despite the cancellations.

Consequently, the club had a surplus of income over expenditure on a cash basis.

A little over three-quarters of expenditure this year comprised affiliation fees to England Athletics, the British Masters athletics Federation and England Athletics Masters Association. Nearly 10% was the cost of purchasing vests for resale to members but if we sensibly net off sale receipts the loss on kit was less than 1% of expenditure. We do normally make a trivially small loss on kit because we set prices at the nearest whole £ and don't charge for postage. Remaining expenses were the cost of hiring a room for the AGM, a new Trophy and minor administration expenses.

The committee agreed that any subscriptions received in 2020 should be extended to cover 2021 as well apart from the England Athletics levy on first claim members. So, first claim members will just pay the EA levy in 2021 while second claim members are automatically renewed.

If I prepared the accounts on an accruals basis then they would show a modest deficit or, possibly, profit (more than £500 but less than £2,000) for 2020 since we should allocate half (or more) of the subscription income to 2021 but the various levies have swallowed more than half of it. The size of the deficit depends on how one allocates the subscription income between 2020 and 2021. Since we have bank balances in excess of £20,000, I am confident that this does not affect our ability to carry out our functions and aims as and when HMG and EA permit us to do so.

EMAC AGM: 27 February 2021

Membership Secretary's Report

The current membership (as of 31st January 2021) is **354** members. At the same point last year (31st January 2020) we had **719** members. With just another few weeks to go until the 31/3/2021 we are unlikely to see a material change from the current membership number.

Year	31/3/2017	31/3/2018	31/3/2019	31/3/2020	31/1/2021
Members	693	688	708	734	354

The membership is made up of **23** (6%) first claim members and **331** (94%) second claim members, the percentage distribution between 1st and 2nd claim being nearly identical to the previous year.

We experienced a significant reduction in membership this year due to the Covid-19 pandemic with all Masters competitions cancelled (except for two virtual BMAF running events). However, the reduction in the EMAC membership by 50% (based on a comparison from 31st Dec 2020 to 31st Dec 2019) is the highest of all regional Masters Clubs, with the average membership reduction across all clubs being 25%.

The committee has recommended, subject to the approval at the AGM, to give free membership for the 21/22 membership year to all paid up 20/21 members. Current 1st claim members will only have to pay the EA membership element of £16 for 21/22. The membership fee for new members for 2021/22 will remain at £12 for 2nd claim, and at £28 for 1st claim members.

2020 Cross Country Report – Ty Farrer

It will probably come as no surprise to many of you that the EMAC XC events for 2020 were cancelled, along with most of 2020 race calendar. The County and National events managed to take place in January & February, I also managed to get around Parliament hill in one piece, although I did manage to collect a huge amount of mud in the process. The British & Irish Masters event (which is usually made up of a large number of EMAC athletes) did not go ahead as planned and the selection race for 2021's event (which was a new addition) was also cancelled. The plans for 2021 have not been finalised at this point but will be shared with the membership when we have an understanding of what they are and how they can take place.

2020 Road Running Report – Ty Farrer

Along with the XC events, the whole 2020 road running series was eventually cancelled when all of the events that we use to form the calendar were either cancelled or postponed into 2021. Despite a strong start to the year in terms of events and results by a number of our athletes no official EMAC events took place on which to report.

The plan and calendar for 2021 is yet to be confirmed but we are hoping to stay with our current format for the race series, based on age graded scores with the best three results from the list below to count. More details to follow.

Wolverton 5 – Date TBC

Peterborough Marathon – May 23rd

Kimbolton ½ Marathon – August 15th

Leigh on sea 10k – October TBC

Fenland 10mile – October 31st TBC

Sublime NYE 10k – December 31st

5k event – TBC

The EMAC team did compete in the BMAF Teenage cancer trust Virtual 10k over the new year with EMAC finishing 7th overall and 5th Male team.

 EMAC 77.64% **81:** Peter Thompson (87.29%), **16:** Tyrone Farrer (84.45%), **132:** Derek Darnell (81.23%), **306:** Lea Lohk (78.52%), **302:** Peter Binns (77.14%), **98:** Charles Wartnaby (77.13%), **245:** William Haining (75.39%), **94:** Gordon Irvine (72.52%), **95:** Glen Richardson (72.48%), **338:** Michael Brentnall (70.26%)

 EMAC 80.44% **81:** Peter Thompson (87.29%), **16:** Tyrone Farrer (84.45%), **132:** Derek Darnell (81.23%), **302:** Peter Binns (77.14%), **98:** Charles Wartnaby (77.13%), **245:** William Haining (75.39%)

EMAC Track & Field Report 2020

EMAC members started the year with a flurry of Indoor competitions at Lee Valley over three weekends.

This was our last chance of competition before Lockdown and Covid put paid to our Track and Field league and outdoor and inter area Championships.

Below is a brief summary of the three events

EMAC Championships and BMAF Indoor Pentathlon

23rd February EMAC Champs Indoors - This was a well-attended event and was shared with South of England and VAC.

An amazing 26 EMAC CBP performances at this event, which was one more than last year.

EMAC athletes continue to keep striving for improvement.

BMAF Pentathlon. Wins for Lawrence Ramm (M45) and John Mayor (M60)

EAMA Inter Area Challenge

Indoor -1st March.

Well done to everyone who competed for EMAC at this competition. Although we didn't manage to perform as well as last year's overall win, we did manage second place overall with both men and ladies competing well to place second in their respective competitions. Despite this EMAC continues to be one of the strongest area teams as shown by wins in the men's competition for:

Ricardo Huskisson in the M60 60m and 200m.

David Brown (M40) in the M35 400m

Jonathon Metcalf in the M60 800m

Simon Coombes (M45) in the M35 1500

Paul Mingay in the M60 3000m

Mark Culshaw in the M50 2000m walk

Greg Goodrem in the M35 High Jump

Harvey Griffiths in the M50 High Jump

Justin Hubbard (M40) in the M35 Long Jump

Phillip Bowers in the M50 Triple Jump

Stephen White (M55) in the M50 Shot

Geoff Tyler in the M70 Shot (CBP)

Plus wins in the M35 and M50 4x200m relays.

Women's winning performances

Edith Caux in the W60 200m

Karen Brooks in the W60 800m and 3000m

Gaye Clarke (W55) in the W50 60H
Penny Butcher in the W60 High Jump
Jemma Eastwood (W40) in the W35 PV

BMAF Indoor Track and Field and Winter Throws 7/8th March

EMAC athletes won a total of 43 events at the BMAF indoor champs and winter throws at Lee Valley.

Winners listed below:

200m Tracy Bezance, Ricardo Huskisson
400m Tracy Bezance
800m Christine Anthony, Karen Brooks
1500m Betty Stacey
3000m Paul Mingay
3000m walk Rachel Lawless
60MH Dawn Jones, Gaye Clarke, Leanne Buxton, Tony Wells, John Mayor

Long Jump Emily McMahon, Justin Hubbard
Triple Jump David Folgate, Michael Shortall
High Jump Dawn Jones, Patricia Hill, John Mayor, Clint Nicholls
Pole Vault Jemma Eastwood, Robert Kingman, Simon Eastwood
Javelin Sandra Ingham, Stephanie Stamp, Joanna Gustak, Simon Achurch
Discus Stephanie Stamp, Andrea Jenkins, Geoff Tyler
Shot Put Leanne Buxton, Geoff Tyler, Steven Whyte, Michael Hausler
Hammer Throw Andrea Jenkins, Richard Martin, Steven Whyte
Weight Throw Patricia Hill, Andrea Jenkins, Steven Whyte, Richard Martin

International Competitions

All international track and field Masters competitions were cancelled for 2020. It is unsure at the moment whether any international would be able to take place in 2021.

2021

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Although we have provisional dates for events in 2021, we are unsure what restrictions will be in place and which events will be able to be hosted.

As soon as up to date information is available about forthcoming events, this will be available via the EMAC website.

Meanwhile, we hope that everyone keeps healthy and safe in the coming weeks and months.