



## EMAC Chair's Report 2023

I first of all want to thank all of the EMAC committee this year for all their hard work. After reading all of the reports from the rest of the committee, it is hard to add anything to what they have already said.

We had another successful year of our track and field league last summer and I want to thank Bedford for hosting the final for the league and for the officials/volunteers for helping putting on a good day of athletics. Congratulations to winning teams of Marshall Milton Keynes for the men and Peterborough and Nene Valley for the women. Also, well done for the athletes who competed in both the outdoor and indoor Inter-Area events in Nuneaton and Lee Valley respectively. You did Team EMAC proud. Please have a read of Graeme's excellent Track and Field report.

As Graeme says in his report, unfortunately we did not have an outdoor championships last year but hoping to hold one in August in Colchester this year. I recently helped organise the EMAC Indoor Championships at Lee Valley and feel the day went well and our new medals were the envy of many VAC competitors who came over and admired them. I definitely want to thank Graeme, John and Courtney for helping me so much with the organisation and on the day. I owe some people medals from the day and will contact them ASAP.

I see we ended the year with 659 members which is almost to pre-Covid when we hit around 700 members in 2019. I am happy to see the numbers going back up again and welcome all new and renewing members. I look forward to meeting as many of you as I can.

On the 14<sup>th</sup> of April, I attended the EMAA (England Masters Athletics Association) AGM and found out that long-time Track and Field Secretary Arthur Kimber was stepping down and I volunteered to fill this role. I hope to follow in his footsteps and bring great Inter-Area meetings to everyone.

Unfortunately, we did not have a Road Racing Series this past year. Hopefully we fill this spot on the committee this year and start it again.

Finally, well done to Yuko Gordon in her first year as Cross-Country Secretary where we had a fun day at the EMAC XC Championships last November and also for her work with EMAA and the selection of the England team that went to Dublin for the international race.

Also, we should have our new website up and running within a few months...watch out for that.

I look forward to another year as your chairperson and always welcome emails from all members with any ideas they have. Good luck in all of your competitions this year.

Carey R. Hollick, EMAC Chair