Insert non scoring results at the bottom

EMAC Track & Field League			Northern Division - Match 4	Teams =	8
Peterborough		Thurs	01 August 2023	Overall Match Scores	
O/A	Pos	Women's Teams	Bib	Match 4 Points	Final	Pos
x	1	Peterborough & Nene Valley H	B	137	629	1
x	2	Ryston Runners AC	C	111	526	2
x	3	West Norfolk AC	D	86	293	3
x	4	Corby AC	A	36	118	4
x	5	Spare	E	0	0	5
x	5	Spare	F	0	0	5
x	5	Spare	G	0	0	5
x	5	Spare	H	0	0	5

Highest Track Age Graded % =			90.7
Athlete	Karen Brooks	RDA	64
Club	Corby AC		
Event	1Mile W60+		
Result	06:00.70		
Format to suit the result (NN.n, NN.nn or NN:NN.n)			

Highest Field Age Graded % =			63.7
Athlete	Gaye Clarke	RDA	62
Club	Ryston Runners AC		
Event	Long Jump W60+		
Result	3.38		

Single letters (A-H,x) only

RDA = Race Day Age

Do not insert athlete data in Results section - use "Declarations" tab only

								Records			2023	EA No.
2003	200m	200m W35-49 [W35+]	RDA	Team	(NN.nn)	Pts	Wind	Rec	Rec	Rec	AG %	EA No.
B	1	Claire Smith	47	Peterborough & Nene Valley H	27.8	8		-	x	x	82.9	3575627
D	2	Nicola Neill	51	West Norfolk AC	33.2	7		x	-	x	71.7	2660991
C	3	Kirsty Butters	43	Ryston Runners AC	42.8	6		-	x	x	52.1	3076702
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
2005	200m	200m W50-59 [W50+]	RDA	Team	(NN.n)	Pts	Wind		Rec	Rec	AG %	EA No.
B	1	Wendy Day	51	Peterborough & Nene Valley H	31.7	8			-	x	75.1	2942952
D	2	Sally Edwards	58	West Norfolk AC	40.9	7			-	x	61.7	2919441
C	3	Wendy Fisher	58	Ryston Runners AC	42.8	6			-	x	59.0	3141148
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
2006	200m	200m W60+	RDA	Team	(NN.n)	Pts	Wind			Rec	AG %	EA No.
C	1	Gaye Clarke	62	Ryston Runners AC	36.4	8				-	71.8	2781883
B	2	Judith Jagger	62	Peterborough & Nene Valley H	36.4	7				-	71.8	2676481
A	3	Lynne Wells	65	Corby AC	43.4	6				-	61.8	3810675
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
1Mile3	1Mile	1Mile W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts		Rec	Rec	Rec	AG %	EA No.
B	1	Elisabeth Sennitt Clough	48	Peterborough & Nene Valley H	05:59.7	8		-	x	x	79.0	3703928
D	2	Nicola Neill	51	West Norfolk AC	06:30.9	7		x	-	x	74.5	2660991
C	3	Kirsty Butters	43	Ryston Runners AC	06:54.3	6		-	x	x	66.0	3076702
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
1Mile5	1Mile	1Mile W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts			Rec	Rec	AG %	EA No.
D	1	Katrina Wasteney	51	West Norfolk AC	06:49.8	8			-	x	71.1	2981176
B	2	Tracey Barnes	56	Peterborough & Nene Valley H	06:57.5	7			-	x	72.7	2727825
C	3	Linda Marshall	58	Ryston Runners AC	07:08.3	6			-	x	72.2	2781803
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
1Mile6	1Mile	1Mile W60+	RDA	Team	(NN:NN.n)	Pts				Rec	AG %	EA No.
A	1	Karen Brooks	64	Corby AC	06:00.7	8				LR	90.7	2755877
B	2	Betty Gash	64	Peterborough & Nene Valley H	07:27.0	7				-	73.1	3013691
C	3	Ceridwen Howell	66	Ryston Runners AC	10:29.2	6				-	53.0	3767668
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
400H3	LH	400mH W35-49 (76.2cm) [W35+	RDA	Team	(NN.n)	Pts		Rec	Rec	Rec	AG %	EA No.
B	1	Claire Smith	47	Peterborough & Nene Valley H	84.3	8			x	x	-	3575627
	2					7						
	3					6						
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						
300H5	LH	300mH W50-59 (76.2) [W50+]	RDA	Team	(NN.n)	Pts			Rec	Rec	AG %	EA No.
A	1	Yvette Clayton	50	Corby AC	52.9	8			LR	x	82.3	3694687
D	2	Katrina Wasteney	51	West Norfolk AC	85.3	7			-	x	51.5	2981176
	3					6						
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						

300H6	LH	**300mH W60+ (68.6cm)**	**RDA**	**Team**	*(NN.n)*	**Pts**				**Rec**	***AG %***	***EA No.***
B	1	Judith Jagger	62	Peterborough & Nene Valley H	74.3	8				-	*64.8*	2676481
	2					7						
	3					6						
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						

JT3	JT	**Javelin W35-49 (600gm) [W35+**	**RDA**	**Team**	*(NN.nn)*	**Pts**	**Rec**	**Rec**	**Rec**	***AG %***	***EA No.***
B	1	Andrea Jenkins	47	Peterborough & Nene Valley H	18.68	8	-	x	x	*33.6*	2768996
D	2	Jen Gosnell	42	West Norfolk AC	16.05	7	-	x	x	*26.1*	3976672
C	3	Claire Chamberlain	37	Ryston Runners AC	11.47	6	-	x	x	*16.9*	4086534
	4					5					
	5					4					
	6					3					
	7					2					
	8					1					

JT5	JT	**Javelin W50-59 (500gm) [W50+**	**RDA**	**Team**	*(NN.nn)*	**Pts**	**Rec**	**Rec**	***AG %***	***EA No.***
D	1	Nicola Neill	51	West Norfolk AC	19.14	8	-	x	*34.2*	2660991
B	2	Sally Pusey	55	Peterborough & Nene Valley H	13.16	7	-	x	*25.6*	3565059
C	3	Linda Marshall	58	Ryston Runners AC	9.57	6	-	x	*19.9*	2781803
	4					5				
	5					4				
	6					3				
	7					2				
	8					1				

JT6	JT	**Javelin W60+ (500gm)**	**RDA**	**Team**	*(NN.nn)*	**Pts**	**Rec**	***AG %***	***EA No.***
B	1	Judith Jagger	62	Peterborough & Nene Valley H	21.89	8	-	*49.9*	2676481
A	2	Jill Roginski	64	Corby AC	18.81	7	-	*44.9*	2756023
C	3	Gaye Clarke	62	Ryston Runners AC	14.29	6	-	*32.6*	2781883
	4					5			
	5					4			
	6					3			
	7					2			
	8					1			

DT3	DT	**Discus W35-49 (1Kg) [W35+]**	**RDA**	**Team**	*(NN.nn)*	**Pts**	**Rec**	**Rec**	**Rec**	***AG %***	***EA No.***
B	1	Andrea Jenkins	47	Peterborough & Nene Valley H	32.98	8	-	x	x	*52.5*	2768996
D	2	Jen Gosnell	42	West Norfolk AC	16.58	7	-	x	x	*24.2*	3976672
C	3	Claire Chamberlain	37	Ryston Runners AC	15.75	6	-	x	x	*20.8*	4086534
	4					5					
	5					4					
	6					3					
	7					2					
	8					1					

DT5	DT	**Discus W50-59 (1Kg) [W50+]**	**RDA**	**Team**	*(NN.nn)*	**Pts**	**Rec**	**Rec**	***AG %***	***EA No.***
B	1	Sally Pusey	55	Peterborough & Nene Valley H	16.23	8	-	x	*30.2*	3565059
C	2	Linda Marshall	58	Ryston Runners AC	11.35	7	-	x	*22.5*	2781803
D	3	Sally Edwards	58	West Norfolk AC	8.98	6	-	x	*17.8*	2919441
	4					5				
	5					4				
	6					3				
	7					2				
	8					1				

DT6	DT	**Discus W60+ (1Kg)**	**RDA**	**Team**	*(NN.nn)*	**Pts**	**Rec**	***AG %***	***EA No.***
B	1	Judith Jagger	62	Peterborough & Nene Valley H	23.81	8	-	*51.4*	2676481
A	2	Jill Roginski	64	Corby AC	17.94	7	-	*40.5*	2756023
C	3	Marlene Simmonds	77	Ryston Runners AC	14.23	6	-	-	2781826
	4					5			
	5					4			
	6					3			
	7					2			
	8					1			

LJ3	LJ	**Long Jump W35-49 [W35+]**	**RDA**	**Team**	*(N.nn)*	**Pts**	**Wind**	**Rec**	**Rec**	**Rec**	***AG %***	***EA No.***
D	1	Jen Gosnell	42	West Norfolk AC	3.70	8		-	x	x	*54.9*	3976672
C	2	Marlene Simmonds	77	Ryston Runners AC	2.20	7		x	x	-	*51.2*	2781826
B	3	Andrea Jenkins	47	Peterborough & Nene Valley H	1.33	6		-	x	x	*20.9*	2768996
	4					5						
	5					4						
	6					3						
	7					2						
	8					1						

LJ5	LJ	**Long Jump W50-59 [W50+]**	**RDA**	**Team**	*(N.nn)*	**Pts**	**Wind**	**Rec**	**Rec**	***AG %***	***EA No.***
B	1	Wendy Day	51	Peterborough & Nene Valley H	3.12	8		-	x	*51.3*	2942952
C	2	Elizabeth Blakie	65	Ryston Runners AC	2.57	7		x	-	*50.4*	2781871
D	3	Sally Edwards	58	West Norfolk AC	2.42	6		-	x	*43.4*	2919441
	4					5					
	5					4					
	6					3					
	7					2					
	8					1					

LJ6	LJ	**Long Jump W60+**	**RDA**	**Team**	*(N.nn)*	**Pts**	**Wind**	**Rec**	***AG %***	***EA No.***
C	1	Gaye Clarke	62	Ryston Runners AC	3.38	8		-	*63.7*	2781883
B	2	Judith Jagger	62	Peterborough & Nene Valley H	3.33	7		-	*62.8*	2676481
	3					6				
	4					5				
	5					4				
	6					3				
	7					2				
	8		B			1				

PV3	PV	Pole Vault - W35-49 [W35+]	RDA	Team	(N.nn)	Pts	Rec	Rec	Rec	AG %	EA No.
x	1	No Competitor	0	No Team		8					x
	2					7					
	3					6					
	4					5					
	5					4					
	6					3					
	7					2					
	8					1					

PV5	PV	Pole Vault - W50-59 [W50+]	RDA	Team	(N.nn)	Pts	Rec	Rec	AG %	EA No.
x	1	No Competitor	0	No Team		8				x
	2					7				
	3					6				
	4					5				
	5					4				
	6					3				
	7					2				
	8					1				

R4224-35	MedR	Relay 4224 W35-49 [W35+]	Team	(N:NN.n)	Pts	Rec
D	1	Katrina Wasteney, Jen Gosnell, Sally	West Norfolk AC	04:00.5	8	-
C	2	Kirsty Butters, Linda Marshall, Elizabeth	Ryston Runners AC	04:32.9	7	-
	3				6	
	4				5	
	5				4	
	6				3	
	7				2	
	8				1	

R4224-50	MedR	Relay 4224 W50+	Team	(N:NN.n)	Pts	Rec
B	1	Nicky Morgan, Judith Jagger, Tracey	Peterborough & Nene Valley H	03:51.2	8	-
C	2	Wendy Fisher, Marlene Simmonds,	Ryston Runners AC	05:46.0	7	-
	3				6	
	4				5	
	5				4	
	6				3	
	7				2	
	8				1	

Enter Non-scoring athletes in the 'Non-Scorers' tab first

Non Scoring (enter bib no., event and result - formatted appropriately)

Event	Name	AG	1st Claim Club	Result
300H	Susan Frisby	W60	Leicester Coritanian	52.0
DT	Gaye Clarke	W60	Ryston	14.32
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	
	-	-	-	

Format Results to suit event