

2024 AGM Chairman's Report

Hello all! Welcome to the 2024 AGM and thank you for supporting EMAC in the last year. We've had a good year including a successful 2023 EMAC Track & Field League where we had 3 divisions with 4 matches for each league. We had the final at Bedford with 7 women's teams and 8 men's teams. EMAC also took part in the EMAA Outdoors Inter-Area meeting at Nuneaton. We were 2nd overall. Please see our Track and Field Secretary's report for more details of the Track and Field season. EMAC also had a Cross Country championships at Horseheath last November as well. Thank you Yuko for all the hard work you put into it. Yuko also helped select people for the England team for International Cross Country Championships in Scotland. England took many of the titles and there were EMAC competitors that competed.

EMAC and VAC did organise a successful indoors championships on the 11th of February 2024 at Lee Valley and I want to thank all for attending and volunteering. Well done to all the athletes who took part in the European Indoors Championships from EMAC representing GB, France and Switzerland. It was fun watching the livestream.

Unfortunately, we haven't had an outdoors championships since 2019 because of Covid, there being no clubs coming forward to host or no good dates that don't clash with other meetings. We are looking for other events to piggyback on to give out medals. Watch the new website at www.emac.org.uk or the Facebook page for updates. The first competition being used to count towards the Outdoors Champs is the Steeplechase festival coming up later this month on the 28th of April at West Suffolk Arena in Bury St Edmunds: <https://data.opentrack.run/en-gb/x/2024/GBR/steeplechase-festival/>. Also, please try to enter the Eastern Athletics Champs and we'll take out performances from that competition which is being held 29 June 2024. The entry details will be sent later.

I want to thank Graeme for stepping into the T&F league manager position this season and also thank Paul Harrison for his many years of managing the league. I also want to thank the rest of the committee for all the hard work they do and also thank Michael Hausler and Trevor Bunch for joining our committee. We're finally having a Road Race Series again.

Thanks again to everyone for supporting EMAC and hopefully I will see you again this summer.

Carey Hollick, EMAC Chairman