

EMAC Road Running League 2024

| Top 3              | Mike Groves<br>10K | Flitwick<br>10K | Bury Friday<br>5M | Ware<br>10M | Pleshey<br>HM | Town &<br>Gown 10K | Fenland<br>10M | Average WAVA (of<br>best 3 races) |
|--------------------|--------------------|-----------------|-------------------|-------------|---------------|--------------------|----------------|-----------------------------------|
| Yuko Gordon        |                    |                 | 95.1              |             |               |                    |                | 95.1                              |
| Jane Ashby         | 93.9               | 87.7            |                   |             |               |                    |                | 90.8                              |
| Jenny Morgan       |                    |                 | 86.4              |             |               |                    |                | 86.4                              |
| Christine Lathwell |                    | 81.9            |                   |             |               |                    |                | 81.9                              |
| Katie King         |                    |                 | 80.2              |             |               |                    |                | 80.2                              |
| Jim Stocker        |                    |                 | 79.9              |             |               |                    |                | 79.9                              |
| Martin Kilduff     |                    | 82.1            |                   | 76.1        |               |                    |                | 79.1                              |
| Jenny Sheahan      |                    |                 | 78.0              |             |               |                    |                | 78.0                              |
| Pauline Stocker    |                    | 77.2            | 76.6              |             |               |                    |                | 76.9                              |
| William Haining    |                    |                 | 74.8              |             |               |                    |                | 74.8                              |
| Juliet Garnham     |                    |                 | 74.8              |             |               |                    |                | 74.8                              |
| Deborah Stocker    |                    |                 | 72.3              |             |               |                    |                | 72.3                              |
| Keith McLellan     |                    | 70.9            |                   |             |               |                    |                | 70.9                              |
| Alastair Kendrick  |                    |                 |                   | 69.77       |               |                    |                | 69.8                              |
| Ellie Cumner       |                    |                 | 69.4              |             |               |                    |                | 69.4                              |
| Helen Wass         |                    |                 | 68.9              |             |               |                    |                | 68.9                              |
| Mary-Ann Tuli      |                    |                 | 68.9              |             |               |                    |                | 68.9                              |
| Jim Brown          |                    | 67.0            |                   |             |               |                    |                | 67.0                              |
| Tim Newton         |                    |                 | 64.99             |             |               |                    |                | 65.0                              |
| Rosanna Holden     |                    |                 | 61.7              |             |               |                    |                | 61.7                              |
| Stephen Harvey     | 60.0               |                 |                   |             |               |                    |                | 60.0                              |
| Angela Drury       |                    |                 | 56.6              |             |               |                    |                | 56.6                              |
| Paul Woodyatt      | 44.1               |                 |                   |             |               |                    |                | 44.1                              |
| Keith Morris       |                    | 40.2            |                   |             |               |                    |                | 40.2                              |

\* Not included in average