

20250209 Eastern Masters AC Indoor Track Field Championships, Lee Valley

Event	Forename	Surname	Age Grp	Time	
60m (M ALL)	1	John	Browne	M70	8.58
	6	Max	Jackman	M65	10.24
	2	John	Lawrence	M60	9.79
	3	Andrew	Stewart	M60	10.98
	4	Darren	O'Leary	M55	8.57
	6	Conrad	Salthouse	M55	9.12
	1	Mark	Collins	M50	7.83
	3	Yinka	Opaleye	M50	8.06
	4	Tim	Cheshire	M50	8.19
	5	Simon	Achurch	M50	9.62
	1	Craig	Christian	M45	7.72
	2	Ade	Elegbede	M45	7.73
	4	Nathan	Moore	M45	7.99
	5	Isaiah	Perumalla	M45	8.02
	2	Andrew	Spour	M40	7.59
	3	Panos	Ioannou	M40	7.80
	4	Olatunde	Akerele	M40	7.94
	5	Michael	Shortall	M40	8.02
	7	Andrew	Caruana	M35	8.40
	60m (F ALL)	3	Emily	McMahon	W70
4		Stephanie	Stamp	W70	13.92
3		Janice	Nottingham	W60	9.50
4		Elizabeth	Welbourn	W60	10.02
5		Clare	St John-Colerr	W60	10.07
6		Rosemary	Abbott	W60	10.97
6		Stephanie	Johnston	W50	9.63
7		Deborah	Hill	W50	10.14
3		Sally	Gilding	W45	9.55
3		Louise	Brydon	W35	8.76
4	Stef	Bazylkiewicz	W35	9.78	
60m Hurdles (M ALL)	3	Michael	Shortall	M40	9.11
	1	Gary	Smith	M50	8.87
	1	Des	Wilkinson	M60	9.53
	2	Tennyson	James	M65	9.67
	4	John	Mayor	M65	10.42
	5	Gerald	Daniel	M70	11.77
60m Hurdles (W ALL)	1	Chloe	Williams	W35	8.96
	3	Stef	Bazylkiewicz	W35	12.76
	1	Sally	Gilding	W45	11.14
	2	Lowri	Chatfield	W45	11.66

20250209 Eastern Masters AC Indoor Track Field Championships, Lee Valley

200m (M ALL)	1	John	Browne	M70	29.60
	3	Max	Jackman	M65	36.73
	4	John	Lawrence	M60	32.91
	2	Darren	O'Leary	M55	28.15
	3	Conrad	Salthouse	M55	30.21
	1	Mark	Collins	M50	25.27
	2	Nathan	Moore	M45	25.44
	3	Craig	Christian	M45	25.94
	1	Andrew	Spour	M40	24.26
	2	Michael	Shortall	M40	24.79
	3	Olatunde	Akerele	M40	25.19
2	Andrew	Caruana	M35	27.00	
200m (W ALL)	4	Janice	Nottingham	W60	32.23
	5	Rosemary	Abbott	W60	38.50
	6	Stephanie	Stamp	W70	52.29
	1	Catherine	Peck	W40	29.98
	3	Louise	Brydon	W35	30.08
400m (M ALL)	1	Tennyson	James	M65	1:04.11
	1	Peter	Benedickter	M55	1:00.36
400m (M ALL)	2	Nathan	Moore	M45	57.40
	3	Adam	Bernard	M40	55.35
	4	Chris	Lamb	M40	55.45
	5	Michael	Shortall	M40	57.66
	400m (W ALL)	2	Christine	Anthony	W60
3		Janice	Nottingham	W60	1:16.03
4		Catherine	Peck	W40	1:08.90

20250209 Eastern Masters AC Indoor Track Field Championships, Lee Valley

800m (M ALL)	1	Geoffrey Brewster	M65	2:55.61
	2	Richard Brown	M70	3:18.42
	2	Roy Head	M60	2:29.46
	3	Kevin McAlinden	M60	2:31.44
	4	Dave Knighton	M60	2:33.54
	5	Colin Ridley	M60	2:34.57
	7	Andrew Stewart	M60	3:25.97
	2	Liam Dawson	M50	2:29.84
	2	Chris Lamb	M40	2:06.28
	4	David Brown	M45	2:10.41
800m (W ALL)	3	Karen Brooks	W65	2:46.67
	4	Christine Anthony	W60	2:48.45
	5	Elke Hausler	W60	2:49.79
1500m (M ALL)	3	Colin Ridley	M60	5:04.88
	8	Keith McLellan	M65	6:18.36
1500m (W ALL)	2	Oliver Park	M35	4:25.52
2000mW (MW ALL)	2	Melanie Peddle	W55	10:56.40
	3	Aleksandra Majewska-Ani	W35	11:22.12
	6	John Borgars	M75	14:47.24
3000m (FALL)	4	Kerry Goymour	W40	12:09.04
	5	Caroline Hale	W55	12:14.26
3000m (M55+)	6	Brian Jones	M65	11:50.76
	8	Keith McLellan	M65	13:14.34
3000m (M35-50)	2	Steven Robinson	M40	9:49.71
	3	Brian Jenkins	M40	10:05.74

20250209 Eastern Masters AC Indoor Track Field Championships, Lee Valley

Event	Forename	Surname	Age Grp	height/distance
Pole Vault (MWALL)	2 Robert	Kingman	M50	3.65
	5 Simon	Eastwood	M55	2.75
	6 Jemma	Eastwood	W45	2.65
	7 Glen	Paxman	M35	2.65
	11 Stephanie	Johnston	W50	1.65
	12 Christopher	Kent	M50	1.55
High Jump (WALL)	1 Aleksandra	Majewska-Ani	W35	1.30
	3 Sally	Gilding	W45	1.30
	6 Gaye	Clarke	W60	1.14
High Jump (M35-55)	2 Glen	Paxman	M35	1.60
	3 Roger	Skedd	M40	1.55
	4 Ade	Elegbede	M45	1.50
	8 Christopher	Kent	M50	1.40
High Jump (M60+)	1 John	Mayor	M65	1.39
	5 Gerald	Daniel	M70	1.24
Long Jump (M35-50)	1 Roger	Skedd	M40	5.64
	2 Michael	Shortall	M40	5.55
	3 Carl	Paxman	M35	5.31
	6 Olatunde	Akerele	M40	5.17
	7 Ade	Elegbede	M45	4.99
	10 Christopher	Kent	M50	4.38
Long Jump (M55+)	3 John	Mayor	M65	4.34
	4 Richard	Van Baaren	M60	4.28
	12 Gerald	Daniel	M70	3.50
	13 John	Spriggs	M70	3.26
Long Jump (W35-55)	6 Dawn	Williams	W45	3.92
	8 Stef	Bazylkiewicz	W35	3.68
	9 Stephanie	Johnston	W50	3.23
Long Jump (W60+)	7 Emily	McMahon	W70	2.89

20250209 Eastern Masters AC Indoor Track Field Championships, Lee Valley

Triple Jump (M ALL)	1	Glen Paxman	M35	11.10
	1	Michael Shortall	M40	11.10
	8	Christopher Kent	M50	8.56
	9	Richard Van Baaren	M60	8.51
	5	John Spriggs	M70	7.41
Triple Jump (F ALL)	4	Dawn Williams	W45	8.32
Shot Put (M60+)	2	Michael Hausler	M65	13.12
	5	Kevin Bates	M70	10.46
	6	Geoffrey Tyler	M75	10.24
	8	Peter Wishart	M60	9.90
	9	Graeme Packman	M70	9.51
	11	Bunt Scott	M70	9.10
	16	Timothy Needham	M70	7.66
Shot Put (M35-55)	2	Simon Achurch	M50	12.27
	3	Roger Skedd	M40	11.81
	4	Christopher Kent	M50	11.20
	5	Darren Kerr	M55	11.15
	6	David Bauer	M55	10.98
	7	Glen Kerr	M50	10.84
	12	Yinka Opaleye	M50	9.59
Shot Put (W35-45)	2	Dawn Williams	W45	8.38
	4	Sally Gilding	W45	7.76
Shot Put (W50+)	1	Sarah McGrath	W50	10.37
	3	Sue Lawrence	W50	9.12
	8	Lisa Teverson	W55	7.95
	12	Gaye Clarke	W60	6.90
	14	Jill Boosey	W60	6.48
	16	Stephanie Stamp	W70	5.31