

Cross Country Secretary Report – AGM 2025

35th British & Irish Masters XC International was held at Billy Neill Country Park in Belfast on 16th November. 5 Women (1 Reserve) and 3 Men (1 Reserve) were selected after the Selection Trial in Derby on 28th September. Our men, particularly, had great success. James Connor (M40), Andrew Leach (60), David Butler (70), all came home with 3 Golds out of 4 Golds won by the entire England Men's Team. Our Ladies also performed well and scored high for the England Team. Runners were Roanna Vickers 9th (W35), Rebecca Luxton 7th (W40), Zoe Oldfield 9th (W45), Sue Clarke 5th (W65), Jenny Morgan 7th (W65).

Full results are on the BMAF Results.

Another important event for our XC calendar was the EMAC XC Championship held at Nowton Park in Bury St Edmunds on 16th November. It was incorporated into the Eastern Athletic Association Championship once again and unfortunately clashed with the international event above. Nevertheless, the event was well supported by many of our regular XC enthusiasts and the competition was of a high standard. Medals were awarded to the top 3 of every 5-year age group.

The British Masters Inter Area XC Challenge was not held this season.

Yuko Gordon

Cross Country Secretary 7 April 2025