

Club Secretary & Membership Secretary Report

The club was active throughout the year organising and promoting the EMAC T&F League, Indoor T&F Championships, a cross-country championship and a road race series/championship. We also entered teams in the Inter Area T&F Challenges outdoor and indoor.

Committee members and club members are active in the administration on masters' athletics in the UK in key roles for British Masters and England Masters. Many of our members also form the backbone of officiating teams for T&F and Endurance events in our area.

The committee have worked hard to liaise with other masters' clubs such as VAC and with the national organisations. Sadly, only one BMAF championship was organised in our area; the 10-mile road champs although indoor events at Lee Valley are close by. I am not aware of any plans for events in our area in the coming year.

With 749 members at 31 March 2025, EMAC is the second largest masters club in the UK about 20 members smaller than VAC. As at 08/04/2025 we have 405 members renewed/joined for the y/e 31/03/2026.

Rob Lands

08/04/2025