	Insert non scoring results at the bottom					
	EMAC Track & Field League			Central West Division - Match 2	Teams =	5
	Bedford	Wed	04 June 2025		Overall Match Scores	
O/A	Pos	Women's Teams	Bib	Match 2 Points	Final	Pos
x	1	Bedford & County AC	A	70.0	119.0	1
x	3	Fairlands Valley Spartans	D	37.0	111.0	2
x	2	Marshall Milton Keynes AC	E	46.0	91.0	3
x	4	Biggleswade AC/Luton AC	B	34.0	73.0	4
x	5	Team Northants	C	24.0	46.0	5
x	6	Spare	H	0.0	0.0	6
x	6	Spare	F	0.0	0.0	6
x	6	Spare	G	0.0	0.0	6

Single letters (A-H, x) only *RDA = Race Day Age*

Do not insert athlete data in Results section - use "Declarations" tab only

2003	200m	**200m W35-49 [W35+]**	**RDA**	**Team**	*(NN.n)*	**Pts**
A	1	Natasha Peters-Cooper	36	Bedford & County AC	33.2	5
C	2	Adriana Melczynska	41	Team Northants	34.7	4
D	3	Christine Lathwell	48	Fairlands Valley Spartans	36.9	3
B	4	Cat Hase	43	Biggleswade AC/Luton AC	36.9	2
E	5	Stephanie Johnston	51	Marshall Milton Keynes AC	39.2	1
	6					0
	7					0
	8					0

2005	200m	**200m W50-59 [W50+]**	**RDA**	**Team**	*(NN.n)*	**Pts**
A	1	Ellie Garraway	52	Bedford & County AC	33.3	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0

2006	200m	**200m W60-69 [W60+]**	**RDA**	**Team**	*(NN.n)*	**Pts**
a	1	Penny Butcher	66	Bedford & County AC	37.2	5
d	2	Tessa Stephenson	64	Fairlands Valley Spartans	39.7	4
e	3	Debra Brent	62	Marshall Milton Keynes AC	45.1	3
	4					2
	5					1
	6					0
	7					0
	8					0

8003	800m	**800m W35-49 [W35+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
A	1	Natasha Peters-Cooper	36	Bedford & County AC	02:33.8	5
C	2	Vanessa Keen	42	Team Northants	02:49.3	4
D	3	Christine Lathwell	48	Fairlands Valley Spartans	02:53.8	3
E	4	Carly Scott	45	Marshall Milton Keynes AC	03:03.3	2
	5					1
	6					0
	7					0
	8					0

8005	800m	**800m W50-59 [W50+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**

A	1	Ellie Garraway	52	Bedford & County AC	02:36.6	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
8006	800m	**800m W60-69 [W60+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
D	1	Tessa Stephenson	64	Fairlands Valley Spartans	04:25.5	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
30003	3000m	**3000m W35-49 [W35+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
A	1	Helen Buller	47	Bedford & County AC	11:22.7	5
D	2	Christine Lathwell	48	Fairlands Valley Spartans	11:38.5	4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
30005	3000m	**3000m W50-59 [W50+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
C	1	Barbara Willison	56	Team Northants	12:56.9	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
30006	3000m	**3000m W60-69 [W60+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
E	1	Debra Brent	62	Marshall Milton Keynes AC	13:50.8	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
30007	3000m	**3000m W70+**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
X	1	No Competitor	0	No Team		5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0

2KWA	2000mW	**2km Walk 'A' [W35+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
B	1	Helen Middleton	62	Biggleswade AC/Luton AC	12:29.9	5
E	2	Stephanie Johnston	51	Marshall Milton Keynes AC	17:37.5	4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0

2KWB	2000mW	**2km Walk 'B' [W35+]**	**RDA**	**Team**	*(NN:NN.n)*	**Pts**
x	1	No Competitor	0	No Team		5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0

JT3	JT	**Javelin W35-49 (600gm) [W3**	**RDA**	**Team**	*(NN.nn)*	**Pts**
C	1	Adriana Melczynska	41	Team Northants	15.55	5
E	2	Bryony Gibbens	37	Marshall Milton Keynes AC	13.49	4
A	3	Emma Coombes	47	Bedford & County AC	10.73	3
	4					2
	5					1
	6					0
	7					0
	8					0

JT5	JT	**Javelin W50-59 (500gm) [W5**	**RDA**	**Team**	*(NN.nn)*	**Pts**
B	1	Niamh Scanlan-Blake	51	Biggleswade AC/Luton AC	17.23	5
D	2	Joylyn Saunders-Mullins	72	Fairlands Valley Spartans	15.83	4
A	3	Penny Butcher	66	Bedford & County AC	14.89	3
c	4	Barbara Willison	56	Team Northants	8.21	2
	5					1
	6					0
	7					0
	8					0

JT6	JT	**Javelin W60-74 [W60+] (500**	**RDA**	**Team**	*(NN.nn)*	**Pts**
B	1	Sandra Ingham	67	Biggleswade AC/Luton AC	20.47	5
D	2	Monica Brown	60	Fairlands Valley Spartans	14.25	4
A	3	Oriana Johnson	63	Bedford & County AC	11.22	3
	4					2
	5					1
	6					0
	7					0
	8					0

DT3	DT	**Discus W35-49 [W35+] (1Kg**	**RDA**	**Team**	*(NN.nn)*	**Pts**
B	1	Cat Hase	43	Biggleswade AC/Luton AC	13.90	5
E	2	Bryony Gibbens	37	Marshall Milton Keynes AC	13.36	4
A	3	Emma Coombes	47	Bedford & County AC	10.86	3
	4					2
	5					1
	6					0
	7					0

	8					0
DT5	DT	**Discus W50-59 [W50+] (1Kg**	**RDA**	**Team**	*(NN.nn)*	**Pts**
E	1	Emma Beales	53	Marshall Milton Keynes AC	37.92	5
B	2	Niamh Scanlan-Blake	51	Biggleswade AC/Luton AC	24.62	4
A	3	Penny Butcher	66	Bedford & County AC	12.00	3
D	4	Monica Brown	60	Fairlands Valley Spartans	11.06	2
	5					1
	6					0
	7					0
	8					0
DT6	DT	**Discus W60-69 [W60+] (1Kg**	**RDA**	**Team**	*(NN.nn)*	**Pts**
A	1	Oriana Johnson	63	Bedford & County AC	17.81	5
B	2	Sandra Ingham	67	Biggleswade AC/Luton AC	16.69	4
D	3	Tessa Stephenson	64	Fairlands Valley Spartans	13.22	3
	4					2
	5					1
	6					0
	7					0
	8					0
DT7	DT	**Discus W70-74 [W70+] (1Kg**	**RDA**	**Team**	*(NN.nn)*	**Pts**
D	1	Joylyn Saunders-Mullins	70	Fairlands Valley Spartans	12.45	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
TJ3	TJ	**Triple Jump W35-49 [W35+]**	**RDA**	**Team**	*(N.nn)*	**Pts**
A	1	Emma Coombes	47	Bedford & County AC	5.92	5
E	2	Bryony Gibbens	37	Marshall Milton Keynes AC	5.86	4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
TJ5	TJ	**Triple Jump W50-59 [W50+]**	**RDA**	**Team**	*(N.nn)*	**Pts**
E	1	Stephanie Johnston	51	Marshall Milton Keynes AC	7.47	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
TJ6	TJ	**Triple Jump W60-69 [W60+]**	**RDA**	**Team**	*(N.nn)*	**Pts**
A	1	Penny Butcher	66	Bedford & County AC	6.45	5
B	2	Sandra Ingham	67	Biggleswade AC/Luton AC	4.68	4
	3					3
	4					2
	5					1
	6					0

	7					0
	8					0
PV3	PV	**Pole Vault - W35-49 [W35+]**	**RDA**	**Team**	*(N.nn)*	**Pts**
E	1	Bryony Gibbens	37	Marshall Milton Keynes AC	1.22	5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
PV5	PV	**Pole Vault - W50-59 [W50+]**	**RDA**	**Team**	*(N.nn)*	**Pts**
A	1	Sandra Pedley	59	Bedford & County AC	1.92	5
E	2	Stephanie Johnston	51	Marshall Milton Keynes AC	1.22	4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
PV6	PV	**Pole Vault - W60-69 [W60+]**	**RDA**	**Team**	*(N.nn)*	**Pts**
X	1	No Competitor	0	No Team		5
	2					4
	3					3
	4					2
	5					1
	6					0
	7					0
	8					0
R4x4-3[illegible]	MedR	**Relay 4x4 W35-49 [W35+]**	**RDA**	**Team**	*(N:NN.n)*	**Pts**
A	1	Emma Coombes	47	Bedford & County AC	5:12.6	5
A1		Ellie Garraway	52			
A2		Natasha Peters-Cooper	36			
A3		Helen Buller	47			
C	2	Adriana Melczynska	41	Team Northants	5:39.9	4
C1		Alison Wood	49			
C2		Barbara Willison	56			
C3		Vanessa Keen	42			
	3					3

Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib No.	**Event**	**Name**	**AG**	**1st Claim Club**	**Result**
114	TJ	Adriana Melczynka	W40	Northants	7.13
491	200M	Logan Gamble	W35	Biiggleswade	31.3
106	200m	Alison Wood	W45	Northants	37.1
106	800M	Alison Wood	W45	Northants	3:22.5
902	200m	Avril Tarry	W50	Marshall Milton Keynes	42.1
902	JT	Avril Tarry	W50	Marshall Milton Keynes	13.80
		-	-	-	

Highest Track Age Graded % =			84.0
Athlete	Ellie Garraway	RDA	52
Club	Bedford & County AC		
Event	800m W50-59 [W50+]		
Result	02:36.60		
Format to suit the result			

Highest Field Age Graded % =			72.9
Athlete	Emma Beales	RDA	53
Club	Marshall Milton Keynes AC		
Event	Discus W50-59 [W50+] (1Kg)		
Result	37.92		

	Records				2023	EA No
Wind	W35-49	W50-59	W60-69	W70+	AG %	EA No
	-	x	x	x	64.8	2775100
	-	x	x	x	66.5	3866089
	-	x	x	x	63.5	2768712
	-	x	x	x	61.0	4102372
	x	-	x	x	61.3	3401086

Wind		W50-59	W60-69	W70+	AG %	EA No
		-	x	x	72.7	2866793

Wind			W60-69	W70+	AG %	EA No
			-	x	73.5	2701915
			-	x	67.6	2724359
			-	x	58.5	3446073

	W35-49	W50-59	W60+	W70+	AG %	EA No
	-	x	x	x	75.2	2775100
	-	x	x	x	71.5	3988065
	-	x	x	x	73.2	2768712
	-	x	x	x	67.7	2684504

		W50-59	W60+	W70+	AG %	EA No

		-	x	x	*84.0*	2866793
			W60+	**W70+**	***AG %***	***EA No***
			-	x	*55.6*	2724359
W35-49	**W50-59**	**W60+**	**W70+**	***AG %***	***EA No***
-	x	x	x	*79.5*	3353084
-	x	x	x	*78.4*	2768712
	W50-59	**W60+**	**W70+**	***AG %***	***EA No***
	-	x	x	*76.2*	2970231
			W60+	**W70+**	***AG %***	***EA No***
			-	x	*75.9*	3446073
				W70+	***AG %***	***EA No***
						x

W35-49	W50-59	W60-69	W70+		EA No
x	x	-	x		2908078
x	-	x	x		3401086

W35-49	W50-59	W60-69	W70+	EA No
				x

W35-49				AG %	EA No
-				*24.8*	4039146
-				*19.9*	2690430
-				*19.3*	3876592

	W50-59	W60-69	W70-74	AG %	EA No
	-	x	x	*30.8*	3879823
	x	-	LR	*46.1*	2729447
	x	-	x	*37.3*	2701915
	-	x	x	*16.3*	2970231

		W60-69	W70-74	AG %	EA No
		-	x	*52.6*	2775416
		-	x	*31.0*	2724317
		-	x	*26.2*	2775067

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	*22.1*	4102372
-	x	x	x	*19.0*	2690430
-	x	x	x	*18.6*	3876592

		W50-59	W60+	W70+	*AG %*	*EA No*
		LR	x	x	*72.9*	2690316
		-	x	x	*45.5*	3879823
		x	-	x	*30.5*	2701915
		x	-	x	*24.6*	2724317
			W60+	W70+	*AG %*	*EA No*
			-	x	*42.2*	2775067
			-	x	*43.4*	2775416
			-	x	*32.1*	2724359
				W70+	*AG %*	*EA No*
				-	*34.8*	2724359
Wind	**W35-49**	**W50-59**	**W60-69**	**W70+**	***AG %***	***EA No***
	-	x	x	x	*44.2*	3876592
	-	x	x	x	*38.5*	2690430
Wind		**W50-59**	**W60-69**	**W70+**	***AG %***	***EA No***
		-	x	x	*58.8*	3401086
Wind			**W60-69**	**W70+**	***AG %***	***EA No***
			-	x	*62.1*	2701915
			-	x	*45.7*	2775416

	W35-49	**W50-59**	**W60-69**	**W70+**	***AG %***	***EA No***
	-	x	x	x	*24.7*	2690430
		W50-59	**W60-69**	**W70+**	***AG %***	***EA No***
		-	x	x	*51.4*	2984526
		-	x	x	*29.4*	3401086
			W60-69	**W70+**	***AG %***	***EA No***
						x
	Rec					
	-					
	-					