

EMAC/SCVAC Indoor Track & Field Championships
Saturday, 14 February 2026 at Lee Valley Athletics Centre

Final Timetable for more detailed times go to

<https://bmaf.opentrack.run/en-gb/x/2026/GBR/emac-scvac-indoor/event/>

Track Events

Call Room	Start	Event #	Event	Age Groups	# of Rounds	# of Entries
15 minutes	13:30	T01	60H	(MWALL)	6	29
before	14:30	T02	3000	(MWALL)	1	10
start of	14:55	T03	400	(WMALL)	10	43
race	16:00	T04	1500	(WMALL)	1	11
for all	16:30	T05	2000W	(WMALL)	1	6
Track Break						
races	17:15	T06	800	(WMALL)	5	21
	18:00	T07	60	(WMALL)	15	87
	19:15	T08	200	(WMALL)	15	70

Field Events

WarmUp	Start	Event No	Event	AgeGrp	Entries
13:15	13:30	F1	Shot Put	M60+	13
13:15	13:30	F2	Long Jump	M35-45	12
13:05	13:45	F3 pool 1	Pole Vault	Men/Women <2.50	9
13:05	13:45	F3 pool 2	Pole Vault	Men/Women >2.50	10
15:00	15:30	F4	High Jump	WALL/M60+	11
15:15	15:30	F5	Shot Put	W60+	10
15:15	15:45	F6	High Jump	M35-55	16
15:45	16:00	F7	Long Jump	Women All	16
16:45	17:00	F8	Shot Put	W35-55	10
17:15	17:30	F9	Long Jump	M50+	13
18:05	18:20	F10	Shot Put	M35-55	12
19:00	19:15	F11	Triple Jump	W/M >9.30m	9
19:00	19:15	F12	Triple Jump	W/M <9.30m	9