

EMAC Track & Field League
Thurrock

South Division - Match 2 Teams =
Wed 46176 Overall
Match Scores

Pos	Men's Teams	Bib	Match 2 Points	Final
1	City of Southend AC	2	124.5	237.5
2	Thurrock/Loughton AC's	5	117	218.5
3	Colchester Harriers AC	3	105	183.5
4	Chelmsford AC	1	78	166
5	Colchester & Tendering/Ipswich H	4	51	133

200M	200m M35-49 - [M35+]	RDA	Team	(NN.n)
1	Ade Elegbede	49	City of Southend AC	25.3
2	Olatunde Akerele	43	Thurrock/Loughton AC's	25.6
3	Roger Skedd	43	Chelmsford AC	26.0
4	Justin Hubbard	47	Colchester & Tendering/Ips	29.2
5	Angus Holford	37	Colchester Harriers AC	32.0
6				
7				
8				

200m	200m M50-59 [M50+]	RDA	Team	(NN.n)
1	Lee Bowker	53	Colchester & Tendering/Ips	27.6
2	Clive Farrow	56	City of Southend AC	28.3
3	Niall McMahon	55	Colchester Harriers AC	28.6
4	Alan Fricker	51	Thurrock/Loughton AC's	31.5
5				
6				

200m	200m M60-69 [M60+]	RDA	Team	(NN.n)
1	Mark Kybert	64	Chelmsford AC	29.3
2	Stephen Kemp	65	Thurrock/Loughton AC's	32.0
3	Colin Ridley	64	Colchester Harriers AC	41.7
4	Keith Palmer	61	City of Southend AC	51.9
5				
6				
7				
8				

800m	800m M35-49 [M35+]	RDA	Team	(NN:NN.n)
1	Angus Holford	37	Colchester Harriers AC	02:15.3
2	Scott Thrush	39	Thurrock/Loughton AC's	02:26.3
3	Matthew Randall	51	City of Southend AC	02:29.9
4	Daniel Williams	46	Colchester & Tendering/Ips	02:37.9
5				
6				
7				

8

800m	800m M50-59 [M50+]	RDA	Team	(NN:NN.n)
1	Lee Martin	54	Chelmsford AC	02:20.9
2	Mark Waller	55	City of Southend AC	02:22.9
3	Ian Rattray	53	Colchester Harriers AC	02:40.7
4	Jon Whitehouse	53	Thurrock/Loughton AC's	03:08.0

5

6

7

8

800m	800m M60+	RDA	Team	(NN:NN.n)
1	Simon Le Mare	64	City of Southend AC	02:35.9
2	Colin Ridley	64	Colchester Harriers AC	02:41.0
3	Mark Kybert	64	Chelmsford AC	03:00.1
4	James Lambden	63	Thurrock/Loughton AC's	03:04.5

5

6

7

8

3000m	3000m M35-49 [M35+]	RDA	Team	(NN:NN.n)
1	Angus Holford	37	Colchester Harriers AC	09:25.6
2	Richard Maskell	50	City of Southend AC	10:10.9
3	Nick Barker	43	Thurrock/Loughton AC's	10:27.7

4

5

6

7

8

3000m	3000m M50-59 [M50+]	RDA	Team	(NN:NN.n)
1	Mark Waller	55	City of Southend AC	09:52.0
2	Peter Waite	55	Chelmsford AC	11:12.3
3	Jon Whitehouse	53	Thurrock/Loughton AC's	11:20.5
4	James Manly	53	Colchester Harriers AC	11:34.0

5

6

7

8

3000m	3000m M60-69 [M60+]	RDA	Team	(NN:NN.n)
1	Colin Ridley	64	Colchester Harriers AC	11:32.8
2	Eamonn Shelley	65	Thurrock/Loughton AC's	12:06.7
3	Matthew Aitken	61	City of Southend AC	12:27.9
4	Christopher Purse	67	Chelmsford AC	12:52.2

5

6

7

8

3000m 3000m M70+

RDA Team (NN:NN.n)

1 Bernard Johnson 70 Thurrock/Loughton AC's 15:07.6

2 Alastair Kendrick 73 City of Southend AC 15:20.4

3

4

5

6

7

8

2000mV 2Km Walk 'A' [M35+]

RDA Team (NN:NN.n)

1 Dominic King 43 Colchester Harriers AC 08:56.7

2 Stephen Kemp 65 Thurrock/Loughton AC's 12:11.8

3 Keith Palmer 61 City of Southend AC 13:00.1

4 Mark Kybert 64 Chelmsford AC 14:30.6

5

6

7

8

2000mV 2Km Walk 'B' [M35+]

RDA Team (NN:NN.n)

1 Daniel King 43 Colchester Harriers AC 09:49.3

2 Eamonn Shelley 65 Thurrock/Loughton AC's 13:02.7

3 Richard Maskell 50 City of Southend AC 14:09.9

4 15:29.2

5

6

7

8

JT Javelin M35-49 (800gm) [M35+]

RDA Team (NN.nn)

1 Paul Cooper 49 City of Southend AC 42.29

2 Kevin Wilson 36 Chelmsford AC 37.14

3 Dominic King 43 Colchester Harriers AC 32.15

4 Chris Cooper 37 Colchester & Tendering/Ips 29.41

5 David Beatty 55 Thurrock/Loughton AC's 13.78

6

7

8

JT Javelin M50-59 (700gm)

RDA Team (NN.nn)

1 David Sketchley 50 Chelmsford AC 53.10

2 Keith Palmer 61 City of Southend AC 24.78

3 Graham Holder 54 Thurrock/Loughton AC's 22.33

4 Patrick Auer 57 Colchester Harriers AC 10.17

5

6
7
8

JT	Javelin M60-69 (600gm) [M60+]	RDA	Team	(NN.nn)
	1 David Bauer	60	Thurrock/Loughton AC's	29.09
	2 Peter Godron	62	Colchester & Tendering/Ips	20.99
	3 Peter Wishart	66	City of Southend AC	18.13
	4 David Butler	73	Chelmsford AC	13.85
	5 Kevin McAlinden	62	Colchester Harriers AC	2.39

6
7
8

DT	Discus M35-49 (2Kg) [M35+]	RDA	Team	(NN.nn)
	1 Kevin Wilson	36	Chelmsford AC	44.50
	2 Paul Cooper	49	City of Southend AC	30.05
	3 Chris Cooper	37	Colchester & Tendering/Ips	22.46
	4 Dominic King	43	Colchester Harriers AC	16.45
	5 David Beatty	55	Thurrock/Loughton AC's	14.29

6
7
8

DT	Discus M50-59 (1.5Kg) [M50+]	RDA	Team	(NN.nn)
	1 Graham Holder	54	Thurrock/Loughton AC's	38.08
	2 Gavin Sandercock	52	Colchester Harriers AC	19.97
	3 Keith Palmer	61	City of Southend AC	19.13
	4 Peter Waite	55	Chelmsford AC	17.95

5
6
7
8

DT	Discus M60+ (1Kg)	RDA	Team	(NN.nn)
	1 David Bauer	60	Thurrock/Loughton AC's	44.78
	2 Peter Wishart	66	City of Southend AC	36.71
	3 Peter Godron	62	Colchester & Tendering/Ips	25.24
	4 Kevin McAlinden	62	Colchester Harriers AC	14.52

5
6
7
8

DT	Discus M70+ (1Kg)	RDA	Team	(NN.nn)
	1 Geoffrey Tyler	77	Colchester & Tendering/Ips	32.67
	2 Bernard Johnson	70	Thurrock/Loughton AC's	14.47
	3 David Butler	73	Chelmsford AC	10.85
	4 Alastair Kendrick	73	City of Southend AC	8.04

5
6
7
8

TJ	Triple Jump M35-49 [M35+]	RDA	Team	(NN.nn)
	1 Roger Skedd	43	Chelmsford AC	11.53
	2 Michael Shortall	41	Thurrock/Loughton AC's	10.93
	3 Chris Cooper	37	Colchester & Tendering/Ips	10.62
	4 Ade Elegbede	49	City of Southend AC	8.83
	5 Daniel King	43	Colchester Harriers AC	8.73

6
7
8

TJ	Triple Jump M50-59 [M50+]	RDA	Team	(NN.nn)
	1 Alan Fricker	51	Thurrock/Loughton AC's	8.91
	2 Ian Rattray	53	Colchester Harriers AC	8.78
	3 Richard Maskell	50	City of Southend AC	8.72

4
5
6
7
8

TJ	Triple Jump M60+	RDA	Team	(NN.nn)
	1 James Lambden	63	Thurrock/Loughton AC's	8.26
	2 Simon Le Mare	64	City of Southend AC	8.22
	3 Stuart Bazley	64	Chelmsford AC	7.90
	4 Geoffrey Tyler	77	Colchester & Tendering/Ips	4.52

5
6
7
8

PV	Pole Vault M35-49 [M35+]	RDA	Team	(N.nn)
	1 Roger Skedd	43	Chelmsford AC	
	1 Ade Elegbede	49	City of Southend AC	
	1 Daniel King	43	Colchester Harriers AC	
	1 Daniel Williams	46	Colchester & Tendering/Ipswich H	
	1 Michael Shortall	41	Thurrock/Loughton AC's	

6
7
8

PV	Pole Vault M50-59 [M50+]	RDA	Team	(N.nn)
	1 Richard Maskell	50	City of Southend AC	
	1 Gavin Sandercock	52	Colchester Harriers AC	
	1 David Beatty	55	Thurrock/Loughton AC's	

4
5
6
7
8

PV	Pole Vault M60+	RDA	Team	(N.nn)
1	Keith Palmer	61	City of Southend AC	
1	Kevin McAlinden	62	Colchester Harriers AC	

3
4
5
6
7
8

MedR	Relay 4x1 M35-49 [M35+]	RDA	Team	(NN.n)
1	Justin Hubbard	47	Colchester & Tendering/Ips	53.4
	Daniel Williams	46	Colchester & Tendering/Ipswich H	
	Lee Bowker	53	Colchester & Tendering/Ipswich H	
	Chris Cooper	37	Colchester & Tendering/Ipswich H	
2	Ade Elegbede	49	City of Southend AC	54.0
	Clive Farrow	56	City of Southend AC	
	Richard Maskell	50	City of Southend AC	
	Greg Goodrem	42	City of Southend AC	
3	Michael Shortall	41	Thurrock/Loughton AC's	56.7
	Nick Barker	43	Thurrock/Loughton AC's	
	Scott Thrush	39	Thurrock/Loughton AC's	
	Olatunde Akerele	43	Thurrock/Loughton AC's	
4	Dominic King	43	Colchester Harriers AC	61.1
	Daniel King	43	Colchester Harriers AC	
	Angus Holford	37	Colchester Harriers AC	
	Colin Ridley	64	Colchester Harriers AC	

5

MedR	Relay 4x1 M50+	RDA	Team	(NN.n)
1	Peter Waite	55	Chelmsford AC	61.7
	Lee Martin	54	Chelmsford AC	
	Stuart Bazley	64	Chelmsford AC	
	Mark Kybert	64	Chelmsford AC	
2	James Manly	53	Colchester Harriers AC	62.7
	Ian Rattray	53	Colchester Harriers AC	
	Niall McMahon	55	Colchester Harriers AC	
	Patrick Auer	57	Colchester Harriers AC	

3	Matthew Randall	51	City of Southend AC	64.2
	Mark Waller	55	City of Southend AC	
	Matthew Aitken	61	City of Southend AC	
	Simon Le Mare	64	City of Southend AC	
4	Simon Hatcher	50	Thurrock/Loughton AC's	66.9
	Jon Whitehouse	53	Thurrock/Loughton AC's	
	James Lambden	63	Thurrock/Loughton AC's	
	Alan Fricker	51	Thurrock/Loughton AC's	
5				

Enter Non-scoring athletes in the 'Non-Scorers' tab first

Non Scoring (enter bib no., event and result - formatted ap)

Event	Name	AG	1st Claim Club	Result
200m	James Lambden	M60	Loughton AC	32.9
800m	Patrick Auer	M55	Colchester Harriers	0.002073
800m	Simon Hatcher	M50	Thurrock Harriers AC	0.002076
JT3	Daniel King	M40	Colchester Harriers	30.6
JT5	Gavin Sandercock	M50	Colchester Harriers	22.03
DT3	Roger Skedd	M40	Chelmsford	40.45
DT5	Alan Fricker	M50	Loughton AC	21.55
-	-	-	-	-

propriately)