

East - MEN - Match 1

1007	100m	100m M70+	RDA	Team	(NN.n)	Pts	Wind
4	1	Chris Palmer	74	Ryston Runners	15.5	6	
5	2	Ian Reeve	73	West Norfolk AC	16.3	5	
3	3	John Spriggs	73	Peterborough & Nene Valley	18.8	4	
	4					3	
	5					2	
	6					1	
1	7	Noel Moss	81	Cambridge & Coleridge AC		0	DNF
	8					0	

4003	400m	400m M35-49 [M35+]	RDA	Team	(NN.n)	Pts
1	1	Roy Ramon Pelegrin	45	Cambridge & Coleridge AC	54.7	6
3	2	David Brown	48	Peterborough & Nene Valley	55.9	5
6	3	Matthys Wessels	47	Ely Runners	62.4	4
4	4	Andy Lucraft-Townley	44	Ryston Runners	62.9	3
2	5	Adrian Frost	55	Newmarket/St Edmund Pacers	71.1	2
5	6	Jamie Bransgrove	47	West Norfolk AC	72.2	1
	7					0
	8					0

4005	400m	400m M50-59 [M50+]	RDA	Team	(NN.n)	Pts
3	1	Andrew Stowe	51	Peterborough & Nene Valley	60.0	6
2	2	Richard Defries	54	Newmarket/St Edmund Pacers	63.6	5
1	3	Kevin Russell	63	Cambridge & Coleridge AC	68.8	4
5	4	Mark Garrett	54	West Norfolk AC	72.3	3
	5					2
	6					1
	7					0
	8					0

4006	400m	400m M60+	RDA	Team	(NN.n)	Pts
5	1	Carl Pickett	61	West Norfolk AC	68.9	6
2	2	Eamonn Coveney	63	Newmarket/St Edmund Pacers	69.9	5
1	3	Paul Fletcher	62	Cambridge & Coleridge AC	70.7	4
3	4	Malcolm Tuff	61	Peterborough & Nene Valley	74.9	3
4	5	Unknown athlete	-	Ryston Runners	78.4	2
6	6	Graham Chapman	69	Ely Runners	79.0	1
	7					0
	8					0

15003	1500m	1500m M35-49 [M35+]	RDA	Team	(NN:NN.n)	Pts
5	1	Callum Stanforth	35	West Norfolk AC	04:24.1	6
1	2	Paul Shearer	35	Cambridge & Coleridge AC	04:36.0	5
4	3	Daniel Smith	41	Ryston Runners	04:40.3	4
2	4	Oliver Clanford	47	Newmarket/St Edmund Pacers	04:44.4	3
6	5	Lee Tatum	45	Ely Runners	04:44.9	2
3	6	Andrew Dobedoe	46	Peterborough & Nene Valley	05:05.7	1
	7					0
	8					0

	M70+	AG %	EA No
	-	80.9	3789982
	-	76.4	2784076
	-	66.2	3573756
			2746489

M35-49	M50-59	M60-69	M70+	AG %	EA No
-	x	x	x	85.4	3708987
-	x	x	x	85.3	2955064
-	x	x	x	75.9	3163316
-	x	x	x	73.8	4229882
x	-	x	x	70.2	3459139
-	x	x	x	65.6	3511602

M50-59	M60-69	M70+	AG %	EA No
-	x	x	81.0	3418825
-	x	x	78.0	3418825
x	-	x	76.7	3516414
-	x	x	68.6	3821088

M60-69	M70+	AG %	EA No
-	x	75.5	3222109
-	x	75.4	3811388
-	x	74.1	3181429
-	x	69.5	2781837
x	x	-	-
-	x	69.6	2759144

M35-49	M50-59	M60-69	M70+	AG %	EA No
-	x	x	x	79.2	3236576
-	x	x	x	75.8	3339466
-	x	x	x	77.6	3964403
-	x	x	x	79.8	3207932
-	x	x	x	78.5	3791530
-	x	x	x	73.7	4233021

East - MEN - Match 1

LJ6	LJ	Long Jump M60+	RDA	Team	(N.nn)	Pts	Wind
4	1	Richard Van Baaren	63	Ryston Runners	4.21	6	
1	2	David Van Den Bergh	61	Cambridge & Coleridge AC	3.61	5	
5	3	John Greenhalgh	60	West Norfolk AC	2.25	4	
3	4	Kevin Bates	74	Peterborough & Nene Valley	2.12	3	
	5					2	
	6					1	
	7					0	
	8					0	

LJ7	LJ	Long Jump M70+	RDA	Team	(N.nn)	Pts	Wind
5	1	Ian Reeve	73	West Norfolk AC	3.67	6	
3	2	John Spriggs	73	Peterborough & Nene Valley	3.03	5	
	3					4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

HJ3	HJ	High Jump M35-49 [M35+]	RDA	Team	(N.nn)	Pts
1	1	Steven Green	43	Cambridge & Coleridge AC	1.50	6
4	2	Glen Paxman	38	Ryston Runners	1.45	5
5	3	Jamie Bransgrove	47	West Norfolk AC	1.30	4
	4					3
	5					2
	6					1
	7					0
	8					0

HJ5	HJ	High Jump M50-59 [M50+]	RDA	Team	(N.nn)	Pts
1	1	Stephen Vandermark	60	Cambridge & Coleridge AC	1.40	6
5	2	Ricky Bailey	58	West Norfolk AC	1.15	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

HJ6	HJ	High Jump M60+	RDA	Team	(N.nn)	Pts
1	1	David Van Den Bergh	61	Cambridge & Coleridge AC	1.40	6
4	2	Ian Wells	64	Ryston Runners	1.20	5
5	3	Ian Reeve	73	West Norfolk AC	1.15	4
	4					3
	5					2
	6					1
	7					0
	8					0

M60-69	M70+	AG %	EA No
-	x	67.8	4057115
-	x	56.7	3215013
-	x	34.9	2675734
x	-	39.5	3631212

M70+	AG %	EA No
-	67.4	2784076
-	55.7	3573756

M35-49	M50-59	M60-69	M70+	AG %	EA No
-	x	x	x	67.0	2721070
-	x	x	x	61.7	2872085
-	x	x	x	60.4	3511602

M50-59	M60-69	M70+	AG %	EA No
x	LR=	x	74.2	3965462
-	x	x	59.7	3696890

M60-69	M70+	AG %	EA No
LR=	x	75.0	3215013
-	x	66.3	4042427
x	LR	70.1	2784076

Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib	Event	Name	AG		Result
459	100m	Chung Tu	M35	C&C	12.3
431	100m	Isaiah Perumalla	M35	C&C	12.3
439	100m	Dave Collier	M55	Panvac	13.9
993	100m	Andy Fryatt	M50	Newmarket Joggers	16.30
988	400m	Mark Lewis	M50	Pacers	75.7
589	400m	Mark Davis	M55	Pacers	76.8
989	1500m	Miguel Branco	M35	C&C	04:37.5
990	1500m	David Wassell	M50	Panvac	05:07.2
590	1500m	Darren Eastee	M50	Weat Norfolk	05:14.1
498	1500m	James Crockford	M35	C&C	05:23.0
991	1500m	Paul Fletcher	M60	C&C	05:39.0
993	1500m	Andy Fryatt	M50	Newmarket Joggers	05:40.1
425	1500m	Peter Bennet	M60	C&C	06:03.0
997	2kWalk	Rio McAndrew	M13	Newmarket Joggers	10:32.4
425	2kWalk	Peter Bennet	M60	C&C	15:22.8
998	2kWalk	Mark Lewis	M50	St Edmund Pacers	19:02.3
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