

East - WOMEN - Match 1

Insert non scoring results at the bottom						
EMAC Track & Field League			East Division - Match 1		Teams =	6
Bury St Edmunds			Wed	06 May 2026		
				Overall Match Scores		
O/A	Pos	Women's Teams	Bib	Match 1 Points	Final	Pos
x	1	Newmarket/St Edmund Pacers	B	118.0	118.0	1
x	2	Cambridge & Coleridge AC	A	109.0	109.0	2
x	3	Peterborough & Nene Valley	C	100.0	100.0	3
x	4	Ryston Runners	D	99.0	99.0	4
x	5	West Norfolk AC	E	34.0	34.0	5
x	6	Ely Runners	F	14.0	14.0	6
x	7	Spare 8	H	0.0	0.0	7
x	7	Spare 7	G	0.0	0.0	7

Highest Track Age Graded % =			84.6
Athlete	Elke Hausler	RDA	63
Club	Newmarket/St Edmund Pacers		
Event	1500m W60-69 [W60+]		
Result	05:51.90		
Format to suit the result			

Highest Field Age Graded % =			73.7
Athlete	Judith Jagger	RDA	65
Club	Peterborough & Nene Valley		
Event	High Jump W60-69 [W60+]		
Result	1.12		

Single letters (A-H, x) only RDA = Race Day Age
Do not insert athlete data in Results section - use "Declarations" tab only Hand Timing scoring

1003	100m	100m W35-49 [W35+]	RDA	Team	(NN.n)	Pts	Wind
c	1	Claire Smith	49	Peterborough & Nene Valley	13.8	6	
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	14.3	5	
A	3	Lowri Chatfield	48	Cambridge & Coleridge AC	15.3	4	
E	4	Victoria Reed	46	West Norfolk AC	16.2	3	
F	5	Laura Todd	36	Ely Runners	16.7	2	
D	6	Cat Foley-Wray	39	Ryston Runners	17.4	1	
	7					0	
	8					0	

Records				2023	EA No
W35-49	W50-59	W60-69	W70+	AG %	
-	x	x	x	83.5	3575627
-	x	x	x	77.5	4048604
-	x	x	x	74.7	4062016
-	x	x	x	69.5	4241944
-	x	x	x	63.1	4150243
-	x	x	x	61.3	3975494

1005	100m	100m W50-59 [W50+]	RDA	Team	(NN.n)	Pts	Wind
B	1	Christine Anthony	63	Newmarket/St Edmund Pacers	16.7	6	
A	2	Esther van Sluijs	50	Cambridge & Coleridge AC	16.8	5	
E	3	Katrina Wastenev	54	West Norfolk AC	21.3	4	
D	4	Pat Brightman	73	Ryston Runners	29.6	3	
	5					2	
	6					1	
	7					0	
	8					0	

W50-59	W60-69	W70+	AG %	EA No
x	-	x	77.2	2715397
-	x	x	69.1	4130065
-	x	x	56.3	2981176
x	x	-	47.4	2784560

1006	100m	100m W60-69 [W60+]	RDA	Team	(NN.n)	Pts	Wind
C	1	Judith Jagger	65	Peterborough & Nene Valley	17.5	6	
A	2	Rosemary Abbott	65	Cambridge & Coleridge AC	17.7	5	
D	3	Gaye Clarke	65	Ryston Runners	17.7	4	
B	4	Dawn Mason	69	Newmarket/St Edmund Pacers	19.6	3	
	5					2	
	6					1	
	7					0	
	8					0	

W60-69	W70+	AG %	EA No
-	x	74.9	2676481
-	x	74.1	4129090
-	x	74.1	2781883
-	x	69.2	2698800

East - WOMEN - Match 1

1007	100m	100m W70+	RDA	Team	(NN.n)	Pts	Wind
B	1	Jenny Morgan	70	Newmarket/St Edmund Pacers	22.7	6	
D	2	Gill Hart	73	Ryston Runners	25.1	5	
C	3	Brenda Church	73	Peterborough & Nene Valley	25.6	4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

4003	400m	400m W35-49 [W35+]	RDA	Team	(NN.n)	Pts
C	1	Claire Smith	49	Peterborough & Nene Valley	66.3	6
A	2	Helen Zenner Branco	43	Cambridge & Coleridge AC	73.2	5
B	3	Anna Slater	49	Newmarket/St Edmund Pacers	79.9	4
	4					3
	5					2
	6					1
	7					0
	8					0

4005	400m	400m W50-59 [W50+]	RDA	Team	(NN.n)	Pts
B	1	Carol Carter	55	Newmarket/St Edmund Pacers	80.2	6
E	2	Katrina Wastaney	54	West Norfolk AC	87.4	5
A	3	Sophie Moore	52	Cambridge & Coleridge AC	87.9	4
D	4	Linda Marshall	61	Ryston Runners	90.9	3
	5					2
	6					1
	7					0
	8					0

4006	400m	400m W60-69 [W60+]	RDA	Team	(NN.n)	Pts
B	1	Christine Anthony	63	Newmarket/St Edmund Pacers	76.5	6
A	2	Joan Lasenby	66	Cambridge & Coleridge AC	91.7	5
D	3	Gill Hart	73	Ryston Runners	137.1	4
	4					3
	5					2
	6					1
	7					0
	8					0

15003	1500m	1500m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
B	1	Helen Baldwin	44	Newmarket/St Edmund Pacers	05:40.7	6
D	2	Cat Foley-Wray	39	Ryston Runners	05:46.7	5
A	3	Claire Palmer	45	Cambridge & Coleridge AC	06:26.4	4
	4					3
	5					2
	6					1
	7					0
	8					0

W70+	AG %	EA No
-	60.3	3486880
-	55.9	2762611
-	54.8	3791652

W35-49	W50-59	W60-69	W70+	AG %	EA No
-	x	x	x	82.6	3575627
-	x	x	x	71.3	2980300
-	x	x	x	68.6	4221544

W50-59	W60-69	W70+	AG %	EA No
-	x	x	72.1	3910961
-	x	x	65.5	2981176
-	x	x	64.0	4136195
x	-	x	67.5	2781803

W60-69	W70+	AG %	EA No
-	x	82.0	2715397
-	x	70.7	2746434
x	-	51.5	2762611

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	73.9	4189883
-	x	x	x	69.7	3975494
-	x	x	x	65.7	4018125

East - WOMEN - Match 1

HT3	HT	Hammer W35-49 (4Kg) [W35+]	RDA	Team	(NN.nn)	Pts
C	1	Andrea Jenkins	50	Peterborough & Nene Valley	38.02	6
A	2	Lisa Teverson	58	Cambridge & Coleridge AC	23.02	5
D	3	Zoe Fiander	37	Ryston Runners	21.19	4
F	4	Julie Smith	42	Ely Runners	13.36	3
E	5	Jen Gosnell	44	West Norfolk AC	10.95	2
B	6	Helen Baldwin	44	Newmarket/St Edmund Pacers	9.35	1
	7					0
	8					0

HT5	HT	Hammer W50-59 (3Kg) [W50+]	RDA	Team	(NN.nn)	Pts
A	1	Sarah McGrath	53	Cambridge & Coleridge AC	29.52	6
C	2	Sally Pusey	58	Peterborough & Nene Valley	21.73	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

HT6	HT	Hammer W60-69 (3Kg) [W60+]	RDA	Team	(NN.nn)	Pts
D	1	Gaye Clarke	65	Ryston Runners	25.01	6
C	2	Judith Jagger	65	Peterborough & Nene Valley	22.67	5
B	3	Dawn Mason	69	Newmarket/St Edmund Pacers	20.10	4
A	4	Joan Lasenby	66	Cambridge & Coleridge AC	12.59	3
	5					2
	6					1
	7					0
	8					0

HT7	HT	Hammer W70-74 (3Kg) [W70+]	RDA	Team	(NN.nn)	Pts
D	1	Marlene Simmonds	80	Ryston Runners	15.80	6
C	2	Brenda Church	73	Peterborough & Nene Valley	13.13	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

SP3	SP	Shot W35-49 (4Kg) [W35+]	RDA	Team	(NN.nn)	Pts
C	1	Andrea Jenkins	50	Peterborough & Nene Valley	9.09	6
A	2	Sara Dodd	48	Cambridge & Coleridge AC	8.43	5
B	3	Catherine Peck	44	Newmarket/St Edmund Pacers	7.62	4
E	4	Victoria Reed	46	West Norfolk AC	6.90	3
D	5	Zoe Fiander	37	Ryston Runners	6.29	2
F	6	Julie Smith	42	Ely Runners	5.29	1
	7					0
	8					0

W35-49	AG %	EA No
x	-	2768996
x	-	3979967
-	28.0	4086543
-	19.4	4126791
-	16.5	3976672
-	14.1	4189883

W50-59	W60-69	W70-74	AG %	EA No
-	x	x	46.2	3671649
-	x	x	37.8	3565059

W60-69	W70-74	AG %	EA No
-	x	51.1	2781883
-	x	46.3	2676481
-	x	45.3	2698800
-	x	26.3	2746434

W70-74	AG %	EA No
x	-	2781826
-	32.9	3791652

W35-49	AG %	EA No
x	-	2768996
-	50.2	4237740
-	42.6	4048604
-	39.8	4241944
-	31.6	4086543
-	28.7	4126791

East - WOMEN - Match 1

SP5	SP	Shot W50-59 (3Kg) [W50+]	RDA	Team	(N.N.nn)	Pts
A	1	Sarah McGrath	53	Cambridge & Coleridge AC	10.21	6
C	2	Sally Pusey	58	Peterborough & Nene Valley	6.29	5
E	3	Katrina Wasteneay	54	West Norfolk AC	5.74	4
B	4	Eloise Bird	58	Newmarket/St Edmund Pacers	4.71	3
	5					2
	6					1
	7					0
	8					0

SP6	SP	Shot W60-69 [W60+] (3Kg)	RDA	Team	(N.N.nn)	Pts
C	1	Judith Jagger	65	Peterborough & Nene Valley	7.92	6
D	2	Gaye Clarke	65	Ryston Runners	6.58	5
B	3	Dawn Mason	69	Newmarket/St Edmund Pacers	6.09	4
A	4	Pamela Abbott	63	Cambridge & Coleridge AC	5.88	3
	5					2
	6					1
	7					0
	8					0

SP7	SP	Shot W70-74 [W70+] (3Kg)	RDA	Team	(N.N.nn)	Pts
C	1	Brenda Church	73	Peterborough & Nene Valley	4.57	6
D	2	Pat Brightman	73	Ryston Runners	3.00	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

LJ3	LJ	Long Jump W35-49 [W35+]	RDA	Team	(N.nn)	Pts	Wind
A	1	Anne Moindrot	43	Cambridge & Coleridge AC	4.06	6	
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	3.77	5	
F	3	Laura Todd	36	Ely Runners	3.33	4	
E	4	Victoria Reed	46	West Norfolk AC	3.30	3	
C	5	Andrea Jenkins	50	Peterborough & Nene Valley	1.82	2	
	6					1	
	7					0	
	8					0	

LJ5	LJ	Long Jump W50-59 [W50+]	RDA	Team	(N.nn)	Pts	Wind
A	1	Esther van Sluijs	50	Cambridge & Coleridge AC	3.65	6	
D	2	Elizabeth Blakie	67	Ryston Runners	2.42	5	
B	3	Eloise Bird	58	Newmarket/St Edmund Pacers	2.02	4	
C	4	Sally Pusey	58	Peterborough & Nene Valley	1.14	3	
	5					2	
	6					1	
	7					0	
	8					0	

W50-59	W60-69	W70-74	AG %	EA No
-	x	x	57.3	3671649
-	x	x	38.6	3565059
-	x	x	32.8	2981176
-	x	x	28.9	2715426

W60-69	W70-74	AG %	EA No
-	x	55.7	2676481
-	x	46.3	2781883
-	x	46.6	2698800
-	x	39.7	3191121

W70-74	AG %	EA No
-	38.4	3791652
-	25.2	2784560

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	61.7	2828378
-	x	x	x	58.0	4048604
-	x	x	x	46.8	4150243
-	x	x	x	51.9	4241944
x	-	x	x	30.0	2768996

W50-59	W60+	W70+	AG %	EA No
-	x	x	60.1	4130065
x	-	x	49.4	2781871
-	x	x	36.7	2715426
-	x	x	20.7	3565059

East - WOMEN - Match 1

LJ6	LJ	Long Jump W60-69 [W60+]	RDA	Team	(N.nn)	Pts	Wind
D	1	Gaye Clarke	65	Ryston Runners	3.17	6	
C	2	Judith Jagger	65	Peterborough & Nene Valley	3.12	5	
A	3	Pamela Abbott	63	Cambridge & Coleridge AC	2.39	4	
B	4	Dawn Mason	69	Newmarket/St Edmund Pacers	1.91	3	
	5					2	
	6					1	
	7					0	
	8					0	

LJ7	LJ	Long Jump W70+	RDA	Team	(N.nn)	Pts	Wind
D	1	Marlene Simmonds	80	Ryston Runners	1.61	6	
C	2	Brenda Church	73	Peterborough & Nene Valley	1.55	5	
	3					4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

HJ3	HJ	High Jump W35-49 [W35+]	RDA	Team	(N.nn)	Pts
A	1	Lowri Chatfield	48	Cambridge & Coleridge AC	1.27	6
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	1.21	5
F	3	Laura Todd	36	Ely Runners	1.09	4
C	4	Andrea Jenkins	50	Peterborough & Nene Valley	0.91	3
	5					2
	6					1
	7					0
	8					0

HJ5	HJ	High Jump W50-59 [W50+]	RDA	Team	(N.nn)	Pts
A	1	Esther van Sluijs	50	Cambridge & Coleridge AC	1.18	6
B	2	Eloise Bird	58	Newmarket/St Edmund Pacers	1.09	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

HJ6	HJ	High Jump W60-69 [W60+]	RDA	Team	(N.nn)	Pts
C	1	Judith Jagger	65	Peterborough & Nene Valley	1.12	6
D	2	Gaye Clarke	65	Ryston Runners	1.12	5
A	3	Pamela Abbott	63	Cambridge & Coleridge AC	0.91	4
	4					3
	5					2
	6					1
	7					0
	8					0

W60+	W70+	AG %	EA No
-	x	63.0	2781883
-	x	62.0	2676481
-	x	46.2	3191121
-	x	40.0	2698800

W70+	AG %	EA No
-	40.1	2781826
-	34.3	3791652

W35-49	W50-59	W60-69	W70+	AG %	EA No
-	x	x	x	70.5	4062016
-	x	x	x	64.5	4048604
-	x	x	x	53.7	4150243
x	-	x	x	51.5	2768996

W50-59	W60-69	W70+	AG %	EA No
-	x	x	66.8	4130065
-	x	x	66.7	2715426

W60-69	W70+	AG %	EA No
-	x	73.7	2676481
-	x	73.7	2781883
-	x	58.7	3191121

East - WOMEN - Match 1

R4224-35	MedR	Relay 4224 W35-49 [W35+]	RDA	Team	(N:NN.n)	Pts
B	1	Catherine Peck	44	Newmarket/St Edmund Pacers	3:38.8	6
Ba		Anna Slater	49	Newmarket/St Edmund Pacers		
Bb		Eloise Bird	58	Newmarket/St Edmund Pacers		
Bc		Helen Baldwin	44	Newmarket/St Edmund Pacers		
C	2	Wendy Perkins	46	Peterborough & Nene Valley	3:43.8	5
Ca		Claire Smith	49	Peterborough & Nene Valley		
Cb		Judith Jagger	65	Peterborough & Nene Valley		
Cc		Elisabeth Sennitt Clough	51	Peterborough & Nene Valley		
A	3	Claire Palmer	45	Cambridge & Coleridge AC	3:52.5	4
Aa		Lowri Chatfield	48	Cambridge & Coleridge AC		
Ab		Sara Dodd	48	Cambridge & Coleridge AC		
Ac		Helen Zenner Branco	43	Cambridge & Coleridge AC		
D	4	Cat Foley-Wray	39	Ryston Runners	4:12.1	3
Da		Pat Brightman	73	Ryston Runners		
Db		Gaye Clarke	65	Ryston Runners		
Dc		Linda Marshall	61	Ryston Runners		
	5					2
a						
b						
c						

Rec
-

4048604
4221544
2715426
4189883
2923048
3575627
2676481
3703928
4018125
4062016
4237740
2980300
3975494
2784560
2781883
2781803

R4224-50	MedR	Relay 4224 W50+	RDA	Team	(N:NN.n)	Pts
B	1	Carol Carter	55	Newmarket/St Edmund Pacers	4:03.5	6
Ba		Dawn Mason	63	Newmarket/St Edmund Pacers		
Bb		Elke Hausler	69	Newmarket/St Edmund Pacers		
Bc		Christine Anthony	63	Newmarket/St Edmund Pacers		
	2					5
a						
b						
c						
A	-	Sophie Moore	52	Cambridge & Coleridge AC	4:19.0	0 DQ
Aa		Esther van Sluijs	50	Cambridge & Coleridge AC		
Ab		Sarah McGrath	53	Cambridge & Coleridge AC		
Ac		Jane Packman	60	Cambridge & Coleridge AC		
	8					0
a						
b						
c						

Rec
-

3910961
3478624
2698800
2715397
4136195
4130065
3671649
3021683

Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib No.	Event	Name	AG	1st Claim Club	Result
994	LJ	Pat Brightman	W70	GYDAC	1.28
391	2kWalk	Sophie Blundell	WU15	Newmarket Joggers	11:35.8
999	1500	Jane Packman	W60	C&C	06:28.2
		-	-	-	