

South - MEN - Match 1

| 15005 | 1500m | 1500m M50-59 [M50+] | RDA | Team | (NN:NN.n) | Pts |
|-------|-------|---------------------|-----|----------------------------------|-----------|-----|
| 4 | 1 | Nathan Laud | 50 | Colchester & Tendering/Ipswich H | 04:29.4 | 6 |
| 2 | 2 | Mark Waller | 55 | City of Southend AC | 04:35.6 | 5 |
| 1 | 3 | Peter Tullett | 66 | Chelmsford AC | 04:46.0 | 4 |
| 3 | 4 | Jonathan Nears | 51 | Colchester Harriers AC | 04:58.9 | 3 |
| 5 | 5 | David Beatty | 54 | Thurrock/Loughton AC's | 06:19.8 | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| 15006 | 1500m | 1500m M60 [M60+] | RDA | Team | (NN:NN.n) | Pts |
|-------|-------|------------------|-----|------------------------|-----------|-----|
| 2 | 1 | Simon Le Mare | 64 | City of Southend AC | 05:04.0 | 6 |
| 3 | 2 | Colin Ridley | 64 | Colchester Harriers AC | 05:16.1 | 5 |
| 5 | 3 | Eamonn Shelley | 65 | Thurrock/Loughton AC's | 05:41.3 | 4 |
| 1 | 4 | Mark Kybert | 64 | Chelmsford AC | 05:57.0 | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| 15007 | 1500m | 1500m M70+ [M70+] | RDA | Team | (NN:NN.n) | Pts |
|-------|-------|-------------------|-----|---------------------|-----------|-----|
| 2 | 1 | Alastair Kendrick | 73 | City of Southend AC | 07:40.4 | 6 |
| | 2 | | | | | 5 |
| | 3 | | | | | 4 |
| | 4 | | | | | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| HT3 | HT | Hammer M35-49 (7.26Kg) [M35+] | RDA | Team | (NN.nn) | Pts |
|-----|----|-------------------------------|-----|----------------------------------|---------|-----|
| 1 | 1 | Yasha Bobash | 38 | Chelmsford AC | 47.71 | 6 |
| 3 | 2 | Daniel King | 42 | Colchester Harriers AC | 13.74 | 5 |
| 4 | 3 | Daniel Williams | 46 | Colchester & Tendering/Ipswich H | 11.96 | 4 |
| 5 | 4 | David Beatty | 54 | Thurrock/Loughton AC's | 11.91 | 3 |
| 2 | 5 | Ade Elegbede | 49 | City of Southend AC | 8.31 | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| HT5 | HT | Hammer M50-59 (6Kg) [M50+] | RDA | Team | (NN.nn) | Pts |
|-----|----|----------------------------|-----|----------------------------------|---------|-----|
| 5 | 1 | Graham Holder | 54 | Thurrock/Loughton AC's | 53.17 | 6 |
| 4 | 2 | Simon Collett | 55 | Colchester & Tendering/Ipswich H | 17.26 | 5 |
| 2 | 3 | Keith Palmer | 61 | City of Southend AC | 17.10 | 4 |
| 3 | 4 | Simon Morgan | 58 | Colchester Harriers AC | 16.19 | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| M50-59 | M60-69 | M70+ | AG % | EA No |
|--------|--------|------|------|---------|
| - | x | x | 86.2 | 2832365 |
| - | x | x | 87.7 | 3549152 |
| x | - | x | 93.0 | 2717168 |
| - | x | x | 78.3 | 2710805 |
| - | x | x | 63.1 | 3764491 |
| | | | | |
| | | | | |
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| M60-69 | M70+ | AG % | EA No |
|--------|------|------|---------|
| - | x | 85.9 | 2912777 |
| - | x | 82.6 | 2698820 |
| - | x | 77.2 | 2980570 |
| - | x | 73.2 | 4015467 |
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| M70+ | AG % | EA No |
|------|------|---------|
| - | 62.0 | 2764502 |
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| M35-49 | AG % | EA No |
|--------|------|---------|
| - | 57.6 | 2906848 |
| - | 17.4 | 2710785 |
| - | 16.0 | 4183085 |
| x | - | 3764491 |
| - | 11.6 | 3940643 |
| | | |
| | | |
| | | |
| | | |

| M50-59 | AG % | EA No |
|--------|------|---------|
| - | 72.7 | 2692808 |
| - | 24.0 | 3863310 |
| x | - | 2829682 |
| - | 23.6 | 2691566 |
| | | |
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South - MEN - Match 1

| HT6 | HT | Hammer M60-69 (5Kg) [M60+] | RDA | Team | (NN.nn) | Pts |
|-----|----|-----------------------------|-----|----------------------------------|---------|-----|
| 5 | 1 | David Bauer | 60 | Thurrock/Loughton AC's | 33.71 | 6 |
| 2 | 2 | Peter Wishart | 66 | City of Southend AC | 23.95 | 5 |
| 4 | 3 | Peter Godron | 61 | Colchester & Tendering/Ipswich H | 19.93 | 4 |
| 3 | 4 | Kevin McAlinden | 62 | Colchester Harriers AC | 15.61 | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |
| HT7 | HT | Hammer M70-79 (4Kg) [M70+] | RDA | Team | (NN.nn) | Pts |
| 4 | 1 | Geoffrey Tyler | 77 | Colchester & Tendering/Ipswich H | 29.35 | 6 |
| | 2 | | | | | 5 |
| | 3 | | | | | 4 |
| | 4 | | | | | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |
| SP3 | SP | Shot M35-49 (7.26Kg) [M35+] | RDA | Team | (NN.nn) | Pts |
| 1 | 1 | Roger Skedd | 43 | Chelmsford AC | 12.03 | 6 |
| 3 | 2 | Dominic King | 42 | Colchester Harriers AC | 7.21 | 5 |
| 4 | 3 | Daniel Williams | 46 | Colchester & Tendering/Ipswich H | 6.39 | 4 |
| 5 | 4 | David Beatty | 54 | Thurrock/Loughton AC's | 6.37 | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |
| SP5 | SP | Shot M50-59 (6Kg) [M50+] | RDA | Team | (NN.nn) | Pts |
| 5 | 1 | Graham Holder | 54 | Thurrock/Loughton AC's | 10.97 | 6 |
| 1 | 2 | Nigel Gardner | 54 | Chelmsford AC | 8.41 | 5 |
| 4 | 3 | Simon Collett | 55 | Colchester & Tendering/Ipswich H | 8.06 | 4 |
| 3 | 4 | James Manly | 53 | Colchester Harriers AC | 7.93 | 3 |
| 2 | 5 | Keith Palmer | 61 | City of Southend AC | 6.96 | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |
| SP6 | SP | Shot M60-69 (5Kg) [M60+] | RDA | Team | (NN.nn) | Pts |
| 5 | 1 | David Bauer | 60 | Thurrock/Loughton AC's | 11.59 | 6 |
| 4 | 2 | Peter Godron | 61 | Colchester & Tendering/Ipswich H | 9.46 | 5 |
| 2 | 3 | Peter Wishart | 66 | City of Southend AC | 9.43 | 4 |
| 3 | 4 | Kevin McAlinden | 62 | Colchester Harriers AC | 6.44 | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| M60-69 | AG % | EA No |
|--------|------|---------|
| - | 46.5 | 2953600 |
| - | 37.0 | 2663227 |
| - | 28.0 | 3670260 |
| - | 22.3 | 2816582 |
| | | |
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| M70-79 | AG % | EA No |
| - | - | 3341824 |
| | | |
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| M35-49 | AG % | EA No |
| - | 59.5 | 2681217 |
| - | 35.2 | 2710786 |
| - | 32.9 | 4183085 |
| x | - | 3764491 |
| | | |
| | | |
| | | |
| | | |
| | | |
| M50-59 | AG % | EA No |
| - | 57.4 | 2692808 |
| - | 44.0 | 3947236 |
| - | 42.8 | 3863310 |
| - | 40.9 | 3249845 |
| x | - | 2829682 |
| | | |
| | | |
| | | |
| | | |
| M60-69 | AG % | EA No |
| - | 60.8 | 2953600 |
| - | 50.4 | 3670260 |
| - | 54.7 | 2663227 |
| - | 34.9 | 2816582 |
| | | |
| | | |
| | | |
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| | | |

South - MEN - Match 1

| SP7 | SP | Shot M70-79 (4Kg) [M70+] | RDA | Team | (N.nn) | Pts | | | | | M70-79 | AG % | EA No |
|-----|----|--------------------------|-----|----------------------------------|--------|-----|------|--------|--------|---------|---------|---------|---------|
| 4 | 1 | Geoffrey Tyler | 77 | Colchester & Tendering/Ipswich H | 10.75 | 6 | | | | | LR | - | 3670260 |
| 2 | 2 | Alastair Kendrick | 73 | City of Southend AC | 2.36 | 5 | | | | | | - | 2663227 |
| | 3 | | | | | 4 | | | | | | | |
| | 4 | | | | | 3 | | | | | | | |
| | 5 | | | | | 2 | | | | | | | |
| | 6 | | | | | 1 | | | | | | | |
| | 7 | | | | | 0 | | | | | | | |
| | 8 | | | | | 0 | | | | | | | |
| LJ3 | LJ | Long Jump M35-49 [M35+] | RDA | Team | (N.nn) | Pts | Wind | M35-49 | M50-59 | M60-69 | M70+ | AG % | EA No |
| 1 | 1 | Roger Skedd | 43 | Chelmsford AC | 5.42 | 6 | | - | x | x | x | 68.7 | 2681217 |
| 5 | 2 | Michael Shortall | 41 | Thurrock/Loughton AC's | 5.09 | 5 | | - | x | x | x | 63.1 | 2800336 |
| 2 | 3 | Ade Elegbede | 49 | City of Southend AC | 4.61 | 4 | | - | x | x | x | 62.6 | 3940643 |
| 4 | 4 | Justin Hubbard | 47 | Colchester & Tendering/Ipswich H | 4.47 | 3 | | - | x | x | x | 59.3 | 3613802 |
| 3 | 5 | Dominic King | 42 | Colchester Harriers AC | 3.77 | 2 | | - | x | x | x | 47.3 | 2710786 |
| | 6 | | | | | 1 | | | | | | | |
| | 7 | | | | | 0 | | | | | | | |
| | 8 | | | | | 0 | | | | | | | |
| LJ5 | LJ | Long Jump M50-59 [M50+] | RDA | Team | (N.nn) | Pts | Wind | M50-59 | M60-69 | M70+ | AG % | EA No | |
| 1 | 1 | Nigel Gardner | 54 | Chelmsford AC | 3.96 | 6 | | - | x | x | 57.1 | 3947236 | |
| 5 | 2 | Alan Fricker | 51 | Thurrock/Loughton AC's | 3.72 | 5 | | - | x | x | 51.7 | 3942083 | |
| 2 | 3 | Clive Farrow | 56 | City of Southend AC | 3.43 | 4 | | - | x | x | 50.6 | 2782942 | |
| 3 | 4 | James Manly | 53 | Colchester Harriers AC | 2.20 | 3 | | - | x | x | 31.3 | 3249845 | |
| | 5 | | | | | 2 | | | | | | | |
| | 6 | | | | | 1 | | | | | | | |
| | 7 | | | | | 0 | | | | | | | |
| | 8 | | | | | 0 | | | | | | | |
| LJ6 | LJ | Long Jump M60+ | RDA | Team | (N.nn) | Pts | Wind | M60-69 | M70+ | AG % | EA No | | |
| 5 | 1 | James Lambden | 63 | Thurrock/Loughton AC's | 3.39 | 6 | | - | x | 54.6 | 3985156 | | |
| 2 | 2 | Simon Le Mare | 64 | City of Southend AC | 3.23 | 5 | | - | x | 52.7 | 2912777 | | |
| 3 | 3 | Alistair Holford | 69 | Colchester Harriers AC | 3.15 | 4 | | - | x | 54.8 | 2749257 | | |
| | 4 | | | | | 3 | | | | | | | |
| | 5 | | | | | 2 | | | | | | | |
| | 6 | | | | | 1 | | | | | | | |
| | 7 | | | | | 0 | | | | | | | |
| | 8 | | | | | 0 | | | | | | | |
| LJ7 | LJ | Long Jump M70+ | RDA | Team | (N.nn) | Pts | Wind | M70+ | AG % | EA No | | | |
| 4 | 1 | Geoffrey Tyler | 77 | Colchester & Tendering/Ipswich H | 1.59 | 6 | | - | 31.0 | 3341824 | | | |
| 2 | 2 | Alastair Kendrick | 73 | City of Southend AC | 1.27 | 5 | | - | 23.3 | 2764502 | | | |
| | 3 | | | | | 4 | | | | | | | |
| | 4 | | | | | 3 | | | | | | | |
| | 5 | | | | | 2 | | | | | | | |
| | 6 | | | | | 1 | | | | | | | |
| | 7 | | | | | 0 | | | | | | | |
| | 8 | | | | | 0 | | | | | | | |

South - MEN - Match 1

| HJ3 | HJ | High Jump M35-49 [M35+] | RDA | Team | (N.nn) | Pts |
|-----|----|-------------------------|-----|----------------------------------|--------|-----|
| 1 | 1 | Roger Skedd | 43 | Chelmsford AC | 1.66 | 6 |
| 2 | 2 | Richard Maskell | 49 | City of Southend AC | 1.35 | 5 |
| 5 | =3 | Olatunde Akerele | 42 | Thurrock/Loughton AC's | 1.30 | 3.5 |
| 3 | =3 | Daniel King | 42 | Colchester Harriers AC | 1.30 | 3.5 |
| 4 | 5 | Aaron Bollu | 47 | Colchester & Tendering/Ipswich H | 1.20 | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| HJ5 | HJ | High Jump M50-59 [M50+] | RDA | Team | (N.nn) | Pts |
|-----|----|-------------------------|-----|----------------------------------|--------|-----|
| 5 | 1 | Alan Fricker | 51 | Thurrock/Loughton AC's | 1.40 | 6 |
| 4 | 2 | Nigel Hayman | 51 | Colchester & Tendering/Ipswich H | 1.35 | 5 |
| 3 | 3 | James Manly | 53 | Colchester Harriers AC | 1.30 | 4 |
| 2 | 4 | Clive Farrow | 56 | City of Southend AC | 1.20 | 3 |
| 1 | 5 | Nigel Gardner | 54 | Chelmsford AC | 1.20 | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| HJ6 | HJ | High Jump M60+ | RDA | Team | (N.nn) | Pts |
|-----|----|-----------------|-----|------------------------|--------|-----|
| 2 | 1 | Simon Le Mare | 64 | City of Southend AC | 1.30 | 6 |
| 5 | 2 | James Lambden | 63 | Thurrock/Loughton AC's | 1.00 | 5 |
| 3 | 3 | Kevin McAlinden | 62 | Colchester Harriers AC | 1.00 | 4 |
| | 4 | | | | | 3 |
| | 5 | | | | | 2 |
| | 6 | | | | | 1 |
| | 7 | | | | | 0 |
| | 8 | | | | | 0 |

| R4224-3 | MedR | Relay 4224 M35-49 [M35+] | RDA | Team | (N:NN.n) | Pts |
|---------|------|--------------------------|-----|----------------------------------|----------|-----|
| 1 | 1 | Lee Martin | 54 | Chelmsford AC | 2:52.7 | 6 |
| 1a | | Ken Hoye | 49 | | | |
| 1b | | Roger Skedd | 43 | | | |
| 1c | | Adam Bernard | 41 | | | |
| 4 | 2 | Lee Bowker | 53 | Colchester & Tendering/Ipswich H | 2:53.2 | 5 |
| 4a | | Daniel Williams | 46 | | | |
| 4b | | Justin Hubbard | 47 | | | |
| 4c | | Nathan Laud | 50 | | | |
| 5 | 3 | Michael Shortall | 41 | Thurrock/Loughton AC's | 3:03.5 | 4 |
| 5a | | Alan Fricker | 51 | | | |
| 5b | | Stephen Kemp | 65 | | | |
| 5c | | Olatunde Akerele | 42 | | | |
| 2 | 4 | Ade Elegbede | 49 | City of Southend AC | 3:03.9 | 3 |
| 2a | | Simon Randall | 51 | | | |
| 2b | | Richard Maskell | 49 | | | |
| 2c | | Peter Smale | 37 | | | |
| 3 | 5 | Angus Holford | 37 | Colchester Harriers AC | 3:16.2 | 2 |
| 3a | | Colin Ridley | 64 | | | |
| 3b | | Jonathan Nears | 51 | | | |
| 3c | | Daniel King | 42 | | | |

| M35-49 | M50-59 | M60-69 | M70+ | AG % | EA No |
|--------|--------|--------|---------|---------|---------|
| - | x | x | x | 74.2 | 2681217 |
| - | x | x | x | 64.0 | 3202378 |
| - | x | x | x | 57.5 | 4115009 |
| - | x | x | x | 57.5 | 2710785 |
| - | x | x | x | 55.7 | 3613801 |
| | | | | | |
| | | | | | |
| | | | | | |
| | | | | | |
| M50-59 | M60-69 | M70+ | AG % | EA No | |
| - | x | x | 67.7 | 3942083 | |
| - | x | x | 65.3 | 2658040 | |
| - | x | x | 64.1 | 3249845 | |
| - | x | x | 61.0 | 2782942 | |
| - | x | x | 59.8 | 3947236 | |
| | | | | | |
| | | | | | |
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| | | | | | |
| M60-69 | M70+ | AG % | EA No | | |
| - | x | 71.8 | 2912777 | | |
| - | x | 54.7 | 3985156 | | |
| - | x | 54.1 | 2816582 | | |
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Rec
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| 2793844 |
| 2717093 |
| 2681217 |
| 3558369 |
| 2712921 |
| 4183085 |
| 3613802 |
| 2832365 |
| 2800336 |
| 3942083 |
| 2990465 |
| 4115009 |
| 3940643 |
| 3834995 |
| 3202378 |
| 2829699 |
| 2749259 |
| 2698820 |
| 2710805 |
| 2710785 |

South - MEN - Match 1

| R4224-5 | MedR | Relay 4224 M50+ | RDA | Team | (N:NN.n) | Pts |
|---------|------|-----------------|-----|------------------------|----------|-----|
| 5 | 1 | Simon Hatcher | 50 | Thurrock/Loughton AC's | 3:49.1 | 6 |
| 5a | | David Beatty | 54 | | | |
| 5b | | Eamonn Shelley | 65 | | | |
| 5c | | James Lambden | 63 | | | |
| 2 | 2 | Mark Waller | 55 | City of Southend AC | 4:21.3 | 5 |
| 2a | | Stephen Solomon | 63 | | | |
| 2b | | Clive Farrow | 56 | | | |
| 2c | | Simon Le Mare | 64 | | | |
| | 3 | | | | | 4 |
| a | | | | | | |
| b | | | | | | |
| c | | | | | | |

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|-----|
| Rec |
| - |

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|---------|
| 4149836 |
| 3764491 |
| 2980570 |
| 3985156 |
| 3549152 |
| 3503002 |
| 2782942 |
| 2912777 |
| |
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| Enter Non-scoring athletes in the 'Non-Scorers' tab first | | | | | |
|---|-------|------------------|-----|-----------------------|--------|
| Non Scoring (enter bib no., event and result - formatted appropriately) | | | | | |
| Bib | Event | Name | AG | 1st Claim Club | Result |
| 92 | 100m | Olatunde Akerele | M40 | Thurrock Harriers | 12.7 |
| 103 | 100m | Daniel Williams | M45 | Ipswich Harriers | 13.3 |
| 104 | 100m | Aaron Bollu | M45 | Colchester & Tendring | 13.9 |
| 93 | 100m | Niall McMahon | M50 | Colchester Harriers | 13.2 |
| 102 | 100m | Simon Collett | M55 | Ipswich Harriers | 14.3 |
| 87 | SP | Alistair Holford | M60 | Colchester Harriers | 5.27 |
| 94 | 1500m | Patrick Auer | M50 | Colchester Harriers | 5:54.9 |
| 104 | LJ | Aaron Bollu | M45 | Colchester & Tendring | 4.55 |
| 91 | LJ | Richard Maskell | M45 | City of Southend | 3.89 |
| 105 | HJ | Ade Elegbede | M45 | City of Southend | 1.40 |
| | | - | - | - | |