

West - MEN - Match 1

Insert non scoring results at the bottom

Photo Finish		EMAC Track & Field League		West Division - Match 1		Teams = 6	
Hand Timing		Milton Keynes		Wed		06 May 2026	
						Overall Match Scores	
O/A	Pos	Men's Teams	Bib	Match 1 Points	Final	Pos	
x	1	Bedford & County AC	1	136.0	136.0	1	
x	2	Marshall Milton Keynes AC	5	130.0	130.0	2	
x	3	Fairlands Valley Spartans	4	96.0	96.0	3	
x	4	Corby/Northampton AC's	3	51.0	51.0	4	
x	5	Biggleswade/Luton AC's	2	3.0	3.0	5	
x	6	Spare 6	6	0.0	0.0	6	
x	6	Spare 7	7	0.0	0.0	6	
x	6	Spare 8	8	0.0	0.0	6	

Highest Track Age Graded % =			88.3
Athlete	John Browne	RDA	72
Club	Marshall Milton Keynes AC		
Event	100m M70+		
Result	14.0		
Format Result to suit the result			
Highest Field Age Graded % =			74.5
Athlete	Scott Johnson	RDA	35
Club	Bedford & County AC		
Event	High Jump M35-49 [M35+]		
Result	1.80		

Single numbers (0-8) only		RDA = Race Day Age				Hand Timing scoring		Records				2023 AG %	EA No
Do not insert athlete data in Results section - use "Declarations" tab only		Do not insert athlete data in Results section - use "Declarations" tab only				Hand Timing scoring		M35-49	M50-59	M60-69	M70+	AG %	EA No
1003	100m	100m M35-49 [M35+]		RDA	Team	<i>(NN.n)</i>	Pts	Wind					
5	1	Panos Ioannou	45	Marshall Milton Keynes AC	12.3	6		-	x	x	x	83.3	3129009
1	2	Roy Chambers	40	Bedford & County AC	12.4	5		-	x	x	x	79.9	2667991
3	3	John Bowden	45	Corby/Northampton AC's	12.6	4		-	x	x	x	81.4	4039067
2	4	Lee Carey	36	Biggleswade/Luton AC's	13.8	3		-	x	x	x	69.9	3465551
4	5	David Stephenson	63	Fairlands Valley Spartans	15.3	2		x	x	-	x	75.9	2724358
	6					1							
	7					0							
	8					0							
1005	100m	100m M50-59 [M50+]		RDA	Team	<i>(NN.n)</i>	Pts	Wind	M50-59	M60-69	M70+	AG %	EA No
4	1	Ian Rawlinson	56	Fairlands Valley Spartans	13.3	6		-	x	x	x	83.1	4091357
1	2	David Olusanya	53	Bedford & County AC	13.5	5		-	x	x	x	80.2	2754898
5	3	Darren O'Leary	57	Marshall Milton Keynes AC	13.6	4		-	x	x	x	81.9	3678206
3	4	Keith Lok	50	Corby/Northampton AC's	13.7	3		-	x	x	x	77.4	3077805
	5					2							
	6					1							
	7					0							
	8					0							
1006	100m	100m M60+		RDA	Team	<i>(NN.n)</i>	Pts	Wind	M60-69	M70+	AG %	EA No	
4	1	Roy Head	61	Fairlands Valley Spartans	14.1	6		-	x	x	x	81.2	4035182
1	2	Tennyson James	68	Bedford & County AC	14.4	5		-	x	x	x	83.5	2775264
5	3	John Lawrence	62	Marshall Milton Keynes AC	16.1	4		-	x	x	x	71.6	3246421
	4					3							
	5					2							
	6					1							
	7					0							
	8					0							

West - MEN - Match 1

1007	100m	100m M70+	RDA	Team	(NN.n)	Pts	Wind
5	1	John Browne	72	Marshall Milton Keynes AC	14.0	6	
3	2	Tony Wells	77	Corby/Northampton AC's	17.3	5	
4	3	Charles Arnold	70	Fairlands Valley Spartans	20.3	4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

4003	400m	400m M35-49 [M35+]	RDA	Team	(NN.n)	Pts
1	1	Chris Parson	45	Bedford & County AC	57.9	6
5	2	Eliot Winter	35	Marshall Milton Keynes AC	61.7	5
4	3	Steve Mayfield	60	Fairlands Valley Spartans	66.3	4
3	4	John Bowden	45	Corby/Northampton AC's	66.4	3
	5					2
	6					1
	7					0
	8					0

4005	400m	400m M50-59 [M50+]	RDA	Team	(NN.n)	Pts
1	1	Peter Benedickter	57	Bedford & County AC	61.8	6
4	2	Ian Rawlinson	56	Fairlands Valley Spartans	64.0	5
5	3	Andrew McDonald	56	Marshall Milton Keynes AC	65.3	4
	4					3
	5					2
	6					1
	7					0
	8					0

4006	400m	400m M60+	RDA	Team	(NN.n)	Pts
4	1	Roy Head	61	Fairlands Valley Spartans	62.7	6
1	2	Tennyson James	68	Bedford & County AC	69.7	5
5	3	John Lawrence	62	Marshall Milton Keynes AC	80.2	4
	4					3
	5					2
	6					1
	7					0
	8					0

15003	1500m	1500m M35-49 [M35+]	RDA	Team	(NN:NN.n)	Pts
5	1	Jonathan Peters	39	Marshall Milton Keynes AC	04:40.6	6
1	2	Chris Parson	45	Bedford & County AC	04:49.6	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

						M70+	AG %	EA No		
						-	88.3	3019098		
						-	74.1	2750862		
						-	60.1	3371952		
M35-49	M50-59	M60-69	M70+	AG %	EA No					
-	x	x	x	80.7	4122913					
-	x	x	x	71.0	2794684					
x	x	-	x	77.9	2811721					
-	x	x	x	70.4	4039067					
						M50-59	M60-69	M70+	AG %	EA No
						-	x	x	81.9	3402370
						-	x	x	78.6	4091357
						-	x	x	77.0	2912556
						M60-69	M70+	AG %	EA No	
						-	x	83.0	4035182	
						-	x	78.3	2775264	
						-	x	65.3	3246421	
M35-49	M50-59	M60-69	M70+	AG %	EA No					
-	x	x	x	76.5	3299900					
-	x	x	x	77.3	4122913					

West - MEN - Match 1

15005	1500m	1500m M50-59 [M50+]	RDA	Team	(NN:NN.n)	Pts
1	1	Simon Coombes	53	Bedford & County AC	04:30.2	6
5	2	Stephen Serjeant	55	Marshall Milton Keynes AC	05:11.9	5
3	3	Adil Zbirou khalouq	50	Corby/Northampton AC's	05:20.6	4
	4					3
	5					2
	6					1
	7					0
	8					0

15006	1500m	1500m M60 [M60+]	RDA	Team	(NN:NN.n)	Pts
1	1	Andrew Leach	62	Bedford & County AC	04:56.0	6
5	2	Kevin Church	62	Marshall Milton Keynes AC	06:07.8	5
4	3	Nick Kleanthous	64	Fairlands Valley Spartans	07:46.3	4
	4					3
	5					2
	6					1
	7					0
	8					0

15007	1500m	1500m M70+ [M70+]	RDA	Team	(NN:NN.n)	Pts
5	1	John Skelton	75	Marshall Milton Keynes AC	05:42.1	6
4	2	Charles Arnold	70	Fairlands Valley Spartans	06:36.0	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

HT3	HT	Hammer M35-49 (7.26Kg) [M35+]	RDA	Team	(NN.nn)	Pts
1	1	Darren Kerr	56	Bedford & County AC	37.32	6
3	2	John Bowden	45	Corby/Northampton AC's	26.82	5
5	3	George Gavriel	44	Marshall Milton Keynes AC	19.63	4
	4					3
	5					2
	6					1
	7					0
	8					0

HT5	HT	Hammer M50-59 (6Kg) [M50+]	RDA	Team	(NN.nn)	Pts
1	1	Glen Kerr	51	Bedford & County AC	52.97	6
5	2	Mark Roberson	51	Marshall Milton Keynes AC	46.66	5
3	3	Ray Mckenna	50	Corby/Northampton AC's	20.12	4
4	4	Nick Kleanthous	64	Fairlands Valley Spartans	5.64	3
	5					2
	6					1
	7					0
	8					0

M50-59	M60-69	M70+	AG %	EA No
-	x	x	88.0	2730567
-	x	x	77.5	4192493
-	x	x	72.4	3922278

M60-69	M70+	AG %	EA No
-	x	86.7	3440310
-	x	69.7	3088379
-	x	56.0	3865891

M70+	AG %	EA No
LR	85.2	2794640
-	69.9	3371952

M35-49
x
-
-

AG %	EA No
-	2775274
35.4	4039067
25.5	3561026

M50-59
-
-
-
x

AG %	EA No
69.1	2669225
60.9	2979459
25.9	2857961
-	3865891

West - MEN - Match 1

SP7	SP	Shot M70-79 (4Kg) [M70+]	RDA	Team	(N.n.n)	Pts						M70-79	AG %	EA No
1	1	Graeme Packman	71	Bedford & County AC	9.12	6						LR	-	2775272
3	2	Tony Wells	77	Corby/Northampton AC's	7.46	5							-	2829262
4	3	Timothy Saunders Mullins	73	Fairlands Valley Spartans	7.02	4							-	2724358
5	4	Alasdair Gibson	73	Marshall Milton Keynes AC	6.16	3							-	2798456
	5					2								
	6					1								
	7					0								
	8					0								
LJ3	LJ	Long Jump M35-49 [M35+]	RDA	Team	(N.n.n)	Pts	Wind	M35-49	M50-59	M60-69	M70+	AG %	EA No	
1	1	Roy Chambers	40	Bedford & County AC	5.15	6		-	x	x	x	63.1	2667991	
3	2	John Bowden	45	Corby/Northampton AC's	4.98	5		-	x	x	x	64.6	4039067	
5	3	Luke Withers	36	Marshall Milton Keynes AC	4.72	4		-	x	x	x	55.4	4192280	
	4					3								
	5					2								
	6					1								
	7					0								
	8					0								
LJ5	LJ	Long Jump M50-59 [M50+]	RDA	Team	(N.n.n)	Pts	Wind	M50-59	M60-69	M70+	AG %	EA No		
4	1	Ian Rawlinson	56	Fairlands Valley Spartans	4.47	6		-	x	x	66.0	4091357		
5	2	Anthony Moffat	56	Marshall Milton Keynes AC	4.44	5		-	x	x	65.5	3947745		
1	3	Philip Bowers	58	Bedford & County AC	4.39	4		-	x	x	66.4	3797642		
	4					3								
	5					2								
	6					1								
	7					0								
	8					0								
LJ6	LJ	Long Jump M60+	RDA	Team	(N.n.n)	Pts	Wind	M60-69	M70+	AG %	EA No			
1	1	Richard Phelan	64	Bedford & County AC	4.25	6		-	x	69.3	2871564			
4	2	Steve Mayfield	60	Fairlands Valley Spartans	4.00	5		-	x	62.0	2811721			
5	3	Kevin Church	62	Marshall Milton Keynes AC	3.10	4		-	x	49.3	3088379			
	4					3								
	5					2								
	6					1								
	7					0								
	8					0								
LJ7	LJ	Long Jump M70+	RDA	Team	(N.n.n)	Pts	Wind	M70+	AG %	EA No				
4	1	Charles Arnold	70	Fairlands Valley Spartans	2.27	6		-	40.0	3371952				
5	2	Alasdair Gibson	73	Marshall Milton Keynes AC	2.12	5		-	38.9	2794532				
	3					4								
	4					3								
	5					2								
	6					1								
	7					0								
	8					0								

West - MEN - Match 1

HJ3	HJ	High Jump M35-49 [M35+]	RDA	Team	(N.nn)	Pts
1	1	Scott Johnson	35	Bedford & County AC	1.80	6
5	2	Clint Grabs	38	Marshall Milton Keynes AC	1.65	5
3	3	John Bowden	45	Corby/Northampton AC's	1.45	4
	4					3
	5					2
	6					1
	7					0
	8					0

HJ5	HJ	High Jump M50-59 [M50+]	RDA	Team	(N.nn)	Pts
1	1	Philip Bowers	58	Bedford & County AC	1.30	6
5	2	Anthony Moffat	56	Marshall Milton Keynes AC	1.30	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

HJ6	HJ	High Jump M60+	RDA	Team	(N.nn)	Pts
1	1	Richard Phelan	64	Bedford & County AC	1.30	6
4	2	Steve Mayfield	60	Fairlands Valley Spartans	1.20	5
5	3	Richard Pownall	66	Marshall Milton Keynes AC	1.15	4
	4					3
	5					2
	6					1
	7					0
	8					0

R4224-35	MedR	Relay 4224 M35-49 [M35+]	RDA	Team	(N:NN.n)	Pts
5	1	Clint Grabs	38	Marshall Milton Keynes AC	2:53.0	6
5a		Panos Ioannou	45			
5b		Dean Ward	36			
5c		Eliot Winter	35			
1	2	Chris Parson	45	Bedford & County AC	3:04.3	5
1a		Stephen Bass	53			
1b		Richard Phelan	64			
1c		Roy Chambers	40			
	3					4
a						
b						
c						

M35-49	M50-59	M60-69	M70+	AG %	EA No
-	x	x	x	74.5	2775268
-	x	x	x	70.2	2690440
-	x	x	x	66.0	4039067
M50-59	M60-69	M70+	AG %	EA No	
-	x	x	67.5	3797642	
-	x	x	66.1	3947745	
M60-69	M70+	AG %	EA No		
-	x	71.8	2871564		
-	x	63.6	2811721		
-	x	64.9	2690593		

Rec

-

2690440
3129009
4215395
2794684
4122913
2797201
2871564
2667991

West - MEN - Match 1

R4224-50	MedR	Relay 4224 M50+	RDA	Team	(N:NN.n)	Pts
4	1	Roy Head	61	Fairlands Valley Spartans	3:08.6	6
4a		David Stephenson	63			
4b		Ian Rawlinson	56			
4c		Steve Mayfield	60			
1	2	Simon Coombes	53	Bedford & County AC	3:12.2	5
1a		David Olusanya	53			
1b		Tennyson James	68			
1c		Peter Benedickter	57			
	3					4
a						
b						
c						
5	7	Andrew Wasdell	52	Marshall Milton Keynes AC		0 DQ
5a		John Browne	72			
5b		Darren O'Leary	57			
5c		Andrew McDonald	56			
	8					0
a						
b						
c						

Rec
-

4035182
2724358
4091357
2811721
2730567
2754898
2775264
3402370
2794670
3019098
3678206
2912556

Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib	Event	Name	AG	1st Claim Club	Result
136	1500m	Simon Harper	M50	Bedford & County AC	5:18.9
133	1500m	Andrew Wasdell	M55	Marshall Milton Keynes	5:23.4
135	100m	Roger Head	M70	Fairlands Valley Spartans	22.1
		-	-	-	