

West - WOMEN - Match 2

Insert non scoring results at the bottom						
EMAC Track & Field League			West Division - Match 2		Teams =	6
Bedford			Wed	03 June 2026		Overall Match Scores
O/A	Pos	Women's Teams	Bib	Match 2 Points	Final	Pos
x	1	Fairlands Valley Spartans	D	89.0	185.0	1
x	2	Corby/Northampton AC's	C	87.0	157.0	2
x	3	Marshall Milton Keynes AC	E	70.0	139.0	3
x	4	Bedford & County AC	A	57.0	104.0	4
x	5	Biggleswade/Luton AC's	B	48.0	85.0	5
x	6	Spare 8	H	0.0	0.0	6
x	6	Spare 6	F	0.0	0.0	6
x	6	Spare 7	G	0.0	0.0	6

Single letters

(A-H, x) only

RDA = Race Day Age

Do not insert athlete data in Results section - use "Declarations" tab only

Hand Timing scoring

2003	200m	200m W35-49 [W35+]	RDA	Team	(NN.n)	Pts	Wind
B	1	Logan Gamble	36	Biggleswade/Luton AC's	29.8	6	
C	2	Michelle Dubois	49	Corby/Northampton AC's	30.9	5	
E	3	Maria Fernando	46	Marshall Milton Keynes AC	38.2	4	
A	4	Emma Coombes	48	Bedford & County AC	40.3	3	
	5					2	
	6					1	
	7					0	
	8				B	0	

2005	200m	200m W50-59 [W50+]	RDA	Team	(NN.n)	Pts	Wind
A	1	Ellie Garraway	53	Bedford & County AC	32.7	6	
E	2	Stephanie Johnston	52	Marshall Milton Keynes AC	33.8	5	
C	3	Kirstie Lloyd-Uzoegbu	54	Corby/Northampton AC's	33.9	4	
D	4	Monica Brown	61	Fairlands Valley Spartans	40.9	3	
	5					2	
	6					1	
	7					0	
	8					0	

2006	200m	200m W60-69 [W60+]	RDA	Team	(NN.n)	Pts	Wind
D	1	Tessa Stephenson	65	Fairlands Valley Spartans	38.4	6	
E	2	Debra Brent	63	Marshall Milton Keynes AC	42.4	5	
C	3	Susan McPherson	63	Corby/Northampton AC's	43.0	4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

Highest Track Age Graded % =			87.2
Athlete	Karen Brooks	RDA	67
Club	Corby/Northampton AC's		
Event	3000m W60-69 [W60+]		
Result	12:46.6		
Format to suit the result			

Highest Field Age Graded % =				66.8
Athlete	Emma Beales	RDA		54
Club	Marshall Milton Keynes AC			
Event	Discus W50-59 [W50+] (1Kg)			
Result	34.05			

Records				2023	EA No
W35-49	W50-59	W60-69	W70+	AG %	EA No
-	x	x	x	72.2	4190654
-	x	x	x	76.4	4039449
-	x	x	x	60.4	4192318
-	x	x	x	58.1	3876592
x	x	x	x		

W50-59	W60-69	W70+	AG %	EA No
-	x	x	74.7	2866793
-	x	x	71.6	3401086
-	x	x	72.6	4190699
x	-	x	63.9	2724317

W60-69	W70+	AG %	EA No
-	x	70.5	2724359
-	x	62.7	3446073
-	x	61.9	3897592

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8003	800m	800m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
E	1	Abby Roskilly	38	Marshall Milton Keynes AC	02:27.5	6
D	2	Christine Lathwell	49	Fairlands Valley Spartans	03:02.4	5
C	3	Linda Thomas	43	Corby/Northampton AC's	03:08.2	4
B	4	Logan Gamble	36	Biggleswade/Luton AC's	03:22.8	3
A	5	Felicity Harper	43	Bedford & County AC	03:31.5	2
	6					1
	7					0
	8					0

8005	800m	800m W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts
A	1	Ellie Garraway	53	Bedford & County AC	02:34.5	6
C	2	Alison Wood	50	Corby/Northampton AC's	03:23.8	5
D	3	Andrea Westcott	55	Fairlands Valley Spartans	03:57.7	4
	4					3
	5					2
	6					1
	7					0
	8					0

8006	800m	800m W60-69 [W60+]	RDA	Team	(NN:NN.n)	Pts
C	1	Susan McPherson	63	Corby/Northampton AC's	04:10.8	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

30003	3000m	3000m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
D	1	Christine Lathwell	49	Fairlands Valley Spartans	12:33.6	6
C	2	Linda Thomas	43	Corby/Northampton AC's	13:04.4	5
A	3	Emma Coombes	48	Bedford & County AC	15:10.5	4
	4					3
	5					2
	6					1
	7					0
	8					0

30005	3000m	3000m W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts
C	1	Barbara Willison	57	Corby/Northampton AC's	13:47.6	6
D	2	Andrea Westcott	55	Fairlands Valley Spartans	16:29.2	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	79.6	3795519
-	x	x	x	70.3	2768712
-	x	x	x	64.9	3768223
-	x	x	x	57.0	4190654
-	x	x	x	57.7	4069444

W50-59	W60+	W70+	AG %	EA No
-	x	x	86.0	2866793
-	x	x	63.5	3990179
-	x	x	56.9	2994183

W60+	W70+	AG %	EA No
-	x	58.2	3897592

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	73.3	2768712
-	x	x	x	66.7	3768223
-	x	x	x	60.1	3876592

W50-59	W60+	W70+	AG %	EA No
-	x	x	72.3	2970231
-	x	x	59.2	2994183

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30006	3000m	3000m W60-69 [W60+]	RDA	Team	(NN:NN.n)	Pts
C	1	Karen Brooks	67	Corby/Northampton AC's	12:46.6	6
E	2	Debra Brent	63	Marshall Milton Keynes AC	14:13.9	5
D	3	Sharon Crowley	67	Fairlands Valley Spartans	17:47.4	4
	4					3
	5					2
	6					1
	7					0
	8					0

30007	3000m	3000m W70+	RDA	Team	(NN:NN.n)	Pts
D	1	Yuko Gordon	75	Fairlands Valley Spartans	16:40.1	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

2KWA	2000mW	2km Walk 'A' [W35+]	RDA	Team	(NN:NN.n)	Pts
C	1	Aleksandra Majewska-Ani	38	Corby/Northampton AC's	11:20.8	6
D	2	Sharon Crowley	67	Fairlands Valley Spartans	16:02.5	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

2KWB	2000mW	2km Walk 'B' [W35+]	RDA	Team	(NN:NN.n)	Pts
C	1	Adriana Melczynska	42	Corby/Northampton AC's	15:48.2	6
D	2	Rebecca Rayner	44	Fairlands Valley Spartans	16:11.2	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

JT3	JT	Javelin W35-49 (600gm) [W35+]	RDA	Team	(NN.nn)	Pts
B	1	Dawn Williams	49	Biggleswade/Luton AC's	24.56	6
A	2	Jemma Eastwood	47	Bedford & County AC	18.93	5
E	3	Emma Beardmore	38	Marshall Milton Keynes AC	16.89	4
C	4	Adriana Melczynska	42	Corby/Northampton AC's	14.97	3
D	5	Rebecca Rayner	44	Fairlands Valley Spartans	12.59	2
	6					1
	7					0
	8					0

W60+	W70+	AG %	EA No
-	x	87.2	2755877
-	x	74.7	3446073
-	x	62.6	2665073

W70+	AG %	EA No
-	73.9	2675680

W35-49	W50-59	W60-69	W70+	EA No
-	x	x	x	4038377
x	x	-	x	2665073

W35-49	W50-59	W60-69	W70+	EA No
-	x	x	x	4039146
-	x	x	x	4118782

W35-49	AG %	EA No
-	46.1	3872414
-	34.1	2658322
-	25.4	2690317
-	24.4	4039146
-	21.3	4118782

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JT5	JT	Javelin W50-59 (500gm) [W50+]	RDA	Team	(NN.nn)	Pts
B	1	Isabel Eberlein	56	Biggleswade/Luton AC's	13.91	6
D	2	Monica Brown	61	Fairlands Valley Spartans	12.39	5
E	3	Stephanie Johnston	52	Marshall Milton Keynes AC	12.05	4
C	4	Barbara Willison	57	Corby/Northampton AC's	8.87	3
	5					2
	6					1
	7					0
	8					0

JT6	JT	Javelin W60-74 [W60+] (500gm)	RDA	Team	(NN.nn)	Pts
B	1	Sandra Ingham	68	Biggleswade/Luton AC's	21.29	6
D	2	Joylyn Saunders-Mullins	73	Fairlands Valley Spartans	17.95	5
A	3	Oriana Johnson	64	Bedford & County AC	10.01	4
E	4	Debra Brent	63	Marshall Milton Keynes AC	9.36	3
C	5	Susan McPherson	63	Corby/Northampton AC's	9.33	2
	6					1
	7					0
	8					0

DT3	DT	Discus W35-49 [W35+] (1Kg)	RDA	Team	(NN.nn)	Pts
E	1	Emma Beardmore	38	Marshall Milton Keynes AC	36.34	6
A	2	Jemma Eastwood	47	Bedford & County AC	23.50	5
C	3	Aleksandra Majewska-Ani	38	Corby/Northampton AC's	21.16	4
D	4	Rebecca Rayner	44	Fairlands Valley Spartans	9.76	3
	5					2
	6					1
	7					0
	8					0

DT5	DT	Discus W50-59 [W50+] (1Kg)	RDA	Team	(NN.nn)	Pts
E	1	Emma Beales	54	Marshall Milton Keynes AC	34.05	6
B	2	Isabel Eberlein	56	Biggleswade/Luton AC's	13.36	5
D	3	Andrea Westcott	55	Fairlands Valley Spartans	11.88	4
	4					3
	5					2
	6					1
	7					0
	8					0

DT6	DT	Discus W60-69 [W60+] (1Kg)	RDA	Team	(NN.nn)	Pts
A	1	Oriana Johnson	64	Bedford & County AC	15.48	6
B	2	Sandra Ingham	68	Biggleswade/Luton AC's	14.63	5
D	3	Tessa Stephenson	65	Fairlands Valley Spartans	12.30	4
C	4	Susan McPherson	63	Corby/Northampton AC's	9.54	3
	5					2
	6					1
	7					0
	8					0

W50-59	W60-69	W70-74	AG %	EA No
-	x	x	27.7	4249693
x	-	x	27.6	2724317
-	x	x	22.0	3401086
-	x	x	18.0	2970231

W60-69	W70-74	AG %	EA No
-	x	56.0	2775416
-	LR	53.7	2729447
-	x	23.9	2775067
-	x	21.8	3446073
-	x	21.8	3897592

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	52.6	2690317
-	x	x	x	40.2	2658322
-	x	x	x	30.7	4038377
-	x	x	x	15.8	4118782

W50-59	W60+	W70+	AG %	EA No
-	x	x	66.8	2690316
-	x	x	27.3	4249693
-	x	x	23.8	2994183

W60+	W70+	AG %	EA No
-	x	37.6	2775067
-	x	39.0	2775416
-	x	30.5	2724359
-	x	22.6	3897592

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DT7	DT	Discus W70-74 [W70+] (1Kg)	RDA	Team	(NN.nn)	Pts							W70+	AG %	EA No
D	1	Joylyn Saunders-Mullins	70	Fairlands Valley Spartans	11.92	6							-	33.3	2729447
	2					5									
	3					4									
	4					3									
	5					2									
	6					1									
	7					0									
	8					0									
TJ3	TJ	Triple Jump W35-49 [W35+]	RDA	Team	(N.nn)	Pts	Wind	W35-49	W50-59	W60-69	W70+	AG %	EA No		
B	1	Dawn Williams	49	Biggleswade/Luton AC's	8.28	6		-	x	x	x	63.5	3872414		
E	2	Sophie Gibbens	41	Marshall Milton Keynes AC	7.58	5		-	x	x	x	52.4	2794530		
A	3	Jemma Eastwood	47	Bedford & County AC	6.95	4		-	x	x	x	51.9	2658322		
C	4	Adriana Melczynska	42	Corby/Northampton AC's	6.64	3		-	x	x	x	46.5	4039146		
	5					2									
	6					1									
	7					0									
	8					0									
TJ5	TJ	Triple Jump W50-59 [W50+]	RDA	Team	(N.nn)	Pts	Wind		W50-59	W60-69	W70+	AG %	EA No		
E	1	Stephanie Johnston	52	Marshall Milton Keynes AC	7.45	6			-	x	x	59.4	3401086		
	2					5									
	3					4									
	4					3									
	5					2									
	6					1									
	7					0									
	8					0									
TJ6	TJ	Triple Jump W60-69 [W60+]	RDA	Team	(N.nn)	Pts	Wind			W60-69	W70+	AG %	EA No		
D	1	Monica Brown	61	Fairlands Valley Spartans	6.16	6				-	x	55.4	2724317		
B	2	Sandra Ingham	68	Biggleswade/Luton AC's	5.36	5				-	x	53.0	2775416		
	3					4									
	4					3									
	5					2									
	6					1									
	7					0									
	8					0									
PV3	PV	Pole Vault - W35-49 [W35+]	RDA	Team	(N.nn)	Pts		W35-49	W50-59	W60-69	W70+	AG %	EA No		
A	1	Jemma Eastwood	47	Bedford & County AC	2.20	6		-	x	x	x	50.4	2658322		
	2					5									
	3					4									
	4					3									
	5					2									
	6					1									
	7					0									
	8					0									

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PV5	PV	Pole Vault - W50-59 [W50+]	RDA	Team	(N.nn)	Pts
E	1	Stephanie Johnston	52	Marshall Milton Keynes AC	1.60	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

PV6	PV	Pole Vault - W60-69 [W60+]	RDA	Team	(N.nn)	Pts
A	1	Sandra Pedley	60	Bedford & County AC	2.00	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

R4x1-35	MedR	Relay 4x1 W35-49 [W35+]	RDA	Team	(NN.n)	Pts
C	1	Adriana Melczynska	42	Corby/Northampton AC's	65.0	6
Ca		Michelle Dubois	49			
Cb		Aleksandra Majewska-Ani	38			
Cc		Linda Thomas	43			
E	2	Abby Roskilly	38	Marshall Milton Keynes AC	66.8	5
Ea		Maria Fernando	46			
Eb		Stephanie Johnston	52			
Ec		Carly Scott	46			
	3					4
a						
b						
c						

R4x1-50	MedR	Relay 4x1 W50+	RDA	Team	(NN.n)	Pts
C	1	Kirstie Lloyd-Uzoegbu	54	Corby/Northampton AC's	71.1	6
Ca		Alison Wood	50			
Cb		Karen Brooks	67			
Cc		Barbara Willison	57			
D	2	Monica Brown	61	Fairlands Valley Spartans	75.1	5
Da		Joylyn Saunders-Mullins	73			
Db		Tessa Stephenson	65			
Dc		Andrea Westcott	55			
	3					4
a						
b						
c						

W50-59	W60-69	W70+	AG %	EA No
-	x	x	39.0	3401086

W60-69	W70+	AG %	EA No
-	x	54.3	2658322

Rec

-

4039146
4039449
4038377
3768223
3795519
4192318
3401086
2684504

Rec

-

4190699
3990179
2755877
2970231
2724317
2729447
2724359
2994183

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Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib No.	Event	Name	AG	1st Claim Club	Result
321	2kW	Linda Thomas	W35	Northants	15:08.0
322	200m	Adriana Melczynska	W35	Northants	35.0
		-	-	-	