

East - WOMEN - Match 4

	Insert non scoring results at the bottom						
	EMAC Track & Field League			East Division - Match 4		Teams =	6
	Peterborough		Tues	28 July 2026		Overall	
						Match Scores	
O/A	Pos	Women's Teams	Bib	Match 4 Points		Final	Pos
x	1	Peterborough & Nene Valley	C	119.0		472.0	1
x	2	Newmarket/St Edmund Pacers	B	114.0		468.0	2
x	3	Cambridge & Coleridge AC	A	102.0		416.0	3
x	4	Ryston Runners	D	52.0		275.0	4
x	5	West Norfolk AC	E	30.0		127.0	5
x	6	Ely Runners	F	0.0		61.0	6
x	6	Spare 8	H	0.0		0.0	7
x	6	Spare 7	G	0.0		0.0	7

Single letters (A-H, x) only		RDA = Race Day Age					
		Do not insert athlete data in Results section - use "Declarations" tab only				Hand Timing scoring	
2003	200m	200m W35-49 [W35+]	RDA	Team	(NN.n)	Pts	Wind
C	1	Claire Smith	50	Peterborough & Nene Valley	27.8	6	
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	30.1	5	
A	3	Claire Palmer	45	Cambridge & Coleridge AC	37.6	4	
D	4	Alicia Pentelow	35	Ryston Runners	37.9	3	
	5					2	
	6					1	
	7					0	
	8					0	
2005	200m	200m W50-59 [W50+]	RDA	Team	(NN.n)	Pts	Wind
C	1	Kelly Sutton	51	Peterborough & Nene Valley	29.2	6	
B	2	Carol Carter	55	Newmarket/St Edmund Pacers	37.2	5	
E	3	Katrina Wasteneay	54	West Norfolk AC	42.7	4	
A	4	Sophie Moore	52	Cambridge & Coleridge AC	43.6	3	
D	5	Gill Hart	73	Ryston Runners	53.0	2	
	6					1	
	7					0	
	8					0	

Highest Track Age Graded % =			85.7
Athlete	Claire Smith	RDA	50
Club	Peterborough & Nene Valley		
Event	200m W35-49 [W35+]		
Result	27.8		
Format to suit the result			

Highest Field Age Graded % =			69.7
Athlete	Judith Jagger	RDA	65
Club	Peterborough & Nene Valley		
Event	Triple Jump W60-69 [W60+]		
Result	7.34		

Records				2023	EA No
W35-49	W50-59	W60-69	W70+	AG %	EA No
x	LR	x	x	85.7	3575627
-	x	x	x	75.4	4048604
-	x	x	x	60.8	4018125
-	x	x	x	56.8	3996784

	W50-59	W60-69	W70+	AG %	EA No
	-	x	x	82.2	2684036
	-	x	x	66.7	3910961
	-	x	x	57.7	2981176
	-	x	x	55.5	4136195
	x	x	-	55.0	2762611

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2006	200m	200m W60-69 [W60+]	RDA	Team	(NN.n)	Pts	Wind
B	1	Christine Anthony	63	Newmarket/St Edmund Pacers	35.8	6	
C	2	Kay Gibson	60	Peterborough & Nene Valley	39.9	5	
A	3	Rosemary Abbott	65	Cambridge & Coleridge AC	43.2	4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

8003	800m	800m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
C	1	Kayleigh Longfoot	35	Peterborough & Nene Valley	02:31.2	6
D	2	Cat Foley-Wray	39	Ryston Runners	02:41.4	5
B	3	Anna Slater	49	Newmarket/St Edmund Pacers	03:08.1	4
A	4	Claire Palmer	45	Cambridge & Coleridge AC	03:16.1	3
	5					2
	6					1
	7					0
	8					0

8005	800m	800m W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts
B	1	Carol Carter	55	Newmarket/St Edmund Pacers	02:51.6	6
A	2	Sarah Hames	58	Cambridge & Coleridge AC	03:11.3	5
E	3	Katrina Wasteney	54	West Norfolk AC	03:20.4	4
C	4	Nicky Morgan	56	Peterborough & Nene Valley	03:21.9	3
D	5	Elizabeth Blakie	68	Ryston Runners	04:14.8	2
	6					1
	7					0
	8					0

8006	800m	800m W60-69 [W60+]	RDA	Team	(NN:NN.n)	Pts
B	1	Christine Anthony	63	Newmarket/St Edmund Pacers	03:07.6	6
A	2	Jane Packman	60	Cambridge & Coleridge AC	03:16.9	5
D	3	Linda Marshall	61	Ryston Runners	03:24.2	4
C	4	Betty Gash	67	Peterborough & Nene Valley	03:27.7	3
	5					2
	6					1
	7					0
	8					0

W60-69	W70+	AG %	EA No
-	x	74.3	2715397
-	x	64.9	2809087
-	x	62.7	4129090

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	75.9	3724573
-	x	x	x	73.3	3975494
-	x	x	x	68.2	4221544
-	x	x	x	63.2	4018125

W50-59	W60+	W70+	AG %	EA No
-	x	x	78.8	3910961
-	x	x	72.7	4240849
-	x	x	66.9	2981176
-	x	x	67.6	2790270
x	-	x	60.4	2781871

W60+	W70+	AG %	EA No
-	x	77.8	2715397
-	x	72.0	3021683
-	x	70.1	2781803
-	x	73.3	3013691

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30003	3000m	3000m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
B	1	Anna Slater	49	Newmarket/St Edmund Pacers	13:34.0	6
A	2	Megan Jackson	35	Cambridge & Coleridge AC	13:37.6	5
D	3	Alicia Pentelow	35	Ryston Runners	13:38.8	4
C	4	Yvonne Scarrott	59	Peterborough & Nene Valley	14:03.3	3
	5					2
	6					1
	7					0
	8					0

30005	3000m	3000m W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts
C	1	Elisabeth Sennitt Clough	51	Peterborough & Nene Valley	12:16.3	6
A	2	Sarah Hames	58	Cambridge & Coleridge AC	13:19.4	5
E	3	Katrina Wasteney	54	West Norfolk AC	13:42.5	4
D	4	Linda Marshall	61	Ryston Runners	14:33.5	3
B	5	Eloise Bird	58	Newmarket/St Edmund Pacers	16:15.2	2
	6					1
	7					0
	8					0

30006	3000m	3000m W60-69 [W60+]	RDA	Team	(NN:NN.n)	Pts
A	1	Jane Packman	60	Cambridge & Coleridge AC	13:35.6	6
C	2	Betty Gash	67	Peterborough & Nene Valley	15:04.2	5
B	3	Jane Wall	73	Newmarket/St Edmund Pacers	15:17.2	4
D	4	Elizabeth Blakie	68	Ryston Runners	18:03.8	3
	5					2
	6					1
	7					0
	8					0

30007	3000m	3000m W70+	RDA	Team	(NN:NN.n)	Pts
B	1	Caroline McIntosh	73	Newmarket/St Edmund Pacers	20:09.9	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	67.9	4221544
-	x	x	x	61.0	3983729
-	x	x	x	60.9	3996784
x	-	x	x	72.4	2723103

W50-59	W60+	W70+	AG %	EA No
-	X	X	76.5	3703928
-	X	X	75.6	4240849
-	X	X	70.5	2981176
X	-	X	71.4	2781803
-	X	X	62.0	2715426

W60+	W70+	AG %	EA No
-	x	75.7	3021683
-	x	73.9	3013691
x	-	78.5	3975635
-	x	62.4	2781871

[illegible]

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400H3	LH	400mH W35-49 (76.2cm) [W35+]	RDA	Team	(NN.n)	Pts
C	1	Claire Smith	50	Peterborough & Nene Valley	80.3	6
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	88.8	5
A	3	Lowri Chatfield	48	Cambridge & Coleridge AC	118.2	4
	4					3
	5					2
	6					1
	7					0
	8					0

300H5	LH	300mH W50-59 (76.2) [W50+]	RDA	Team	(NN.n)	Pts
C	1	Kelly Sutton	51	Peterborough & Nene Valley	53.4	6
B	2	Eloise Bird	58	Newmarket/St Edmund Pacers	90.1	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

300H6	LH	300mH W60-69 (68.6cm)	RDA	Team	(NN.n)	Pts
B	1	Christine Anthony	63	Newmarket/St Edmund Pacers	70.2	6
C	2	Judith Jagger	65	Peterborough & Nene Valley	71.8	5
A	3	Rosemary Abbott	65	Cambridge & Coleridge AC	90.7	4
	4					3
	5					2
	6					1
	7					0
	8					0

JT3	JT	Javelin W35-49 (600gm) [W35+]	RDA	Team	(NN.nn)	Pts
C	1	Andrea Jenkins	50	Peterborough & Nene Valley	17.72	6
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	17.01	5
E	3	Jen Gosnell	45	West Norfolk AC	13.57	4
A	4	Anne Moindrot	43	Cambridge & Coleridge AC	13.53	3
	5					2
	6					1
	7					0
	8					0

W35-49
x

W50-59
LR
-

W60-69
-
-
-

W35-49
x
-
-
-

AG %	EA No
-	3575627
-	4048604
-	4062016

AG %	EA No
83.5	2684036
52.4	2715426

AG %	EA No
70.2	2715397
69.9	2676481
55.4	4129090

AG %	EA No
-	2768996
28.8	4048604
23.5	3976672
22.5	2828378

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JT5	JT	Javelin W50-59 (500gm) [W50+]	RDA	Team	(NN.nn)	Pts
B	1	Lesley Linden	67	Newmarket/St Edmund Pacers	17.31	6
A	2	Lisa Teverson	58	Cambridge & Coleridge AC	15.01	5
E	3	Katrina Wastenev	54	West Norfolk AC	12.40	4
C	4	Sally Pusey	58	Peterborough & Nene Valley	12.27	3
D	5	Pat Brightman	74	Ryston Runners	6.52	2
	6					1
	7					0
	8					0

JT6	JT	Javelin W60-74 [W60+] (500gm)	RDA	Team	(NN.nn)	Pts
C	1	Judith Jagger	65	Peterborough & Nene Valley	21.88	6
A	2	Pamela Abbott	63	Cambridge & Coleridge AC	14.97	5
D	3	Gaye Clarke	65	Ryston Runners	13.00	4
B	4	Dawn Mason	69	Newmarket/St Edmund Pacers	12.59	3
	5					2
	6					1
	7					0
	8					0

DT3	DT	Discus W35-49 [W35+] (1Kg)	RDA	Team	(NN.nn)	Pts
C	1	Andrea Jenkins	50	Peterborough & Nene Valley	31.98	6
A	2	Anne Moindrot	43	Cambridge & Coleridge AC	28.84	5
E	3	Victoria Reed	46	West Norfolk AC	19.52	4
B	4	Catherine Peck	44	Newmarket/St Edmund Pacers	11.59	3
	5					2
	6					1
	7					0
	8					0

DT5	DT	Discus W50-59 [W50+] (1Kg)	RDA	Team	(NN.nn)	Pts
A	1	Lisa Teverson	58	Cambridge & Coleridge AC	19.76	6
C	2	Sally Pusey	58	Peterborough & Nene Valley	16.32	5
B	3	Lesley Linden	67	Newmarket/St Edmund Pacers	15.72	4
E	4	Katrina Wastenev	54	West Norfolk AC	7.57	3
	5					2
	6					1
	7					0
	8					0

W50-59	W60-69	W70-74	AG %	EA No
x	-	x	44.4	3868491
-	x	x	31.2	3979967
-	x	x	23.6	2981176
-	x	x	25.5	3565059
x	-	-	20.0	2784560

W60-69	W70-74	AG %	EA No
-	x	53.5	2676481
-	x	34.9	3191121
-	x	31.8	2781883
-	x	34.0	2698800

W35-49	W50-59	W60+	W70+	AG %	EA No
x	-	x	x	57.9	2768996
-	x	x	x	45.8	2828378
-	x	x	x	32.8	4241944
-	x	x	x	18.7	4048604

W50-59	W60+	W70+	AG %	EA No
-	x	x	42.1	3979967
-	x	x	34.7	3565059
x	-	x	40.9	3868491
-	x	x	14.8	2981176

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DT6	DT	Discus W60-69 [W60+] (1Kg)	RDA	Team	(NN.nn)	Pts
C	1	Judith Jagger	65	Peterborough & Nene Valley	24.08	6
D	2	Gaye Clarke	65	Ryston Runners	13.51	5
A	3	Pamela Abbott	63	Cambridge & Coleridge AC	13.36	4
B	4	Dawn Mason	69	Newmarket/St Edmund Pacers	12.26	3
	5					2
	6					1
	7					0
	8					0

DT7	DT	Discus W70-74 [W70+] (1Kg)	RDA	Team	(NN.nn)	Pts
D	1	Pat Brightman	70	Ryston Runners	7.59	6
B	2	Caroline McIntosh	73	Newmarket/St Edmund Pacers	7.14	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

TJ3	TJ	Triple Jump W35-49 [W35+]	RDA	Team	(N.nn)	Pts	Wind	W35-49	W50-59	W60-69	W70+	AG %	EA No
A	1	Anne Moindrot	43	Cambridge & Coleridge AC	9.36	6		-	x	x	x	66.4	2828378
B	2	Catherine Peck	44	Newmarket/St Edmund Pacers	8.37	5		-	x	x	x	60.1	4048604
C	3	Nichola Gibson	36	Peterborough & Nene Valley	8.09	4		-	x	x	x	52.5	2684039
E	4	Victoria Reed	46	West Norfolk AC	7.52	3		-	x	x	x	55.5	4241944
	5					2							
	6					1							
	7					0							
	8					0							

TJ5	TJ	Triple Jump W50-59 [W50+]	RDA	Team	(N.nn)	Pts	Wind	W50-59	W60-69	W70+	AG %	EA No
A	1	Sophie Moore	52	Cambridge & Coleridge AC	4.88	6		-	x	x	38.9	4136195
C	2	Andrea Jenkins	50	Peterborough & Nene Valley	4.45	5		-	x	x	34.6	2768996
B	3	Eloise Bird	58	Newmarket/St Edmund Pacers	4.17	4		-	x	x	36.0	2715426
	4					3						
	5					2						
	6					1						
	7					0						
	8					0						

W60+	W70+	AG %	EA No
-	x	59.8	2676481
-	x	33.5	2781883
-	x	31.7	3191121
-	x	33.5	2698800

[illegible]

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TJ6	TJ	Triple Jump W60-69 [W60+]	RDA	Team	(N.nn)	Pts	Wind
C	1	Judith Jagger	65	Peterborough & Nene Valley	7.34	6	
D	2	Elizabeth Blakie	68	Ryston Runners	5.41	5	
A	3	Pamela Abbott	63	Cambridge & Coleridge AC	5.37	4	
B	4	Dawn Mason	69	Newmarket/St Edmund Pacers	5.16	3	
	5					2	
	6					1	
	7					0	
	8					0	

PV3	PV	Pole Vault - W35-49 [W35+]	RDA	Team	(N.nn)	Pts
x	1	No Competitor	0	No Team		6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

PV5	PV	Pole Vault - W50-59 [W50+]	RDA	Team	(N.nn)	Pts
x	1	No Competitor	0	No Team		6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

PV6	PV	Pole Vault - W60-69 [W60+]	RDA	Team	(N.nn)	Pts
x	1	No Competitor	0	No Team		6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

W60-69	W70+	AG %	EA No
-	x	69.7	2676481
-	x	53.5	2781871
-	x	49.6	3191121
-	x	51.7	2698800

[illegible][illegible][illegible]

East - WOMEN - Match 4

R4x1-35	MedR	Relay 4x1 W35-49 [W35+]	RDA	Team	(NN.n)	Pts
C	1	Claire Smith	50	Peterborough & Nene Valley	56.6	6
Ca		Kayleigh Longfoot	35			
Cb		Nichola Gibson	36			
Cc		Samantha Eve Marsh	36			
A	2	Claire Palmer	45	Cambridge & Coleridge AC	67.9	5
Aa		Lowri Chatfield	48			
Ab		Megan Jackson	35			
Ac		Anne Moindrot	43			
B	3	Catherine Peck	44	Newmarket/St Edmund Pacers	69.1	4
Ba		Carol Carter	55			
Bb		Eloise Bird	58			
Bc		Anna Slater	49			
R4x1-50	MedR	Relay 4x1 W50+	RDA	Team	(NN.n)	Pts
C	1	Wendy Day	54	Peterborough & Nene Valley	66.0	6
Ca		Kay Gibson	60			
Cb		Judith Jagger	65			
Cc		Kelly Sutton	51			
A	2	Rosemary Abbott	65	Cambridge & Coleridge AC	69.2	5
Aa		Sarah Hames	58			
Ab		Pamela Abbott	63			
Ac		Sophie Moore	52			
D	3	Linda Marshall	61	Ryston Runners	83.5	4
Da		Gill Hart	73			
Db		Elizabeth Blakie	68			
Dc		Gaye Clarke	65			
B	4	Christine Anthony	63	Newmarket/St Edmund Pacers	88.6	3
Ba		Caroline McIntosh	73			
Bb		Jane Wall	73			
Bc		Dawn Mason	69			

Rec
LR

Rec
LR

3575627
3724573
2684039
4203005
4018125
4062016
3983729
2828378
4048604
3910961
2715426
4221544
2942952
2809087
2676481
2684036
4129090
4240849
3191121
4136195
2781803
2762611
2781871
2781883
2715397
4249693
3975635
2698800

Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib No.	Event	Name	AG	1st Claim Club	Result
361	JT	Victoria Reed	W45	West Norfolk	13.62
357	200m	Wendy Day	W50	Panvac	34.6
364	DT	Jen Gosnell	W35	West Norfolk	14.95
		-	-	-	