

West - WOMEN - Match 4

	Insert non scoring results at the bottom						
	EMAC Track & Field League			West Division - Match 4		Teams =	6
	Milton Keynes Wed			29 July 2026		Overall Match Scores	
O/A	Pos	Women's Teams	Bib	Match 4 Points	Final	Pos	
x	2	Corby/Northampton AC's	C	93.0	360.0	1	
x	1	Marshall Milton Keynes AC	E	114.0	350.0	2	
x	3	Fairlands Valley Spartans	D	61.0	328.0	3	
x	5	Bedford & County AC	A	44.0	193.0	4	
x	4	Biggleswade/Luton AC's	B	51.0	193.0	4	
x	6	Spare 8	H	0.0	0.0	6	
x	6	Spare 6	F	0.0	0.0	6	
x	6	Spare 7	G	0.0	0.0	6	

Single letters (A-H, x) only		RDA = Race Day Age					
		Do not insert athlete data in Results section - use "Declarations" tab only			Hand Timing scoring		
2003	200m	200m W35-49 [W35+]	RDA	Team	(NN.n)	Pts	Wind
B	1	Logan Gamble	36	Biggleswade/Luton AC's	29.4	6	
C	2	Michelle Dubois	49	Corby/Northampton AC's	31.1	5	
E	3	Michelle Simonds	40	Marshall Milton Keynes AC	32.7	4	
D	4	Callie Findlay	42	Fairlands Valley Spartans	41.1	3	
	5					2	
	6					1	
	7					0	
	8					0	
2005	200m	200m W50-59 [W50+]	RDA	Team	(NN.n)	Pts	Wind
C	1	Kirstie Lloyd-Uzoegbu	54	Corby/Northampton AC's	32.9	6	
E	2	Stephanie Johnston	52	Marshall Milton Keynes AC	34.2	5	
D	3	Andrea Westcott	55	Fairlands Valley Spartans	52.1	4	
	4					3	
	5					2	
	6					1	
	7					0	
	8					0	

Highest Track Age Graded % =			89.1
Athlete	Karen Brooks	RDA	67
Club	Corby/Northampton AC's		
Event	3000m W50-59 [W50+]		
Result	12:30.3		
Format to suit the result			

Highest Field Age Graded % =			71.2
Athlete	Emma Beales	RDA	54
Club	Marshall Milton Keynes AC		
Event	Discus W50-59 [W50+] (1Kg)		
Result	36.30		

West - WOMEN - Match 4

2006	200m	200m W60-69 [W60+]	RDA	Team	(NN.n)	Pts	Wind
C	1	Tina Martin	61	Corby/Northampton AC's	33.0	6	
A	2	Sandra Pedley	61	Bedford & County AC	39.5	5	
E	3	Debra Brent	63	Marshall Milton Keynes AC	46.4	4	
D	4	Sharon Crowley	67	Fairlands Valley Spartans	60.7	3	
	5					2	
	6					1	
	7					0	
	8					0	

8003	800m	800m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
E	1	Liga Gray	36	Marshall Milton Keynes AC	02:48.4	6
B	2	Logan Gamble	36	Biggleswade/Luton AC's	03:20.2	5
A	3	Felicity Harper	43	Bedford & County AC	03:33.4	4
C	4	Adriana Melczynska	42	Corby/Northampton AC's	03:58.1	3
D	5	Callie Findlay	42	Fairlands Valley Spartans	04:26.3	2
	6					1
	7					0
	8					0

8005	800m	800m W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts
C	1	Barbara Willison	57	Corby/Northampton AC's	03:09.7	6
E	2	Joanne Reece	55	Marshall Milton Keynes AC	03:26.8	5
D	3	Andrea Westcott	55	Fairlands Valley Spartans	04:12.2	4
	4					3
	5					2
	6					1
	7					0
	8					0

8006	800m	800m W60-69 [W60+]	RDA	Team	(NN:NN.n)	Pts
C	1	Karen Brooks	67	Corby/Northampton AC's	02:55.2	6
D	2	Sharon Crowley	67	Fairlands Valley Spartans	04:19.5	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

W60-69	W70+	AG %	EA No
-	x	79.2	3463923
-	x	66.2	2984526
-	x	57.3	3446073
-	x	45.4	2665073

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	68.7	3830314
-	x	x	x	57.8	4190654
-	x	x	x	57.2	4069444
-	x	x	x	50.9	4039146
-	x	x	x	45.5	3628655

W50-59	W60+	W70+	AG %	EA No
-	x	x	72.6	2970231
-	x	x	65.4	3111546
-	x	x	53.6	2994183

W60+	W70+	AG %	EA No
-	x	86.8	2755877
-	x	58.6	2665073

West - WOMEN - Match 4

30003	3000m	3000m W35-49 [W35+]	RDA	Team	(NN:NN.n)	Pts
E	1	Liga Gray	36	Marshall Milton Keynes AC	12:07.3	6
D	2	Callie Findlay	42	Fairlands Valley Spartans	18:10.1	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

30005	3000m	3000m W50-59 [W50+]	RDA	Team	(NN:NN.n)	Pts
C	1	Karen Brooks	67	Corby/Northampton AC's	12:30.3	6
E	2	Maggie Allen	50	Marshall Milton Keynes AC	14:02.1	5
D	3	Andrea Westcott	55	Fairlands Valley Spartans	17:01.2	4
	4					3
	5					2
	6					1
	7					0
	8					0

30006	3000m	3000m W60-69 [W60+]	RDA	Team	(NN:NN.n)	Pts
E	1	Debra Brent	63	Marshall Milton Keynes AC	14:55.2	6
D	2	Sharon Crowley	67	Fairlands Valley Spartans	17:39.6	5
C	3	Susan McPherson	63	Corby/Northampton AC's	17:54.0	4
	4					3
	5					2
	6					1
	7					0
	8					0

30007	3000m	3000m W70+	RDA	Team	(NN:NN.n)	Pts
E	1	Fi Han Bromilow	72	Marshall Milton Keynes AC	17:56.3	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

[illegible]

W50-59	W60+	W70+	AG %	EA No
x	-	x	89.1	2755877
-	x	x	66.3	2913410
-	x	x	57.4	2994183

W60+	W70+	AG %	EA No
-	x	71.3	3446073
-	x	63.1	2665073
-	x	59.4	3897592

[illegible]

West - WOMEN - Match 4

400H3	LH	400mH W35-49 (76.2cm) [W35+]	RDA	Team	(NN.n)	Pts
E	1	Michelle Simonds	40	Marshall Milton Keynes AC	91.3	6
C	2	Aleksandra Majewska-Ani	38	Corby/Northampton AC's	95.9	5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

300H5	LH	300mH W50-59 (76.2) [W50+]	RDA	Team	(NN.n)	Pts
E	1	Maggie Allen	50	Marshall Milton Keynes AC	100.9	6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

300H6	LH	300mH W60-69 (68.6cm)	RDA	Team	(NN.n)	Pts
X	1	No Competitor	0	No Team		6
	2					5
	3					4
	4					3
	5					2
	6					1
	7					0
	8					0

JT3	JT	Javelin W35-49 (600gm) [W35+]	RDA	Team	(NN.nn)	Pts
B	1	Dawn Williams	49	Biggleswade/Luton AC's	24.63	6
C	2	Adriana Melczynska	42	Corby/Northampton AC's	17.69	5
A	3	Abigail Bruce	35	Bedford & County AC	14.11	4
D	4	Rebecca Rayner	44	Fairlands Valley Spartans	10.68	3
E	5	Carly Scott	47	Marshall Milton Keynes AC	9.26	2
	6					1
	7					0
	8					0

W35-49	AG %	EA No
-	-	3375092
-	13.1	4038377

W50-59	AG %	EA No
-	43.8	2913410

W60-69	AG %	EA No
		x

W35-49	AG %	EA No
-	46.2	3872414
-	28.8	4039146
-	20.0	4255402
-	18.1	4118782
-	16.7	2684504

West - WOMEN - Match 4

JT5	JT	Javelin W50-59 (500gm) [W50+]	RDA	Team	(NN.nn)	Pts
B	1	Isabel Eberlein	57	Biggleswade/Luton AC's	12.16	6
D	2	Andrea Westcott	55	Fairlands Valley Spartans	11.85	5
E	3	Stephanie Johnston	52	Marshall Milton Keynes AC	9.39	4
C	4	Barbara Willison	57	Corby/Northampton AC's	8.32	3
	5					2
	6					1
	7					0
	8					0

JT6	JT	Javelin W60-74 [W60+] (500gm)	RDA	Team	(NN.nn)	Pts
B	1	Sandra Ingham	68	Biggleswade/Luton AC's	21.14	6
D	2	Joylyn Saunders-Mullins	73	Fairlands Valley Spartans	16.57	5
A	3	Oriana Johnson	64	Bedford & County AC	12.24	4
E	4	Debra Brent	63	Marshall Milton Keynes AC	7.09	3
	5					2
	6					1
	7					0
	8					0

DT3	DT	Discus W35-49 [W35+] (1Kg)	RDA	Team	(NN.nn)	Pts
E	1	Emma Beardmore	38	Marshall Milton Keynes AC	39.05	6
A	2	Jemma Eastwood	47	Bedford & County AC	22.25	5
C	3	Maria Shaw	47	Corby/Northampton AC's	12.96	4
D	4	Rebecca Rayner	44	Fairlands Valley Spartans	10.96	3
	5					2
	6					1
	7					0
	8					0

DT5	DT	Discus W50-59 [W50+] (1Kg)	RDA	Team	(NN.nn)	Pts
E	1	Emma Beales	54	Marshall Milton Keynes AC	36.30	6
B	2	Isabel Eberlein	57	Biggleswade/Luton AC's	14.52	5
D	3	Andrea Westcott	55	Fairlands Valley Spartans	12.28	4
C	4	Tina Martin	61	Corby/Northampton AC's	10.44	3
	5					2
	6					1
	7					0
	8					0

W50-59	W60-69	W70-74	AG %	EA No
-	x	x	24.7	4249693
-	x	x	23.1	2994183
-	x	x	17.1	3401086
-	x	x	16.9	2970231

W60-69	W70-74	AG %	EA No
-	x	55.6	2775416
-	-	49.6	2729447
-	x	29.2	2775067
-	x	16.5	3446073

W35-49	W50-59	W60+	W70+	AG %	EA No
-	x	x	x	56.6	2690317
-	x	x	x	38.1	2658322
-	x	x	x	22.2	3866089
-	x	x	x	17.7	4118782

W50-59	W60+	W70+	AG %	EA No
-	x	x	71.2	2690316
-	x	x	30.3	4249693
-	x	x	24.6	2994183
x	-	x	23.7	3463923

West - WOMEN - Match 4

DT6	DT	Discus W60-69 [W60+] (1Kg)	RDA	Team	(NN.nn)	Pts
B	1	Sandra Ingham	68	Biggleswade/Luton AC's	16.46	6
A	2	Oriana Johnson	64	Bedford & County AC	14.27	5
C	3	Susan McPherson	63	Corby/Northampton AC's	8.58	4
	4					3
	5					2
	6					1
	7					0
	8					0

DT7	DT	Discus W70-74 [W70+] (1Kg)	RDA	Team	(NN.nn)	Pts
D	1	Joylyn Saunders-Mullins	70	Fairlands Valley Spartans	12.72	6
C	2	Georgina Smith	75	Corby/Northampton AC's	8.91	5
E	3	Fi Han Bromilow	72	Marshall Milton Keynes AC	7.27	4
	4					3
	5					2
	6					1
	7					0
	8					0

TJ3	TJ	Triple Jump W35-49 [W35+]	RDA	Team	(N.nn)	Pts	Wind	W35-49	W50-59	W60-69	W70+	AG %	EA No
B	1	Dawn Williams	49	Biggleswade/Luton AC's	8.35	6		-	x	x	x	64.0	3872414
A	2	Jemma Eastwood	47	Bedford & County AC	7.91	5		-	x	x	x	59.1	2658322
C	3	Adriana Melczynska	42	Corby/Northampton AC's	6.85	4		-	x	x	x	48.0	4039146
E	4	Bryony Gibbens	38	Marshall Milton Keynes AC	6.06	3		-	x	x	x	40.3	2690430
	5					2							
	6					1							
	7					0							
	8					0							

TJ5	TJ	Triple Jump W50-59 [W50+]	RDA	Team	(N.nn)	Pts	Wind	W50-59	W60-69	W70+	AG %	EA No
E	1	Stephanie Johnston	52	Marshall Milton Keynes AC	7.95	6		-	x	x	63.4	3401086
	2					5						
	3					4						
	4					3						
	5					2						
	6					1						
	7					0						
	8					0						

W60+	W70+	AG %	EA No
-	x	43.8	2775416
-	x	34.6	2775067
-	x	20.4	3897592

W70+	AG %	EA No
-	35.6	2729447
x	-	3961665
-	21.4	2690341

West - WOMEN - Match 4

TJ6	TJ	Triple Jump W60-69 [W60+]	RDA	Team	(N.nn)	Pts	Wind						
C	1	Tina Martin	61	Corby/Northampton AC's	6.07	6				W60-69	W70+	AG %	EA No
B	2	Sandra Ingham	68	Biggleswade/Luton AC's	5.18	5				-	x	54.6	3463923
	3					4				-	x	51.2	2775416
	4					3							
	5					2							
	6					1							
	7					0							
	8					0							
PV3	PV	Pole Vault - W35-49 [W35+]	RDA	Team	(N.nn)	Pts		W35-49	W50-59	W60-69	W70+	AG %	EA No
A	1	Abigail Bruce	35	Bedford & County AC	2.10	6		-	x	x	x	41.6	4255402
E	2	Bryony Gibbens	38	Marshall Milton Keynes AC	1.80	5		-	x	x	x	36.9	2690430
	3					4							
	4					3							
	5					2							
	6					1							
	7					0							
	8					0							
PV5	PV	Pole Vault - W50-59 [W50+]	RDA	Team	(N.nn)	Pts			W50-59	W60-69	W70+	AG %	EA No
E	1	Stephanie Johnston	52	Marshall Milton Keynes AC	1.60	6			-	x	x	39.0	3401086
	2					5							
	3					4							
	4					3							
	5					2							
	6					1							
	7					0							
	8					0							
PV6	PV	Pole Vault - W60-69 [W60+]	RDA	Team	(N.nn)	Pts				W60-69	W70+	AG %	EA No
A	1	Sandra Pedley	61	Bedford & County AC	2.10	6				LR	x	57.8	4255402
	2					5							
	3					4							
	4					3							
	5					2							
	6					1							
	7					0							
	8					0							

West - WOMEN - Match 4

R4x1-35	MedR	Relay 4x1 W35-49 [W35+]	RDA	Team	(NN.n)	Pts
C	1	Kirstie Lloyd-Uzoegbu	54	Corby/Northampton AC's	62.3	6
Ca		Michelle Dubois	49			
Cb		Adriana Melczynska	42			
Cc		Aleksandra Majewska-Ani	38			
E	2	Maria Fernando	47	Marshall Milton Keynes AC	65.3	5
Ea		Carly Scott	47			
Eb		Michelle Simonds	40			
Ec		Bryony Gibbens	38			
R4x1-50	MedR	Relay 4x1 W50+	RDA	Team	(NN.n)	Pts
C	1	Georgina Smith	75	Corby/Northampton AC's	68.9	6
Ca		Tina Martin	61			
Cb		Karen Brooks	67			
Cc		Barbara Willison	57			
E	2	Stephanie Johnston	52	Marshall Milton Keynes AC	89.0	5
Ea		Maggie Allen	50			
Eb		Joanne Reece	55			
Ec		Debra Brent	63			

Rec
-

4190699
4039449
4039146
4038377
4192318
2684504
3375092
2690430

Rec
-

3961665
3463923
2755877
2970231
3401086
2913410
3111546
3446073

Enter Non-scoring athletes in the 'Non-Scorers' tab first					
Non Scoring (enter bib no., event and result - formatted appropriately)					
Bib No.	Event	Name	AG	1st Claim Club	Result
56	JT	Joylyn Saunders Mullins	W70	Fairlands Valley Spartans	16.57
29	200m	Georgina Smith	W75	Northampton	36.9
		-	-	-	